HOMEOPATHIC

MATERIA MEDICA

VOLUME 2

(Sulphur, Argentum Nitricum, Gelsemium, Thuja, Valeriana, Platina, Phosphor)

Description

of

Human Idiosyncrasies

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ABOUT THE STRUCTURE
OF
THIS BOOK

This Homeopathic Materia Medica was based on material from two different phases of my clinical practice.

The first material concerns the hierarchical description of thirteen basic idiosyncrasies according to a certain scheme. This scheme is not accidental. It is in agreement with Miasmatic Idiosyncratic Homeopathy and can be called Hierarchical Miasmatic Idiosyncratic Scheme. It follows the hierarchical line: Miasmas, Primary/Basic Passions, Thinking, Emotions and Behavior. For full understanding of the terms used and their significance one must refer to my other books that deal with relevant subjects.

The second material originates from lectures on Homeopathic Materia Medica that I gave to doctors some years afterwards. The aim of these lectures was to pass to the trainees the “main idea”, the “essence” of every idiosyncrasy, focusing on how an idiosyncrasy is presented to the doctor in every day clinical practice. During these lectures I speak free, by memory, without any notes on hand because my concern is not to make a full and thorough “academic” presentation but rather to give an understandable live picture of the idiosyncrasy. A picture that can be easily assimilated and stay permanently inside the mind and heart of the trainee.

At first, I thought of “compressing” these two different descriptions in one. But, on second thought, I decided to lay both so as to enable the reader to see the same thing from two different, yet useful, aspects. During this layout you will see that some things are said twice, but from
my experience, that is also useful because it stresses the main characteristics of an idiosyncrasy.

Anything that is said about an idiosyncrasy is only, I repeat only, what I have confirmed and reconfirmed in clinical practice the last 25 years. I deliberately omit any bibliographical information that was not confirmed in my practice even if it was said by great teachers of Homeopathy. We should not forget that James Tyler Kent, one of these great masters, has said that “There are no authorities in Medicine, only laws and principles”.

I also deliberately omitted specific physical symptoms and emphasized on general physical symptoms and mainly on psychological symptoms in respect to the Law of Hierarchy, because these are the most important in Miasmatic Idiosyncratic Homeopathy that I teach and practice. The language used is at times scientific and other times plain because from my point of view, homeopathic case taking is a live every day Science and Art.
PREFACE

Whenever we refer to Homeopathic Materia Medica it is of extreme importance to bear in mind that there are several different kinds of Materia Medica. The use and usefulness of each one varies a lot. In fact, *the kind of Homeopathy you practice depends on the kind of Materia Medica you study and use!* Let me remind you an important rule: Results depend on the *means* you employ and on *how* you employ it. Our whole homeopathic practice and thus therapeutic results, depend on our means—data (Materia Medica) and on how we employ it (laws and skill).

The first Materia Medica used were those that registered in detail all the symptoms produced during the “Provings” of raw materials on healthy people, i.e. the Proving of Lycopodium. We could call these books as **Materia Medica of Provings**.

Then we had that Materia Medica that gathered together Provings of the same raw material conducted by different researchers, at different times on different people. The aim was to compare the similarities and differences of the experimental data. These could be called **Comparative Materia Medica of Provings**.

As time passed, another kind of Materia Medica appeared: the ones that focus on the pathogenesis of the illnesses; on the abnormal mechanisms that derange normal physiology and produce a line of symptoms. For instance they track that in Natrum Muriaticum there is an abnormality in sodium metabolism responsible for a line of symptoms such as dryness and sensitivity of the skin and mucous, constipation, intense desire or aversion for salt, etc. These Materia Medica should be named as **Pathogenic Materia Medica**.
Only a few great teachers, the first one being James Tyler Kent, have managed to capture the essence of some idiosyncrasies, that is, their main idea, the core around which all other peripheral symptoms are orbiting. This very core is the producer and the beginning of the pathogenesis of all other psychological and physical symptoms. For example, as concerns Natrum Muriaticum, its essence is a special kind of psoric introversion which generates a line of peripheral symptoms concerning its attitude towards relations, sex, work, family etc. Kent’s Materia Medica could be considered a first attempt for an Idiosyncratic Materia Medica although only a few basic remedies were described in such a way.

Finally, there come those Materia Medica like this one, that try to be complete and holistic and could be called Miasmatic Idiosyncratic Materia Medica. They base the description of any remedy firstly on the miasmatic essence and secondly on the psychological idiosyncratic essence. These two elements are the top of the pyramid or the centre of the sphere from which all other psychological and physical symptoms arise. The effort is not just to lay out symptoms but also to lay them in a hierarchical order, from above downwards and from centre to periphery. The hierarchical line as concerns psychological level is Miasmas, Idiosyncratic Essence, Primary Passions, Thinking, Emotions, Primary and Secondary Behavior.

For example, we cannot understand and bind together the numerous psychological and physical symptoms of Natrum Muriaticum if we ignore the specific psoric essence of this idiosyncrasy and the sycotic mixture that also has. This miasmatic influence generates and explains a long line of seemingly unconnected and sometimes dissimilar symptoms like dryness of mucous, great aversion or great desire for salt, cannot urinate when others are nearby, introversion, irascibility, constipation, aversion for consolation, nervous headaches, tendency for dignity, etc.

A very important thing about such a hierarchical Materia Medica is the discrimination between the Primary and Secondary Behavior of an
idiosyncrasy. We could say that the Primary Behavior is the one and only "genotype" of the idiosyncrasy while Secondary Behaviors are the several "phenotypes" of this certain idiosyncrasy according to external factors such as culture, social and financial conditions, gender, family conditions and past incidents.

We often find that a certain genotype can have two very different, even seemingly opposite, phenotypes especially when we deal with syphilitic idiosyncrasies. For example Lachesis can be found either as what seems to be a "sensitive, crying victim" or as a "cruel, malicious perpetrator". The one and only genotype is the syphilitic, perverted, dominant behavior but when we go to the phenotype this idiosyncrasy may disguise itself as being of a seemingly psoric sensitive behavior.

An experienced homeopathic physician, if trained according to this Miasmatic Idiosyncratic Materia Medica, can predict the behavior of an idiosyncrasy, i.e. the behavior of individuals "possessed" by this idiosyncrasy, even in specific situations or even in never known before situations. He can foretell, at a great extent, how a certain person is going to behave at work, in family, in relations, in politics, etc. Sometimes he can even predict the words or phrases that he will use and the manner in which he is going to express himself or the kind of clothes he will have the tendency to wear, etc.

Furthermore, an experienced doctor if trained in the above way, has identified and knows the complete picture of an idiosyncrasy not only at phase B, C and D but also at phase A. Phase A is what seems to be a normal, balanced and healthy person while phase B is mild and medium imbalance and disease, phase C is a severe disease state and phase D is the complete derangement state.

For example it is easy to identify a Phosphorus patient when he is at phase B and C, that is, when he is diseased and has all those fears about
his health and many physical symptoms. But we can also identify him at “healthy” phase A as a “normal and healthy” person at everyday life only if we are familiar with his miasmatic and idiosyncratic essence.

It is then and only then, if we take in consideration all the above, that we can claim to have mastered in our minds the complete picture of a certain idiosyncrasy. And it is then and only then, that we can develop maximum therapeutic results at everyday clinical practice.

I thought it a crucial thing to do, to refer to all the above kinds of Materia Medica so as to make it possible to every homeopathic doctor to have a clear picture of the landscape of Materia Medica. This is much more important to the newly trained homeopathic doctor because he comes for the first time in touch with numerous different kinds of Materia Medica and numerous so called “Masters”, “Professors” and “Experts” of Homeopathy. Any homeopathic doctor, who doesn’t pay respect to the Universal Law of Hierarchy and Law of Whole, will be mislead away from the one and only complete picture of an idiosyncrasy, that is, the miasmatic idiosyncratic picture.

But even when he employs these laws and even when he has managed to read and study in depth such a Miasmatic Idiosyncratic Materia Medica, things are not yet over. This is just the theory and if you don’t bind it to clinical practice you have just theories flowing on the air. He has to confirm and reconfirm these theories through some years of practice under the guidance of an experienced homeopathic doctor.

Remember that Medicine is both a Science and an Art. He has to acquire certain skills and also and most important has to raise himself to the high moral and spiritual level needed when you deal with such high and deep knowledge. The more the wisdom you acquire, the more the better person you become and the better the therapeutic results you achieve! And that is also a Universal Law, the Law of Truth!
CHAPTER 1

SULPHUR

A. IDIOSYNCRATIC DIAGRAM

1.1 Psoric and Sycotic Sulphur
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1.20 Shallow philosopher
1.21 Crude practical joker
1.22 Neglectful as to his health and indifferent as to little everyday matters
1.23 The superficial bibliomaniac of the strange and mystery books
Sulphur idiosyncrasy corresponds materially to the homonymous element of the Periodic Table of Elements. It’s a widely spread element in the Mineral World just as many other materials that are the material basis of fundamental polychrest idiosyncrasies like Silica(Silicon), Natrum Muriaticum (Sodium Chlorate, cooking salt), Phosphor, Calcarea Carbonica (Calcium Carbonate), etc.

1.1 Psoric and Sycotic Sulphur

We have already described Lycopodium, a relative idiosyncrasy of Sulphur, both belonging to the Intellectual Idiosyncratic Family. So, it’s expected to find that they have many similarities and of course some differences too. The two most important similarities are intellectuality and psoric vanity.

There are two versions of Sulphur; the psoric version that resembles Lycopodium and the sycotic version that resembles Medorhinum.

1.2 The pessimist, superficial, unconventional philosopher

Sulphur is a very intellectual idiosyncrasy; he thinks a lot. His thinking is much more intense and wide than his emotions. He thinks a lot of himself; he is full of himself. Not in a syphilitic way like Platina but in a psoric way. Psoric Sulphur is intensely introverted, as much introverted as Natrum Muriaticum.

The above characteristics explain the fact that Sulphur lives in the world of his own, especially the psoric version. Both Sulphur and Lycopodium tend to philosophize a lot but Sulphur is more pessimistic and superficial while Lycopodium is deeper and better organized in thought.
Psoric Sulphur has that great ability to produce many thoughts, especially original and new ideas. But his thinking isn’t as organized and systematic as Lycopodium’s; his thinking is shallower. Many absent-minded/scatter-brained geniuses have been Sulphur individuals.

Thales of Miletus, one of the seven wise men of Ancient Greece, a great mathematician and astronomer of his times, must have been a Sulphur subject. One night he was walking with his head turned up to the stars absorbed in his scientific and philosophical thoughts. An old female assistant accompanied him. Suddenly he fell into a hole, was hurt and started moaning. His nagging old assistant, that must have been a Lachesis woman, told him: “You don’t know what’s right in front of you; how on earth, do you want to know what’s up in the sky?”

Diogenes, the cynical Ancient Greek philosopher, was famous for his unconventional philosophy and nonconformist way of living. He was dirty, slovenly and typically scruffy. He used a large clay storage jar as his house. He used to be very ironic towards his nouveau riche Athenian fellow citizens that lived a conventional and full of comforts life.

Einstein, that great mathematic genius of modern times has been described as slovenly, uncombed, unorganized and very absent minded. At high school he was considered a mediocre. Nevertheless, he managed to conceive the Relativity Theory, one of the most difficult to comprehend theories of Physics and Mathematics.

All the above and a great many other geniuses have the typical traits of Sulphur: slovenly, sometimes even dirty, very intellectual, having a natural tendency and ability for scientific and especially mathematical thinking, unconventional behavior, critical tendency towards others and society, absent-mindedness, tendency to philosophize, living in the world of their own.
1.3 Comparison between psoric Sulphur and Lycopodium

Sulphur thinks a lot of him; is full of him; even more than Lycopodium although he doesn’t have the latter’s accomplishments. What do I mean by that? Let me give you an example: Lycopodium student is very diligent, attentive, hard working and industrious. He is prone to systematic reading, keeps detailed notes, listens carefully to his teachers, organizes his notes and thoughts, compares and even creates charts, tables, lists, diagrams and graphics. He is the typical “good” student, the typical diligent, shy and obedient student.

On the contrary, Sulphur student is slovenly, unorganized and anything but systematic. He is lazy and easily bored for common things but he can be very passionate about anything that interests him, like for example Mathematics and Computers. He may neglect himself as to clothes, food, company and even recreation only to be absorbed in TV, computer games, surfing the internet, solving a mathematical equation or inventing strange and most of the times useless things.

Even then he won’t be systematic and organized. His room will be chaotic, his lab chaotic, his notes chaotic. If he is an excellent student it will be a result of his genius and not due to hard working.

Moreover, he is never the “good” kid. Not that he will be a bad boy but he is a natural when it comes to unconventional behavior, sarcastic humor, being critical, playing practical jokes to others but not mean ones, philosophizing and against any authority and strict system of ideals. He may even declare himself as the rebellion guy or the theoretical mind of revolution. A sycotic Sulphur is usually very social although introverted while a psoric Sulphur will be very reserved, living in the world of his own, in his own philosophical world.
Sulphur is the typical fan of Diogenes cynical philosophy while Lycopodium is the typical fan of Aristotle’s Logic. The latter is very systematical and organized and that’s the reason why Aristotle has written so many bulgy books about all things. His logic has the disadvantages of any strict not dialectical thinking; it raises unsurpassable boundaries among ideas and cannot be used to understand the unity of opposites.

Sulphur, on the contrary, is the fan of unconventional logic and thinking. He tends to create new original ideas and theories that overcome establishment although he doesn’t care if these theories have any strong logical or scientific foundation. His thinking tends to be global, universal and very philosophical.

He is very fond of subjects like: the creation of Universe, the laws of Universe, God, the mystery of life, the meaning of life, social laws, the existence of human being and its origin, existential inquiries, life and death, psychic phenomena, etc. Anything that involves mystery is a real attraction to him: metaphysical matters, paranormal matters, the mysteries of the Universe, alien civilizations, the mysterious Ancient civilizations, mysteries of the human body, “black holes” of the Universe, Relativity Theory, the Theory of Chaos, black magic, meditation, Alternative Medicine, the mysteries of Pyramids of Egypt, parapsychology, etc.

Lycopodium is usually interested in Classical Psychology or Freudian Analysis while Sulphur is usually fond of Parapsychology. Lycopodium is usually interested in Aristotle’s Philosophy while Sulphur on Diogenes or Schopenhauer philosophy. Lycopodium will usually be fan of Democratic Socialism while Sulphur usually loves anarchist Bakunin or liberal Trotsky.
1.4 The effect of Idiosyncrasy on Secondary Behavior

I’ve mentioned all the above as examples of the effect of idiosyncrasy on Secondary Behavior. Yet, since Secondary Behavior is just a cog in the machine, things do become a lot diverse and cannot be dealt in an absolute way. For example, we should never match in an absolute manner a certain idiosyncrasy with a certain field of knowledge, profession or ideology. A Sulphur individual could be a fanatic believer or an atheist, fan of law and order or anarchist, fan of Science or fan of parapsychology, etc.

Never forget that all these are but Secondary Behaviors, mental patterns, acquired behaviors, “labels”. Secondary Behaviors are defined not only from the person’s idiosyncrasy but also from the family he was raised, the education he received, local culture and past experiences. That’s the reason why two persons having the same idiosyncrasy tend to have the same Primary Behavior but may end up in different or even opposite Secondary Behaviors.

What really counts for us, homeopaths, is what lies beneath the patient’s Secondary Behavior. Someone could wonder: “How can a Sulphur individual be fan of Science and another one be fan of Parapsychology? How can this be possible?”

You see, what’s common in both cases is the superficial philosophical tendency. Although Science isn’t a superficial field, nevertheless, Sulphur will find the way to practice it in a superficial way by dealing not with strict laws but with theories, for example Relativity Theory or Theory of Chaos, matter and antimatter etc. He will not be the hardworking and systematical student and lover of Science; he will rather be the one who claims to know scientific things and likes to refer to impressive scientific terms, strange natural phenomena and peculiar scientific theories.
He will deal with the same shallow way with Parapsychology. He won’t be the systematical, organized, diligent student. He won’t be the believer that will do regular meditation. He will learn many impressive terms, develop his own strange theories and will be absolute about his own ideas. So, as Sulphur is concerned, the common thing in these different fields, Science and Parapsychology, is the superficial philosophical tendency.

1.5 Superficial erudition

Both Sulphur and Lycopodium tend to read many books. But if you come across Lycopodium’s library you will clearly face a very neat and organized library; clean and tidy; well preserved books; notes and underlining that show that he has really not only read but also studied them thoroughly. Sulphur’s library will be full of dust, chaotic, torn pages and half-read books. There will be all kinds of books, weird and scientific, plane and sophisticated, comics and philosophical ones, cooking and psychology, cheap novels and Tolstoy, science fiction and science reviews, etc.

Psoric Sulphur and Lycopodium are fond of documentaries about Nature and animals, strange scientific discoveries, politics, history and social matters. They may also like those sophisticated existential pseudo-intellectual movies with sophisticated titles, slow filming, full of symbolisms and weird end. On the contrary, sycotic Sulphur will resemble Medorhinum: fan of football, basketball, silly superficial comedies, thrillers, adventure movies, action movies and light movies in general.

1.6 Superficial, pessimistic philosophical tendency

As mentioned, Sulphur thinks a lot of himself; he is full of himself. He thinks that his I.Q., his cleverness, is above the average; that his philosophical thinking is original; that he is an expert in some or many fields; that “he knows”. Even if he hasn’t read about something
systematically yet he feels that he has understood it, that he has grabbed its main idea, its core, its essence.

Quite often, psoric Sulphur when alone, when driving or when doing some physical work is absent-minded; he is absorbed in his philosophical thoughts. “Where are we heading as human society? Why do we live? Who are we? Why is society the way it is? What’s the meaning of life?” Quite often he goes further than that giving his own original solutions to social problems and human burdens. He builds in his mind the ideal society according to his own philosophy.

Sycotic Sulphur may wonder about the same things but in a more shallow way. In addition, he usually expresses his thoughts to others around him. What’s characteristic is the way he expresses himself; he tends to be emphatic and often absolute because “he knows”. He will say: “Oh, come on! Give me a break! It’s a fucking damn life! What’s the point? We live like beasts; we are born, wear off ourselves working from dusk to dawn, we all hurt one another and in the end we all die and become food for worms! What’s the point in living?”

This is, of course, the way a low class Sulphur will express himself. Let me point out the way a sophisticated psoric Sulphur will express his philosophy: “All is vanity! All are futile! Vanity is the core of existence. Death and loss of existence are inevitable! From this pointless existence arise human suffering and pain…”

The above two ways of expression differ a lot regarding language usage, terms and sophistication. In addition, the first is clearly sycotic expression while the second is definitely psoric expression. Nevertheless, both of them are characterized by the same superficial and pessimistic philosophical disposition and that’s what makes both correspond to Sulphur idiosyncrasy.
1.7 Psoric introversion and isolation

Let’s see some more aspects of psoric Sulphur. He is very introverted; even as much as Natrum Muriaticum but in a different way. He isn’t introverted out of extreme tendency for dignity or because he is easily offended like Natrum Muriaticum. If you ask him why he is introverted he simply doesn’t know and he will sincerely answer to you that he doesn’t know. He will probably say: “I don’t know! I haven’t given it much thought. I’ve always been like that!”

His introversion isn’t a conscious choice; isn’t deliberate; isn’t the result of a logical conscious procedure. It has to do with his absent-mindedness; with him being absorbed to philosophical and existential thoughts. He simply lives in the world of his own; a philosophical world. Since he considers himself very clever and since he is mostly a pessimist, why discuss his personal problems with others? What’s the point? If he can’t solve it himself then nobody else can do that, so what’s the point of expressing it? Moreover, he is strongly convinced that problems and unhappiness are innate things; they come along with life itself!

This is the kind of introversion that characterizes Sulphur. He doesn’t hide his personal matters, his deep felt matters from other people. Yet, he doesn’t discuss it because he thinks that there’s no point in discussing it. Nothing will come out from such an action. Either because they are unsolvable by nature or because others just can’t help him solve them.

Yet, there is another way of dealing with his problems: not to deal with them by dealing with other things! Thus, according to his cultural level, he may employ one of the following attitudes: sit alone and think about irrelevant things all the time; pottering about at odd jobs or in the garden; playing computer games, surfing or watching TV for hours and hours; sleeping all the time; playing chess or backgammon all day long;
employing himself on philosophical discussions, political discussions or discussions about art or religion all day long.

1.8 Laziness and boredom

Psoric Sulphur often prefers solitude or a small company made up of only few close friends. Even then, that doesn’t mean that he will easily talk about his deep felt matters. His wife may ask him: “What’s the matter with you?” He will probably say: “Nothing. There’s nothing wrong with me… I am just a little tired”. Natrum Muriaticum avoids answering to such questions so as not to speak about her personal matters while Sulphur does not answer because he is not in the mood to talk about it.

Besides, boredom is indeed a very strong trait of Sulphur. Sulphur students are so easily bored when they have to read most of their lessons. Sulphur is so bored when he has to take a bath, change clothes or put things in order. He may even be so bored so as to avoid going out with close friends. He may just sit and watch TV for hours and hours.

But whenever he occupies himself with things that he is fond of then nobody can drag him away from it. He is so absorbed and passionate when solving mathematical equations, playing computer games, surfing the internet or dealing with peculiar inventions! He doesn’t sleep, he doesn’t drink, he doesn’t eat and he even avoids going to the toilette!

The Sulphur low class manual worker comes home from work tired. He doesn’t even change his dirty clothes. He takes a beer in one hand, the remote control in the other and is absorbed watching TV all the time. It’s not that he is absorbed in that specific movie; he may be doing zapping all the time absorbed in his thoughts or being in a thoughtless state. A sophisticated Sulphur individual spends many hours reading, writing or thinking. He forgets to eat, talk to his wife or communicate with his children. He is all the time in the world of his own.
**1.9 Sycotic Sulphur**

What about sycotic Sulphur? He doesn’t talk about his personal problems too, but not because he wants to hide things like Natrum Muriaticum. He resembles psoric Sulphur up to a point. You see, he sees no point in talking about something that can’t be solved or talking to others about something that is, indeed, his own problem.

Furthermore, he also has the attitude of Medorhinum regarding this field. Medorhinum thinks that he hasn’t got any problems; not that he doesn’t have but because he *doesn’t consider* most problems as *real* problems. He is mostly interested in enjoying life and is indifferent in most family matters, social matters or job matters.

He will say to his nagging wife: “Back off woman! Don’t bust my balls! Bring some food on the table and a cold beer and let me watch the game in peace! Now go… go…” Or he may say to his friends whenever they are engaged in political or social discussions: “Why don’t you stop dealing with crabs/sheet and silly/boring staff? Let’s go out to eat, drink and get laid! That’s what life is about!”

Not that he has any problem to talk about his personal matters. Nevertheless, he won’t deal with it deeply and for long. The only thing that may disturb him is if he doesn’t have enough money to be able to enjoy his life.

Sycotic Sulphur is not a loner like psoric Sulphur. Nor is he so absent-minded and living in the world of his own. In fact, he is very social; he may be the life and the soul of the party; he is so plethoric! He will be the one telling jokes all the time, even dirty ones or vulgar ones. He is the one that plays practical jokes to others. He may talk a lot or just wait for the right moment to pop up a joke or a philosophical idea.
He tends to talk about all things and in addition, he thinks he is an expert about everything although his knowledge is usually superficial. He is such a jabberer; such a babbler; a real boaster. Baron Munchausen must have been a typical sycotic Sulphur individual! Many typical boasting fishermen or hunters are but sycotic Sulphur subjects.

Sycotic Sulphur has firm opinions about all things. He judges everybody about everything! That doesn’t mean that he wants to be engaged in a productive and democratic discussion. He is so absolute and definite in whatever he says! You just can’t argue with him because “he knows”! He will probably say: “Oh please, give me a break, will you! All politicians are thieves and crooks! The only thing they care about is money and power!”

He is so fond of practical jokes! Not that he does it so as to depreciate others; his intentions aren’t bad. He wants the company to have fun and he will be the one to lead the party! Nevertheless, his jokes aren’t sophisticated at all; in fact his manners and jokes may be rude and crude. His humor may be vulgar, cynical, sarcastic, indiscreet or even silly. On the contrary, a psoric Sulphur has a very good sense of humor.

Sycotic Sulphur wants to be the life and the soul of the party either in the tavern, at the coffee shop or cafeteria. He likes eating and drinking, backgammon and poker, watching football games at TV with his pals, playing practical jokes to others, talking about politics, fishing, hunting and boasting about broads.

1.10 Hot, greasy, dirty and slovenly

A great many physical characteristics of sycotic Sulphur are intensely sycotic, intensely “yang”. He is one of the hottest idiosyncrasies! He is so hot, so damn hot as if boiling all the time. He is hot even in winter! You
may see him walking around in freezing weather wearing only a blouse or shirt or thin jacket yet, most of the times, unbuttoned.

During winter he uses only one blanket, which is as a rule, a thin one. Even if his bedroom is cold he may get his feet out of the blanket because he feels them hot and burning. Or he may change place for his feet all the time in order to find a cooler spot. His head is so hot; his neck is so hot; he is hot all over from head to toes. No way is he going to put the sheet all over his head even if it’s freezing cold around him. Any part of his body coming in touch with the mattress and pillow becomes hot and sweating. Often, he wakes up at night changing side or pillow because he is overheated and sweating.

Pulsatilla and Argentum Nitricum are also hot but not as hot as Sulphur. They feel very uncomfortable in a hot room especially when windows are closed. They feel choking. They feel better in open air, especially if it’s fresh and cool. Lachesis is very hot during menopause due to flashes of heat. She may have been a cold organism but during menopause she becomes hot in general and suffering from intense and frequent flashes of heat.

Winter is the best time for sycotic Sulphur while summer is hell. Not only because he is hot but also because he is sweating grade 3; he is soaked from sweat; he may even be dribbling from sweat especially from the face. His head is full of sweat; his neck, his armpits, his genitals, his belly and back, his chest, his hands and feet are full of sweat. At times, in the summer when he is very hot and sweating especially after physical exertion you may see vapors of sweat coming out of his blouse towards his neck! He may even sweat during winter after slight exertion.

His sweat, his urine, his stool and all of his secretions are offensive and acrid so they may irritate any part of the body they come in contact for long. His skin chafes easily, especially at the armpits, inguinal area and
around the anus. This acrid sweat may even easily destroy his socks, shoes or blouses at the area of the armpits. You can consider the following fact as a reminder: the element Sulphur is acrid and irritating to the skin and mucous; many vineyard workers when spraying vineyards with Sulphur dust have intense skin and mucous irritations from the sulfuric acid produced from mixing Sulphur with water.

As said before, all his secretions are offensive; extremely offensive. His sweat may smell bad even after hours or even minutes after he had a bath. His stool and urine smell bad; his gases smell very bad. There are two strange things when it comes to offensiveness of his secretions. First, he may not be annoyed from his offensive secretions or even may not realize that they are offensive! Second, he may be very annoyed even from slightly offensive secretions of others around him!

On top of all the above his skin and hair are very greasy, very oily. He takes a bath today and by tomorrow his hair is already greasy. That’s one possible reason why many Sulphur subjects develop hair falling and become bold even from early age. If you have a Sulphur young man with greasy hair he has two choices most of the times. Being very lazy he doesn’t bathe frequently so his hair is oily for too long. All the pollutants from the atmosphere and dust are diluted into his greasy hair. Moreover his acrid sweat stays on his skin and hair for too long. All the above affect chemically the roots of his hair. In addition, breathing of the skin of his hair is obstructed. Too many reasons in favor of hair falling!

A second choice is frequent bathing with shampoo for greasy hair. Although Sulphur is usually lazy, a young Sulphur man interested in his appearance so as to make good impression to the opposite sex isn’t a rare case. You see, motive makes the world go round! So, a Sulphur young man, being aware of his tendency for greasy hair, bathes very frequently using strong shampoos that cause dryness to the skin of his head. The skin reacts to dryness and increases secretion of sebum. This prolonged
hyper secretion weakens sebaceous glands that nourish the roots of hair and again the result of this vicious circle is hair falling and baldness!

Now, let’s put all the discussed characteristics together to complete his external appearance. He is very hot, his face, lips and ears often are red and burning, he often wears light clothing, he is covered all over with sweat, his hair are greasy, his skin is oily and very often he is dirty and slovenly. He hates washing himself most of the times. His is so bored when it comes to his appearance and styling so he puts on whatever is casual and ready to be worn or even worse his taste is kitsch. Put all these together and you have the typical look of a Sulphur individual! Ain’t it pretty!

You must, of course, take in consideration that this is the typical picture of a typical low class dirty Sulphur individual. I mean this is the case where primary behavior and secondary behavior are in match. Nowadays, culture, education, the media and fashion tend to affect everybody, even lazy Sulphur subjects. So it’s not rare to find Sulphur individuals that tend to take a good care of their external appearance. Profession also may play a significant role to the latter especially if he happens to be a police or army officer. But, even then, beneath that “perfect” and “neat” look you will be able to discover that characteristic Sulphur stroke of slovenliness: his tie may not be straight or may be kirsch as color is concerned, his shirt’s end may bulge over his pants and on top of that he wears two different kinds of socks!

Tidiness and Sulphur are two opposite things! He is so unorganized, unkempt and slovenly! His room looks as if bombed and his mother is in constant despair! Pell-mell, higgledy-piggledy, a real mess! There is no pattern of any classification as his things are concerned. Nevertheless, in the midst of this chaotic state, most of the times, it’s easy for him to find where his things are. So, whenever his mother puts his things in an order he just can’t find anything! A Sulphur young man is most likely to be very slovenly while adults at work are forced to become a little bit tidier.
Most movements of a sycotic Sulphur subject are sycotic and clumsy. While eating he will easily get dirty or scatter crumbs all around his seat. While walking he stumbles at all furniture or hurts himself on every corner of any furniture! Most of the persons that keep having little accidents all the time are Sulphur subjects! Accordingly, the behavior of a sycotic Sulphur subject will be as clumsy and rough as his movements. Again we must take in consideration the influence of culture and society that smoothens the edges of such a rough behavior.

He is also sycotic when it comes to his choice of tastes and appetite. Quite often, he is hungry and eating all the time. He wants quantity but not quality. He likes strong tastes and variety of tastes. He likes greasy food, fat, butter and oil. When it comes to meat he prefers those parts that are rich to fat. He chooses those parts of meat that are full of fat, skin, bones and cartilages. That’s the reason why he chooses pork instead of beef and chicken leg instead of chicken breast!

He likes fat grade 3; that is, he even enjoys boiled fatty food and not only roasted; he even likes boiled skin instead of grilled. He thinks that any part of meat that hasn’t enough juicy fat on it isn’t tasty. Being sycotic, he also likes other strong tastes like pepper, salt, spicy food, sauces, seasonings, sweet, etc, like Medorhinum does.

Skin and peptic system are the two main fields that cause a lot of suffering to him. He often has skin problems like eczema, psoriasis, itching, acne, boils and several kinds of rushes. He is usually bloated and full of gases and has enough retching and gargling. Anything he eats is turned into gases. You may find Sulphur being dyspeptic or he may tell you “I can digest anything!” He is so greedy! Food is one of his top enjoyments. He lives so as to eat! He definitely doesn’t eat so as to live!
1.11 The idiosyncratic diagram of Sulphur

Raw Material:

The element Sulphur of the Periodic Table of Elements

Miasmas:

Psoric Sulphur is very psoric as to ideas and expression. His physical characteristics and symptoms are also psoric. Sycotic Sulphur tends to be introvert and psoric as to ideas but his expression and his physical characteristics and symptoms are intensely sycotic.

Basic Passions:

Psoric Vanity: he thinks a lot of himself and considers himself as versed in many fields, although he usually has superficial knowledge of things. He strongly believes that he has understood the “essence” of all things and how all things in Universe function. His philosophical ideas are usually superficial, pessimistic and unconventional.

Essence:

The dirty, rugged, slovenly, psoric/sycotic, introvert, bubbler, pessimistic and superficial philosopher

Thinking:

a. Psychic Evolution:

Being a very intellectual person he is greatly related to Intellectual Psyche. His Individual Will is greatly influenced by his External Will especially the one that has to do with Ideological Systems. His intense philosophical tendency and his great curiosity tend to lead him towards Universal Laws and Truth but still his knowledge tends to be superficial
and egoistic. His psoric vanity and his attachment to ideological systems keep him away from true knowledge and true psychic evolution.

b. *Influences:*

Psoric vanity, introversion and pessimism; he is very much influenced by Intellectual Thinking Stimuli like abstract and philosophical ideas.

*Stressful Conditions:*

Whenever he is forced to deal with things that make him feel bored, when they force him to get over his boredom and laziness, heat and hunger, too much tidiness and programming, a strict schedule, when others distract him from his “obsessions” like watching TV, surfing the internet, playing computer games, dealing with inventions, etc

c. *General Characteristics of his Mental Functions:*

Psoric Sulphur is characterized by slow thinking which is fixed to certain philosophical matters. He is usually a dreamer, all the time thinking how the World should be and ends up in living in the world of his own. Sycotic Sulphur is characterized by superficial thinking and although shallow he tends to be stubborn and absolute as to his ideas.

d. *Mental Patterns:*

His mind is fixed on unconventional, strange and pessimistic fields of knowledge usually of a great variety and at times of opposite kind; for example Science-Metaphysics, fan of the State-Anarchy, etc. His usual themes are: Relativity Theory, “black holes” of the Universe, the meaning of life, the existence of God, why should there be boundaries among nations, how does the injection system of a car functions, etc. With whatever he deals he seems to be fanatic and stubborn but not because he is a fanatic believer but because of his psoric vanity. He is proud of
himself that he knows so many things and often he shows off to others boasting about his genius mind.

Frequency:
A very frequent idiosyncrasy especially among men although not rare among women; extremely frequent among low class and fringe individuals, dreamers, philosophers, unconventional artists

Emotions:
The general mood of psoric Sulphur is often melancholic and pessimistic; he often feels tired and bored. Sycotic Sulphur is characterized by superficial joy in the sense that he is always joking, teasing others and tends to be the heart and soul of the party all the time wanting to have fun. Being very intellectual and shallow he isn’t characterized by intense Intellectual Emotional Charge. Nevertheless, he tends to be more emotional than Lycopodium because he is less rational and less calculating/selfish.

Most of his emotions are Intellectual Emotions while sycotic Sulphur tends to have also a lot of Physical Sensations in the sense of physical urges and desires. Intellectual Emotions of psoric Sulphur are controlled, sincere and idealized while those of sycotic Sulphur are shallow and changing all the time. Psoric Sulphur often feels melancholy, pessimism and not easily expressed vanity. Sycotic Sulphur often feels superficial fleeting joy, superficial anger and vanity that is expressed in the form of boasting.

Behavior:
Primary Behavior of psoric Sulphur is controlled, sincere with attachment to mental patterns and tendency to become a Don Quixote. He is very introvert and often slightly shy. But what greatly characterizes him is that
he is a dreamer living in the world of his own, i.e. a strange philosophical world. On the other hand, Primary Behavior of sycotic Sulphur is characterized by vulgar materialism, tendency for physical enjoyments and fun of a lower level; he tends to be boasting, vulgar and always teasing others.

Both psoric and sycotic Sulphur tend to be unconventional and nonconformists rejecting established behavior and opposing to it. So they both react to “good manners”, “descent clothing” and “refined manners”. They tend to adopt unconventional and even rough manners even feeling proud about it. They also tend to be sarcastic and critical towards established social institutions, established ideologies and conventional behavior.

*Usual Adopted Behaviors:*


*Body:*

*External Appearance:*
Hot, with red face/ears, sweating all over, offensive, greasy hair, oily skin, slovenly, unkempt, clumsy, unconventional outfits, shy and reserved behavior(psoric Sulphur), rough and vulgar behavior(sycotic Sulphur).

Frequent Physical Predispositions:
Acne, asthma, morning diarrhea, eczema, psoriasis, gastritis, colitis, conjunctivitis, hemorrhoids, chronic headaches, allergies, obesity, boils

Frequent Psychological Predispositions:
Melancholy, Alcoholism, Hashish abuser

Relative Idiosyncrasies:
Psoric Sulphur: Lycopodium, Natrum Muriaticum, Gelsemium, Graphites, Psorinum
Sycotic Sulphur: Medorhinum, Phosphor

LECTURE ON SULPHUR

Sulphur is one of the most basic and frequent homeopathic idiosyncrasies especially frequent in men than in woman. Sulphur idiosyncrasy corresponds to the homonymous homeopathic medicine prepared from the element Sulphur of the Periodic Table of Elements. We will begin our analysis from his physical traits that are very characteristic and then continue with the analysis of his mental sphere which is the prevailing hierarchically.
1.12 Hot and sweating

Sulphur is one of the hottest idiosyncrasies; he is hot grade 3; he is literary boiling! Have you ever seen those red hot sweating individuals with few clothes even in winter? There’s a great chance they are Sulphur subjects.

Sulphur is sweating especially at the area of face, neck and armpits. He is literary dripping with sweat. Wherever his body touches the mattress, the sheets or the pillow, they become soaked. No wonder he wakes up at night to change place on the mattress or turn his pillow upside down! Whenever doing physical work he can take off his blouse, squeeze it and let the sweat run down! He also sweats a lot at the area of feet, genitals and anus. At times in the summer after physical exertion, vapor comes out of the upper part of his blouse! He is boiling and steaming!

During winter he will go out wearing only a blouse or a light jacket and his mother or wife will run after him shouting: “Oh God! You’ll catch a terrible cold! You’ll get pneumonia, for God’s sake!” Even in winter, even if the heater is off and the bedroom is cold, still he needs only light coverings. He may even want to have his feet out of the blankets because they are hot and sweating. Sometimes he doesn’t get it out but still he changes place all the time in order to find cool areas inside the sheets. Needless to say that he hates putting his head under the blankets. Often, he is hotter at his extremities and less hot at the trunk area, so he may cover his trunk and expose his extremities.

When I say that “feet out of the blankets grade 3” is a strong trait of Sulphur this refers only to healthy individuals acting like that in a cold room in winter. It don’t mean in a hot bedroom in winter on in a hot bedroom in summer. Nor do I refer to a person who is cold in general but his feet are burning due to phlebitis! It has to be an idiosyncratic characteristic and not a symptom of physical disease.
If we examine things superficially or don’t differentiate in Homeopathic Diagnosis, then we end up doing great mistakes. Let me give you another example. Lachesis may have an aversion for clothing and coverings because she can’t stand anything pressing her especially at the area of throat, chest and belly. She may also feel choking in a room because she likes fresh air. She may also have intense flashes during menopause. All the above have nothing to do with Sulphur’s “hot 3” state.

Sulphur feels choking in a hot room due to high temperature. His body’s “air condition system” is so weak that he can’t cope even with ordinary conditions, not to mention extreme ones. Heat disturbs him physically as well as mentally; he feels stupefied; his mind can’t work properly at high temperatures. Pulsatilla, Argentum Nitricum and at times Lachesis also feel choking in a hot room. Pulsatilla adores open air; it improves all her physical symptoms and even her psychology. During winter she may wear heavy clothing or sleep well covered but still wants the windows open to breathe fresh cool air or else she is choking.

Sulphur feels terrible in a hot room but he is not so much crazy about fresh air like Pulsatilla or Argentum Nitricum. Belladonna is also a very hot idiosyncrasy. In fact she has all the elements of inflammation at their highest degree: heat, redness, swelling, congestion and pain.

1.13 Redness, acrid sweat, offensiveness

Sulphur, apart from being hot in general, has that natural redness of face; this is of course very much increased if there’s any inflammation of the skin of his face but you can also see that whenever he drinks alcohol. Don’t forget that Sulphur idiosyncrasy corresponds to the element Sulphur. Have any of you experience inflammation of the skin and eye mucous from spraying Sulphur dust to vineyards? Extreme redness of the skin and mucous, congestion, and burning sensation, all relieved from cold water or cold bath. Sulphur often has itching all over after bath, especially after a hot bath.
His sweat apart from being copious is also acrid and irritating to the skin thus, he can easily develop friction burnings especially at the armpits area or between thighs. Don’t confuse this with the friction burnings between thighs that fat people develop due to friction of the skin. If he doesn’t bathe for more than two or three days he may develop itching of the scalp or anus due to acrid sweat or acrid stool. Leucorrhea of a Sulphur woman is also acrid and may inflame the area of external genitals.

His white underwear may turn into slightly yellow ones especially at the area of the armpits due to acrid sweat in the summer. His socks and the inside of his shoes become easily dirty and are worn out quite quickly for the same reason. A male Sulphur person often develops white salty depositions at the hair of his armpits during summer due to salty sweat and lack of frequent washing.

His offensive sweat can often be detected on entering the room especially if he neglects body sanitation. You can also feel that with Arsenicum, Psorinum and Graphites subjects. All bodily secretions of Sulphur are copious, offensive and acrid, i.e. sweat, urine, stool, etc. A strange characteristic of him is that although his sweat is offensive quite often he doesn’t realize it. In addition, any slightly offensive smell of others is easily detectable by him, annoying him greatly.

1.13 The “dirty, ragged, shallow philosopher”

If you put all the above characteristics together then you’ll have the picture of the “dirty, rugged philosopher” as Kent named Sulphur. He will have an aversion to wash himself; he will buy and wear any kind of outfits irrelevant of fashion, even kitsch ones, because fashion isn’t something important for him.
Let me remind you of Einstein’s look: always in need of a haircut, never combed and with a plethoric unkempt moustache. His biographers say that at times he bought a dozen similar costumes so as not to bother choose what to wear every day! He just opened his closet and wore anything that was just facing him. An army officer affected by Sulphur idiosyncrasy is forced to be neat and clean, nevertheless, a small detail will always reveal his primary tendency: a kitsch tie, a shirt that doesn’t match his pants, socks of different color, greasy unwashed hair, etc. His hair is greasy and his skin oily. He has to wash his hair almost every day in order not to have that greasy look.

So let’s build up that typical “sulphuric” picture: on entering the office an offensive odor permeates the room, hot and red face, sweating, greasy hair and face, light outfits, uncombed, unshaven, out of fashion, slovenly, usually fat, protruding belly, dirty and ragged… well that’s a typical picture of sycotic Sulphur!

But you have to be very careful because cultural factors and good manners may change this picture a lot. You still have the same genotype, the same primary behavior but the phenotype, i.e. the secondary behavior may even be dramatically altered. For example, a Sulphur lawyer, doctor, army officer, businessman or politician can’t afford being dirty and ragged.

He is aware of his offensive sweat and greasy skin and hair so if he wants to be socially accepted and successful he must wash himself every day, like it or not. Yet, most of the times it’s going to be a quick sloppy shower and a quick unsophisticated outfit.

You must take in consideration that this typical appearance regards the most common type of sulphuric appearance, that is, sycotic appearance. Psoric Sulphur is less hot, even slightly cold at times, with dry skin, slender and sometimes slightly stooped. If you aren’t aware of miasmatic
theory and not acquainted with Miasmatic Idiosyncratic Materia Medica, such things will seem as troubling inconsistencies to your mind. But, in reality, they aren’t but versions of the same idiosyncrasy.

1.14 Slovenly

You may also come up with a Sulphur army officer who seems to be or is very tidy and you may confuse him for a Nux Vomica subject. But in such a case the motive plays the most important role and can clarify things. Nux Vomica is tidy per se; is tidy physically because she is tidy mentally; she is the typical tidy person as a whole. Sulphur may have become tidy forced by his job or for practical reasons; in order to do the job, in order to cope with plenty of work.

Under normal conditions Sulphur is very slovenly. He can turn a tidy room, office or kitchen into a mess in a couple of minutes. Strangely enough when it’s his chaotic room we are talking about, then he can find things quite easily. You see it’s his own chaos and there seems to be an order of his own in it! (laughing) If his mother, his wife or the maid turns this room from chaotic to a tidy one then he will be unable to find anything. She has spoiled his chaotic “tidiness”. Nevertheless, at times, he has that rare “fits” of tidiness during which he will try to put all things in order but it’s usually a short fit, a temporary one and in a couple of minutes or hours, things are back to “normal”.

I have a friend who is a typical slovenly Sulphur person. If you are around when he is cooking you’ll never forget Sulphur! He doesn’t have any rubbish bin; instead, he hangs a plastic bag by the knob of the kitchen cupboard and puts there all garbage. Dirty fluids run down from the bottom of the bag or splash the external surface of the cupboard almost one meter around the bag. He uses countless plates and kitchen tools all at the same time. He puts the spoon with which he tasted the food on the dirty kitchen bench making it dirtier. A towel is at the same time used to clean the oils from the kitchen bench and at the same time for the drying
of his washed clean hands. Finally, anything that falls on the floor stays there for hours or days. There’s water, oil and dirt all over the place!

He once told me that when student he lived with a friend of his in a flat in Italy. The kitchen sink had a league and dirty fluids were running down to the floor of the cupboard and then to the floor of the kitchen. Every day this creek of filth was approaching the carpet of the living room and instead of cleaning up and fixing the sink they rolled the carpet more and more in order not to get dirty! Another sulphuric friend of mine, when we were living at a student’s residence hall used to take off his underwear every night before sleep, turned them inside out and next morning reversed it and wore it again as if clean. This procedure went on for days and days!

Many of the dirty, rugged, homeless people aren’t dirty and rugged due to conditions only but also due to their sulphuric idiosyncrasy. It’s a matter of attitude and philosophy. Many dirty, rugged monks are so because of their sulphuric idiosyncrasy and not because they “depreciate the body” and because they act “against the needs of the flesh”. The majority of Bohemian poets, “naïve” painters and unconventional artists are Sulphur subjects.

Sulphur kids and even grownups easily get dirty when eating anything; oil spills on their clothes, crumbs of food all around the table and on the floor all around them. They don’t do it on purpose; they just can’t help it. Even if they try to avoid it, still, end up getting dirty. Some of them, the low-class ones, may even find it very handy to mop their dirty hands, lips or running nose on their sleeves.

1.15 Boredom or over-activity

When it comes to pace of activity you will often come up with two opposite versions. The most common version is boredom and laziness. He
won’t even raise his hand to grab something. He is so absorbed in TV/Computer games/Internet that he won’t take off his jacket even if he is hot; he won’t drink water even if he is thirsty; won’t eat even if he is hungry; won’t go to the toilette even if he is ready for it. He will say: “Mum… brink me some water!”

Often, when left without activity, Sulphur sinks into boredom and even an almost stupefaction state. He is usually a bright boy, a clever boy and most of the times he is a good student. Not because he reads a lot but because he can easily understand the essence and the general picture of things. Yet, his books and exercise books are in a mess; torn, folded, dirty, full of drawings, etc. He may put into his school bag the ham and tomato sandwich together with his books, all becoming pink from the tomato juice!

Nevertheless, although easily bored, whenever he deals with the few specific things that he is fond of, he is so active and absorbed and even productive. He may watch TV or surf the web for hours and hours; he may play computer games non-stop, again and again. He may grab his bicycle or motorbike and dismantle it to little pieces. Then full of grease, from head to toe, he will assemble it but still some screws will be left apart as if not needed!

If he likes gardening then he may dig and plant for hours and hours forgetting wife, kids and friends; even forgetting to eat or drink. If he likes fishing he will be sunburned sitting for hours even if doesn’t catch any fish.

He so much lives in the world of his own; he likes to think and to philosophize with himself; he hates dealing with every day little matters; they seem so worthless and so boring to him. Tidiness and program is definitely not his field! Give him philosophy, politics, discussions,
cultural discussions, mysteries, etc and he won’t be bored at all; he will become enthusiastic and alive!

But then you may see a Sulphur subject being over active in general; never stopping for a minute, always doing something, always occupying himself. He may be a businessman working all day long. He may come home from work and won’t sit still for a minute; will do gardening, cooking, handy jobs, etc. Psoric Sulphur is usually lazy and easily bored while sycotic Sulphur will often be over active.

1.16 Stooped and slender or greedy fat

Sycotic Sulphur is usually greedy and fat or at least with a round protruding belly. Psoric Sulphur, on the other hand, is usually slender and stooped. Think of a fanatic believer monk, eating only enough to survive, always praying and reserved and pale, slender and stooped, bones clearly protruding from his body that has almost non existing muscles. This is psoric Sulphur. On the other hand, think of a red faced, chubby monk, greasy, greedy, fan of wine and joking and fun. This is sycotic Sulphur.

Psoric Sulphur eats in order to live; Sycotic Sulphur lives for the sake of eating! He is so pleased from eating; his best orgasms come from the tongue and stomach. He wants strong tastes, fatty rich food and spicy food, plenty of food. He won’t stop eating unless food is up to his throat and his belly is distended.

He so much enjoys fat and fatty rich food! He not only enjoys roasted or fried meat or barbeque; he even likes boiled fatty food, for example the boiled skin of chicken. “Nothing tastes good if it doesn’t have enough juicy fat in it” is his motto! He will definitely choose leg or wings instead of chicken breast. He will prefer anything that has fat, skin, tendons, cartilages and bones and will lick all bones living nothing for the dog except pure hard bone. So he craves fat grade 3.
But, please, be careful! If you have a Sulphur patient that is on strict diet due to a severe heart disease you may ask him about desire for fatty food and may say “No!” That doesn’t mean that he doesn’t like it; it means that he doesn’t eat it because he was forbidden to. Whenever we ask about any taste or food we should always make it clear for our patient that we ask about his desire and not about anything else.

Sulphur usually sleeps on his back and often with his hands stretched near his ears or behind his head and legs spread apart. It’s not an accidental position; most of the times it has to do with his aversion towards heat. You see, this is the most cooling position helping his sweat vaporize and cool him and having no part of his body touching another. If a hot part touches another hot part then heat and sweat are multiplied! Sometimes sycotic Sulphur subjects like to sleep on the abdomen just like sycotic Medorhinum.

He often enjoys cold water from the fridge even in winter and this is due to his sensitivity towards heat. The minute he drinks a glass of water, especially if it’s ice-cold, he gets it out of his system in sweat. The same happens instantly if he drinks something hot or eats hot food. In the summertime he is desperate; he drinks cold water to cool his organism and then immediately he is soaking from sweat. If he is somewhere hot and with no wind and drink cold water then he may be refreshed for minutes or seconds and then again he is hot, again drinking cold water until his stomach is full of water complaining of distention.

Phosphor, on the other hand, enjoys drinking ice-cold water from the fridge even in winter because that’s the only way he can quench his thirst. He just can’t drink water with normal temperature. It’s as if someone is drinking beer that wasn’t in the fridge! A boy Phosphor “steels” ice cubes from the fridge to let it melt in his mouth like water ice and his mother is after him threatening him and shouting at him: “Stop it! You’ll get sick!” If Phosphor lives at a cold place then during winter he may not drink
water from the fridge. But even then he will live the tap open until ice-cold water comes in from the pipes out of the house! Only then he will enjoy it and quench his thirst!

1.17 Psoric “Buddha” or sycotic gale!

There are also two versions of Sulphur regarding his irritability. He may be a psoric “Buddha” or a sycotic gale! Psoric Sulphur will say that he is calm and indeed he is. If his wife is a plethoric, irritable Lachesis then she will often tell you: “Holly Jesus, doctor! I try to make him angry and I get nothing! This man is a stupefied cow! He never gets angry! I say to him: be a man for a change! Let the beast get out of you and get angry at least once! Well, nothing happens! The other day our naughty boy sculptured his name on our precious dining room table. I told my husband: “Go and yell to him and punish him!” He said “Yes, yes…” and by the time he managed to get off the chair our boy was off to Australia!”

Don’t think that Sulphur is really a “Buddha”. He seems calm and most times he really is but only because of boredom. Or only because he considers all every day little matters as not important while most wives deal a lot on every day little matters. Whenever his wife puts forward any subject demanding solution Sulphur may say: “You handle it my dear… I am so tired from work!” It’s like the joke where any time a man wants to get laid his wife tells him: “Sorry dear, I’ve got a headache!” (laughing)

Psoric Sulphur, as mentioned, lives in the world of his own, absent-minded and absorbed in philosophical matters. He usually takes things as they come. All those things that a domineering, overprotective Lachesis housewife considers important matters, simply don’t count for him. Yet, a psoric Sulphur may say at times that he does get angry. Nevertheless, what he really means is that he restrains his irritability lots of times and then there comes a rare time when he bursts intensely. But, that is a rare incident not characteristic of the person. You may also find a psoric Sulphur that easily gets angry but like a coward Lycopodium keeps his anger for himself never expressing it for fear of consequences.
On the contrary, sycotic Sulphur resembles Medorhinum as to his irritability. He may not get easily angry but when he does then he expresses himself intensely and furiously; but then after some minutes he is totally off, the anger is over and things get back to normal. There’s also another version: he becomes easily angry and express it easily like a Phosphor but then he overcomes it very easily.

Apart from being slovenly, Sulphur is quite often very clumsy; he walks and stumbles all the time. Any chair or furniture found in front of him may be pushed or turned over. He is so careless that he breaks vases, glasses, plates, etc. He may be a moving disaster. While eating his clothes become dirty. His handy work is anything but perfect! If a painter or a sculptor, he will prefer modern art so as not to follow any strict forms that demand precision and accuracy.

1.18 Introvert; living in the world of his own

Both, sycotic and psoric Sulphur, are intensely introvert, especially the latter one; they are introvert grade 3 or at least grade 2. Natrum Muriaticum is introvert because she doesn’t want others to know anything about her personal problems, about her deep felt matters. She wants to sustain a dignified image towards others and society; it’s a psoric egoism.

Sycotic Sulphur on the other hand is introvert because he thinks that there is no point in talking about his personal matters since he considers them, most of the times, as not important. Furthermore, he is very optimistic. He will say: “Let it be! We have to accept all things and take things as they come; come, what may!” Even if he has a personal problem that he considers important, nevertheless, he thinks that there’s no point in discussing it since only he can give solutions to his problems and not others.
Psoric Sulphur is introvert because he is pessimistic. He believes that “all is vanity”. He keeps philosophizing saying to himself that nothing is really important in the process of a vain lifetime.

Psorinum is a really pessimistic idiosyncrasy; deeply psoric and deeply pessimistic. He is pessimism personified! He sees no light in anything. All are doomed; everything is black. His job is a failure; his personal life is hopeless; even his beloved ones don’t give him any joy at all. He knows that he loves them but that is something strictly intellectual; his emotions are flat, zero, non-existing; his e-motions are not in any motion; they are still, flat!

Don’t confuse this characteristic of Psorinum with Aurum. Aurum Metallicum is deeply hurt. Her emotions are in turmoil. She isn’t flat. She accuses herself of everything and feels guilty; she feels that she did all things wrong and being in despair she wants to commit suicide and often she really does! Yet she isn’t flat as to her emotions while Psorinum’s emotions are flat.

So, psoric Sulphur seems introvert and is introvert indeed. Sycotic Sulphur seems to be extrovert because he is so expressive and talking and joking all the time and loves company and fuss but when it comes to his personal problems he simply doesn’t open his mouth. He may even tell you: “Even if I speak about it, so what, doctor! Will anything change? So why talk about it?”

If his wife is an extrovert, plethoric idiosyncrasy, for example Pulsatilla, she may tell you: “Oh doctor, he is so introvert; he doesn’t speak at all about himself. We are a loving couple, we have kids, we are a loving family, nevertheless, he never wants to talk about us, about our family; he never expresses his feelings; not a word comes out of his mouth as to his deep felt matters. When I push him to talk, he always says: “There’s
nothing to talk about; even if I talk, will anything change? I am tired; let’s change subject!”

If his wife is a Lachesis woman interfering in all things and wanting to control everything she will say to you: “Oh doctor! You can’t get anything out of him! He is a fish, a speechless cow! What kind of a creature is this?” If Sulphur is not educated then he may not want to talk about every day matters because he is afraid of becoming embarrassed and so he becomes reserved and unsocial.

1.19 Shallow philosopher

Psoric Sulphur has a strange kind of pessimism; it’s not an emotional pessimism; it’s rather an intellectual and shallow philosophical pessimism. He may say: “Oh come on, everybody is sold for money; politicians, doctors, everybody”, “We are alive! So what? What’s life other than a constant vain fight? We are born, work like animals and in the end we are eaten by worms and that’s it! End of story!” If this was an emotional pessimism and the person who said that really felt it as an emotion he could have committed suicide like an Aurum Metallicum but Sulphur isn’t that way. He is just philosophizing without much emotional participation.

If he is a sycotic Sulphur person then his secondary behavior is usually optimistic. Nevertheless, be his secondary behavior pessimistic or optimistic the important thing is that they both have the same primary behavior. Both psoric and sycotic Sulphur have one common thing: their shallow philosophical disposition. This disposition originates from a natural curiosity about how all things work; about the mechanism involved. Thus, he is interested in how a toaster works up to how Universe and God works!
He will often ask you: “What’s Homeopathy doctor? How does it work?” If he is a boy receiving a bicycle as a present he may ask himself the same thing: “How does this thing work?” Then he will take the screwdriver and dismantle it to satisfy his curiosity. So, every time something happens to him either regarding his family, his affair, his job or society he is always philosophizing about “how things work”.

1.20 Crude practical joker

Sulphur, especially sycotic Sulphur, is a teaser, a practical joker, a humorist. Psoric Sulphur will be a normal teaser, a sarcastic one but still within boundaries and even rather shy. Sycotic Sulphur is a crude practical joker, most times a good one but at times not.

Anacardium will do the mean, ironic, spiteful practical joke or humor that will embarrass his “victim” or humiliate it and he will enjoy it proving to himself and others that he is the smartest of all! He will be the boy who stepped deliberately on the cat’s tale only to listen to her scream and laugh at her. He will also be the boy who tripped up his grandpa and burst into laughter as the latter fell down breaking his leg. His mother will say: “Oh my God, the Devil got into him!”

But this is the “villain” version of Anacardium, the syphilitic version, the one that has almost no contact with his moral conscience. This version is a very extreme one; he will do something bad without remorse and guilt only to confirm to him that “he is the one”, that “he is the smartest”. The psoric version of Anacardium is pretty much tortured because he is squeezed between too wills, the “villain” one (external will) and the “good” one (internal will/conscience). That’s the reason why he feels as if having inside him an evil demon and an angel fighting all the time about who is going to prevail.
Sycotic Sulphur may do quite crude practical jokes but then he hasn’t got any mean intention. He may become a bit vulgar or insensitive due to his crude disposition for fun. He may also sincerely apologize if he has hurt someone. He will say: “Sorry pal, I didn’t know that it would hurt you so much… but still you have to admit that it was funny… wasn’t it?”

A sycotic Sulphur kid may insert his finger in his nose, take out that green thick staff and place it on the blouse of the boy sitting on the desk in front of him “just for fun”! Or a grownup may come to your marriage and interrupt the ceremony only to ask his groom friend loudly in front of the audience: “Are you sure you don’t want to reconsider before saying “I do!”?”

He may also say crude dirty jokes to people that he first meets at social gatherings even if they are elderly or very conservative. I have a sycotic Sulphur patient that every time he comes in my office he will start with a crude, long, dirty joke although he was late at his appointment and people are impatiently waiting at the hall. Yet, he is lovable!

Phosphor is also very humorist and the heart and soul of any party or gathering. His humor is more refined and polite than Sulphur’s and his intention is very positive and sincere. He wants to make others feel better and really have fun.

Lycopodium is not a successful humorist most of the times. His jokes are very sophisticated and intellectual and the way he says them is so psoric and shy that no laugh is produced. He will even try to explain his jokes immediately after saying them. It reminds me of the sophisticated intellectual “jokes” of Woody Allen! Medorhinum’s jokes and practical jokes resemble the ones of sycotic Sulphur but not as successful as the latter’s.
1.21 Neglectful as to his health and indifferent as to little everyday matters

Sulphur, especially the sycotic version, usually, isn’t afraid about his health just like Medorhinum. The latter feels so strong physically and so tough psychologically so why afraid of something bad? Sulphur, on the other hand, isn’t afraid about his health because he has done a lot of philosophizing about life and death. Sycotic Sulphur and Medorhinum are also neglectful as to their health. They must be forced by others or by their problems in order to consult a doctor. They are both very unwilling when it comes to tests, strict diets, complex medications, etc.

On the contrary, a psoric Sulphur subject, when adopting a certain philosophy and ideology may deal with his health, employ healthy nutrition, meditation techniques, alternative treatments, herbs, acupuncture and such staff.

I have a patient around 45 years old. He imports Indian clothing, accessories and such things. He lives a bohemian life. When it’s winter in Greece he goes to Thailand because it’s summer over there. He lives in a shack, enjoys the sea and sun, practices yoga and meditation, is dirty and slovenly, eats healthy and philosophizes. Then when summer starts in Greece he comes back going from island to island selling Indian clothes and accessories again living in an unconventional way.

Sulphur, especially sycotic Sulphur, isn’t only neglectful as to his health; he is also neglectful as to his clothing, his diet, his car, his house and his belongings. You may see a carpenter who is good at his job to live in a house where wooden furniture are a wreck. His wife keeps nagging: “For God’s sake, you are a carpenter and the door of our house is ready to fall apart! What will people say about it?” “Ok, ok, I will do it tomorrow!” he replies. Yet, his wife knows that, that “tomorrow” will never come!
You may, of course, come up with a Sulphur subject that is very scared when he is told that he has a severe disease. But, most of the times after a while he philosophizes and overcomes fear. He will say: “What can a man do, doctor? We are all going to die after all! What now, what tomorrow!”

### 1.22 The superficial bibliomaniac of the strange and mystery books

Quite often he likes reading books a lot. Yet, there are distinct differences between Sulphur and the other great bibliomaniac, i.e. Lycopodium. Lycopodium likes to read cultured and sophisticated books, essays, dissertations, thesis and scientific reviews. He will be the systematic and thorough reader. He wants to know many new things not so out of curiosity but because he wants to build his intellectual image towards others.

He is dying to lecture to others about what he knows displaying strong arguments, solid proofs, bibliography, results from scientific research, references, footnotes, quotations, etc. He is fan of rational thinking, of logic and scientific methodology.

It doesn’t matter what his subject is or if he really believes in it. He may be a fan of Ancient Greek civilization, a Christian, a Buddhist or an atheist. What really matters is that he is a systematic and thorough reader and lecturer fond of detailed notes, diagrams, charts, graphics, displays, statistics, etc.

Sulphur, on the other hand, has no respect for methodology or books. He will spill food on any book while reading it, may damage its cover, read first the end and then the beginning and some scattered paragraphs. Then he is going to lecture you on what he has read without strong arguments or references but still with absoluteness as if he knows all things whether against or for the author.
If he is a student he may only read the most possible themes that can be included at a test and usually he does well because he is smart. He will never do systematic reading. He is too lazy for such a thing.

Still, he is very good at producing original, unconventional and liberal ideas; it may, of course, be impossible for him or others to apply them in everyday life but still, they are original. Many poor inventers that invent peculiar machines of worthless practical use are in fact, Sulphur individuals.

He is so fond of mysteries! He will read about the “Bermuda Triangle”, Egyptian Pyramids, aliens, “black holes” of the Universe, scientific discoveries, detective novels, science fiction, holly books, metaphysical books, etc. He also enjoys documentaries about strange animals and mysteries of Nature, adventures, comedies, satire and several light staff. Lycopodium, on the other hand, will prefer that cultured sophisticated European movies with slow filming done by that “cult” director or that “cult” underground non commercial actor.
CHAPTER 2

ARGENTUM NITRICUM, GELSEMIUM, THUJA

A. ARGENTUM NITRICUM

IDIOSYNCRATIC DIAGRAM

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C. THUJA

2.16 Sycotic physical predispositions
2.17 Greasy skin, offensive sweat, persisting acne
2.18 Groundless Lack of Self confidence
2.19 Unfounded Guilt
2.20 Fear of heights and feeling as if being judged all the time
2.21 Introversion
A. ARGENTUM NITRICUM

There are some idiosyncrasies, like for example Argentum Nitricum, Lachesis, Hyoscyamus, Anacardium and Valeriana that can be of great use to understand the mode of operation of human mind.

The main basic passion of Argentum Nitricum is his attachment to his very existence. This isn’t, of course, the case of natural survival instinct. Instead, we have to do with a neurotic state dealing with several dangers regarding his existence. This neurotic state involves obsessions not always directly connected to real danger. The essence, the core and the main idea of Argentum Nitricum, are obsessions.

2.1 Constant flow of ideas with inadequate filtering

As described in my book about Thinking apart from Individual Thoughts several External Thoughts affect the human function of Thinking. It’s a normal thing to have many kinds of thoughts flowing into a person’s mind. These thoughts could be rational or irrational, common or peculiar, possible or improbable, etc. By nature, there’s a certain filtering mechanism that rejects some of them as improbable or irrational and accept others as probable and rational. The latter ones are permitted to go on creating other thoughts, feelings and behavior.

For the sake of understanding let me give you an analogy. Every single day, many kinds of food are inserted into our stomach, common ones and strange, healthy and unhealthy, beneficial and harmful. Yet, not all of them are absorbed so as to be used by our organism. There’s a certain kind of filtering that allows some to be absorbed and some not to be absorbed. For example, cellulose cannot be absorbed and is dumped as non useful. Some others, like poisons for instance, are considered as harmful and several defense mechanisms are mobilized like vomiting and diarrhea, in order to get them out of our system.
A similar filtering mechanism exists on the mental level. The inflow of External Thoughts from the Psychic World is filtered by our Individual Psyche through the functions of judgment and logic. For example, it may happen to all of us, while living our house to have the thought: “Have I locked the door?” The first thing to do isn’t to go back and check the door. First we go back to our recent memory and “rewind” the “film” of recent events. If we trace the relevant event then we are sure that we have locked the door and leave in peace without going back to check the door; end of inquiry; end of doubts; end of story!

But, this isn’t the case with Argentum Nitricum! He has that constant and tremendous inflowing of Individual Thoughts from his Individual Psyche and that constant inflowing of External Thoughts from the Psychic World. His mind never stops thinking; it’s in constant motion. These thoughts are usually in the form of questions like for example: “Could it be that…?” or “What if…?” and always refer to something negative for the person or to something that the person might have forgotten to do.

An Argentum Nitricum individual goes back to his recent memory and he finds that specific image, for example the moment that he has locked the door. But still he isn’t certain about it and cannot relax. He has lost the ability to be sure about it so as to go on. So he keeps wondering about the same thing and may go back to check the door to be sure. He may even do this a couple of times. First it was an obsessive idea and then it became an obsessive behavior.

There are times that after he has checked the door once, he is relieved and leaves his house. But then, after a few minutes, while driving towards his work, doubts haunt his mind. “Could it be that I haven’t locked the door?” or “I know I have locked the door, but what if I have left the kitchen oven on?” He goes back to his recent memory again and again and he is not sure if he has done so or not. He may even go back to re-check.
It’s a vicious circle of obsessions, fixed ideas, persistent thoughts and compulsions that leads to anxiety and compulsive/obsessive behavior. He doesn’t have insane ideas, irrational ideas, delusions or illusions. It’s not the case of Hyoscyamus. He doesn’t have weak memory or Alzheimer’s dementia. He hasn’t lost contact with reality like a drunk man or like an intoxicated person from drugs. He has just lost the ability to filter his thoughts. His desperate question to himself is: “I know that I haven’t forgotten it! I have also checked it more than once! Why, on earth, can’t I get the doubt out of my system?”

2.2 Obsessive ideas in the form of “What if…?”

Let’s see some of these obsessive ideas that trouble Argentum Nitricum. He goes near the railings of a balcony. Although these railings are high and strong enough, nevertheless, shivering thoughts cross his mind: “What if I slip and fall?”, “What if I get dizzy and fall?”, “What if someone pushes me by accident and fall?”, “What if a crazy compulsion takes control of my mind and forces me to jump against my will?”

He feels as if a magnet pulls him down and he gets anxious and scared. He knows that such things are quite improbable. Nothing like that happened to him in the past. He also knows that the railings are strong and high enough to prevent such an incident. But still he is in doubt and fear overcomes his logic. He may have such a thought even on the balcony of the first floor or even on climbing the first steps of a short ladder. He feels the same fear of heights when in a plane or on a bridge.

He may be sitting next to an experienced driver whom he trusts as a person and as a driver. Still he has that obsession that cars moving on the opposite side of the road are heading towards them. His muscles contract and his feet try instinctively to find the brake pedal to stop the car; he just can’t help it! It seems so real and so probable to him.
While walking on the pavement he tries to avoid stepping on the margins of the paving stones. He can’t avoid reading the numbers on the plates of cars passing by or even adding the numbers. He feels that his hands are dirty or full of germs and wants to wash it all the time again and again. He may do that 20, 30 or 50 times a day; he may even use antiseptics or surgical spirit. He may wash it once and then has that doubt that he may didn’t do it right and so he does it again and again thoroughly.

His obsessions may also involve his health. As soon as he feels slight symptoms or as soon as he hears about diseases he starts having that obsessive idea that he is sick; that something bad is going on. He rushes to doctors and labs; nothing can reassure him that he is ok. Phosphor also has this kind of fear about his health but the latter is afraid only about his health. He hasn’t got the obsessions of Argentum Nitricum that have to do with all fields of his life.

Another obsession of Argentum Nitricum is his fear of the evil eye; you see, he just can’t explain his compulsive behavior and it seems probable to him that something metaphysical is to blame. Or is it that he is going crazy? Fear of insanity is just another obsession of his.

2.3 Obsessive Behavior

In mild cases we have only obsessive thoughts but in more advanced ones these thoughts cause obsessive behavior. Every time he has an obsessive idea he proceeds to a certain obsessive behavior to confront the idea. For example every time he has that “What if...?” question he may touch any object near him, once or three times or say to himself “Jesus Christ” or “Mother Mary” in order to avoid anything bad from happening. It’s a compulsive action; he can’t avoid doing it; he can’t help it. He knows that this is a compulsive behavior; his doctor or his analyst has made it clear to him a thousand times but still he can’t help doing it all the time! It’s not a matter of logic!
All these torturing fixed ideas make him feel terrible; anxious, full of tension, full of doubts, full of self reproach, in despair! He keeps having all these crazy thoughts, all these doubts, all these questions “What if…?” He keeps thinking that something bad will happen to him. He can’t do anything about it although he tried hard again and again so he starts blaming himself: “Why can’t you get over this nonsense?” His life is hell! That’s why he says to himself: “Am I going crazy?” or “Is it the evil eye?” You could expect such thoughts from a low class, uneducated person but this is also true for highly educated people and even psychiatrists and scientists.

His obsessions may also take the form of extreme tidiness or even fastidiousness. But this isn’t the case of Nux Vomica. The latter chooses to be fastidious and she is natural about it while Argentum Nitricum has no choice.

These obsessions cause a lot of burden to him; he may become anxious, melancholic, full of misery, loquacious, self centered or absent minded. Many times his internal mental state is expressed on his troubled face.

When it comes to his physical characteristics Argentum Nitricum often resembles a mild sycotic Sulphur person. He is hot grade 2; not as hot as Sulphur. Still, he just can’t stand being in a hot room without ventilation. He feels choking and wants to open the windows. He may be sweating easily and his sweat may even be offensive like Sulphur’s.

He is crazy about sweets; desires sweets grade 3 or at least grade 2. He also has that strange characteristic: eats sweet and then salty things and then sweet. He may eat a chocolate and then salty chips and then a cake and so on!
2.4 Idiosyncratic Diagram of Argentum Nitricum

Raw Material:

The mineral Silver Nitrate

Miasmas:

Psoric Miasma creates an uncertainty and an imaginative fear for his existence

Basic Passions:

His main Basic Passion is his attachment to his existence involving obsessions for imaginative dangers.

Essence:

Constant inflowing of obsessive ideas in the form of “What if…?” questions that causes much stress and obsessive behavior

Thinking:

a. Psychic Evolution:

He is greatly depended on his Intellectual Psyche and on its inadequate filtering of constant inflowing thoughts. Not greatly related to Conscience Psyche. His Individual Will depends largely on his External Will. All the above make his psychic evolution difficult.

b. Influences:

Intense psoric influence; Very much depended on his Mnemonic and External Thinking Stimuli. Intense Negative Energy Tuning.
Stressful Conditions:
Heights, discussions about diseases, hot rooms, discussions about germs and evil eye.

c. General Characteristics of Mental Functions:
Quick, scholastic, obsessive thinking; constant tremendous inflowing of arbitrary, torturing fixed ideas with inability to decide about their probability and real nature

d. Mental Patterns:
His mental patterns relate to his anxious, obsessive, pessimistic state

Frequency:
Of medium frequency

Emotions:
His general mood is negative, anxious and torturing; he lives in a hell of mental uncertainty; he feels that his mind isn’t working properly and is on the edge of breaking down. Intense negative Intellectual Emotional Charge. He isn’t an emotional person because his obsessions force him to deal with himself and becomes self-centered and full of misery. His main emotions are the Intellectual Emotions involving fear, anxiety, insecurity, pessimism and melancholy. His emotions may be intense and torturing but they don’t have to do with other people; they have to do with his obsessions.

Behavior:
Compulsive behavior due to obsessive ideas; obsessive tidiness; obsessive fear about health; nervous tics
Usual Secondary Behavior:


Body:

Usual Physical Predispositions:

Dyspepsia, Distention, Gastritis

Usual Psychological Predispositions:

Obsessive Neurosis, Nervous Tics, Phobic Neurosis, Anxious Neurosis

Relative Idiosyncrasies:

Phosphor (when it comes to neurovegetative symptoms) and Sulphur (when it comes to general physical characteristics)

LECTURE ON ARGENTUM NITRICUM

The idiosyncrasy Argentum Nitricum corresponds to the homonymous homeopathic medicine that originates from the mineral Silver Nitrate. As I have many times explained this raw material is diluted and succussed many times in order to give us the harmless homeopathic medicine Argentum Nitricum.
2.5 General physical characteristics similar to Sulphur

Argentum Nitricum’s general physical characteristics often resemble a mild Sulphur individual. He is hot grade 2 or even less or even cold grade 1. What’s more characteristic is that he feels choking in a hot room and wants the windows open just like Pulsatilla.

He may sweat a lot and his perspiration be offensive like Sulphur but at a milder degree. While Sulphur is quite slovenly, Argentum Nitricum on the contrary is often obsessively fastidious.

2.6 Desire sweets grade 3

Argentum Nitricum is often crazy about sweets and sugar; he will eat a lot of it even if it makes him ill. Pulsatilla also is crazy about sweets but what’s characteristic of Argentum Nitricum is that he eats sweets, then salty things and again sweets. He may eat chocolate and at the same time or seconds after that eat salty chips and then again sweets.

Pulsatilla and Argentum Nitricum may prefer sweets instead of food. They are fond of cakes, ice-creams, chocolate, candies, etc. Pulsatilla also may become ill from too many sweets.

2.7 Obsessive ideas and Compulsive Behavior

The essence of Argentum Nitricum is fixed ideas and compulsive behavior. Most people suffering from compulsive neurosis are Argentum Nitricum subjects. But, be careful! That doesn’t mean that any patient with compulsive neurosis will need Argentum Nitricum! This isn’t Idiosyncratic Homeopathy; this is Allopathic “Homeopathy” prescribing remedies according to diseases. You have to give the medicine that suits the whole and especially the personality of the patient.
Why does Argentum Nitricum have these obsessions? What’s the mechanism that causes them? It may happen to all of us to have some thoughts crossing our minds at times like: “I saw a black cat; something bad may happen!” or “Have I locked the door?” Nevertheless, if we are balanced our psychological defense mechanisms function effectively and after double checking such a possibility inside our minds we let it go and relax.

Well, Argentum Nitricum has trouble double-checking his thoughts. He just can’t overcome that “What if…?” or that “Have I…?” He is in constant doubt although most of the times he recalls the image of the action for which he is in doubt.

It’s not an irrational thought, nor is it an insane thought, a delusion or an illusion. He is not psychotic! He is simply obsessive. When we have to do with an insane thought the patient not only has lost track of reality but moreover he doesn’t realize that he is insane. He thinks that all others are insane except him. The obsessive person lives in reality and knows that he is sane but still he is not sure about recent facts whether they took place or not or is afraid about improbable things.

2.8 Obsessive fear of height and fear of insanity

Let’s examine some of these obsessions. Fear of high places grade 3 or 2. If we want to be precise we should say that this isn’t fear; it’s but an obsession that has to do with high places. Thuja also has fear of high places but not an obsessive one and in a lower degree. You ask him “If you go out on a balcony and look down, from what floor do you start becoming afraid?” and he will answer you: “Even from the first/second floor”. Then you ask him: “What are you afraid of?” and he tells you: “I don’t know! I am afraid that I may get dizzy or slip and fall off or that the railings will yield or that someone may push me by accident”.

In a more advanced state, at phase C, he may tell you that he is afraid that he may have the compulsion to jump off the balcony. It’s not that he has suicidal tendency, not even suicidal thoughts. It’s simply an obsession, a fixed idea of the kind “What if…?”

He is often afraid that he might become insane; that he will lose his reason. He doesn’t want to hear stories about people that got crazy or about psychological diseases because he says to him: “What if these obsessions drive me towards insanity?” His obsessions seem to him so strange and so inexplicable that he often says to himself: “Have I been bewitched? Is it a case of evil eye influence?” As expected, due to his obsessive personality, he may often be a superstitious person.

2.9 “What if…?”

He is so full of “What if…?” thoughts! “What if this happens?” “What if that happens?” He never stops thinking about negative things to come. On leaving his house, office or car he starts thinking: “Have I locked the door?” He goes back to check it and it’s ok; he didn’t forget anything. Then he makes a few steps towards the street; suddenly another “what if” crosses his mind: “I have locked the door but what if I haven’t turned the kitchen oven off?” He turns back again to check that also. It doesn’t have to do with his memory; he hasn’t got weak memory and it’s not the beginning of Alzheimer dementia.

There are times that in order to be sure, before leaving the house he double-checks and triple-checks the door and the kitchen and the windows and during this check he tries to be fully aware of what he does. Sometimes, he even says loudly what he’s doing in order to print it in his mind with bold letters: “I am now locking the door, now I am turning the kitchen oven off, now…..” He knows that he is exaggerating but he just can’t help it.
Now let’s see some more obsessions. He walks down the road and tries to avoid stepping on the margins of the paving stones. Whenever he sees a car he just can’t stop himself from reading the numbers on the plates or even calculating their sum. He also counts the steps wherever they exist or counts “one, two, three, four, etc” whenever waiting for something to happen or someone to come. He gives the excuse to himself that he is doing something normal “just waiting the time to pass”; but it’s not a normal thing if you just can’t avoid it!

Sometimes, whenever he looks up to a high building he feels dizzy. At other times he may avoid a certain route just because he had that “hint” that something bad will happen if he goes towards that direction. Quite often he is very superstitious.

2.10 Compulsive movements, nervous tics, germ-phobia

When things have progressed to a much more imbalanced state not only he has fixed ideas but he also has compulsive behavior and compulsive movements. He regularly touches instantly the desk in front of him; if he doesn’t do it he feels so bad; he has to do it so as to relax but then after some seconds or minutes he has to do it again and again. Sometimes a thought crosses his mind that if he doesn’t do it something bad will happen to him, other times he just feels bad if he doesn’t do it.

Argentum Nitricum, especially kids, often have many nervous tics that keep changing all the time as weeks or months go by. He may raise his shoulders regularly or blink or touch his hair or anything you can imagine as long as it’s a sudden, repeated movement without any meaning or purpose.

He often has germ-phobia; the term in this case isn’t the right one. It’s not a phobia, i.e. a fear; it’s an obsession. He may wash his hands 20, 30 or 50 times a day. He may wash it now and immediately start thinking:
“What if I haven’t washed it thoroughly?” So he goes back and does it again more thoroughly and even using soap or surgical spirit. He avoids using the toilette in other houses or in public buildings. If he has to go to the toilette then he uses a handkerchief in order to avoid touching the door’s knob. He will thoroughly examine the plates, spoons, forks and glasses at a restaurant to see if they are thoroughly washed.

If he is sitting next to a driver he is also “driving” with him stepping on a non existing brake, watching the road carefully and often feels as if cars from the opposite line are heading towards them. He drives the driver next to him crazy by his remarks: “Watch out!” “Be careful!” or “Slow down!” Be careful not to confuse this with another situation that hasn’t got anything to do with fear or obsession. Lachesis, being syphilitic and domineering, may use her fake fear as an excuse to dominate on her husband or children showing to them that she cares so much about them because she has that “pathological” love for them.

In Homeopathy it’s always very important to judge the intention of the person that lies beneath an action and not the secondary behavior per se. We have to reach to the diagnosis of the genotype/primary behavior and not to the diagnosis of the phenotype/secondary behavior.

2.11 Anxiety while waiting

He is so anxious while waiting! Sometimes, if he is waiting for an important event to come, then he may have nervous frequent urination or nervous diarrhea. But, usually his anxiety is off seconds or minutes after the event takes place. It’s anxiety while waiting. If he is expecting an important event to happen tomorrow or in a few days, then he keeps thinking about it all the time or asks questions to others around him about it all the time until it happens.
Lycopodium is also very anxious whenever he is expecting an important event or whenever he has to talk in front of an audience even if he is well prepared for it. But his stage fright begins only some minutes or hours before the event takes place and lasts only some minutes after the beginning of his speech and he does very well on the process. Silica dreads to appear in public and carry on a presentation. She is very anxious before, during and even after the presentation. Many times she avoids such presentations on any cost.

2.12 Obsessive fear about his health

Argentum Nitricum often says that he is afraid about his health. We have to differentiate between his fear and the fear of Phosphor and Arsenicum about their health. In the case of Argentum Nitricum it’s not really a fear but an obsession about his health. A thought crosses his mind “What if I have a severe disease?” and from that time on this becomes an obsession and he starts rushing to doctors for consultation and to labs for tests. The general and characteristic thing is his general tendency for obsessions and the specific and not characteristic thing is his obsession-fear about his health.

Phosphor on the other hand has a clear fear about his health because his Neurovegetative Nervous System is malfunctioning. So, he has several neurovegetative symptoms and these cause great fear and anxiety to him because he thinks, not to say he is certain, that he does suffer from a severe disease. Somebody told him that a neighbor had a stroke and then he immediately started having neurovegetative symptoms and he is sure that he is also going to have a stroke or a heart attack or something sudden and severe.

He rushes to the doctor and the doctor examines him and tells him: “You’ve got nothing pathological! It’s all in your mind! You are simply hypochondriac!” He is so offended and angry when they tell him so because he does feel those symptoms and he is a very sincere person in general. He says: “Why don’t you believe me doctor? Why, on earth,
would I lie? I work hard for years and never left my job, apart from severe causes. I do have these symptoms! I swear to you I have them!”

The doctor prescribes pills, taps him on the shoulder and reassures him that he is going to get well. He is relieved for a while and then he has again the same symptoms and again he rushes to the doctor in despair. He isn’t so much afraid of death; he is afraid of the symptoms or that he may have some severe disease.

Arsenicum also has fear about his health but this is a part of his general fear about death. His is such an egoistic and self centered person that he is very much afraid of stop existing. So he doesn’t like hearing about old age, death and diseases. Aconitum is also intensely afraid of death but this usually begins after a sudden fright from an extreme event; it’s mostly an acute condition and an extreme one because he is afraid that any minute he will die due to his extreme physical symptoms.

Phosphor is not so much afraid of death; he is mostly afraid of the symptoms that he has. Whenever he feels symptoms he rushes to the doctor for help. He wants consolation very much, is easily reassured but then he is also worried again and this goes on like that. Although he is calling the doctor a lot and visiting him all the time worried, nevertheless, he is a likeable person because he is psoric, sincere and very grateful. You empathize with him because he is like a good small child seeking for consolation and guidance.

On the contrary, Arsenicum creates negative feelings to the doctor because he is syphilitic, egoistic, mistrustful, mean and peevish. Argentum Nitricum isn’t as repulsive as Arsenicum but still he isn’t so likeable as Phosphor because he has that misery and that attachment to his obsessions.
Argentum Nitricum, due to his obsessions, is often nervous and anxious. He feels his belly very much distended and is complaining about it all the time. He is also very restless; while sitting he has to do something with his hands or move his feet all the time.

This is the general picture of Argentum Nitricum. Our aim in Miasmatic Idiosyncratic Materia Medica isn’t to give a full, complete, detailed picture of an Idiosyncrasy. This would create difficulty in memorizing information and even confusion and we would easily miss the essence of the Idiosyncrasy. If you identify the “core”, the “essence”, the “skeleton” of any idiosyncrasy then you can add all other less important information. And this tactic is in accordance with the Law of Hierarchy and the Law of Whole.
B. GELSEMIUM

The idiosyncrasy Gelsemium corresponds to the homonymous homeopathic medicine prepared by the homonymous plant.

2.13 Timidity and stage fright

Timidity and stage fright are the main characteristics and essence of Gelsemium. He also has lack of self confidence but not as much as Thuja. He is the kid that blushes and stammers in front of strangers; he is so shy!

Psoric Lycopodium may also have stage fright at the beginning of a meeting but he quickly overcomes it and mingles with the company, often trying to be the centre of attention showing off his culture and knowledge. You see, Lycopodium thinks a lot of himself, believes that as cleverness and refinement is concerned, he is above the average but still due to his psoric nature and fear of spoiling his image he is anxious when meeting someone for the first time.

On the contrary Gelsemium stays reserved and speechless and shy in a company for a long time before starting to feel a bit comfortable and relaxed. Psoric Sulphur also may appear to be shy and reserved when meeting new people but not because he is shy but because he is very introvert.

2.14 Nervous symptoms after embarrassment

Gelsemium is easily tired. He often develops nervous symptoms after embarrassment or his physical symptoms deteriorate. Being so timid no wonder why he is easily embarrassed. He can also develop symptoms from fright or while waiting an important appointment or event.
Argentum Nitricum may also develop symptoms like nervous frequent urination or nervous diarrhea while waiting an important event.

2.15 Not capable of handling usual situations

Gelsemium is incapable of handling usual situations or new things. He is so shy, so lacking of self confidence that he finds it difficult to function normally or adjust to new conditions. He is so easily blocked. So easily embarrassed and not knowing how to react and what to do. Relative idiosyncrasies from which we have to differentiate are psoric Lycopodium, psoric Sulphur, psoric Natrum Muriaticum and Thuja.

It’s not a frequent idiosyncrasy but still it’s not a rare one. You see “God loves diversity!” Most people are influenced by a few decades of basic frequent idiosyncrasies but still there are decades of other more rare idiosyncrasies. As a rule basic idiosyncrasies have a wide range of characteristics and you can talk about them for hours while rare idiosyncrasies have a narrow range of characteristics.

In Miasmatic Idiosyncratic Materia Medica our aim is to attach these more superficial and rare idiosyncrasies to certain deep, basic and frequent idiosyncrasies so as to be easily detectable and identified during diagnosis and differential diagnosis. That’s the reason why I have included Gelsemium to the Psoric Family very close to Thuja. Other psoric idiosyncrasies are Natrum Muriaticum, Ignatia, Sepia, Psorinum, Silica, Alumina and Staphisagria.

The psoric version of Lycopodium and Sulphur could also be included to this idiosyncratic family; nevertheless, I find it more practical to be included in the Intellectual Family.
C.THUJA

2.16 Sycotic physical predispositions

The idiosyncrasy Thuja corresponds to the homonymous homeopathic drug and plant. It’s a small kind of cypress tree with leaves that have vertical arrangement. Miasmatically, Thuja is a strange combination of strong sycotic physical characteristics and predispositions while psychologically she is intensely psoric.

Her physical predispositions are similar to Medorhinum: asthma, allergies, hypertrophic tissue states, warts, condyloma, etc. Warts and condylomata are very characteristic of Thuja. Very often we find a past history of cauterization of condylomata and warts.

Other sycotic physical situations are: fibromyoma, nodes, hypertrophic tonsils, several hypertrophic states, hyper function and hyper secretion.

2.17 Greasy skin, offensive sweat, persisting acne

Her skin is greasy and tends to look dirty although she may wash herself frequently. The same thing is also true for her hair. She washes them and keeps combing them but still they look dirty and uncombed. She tends to develop persisting acne; if you come up with a shy girl with lack of self confidence and persisting acne then think of Thuja.

She sweats a lot and her perspiration is offensive. Thuja affects predominantly females and most often girls at puberty; shy teenagers, full of acne, with intense lack of self confidence and tendency to feel guilty all the times. She has an aversion to onion and garlic. Not that it causes symptoms to her stomach; it’s an aversion that has to do with taste. Often
she sleeps on her abdomen and loves the sea just like sycotic Medorhinum.

### 2.18 Groundless Lack of Self confidence

The key to Thuja, the essence, is her groundless lack of self confidence grade 3. But you should always be very careful because even a Platina can *declare* that she has lack of self confidence! Yes, even Platina! How can this happen? She has been so confident and considers herself as the goddess of beauty. And then suddenly she gained 5 kilos. She feels so ugly and fat and declares “lack of self confidence”!

But this isn’t “lack of self confidence”! This is indeed self confidence grade 3 and this is Platina. You should never prescribe according to what the patient *says he is*. You should always prescribe according to what he *is*! You should always prescribe according to the genotype/primary behavior and not according to the phenotype/secondary behavior.

Well, Thuja’s genotype and primary behavior is “lack of self confidence” grade 3. And I say this because although she usually does well and has skills and achievements she never believes in herself. Her mother tells you: “What is wrong with her, doctor? She has excellent grades and she does very well on her tests, yet, every time she keeps saying that she won’t do well. Nevertheless, every time she gets high grades and even then she can’t believe that she did so well!”

Thuja believes that when it comes to cleverness and skills her I.Q. is far below the average; that she isn’t of any worth. She may have earned herself diplomas and praises, she may be beautiful and have achieved many things, yet, she feels that she isn’t worth it; that she is stupid, ugly, good for nothing, worthless, a piece of trash! She has that constant feeling and belief that she doesn’t do things right, that she will fail to meet the average score. She may be beautiful and despite that she says to herself:
“I am so ugly! My hands are ugly, my face is ugly, my nose is very large, etc.”

There are a couple idiosyncrasies that could say such a thing; that feel as if ugly but yet not so strongly. For example, Valeriana although thinks a lot of herself she may say such a thing to herself because she doesn’t want her image to others to be spoiled. To be precise, Valeriana thinks that she is beautiful and worthy, even more than the average but still has this internal hidden insecure. On the contrary, Thuja believes what she says.

Furthermore, Thuja is very introvert and it’s a very difficult thing for her to tell you such a thing face to face. At times a young girl comes to my office and due to non verbal characteristics I sense that she is a Thuja person and I ask her straight away: “Do you often feel that you are worthless? That you are a piece of trash?” Then she jumps up from her seat astonished and says: “How did you get it, doctor? I’ve never said it to anyone, not even to my mother or to my husband although this is what’s bothering me all my life!” And this is true in spite the fact that she is quite good looking, educated and perhaps a successful lawyer!

Isn’t Homeopathy great? Isn’t it magic? Isn’t it amazing to be able to read others mind and soul! Moreover isn’t it wonderful to be able to help people with natural and harmless energy medicines? To be able to balance deep rooted idiosyncratic tendencies that have tortured your patient for years and years, all his life! You see, Homeopathy is indeed such a wonderful cure if, of course, someone has mastered it and applies it according to Universal Laws.

2.19 Unfounded Guilt

It’s not only that she has that terrible baseless lack of self confidence! She also has an unfounded guilt about all things: she is the one to blame for
what happened to her mum, dad, brother, friend, etc. She thinks that she is responsible for what happened to others or that she is to blame also. Her guilt is unfounded, baseless and groundless as is her lack of self confidence yet, she just can’t help believing it! The latter originates from her ungrounded lack of self confidence and from the belief that she doesn’t do anything right.

Let me give you an example: there’s this mother that constantly believes that she isn’t a good mother; that she doesn’t succeed in raising her children right; that she does all things the wrong way; that she is worthless and stupid although she does well. She feels guilty about it and she is self tortured! She is a Thuja subject!

You have to be very careful because Natrum Muriaticum could have such guilt but in a very lower degree and for different reasons. The latter is so psoric and responsible and strict to herself and wants so much to do her duty that she ends up easily feeling guilty that she neglected to do as expected from her. Aurum Metallicum also is very demanding from herself and if she fails then she feels great disappointment and despair and may commit suicide. But, when it comes to Thuja, she feels guilty because she considers herself below the average cleverness and that is the reason why she believes that she “keeps failing” although she doesn’t.

2.20 Fear of heights and feeling as if being judged all the time

She has fear of heights grade 2; this is not a fixed idea as in the case of Argentum Nitricum. She also has a very characteristic and peculiar sensation; a vague feeling that she is being judged all the time even if she is alone; that even when alone she doesn’t have any privacy, as if walls are transparent and she is being exposed to others; as if an eye keeps watching her all the time in the sense of judgment.
It’s not a delirium or an insane idea. It’s not the insane idea of Hyoscyamus that he is being watched and that he is in danger. It’s not a metaphysical fear let’s say for ghosts like in the case of Calcarea Carbonica.

Thuja feels as if others keep an eye on her all the time with tendency to judge her. Let me give you an example in order to get the idea and the feeling: She works in a room with many other colleagues and she has that constant feeling that her boss or even her colleagues keep an eye on her and judge her regarding her abilities. She keeps thinking that they notice her lack of abilities and that they judge her. She may even feel this even if she is working in her own private office.

2.21 Introversion

She is very introvert because she has that great lack of self confidence. Thus, she can easily be misinterpreted as a timid Gelsemium, a psoric Lycopodium, Sulphur or Natrum Muriaticum. But, Lycopodium, Sulphur and Natrum Muriaticum don’t have any lack of self confidence. In fact, Lycopodium and Sulphur think a lot of themselves.

Thuja, like Gelsemium, isn’t a frequent idiosyncrasy. You can see this idiosyncrasy in a shy girl, teenager or college student that has been greatly repressed by dominant parents.
CHAPTER 3

VALERIANA

3.1 The modern, reactive, spoiled, insecure teenager/young woman

3.2 Insecure-Aggressive

3.3 So thirsty for attention and love but still so reactionary

3.4 Tendency for exclusiveness and jealousy

3.5 Very ambitious and “unconventional”

3.6 Coward-Aggressive behavior

3.7 Nervous, restless and touchy

3.8 Introversion and indirect behavior

3.9 Mistrustful and temperamental

3.10 Idiosyncratic Picture of Valeriana

3.11 Nervous and mistrustful woman

3.12 “Thoroughly Slovenly Appearance”

3.13 Fake unconventional

3.14 Ironical and touchy

3.15 Reactionary and insecure

3.16 Faking the “cultured” woman

3.17 She “castrates” her husband but then she can’t be pleased by him

3.18 Male/female nature as to sexuality

3.19 The great value of the knowledge of human idiosyncrasies
3.20 Wayward in sex and love

3.21 All idiosyncratic characteristics are but imbalances!

3.22 You just can’t fool Universal Laws!

3.23 Reactionary and temperamental

3.24 Her behavior doesn’t make any sense!

3.25 A spoiled, immature girl

3.26 Mistrustful and jealous

3.27 Revengeful, wants to get even, to get on top

3.28 She bears a grudge

3.29 Introvert; pity makes her angry

3.30 Nervous headaches and other nervous symptoms

3.31 Fear of being raped and fear of male violence

3.32 Ambitious and often setting up things for her

3.33 Restless and nervous; abuse of coffee and tobacco

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3.1 The modern, reactive, spoiled, insecure teenager/young woman

Miasmatically, Valeriana seems to be a puzzling and weird combination. She is intensely insecure, coward, introvert and easily offended but none of these is easily detectable from people around her. Even when asked, usually she will not admit that she has these traits. She tends to have a great attachment to her affair with a tendency for idealization because she wants to live that “great love”. She is greatly annoyed by lies and injustice. All the above remind us of the psoric nature of Natrum Muriaticum.
But, despite that, both her intentions and her expression are syphilitic. She is mistrustful, reactive, revengeful, hysterical, vain and indirect. Then you can add some strong sycotic traits like temperamental, moody, very quick thinking, impatience and restlessness. Seriously, what is she miasmatically? Is she psoric, syphilitic or sycotic?

What really defines the predominant miasma of any idiosyncrasy is intention and not style, expression or secondary behavior. Valeriana is predominantly syphilitic and domineering in her own indirect way. It’s not accidental that as years go by many teenagers/young women Valeriana tend to change towards the syphilitic idiosyncrasy Lachesis especially after forties and if engaged in the maternal role.

Valeriana doesn’t have the primary maliciousness of Lachesis but she can become mean and revengeful out of reaction when her ego is deeply hurt. Nor does she have the insensitiveness of Platina although she is ambitious and at times vain as the latter.

Valeriana is the typical, modern, reactive, spoiled teenager/young woman. Her main traits are: hysterical, ambitious, insecure-aggressive, introvert, easily offended, temperamental, mistrustful and vain. She is predominantly a female idiosyncrasy and a very common one in female teenagers and young women.

She is hard to be traced by the inexperienced physician. This is true because she is very mistrustful and often keeps her real intentions successfully hidden. She won’t open herself unless she is very sure that she is safe.

Moreover, she is very smart and intuitive and this enables her to understand at a great extent the intentions of other people around her. As far as she remembers herself she has been very efficient in this field so
she becomes very confident in judging people’s character. She has also been very mistrustful even from childhood.

When Platina wants something or when offended she takes it out uncovered without second thoughts but Valeriana can be very indirect and self controlled. She isn’t, of course, as indirect, flexible and cunning as Lachesis. Valeriana may become aggressive secondarily due to her insecurity and mistrustfulness and furthermore because she is easily offended.

3.2 Insecure-Aggressive

How can one be at the same time insecure and aggressive? It can happen because she is primarily insecure and secondarily aggressive. The genotype/primary behavior is insecurity and the phenotype/secondary behavior is aggressiveness.

She is so insecure! She feels all the time that she must be “on guard”; she is so mistrustful and so easily offended. Yet, all the above aren’t clear to the inexperienced eye. Her main concern and fear is not to be depreciated / dominated; not to feel inferior; not to be fooled / cheated / deceived; not to be the victim; not to become ridiculous; not to be laughed at; not to be the target of irony.

She may be very ambitious but she doesn’t want to be recognized by all like Platina. She is very much interested to be recognized by her own people and those that she chooses or in selected fields that she thinks that are worthy of interest. She won’t deal with the rest. Nevertheless, if she is targeted or if, even for a minute, she thinks that she is being attacked then she won’t let it go just like that; she will answer back, she will pay back. She says to herself: “I am good but don’t mess with me…!” She may become mean but this is due to her reactionary nature. It’s not an offensive aggressiveness; it’s a defensive aggressiveness, a secondary
action, a reaction. She resembles a seemingly relaxed “pussycat” but when she suspects that she is being depreciated or attacked then she becomes a “wild cat”!

So, it’s her insecurity that makes her reactionary and often aggressive. For example you ask something from her. If you ask it nicely then she hasn’t got any problem to do it. But if she even slightly suspects that there is even a slight tone of order or negative intention to the request then she becomes very reactionary and can even do the opposite of what she was asked to fully aware of her actions.

This kind of behavior makes her parents, companion or very close ones desperate and confused; her behavior doesn’t make sense to them; they just can’t figure it out. The one minute she is that sweet cooperative pussycat and the next minute, without any profound reason, she is that hysterical wild cat.

I say “without any profound reason” because most of the times she doesn’t reveal the real reasons that made her angry. If the other person has understood the reason that made her angry and reveals it to her, then she will not admit it out of reaction, out of spite. She even gets angrier; she gets furious. She doesn’t want others to understand what’s going on in her mind because she is so insecure. You mustn’t cross the red line and enter her secure zone.

She is so temperamental due to her insecurity that her parents often consider her as a very fickle character. They say to themselves: “What now? What got into her again?” Her husband is also in confusion as to her behavior and character. He just doesn’t know what to do; doesn’t know how to treat her because one minute she is this and the next minute that. He just can’t figure her.
3.3 So thirsty for attention and love but still so reactionary

There’s another reason for her fickle character. She is so thirsty for attention, so thirsty for love but only from those that she chooses to. That doesn’t mean that she will reject being famous or being a star. When all those around her that she chooses, love her and are as she has imagined them to be, then she feels secured.

This trait tends to be expressed in intense and even hysterical ways. If she is a little girl she will suddenly hug her father, kiss him and don’t let go of him. This is an unexpected sudden action without any profound reason. But if he tries to answer back the same way she will immediately go away so as not to encourage him too much. She may give him a tender kiss and then give him a slap or a pinch hurting him. She may say something good to you and then immediately say something bad or embarrassing again so as not to over encourage you. You see, it’s the “blow hot and cold” technique!

Her behavior may involve a hysterical game the purpose of which is to confirm that her chosen own people do love her and won’t “betray” her or abandon her. For example, she may make a scene to them only to test their love; it’s the so called capricious or whimsical behavior that if exaggerated makes others around her fed up and say: “For God’s sake, what is it that you want? I’ve told you a hundred times that I love you! I’ve even proved it to you a dozen times! What’s the matter with you, anyway?”

They’ll never get an answer from her and she will never admit that she is exaggerating or moreover say “sorry”. Her defense is to become aggressive or even pretend being astonished for their “unjustified” burst: “There’s nothing wrong with me! You are the weird one!” You often get the picture of a deep down “good” girl that has been spoiled and is now doing several things just to attract attention and gain love.
If the father or companion turn her down or aren’t worthy of her according to her judgment – true or not - then she develops the reactionary state. Let me give you an example: There’s that little pretty nervous girl that becomes attached to her father and idealizes him and thinks a lot of him. As years go by she may realize that he isn’t what she thought he was and that he is an alcoholic good-for-nothing father.

Or he may be a good father but with human faults and his domineering Lachesis wife accuses him that he cheats on her and that he doesn’t care for his family and cunningly manipulates her daughter to turn against him because he is “embarrassing” them and “ridiculing them to society”. I had such a case where her mother used to wake her up when she was only 11 years old just to tell her that her father had just returned home after cheating his wife in order to force her make a scene to her father. You see “the sins of the fathers are visited upon the children”.

Then, the Valeriana daughter will not give him a minute’s rest. She curses him, she is biting, ironic and aggressive and wants to hurt him all the time; not out of maliciousness but out of spite. She thinks that he is the one that hurt her, that he is the one that shed first blood and now it’s his time to be hurt. She loved him, he betrayed her or her family and now he must be hurt to. It’s pay time! How could he do such a thing to his beloved girl that loved him so much? You see, it’s but the typical relation “intellectual love - hate”.

3.4 Tendency for exclusiveness and jealousy

Valeriana tends to be extremely afraid of “betrayal” either in affairs, family relations or friendship. She isn’t easy to consider someone as close friend, as buddy, even more difficult than Platina. She demands absolute discretion, sincerity and absolute dedication. She wants exclusiveness. If her best friend “cheats” on her with another friend, i.e. if she comes second in her heart or if she lied to her or revealed her personal secrets then she totally rejects her and feels betrayed.
Not only she rejects her but moreover, her intellectual love turns into hate. Most often she wants to revenge, to pay back. The same thing stands even bolder in affairs. She gives herself to her companion although she demands that all things must be done her own capricious way. But, simply because she gives herself in her own syphilitic capricious way and not in a psoric sentimental way, then, if hurt she is raging.

Due to her tendency for exclusiveness and mainly due to her insecurity she is strongly jealous in affairs. Very often she doesn’t show it and doesn’t admit it because she doesn’t want to spoil her social image of the modern, liberal and independent woman. She may even declare that she is in favor of “free” relations just to be considered liberal. There are, of course, other Valeriana women that when asked if jealous will tell you laughing: “I will take his eyeballs out if he does that to me! I don’t tolerate such things!”

If her companion is a Lycopodium subject – who is often the case – and give credit to her “liberal” declarations about “free” relations and cheats on her and she finds about it then things get really nasty. She reacts intensely, hysterically and dramatically. She just can’t get it out of her mind, out of her system. She feels “betrayed”, “cheated”, “deceived”, “ridiculed”, “depreciated”, “fooled” and “tricked”. Her insecurity is multiplied a hundred times.

When I say “betrayed” you must realize that this isn’t a psoric feeling, for example like the feeling of betrayal that a Natrum Muriaticum or Ignatia has. It’s a syphilitic feeling. It’s not her heart that’s being hurt; it’s her ego, her pride! She feels that her companion ridiculed her; that he made a fool out of her; that she was ridiculed and depreciated. She is so furious, so raging against her companion and even against the “slut” that dared sleep with her companion. She won’t relax until she pays back, until she gets even or “on top”.

Sometimes she may temporarily swallow her pride until she has “won the battle” and her companion has returned back to her feeling sorrow for his cheating. Then her revenge will be that she will be the one to abandon him, that she will brush him aside. Only then she will be relieved because she got even.

Valeriana never forgets what others have done to her even years and years after. She keeps remembering it for life waiting for the time to get even. Nevertheless, there are some Valeriana individuals that due to high cultural level, will not take action in order to revenge. Yet, they will be very glad if something similar happens to the person that hurt them. They feel that as justification/vindication, as restoration or their internal balance. Once again this has to do with their insecurity; they no longer feel depreciated.

The same background of insecurity runs through all her life. For example she often appears to have a strong tendency to be independent from the male sex and very feministic. Yet, it’s not a real, balanced independence. It’s an unbalanced tendency as a reaction towards male prevalence as a result of insecurity. No wonder why she, all the time, misinterprets any action done by males as of domineering intention or depreciatory to her female sex. Yet, despite her intense “feminism”, deep inside her she is greatly in need of a strong male to depend on and heal her insecurity.

Quite often she engages herself in a weird vicious circle. She tends to indirectly manipulate male submissive idiosyncrasies like for example Lycopodium but then such a submissive male does not inspire her anymore as male companion. He isn’t manly enough for her anymore because she cannot depend on him.

She is also very insecure as to her parents. She becomes very reactionary due to her fear that they may dominate on her and make her a pawn. She has the same mistrustfulness and reactionary behavior towards any kind
of groups and organizations that involve hierarchy and all kinds of “masters” or “gurus”.

3.5 Very ambitious and “unconventional”

Valeriana is very ambitious. Like Platina she tends to have an aversion for the traditional housewife role and wants to gain recognition through professional career. Platina, due to her intense ambition and vanity may employ several means, even immoral ones in order to achieve what she wants. Her actions are usually direct and even aggressive because she is very antagonistic; she always wants to be the first, the one and only, the star! She will use her beauty, smartness and strength of character to achieve her goals.

Valeriana, on the other hand, will use her cleverness, her quick thinking and her intuition about other’s personality and weak points as well as her modern flirting style of the “pussycat”. But she is all the time ready to change from that cute pussycat to wild cat whenever needed so as not to be considered the “easy broad”.

Her ambition usually relates to journalism, psychology and politics. She wants to be considered cultivated, liberal and modern. She likes dealing with anything “new”, “alternative”, “advanced”, “liberal” and “unconventional”. She is not so much interested in general recognition but mostly on the recognition from the few selected ones.

She also wants to dress accordingly, that is, unconventionally. Her style could be called “thoroughly slovenly/unkempt appearance”. For example she will wear a slightly worn out jean, her hair will be thoroughly disheveled in a modern way, but her blouse will be a very expensive and modern one. Her outfits are expensive and of brand names but mostly sportive and “unconventional”. Most of the times, she may become sarcastic and ironic towards Platina’s sophisticated and conventional style.
of clothing. Yet, she spends too much time and money for her appearance! Moreover, she has that great anxiety - an almost hysterical one - about acne, hair falling, obesity and wrinkles although she may not admit it.

### 3.6 Coward-Aggressive behavior

Valeriana is primarily coward and insecure although she doesn’t easily admit it and tries to appear as being self confident. Again we come across her great inconsistencies; she is one thing and projects the opposite of what she is so as not to be considered as “weak” or “conservative”.

She is insecure, yet she projects a seemingly strong personality; she is conservative, yet she projects a modern free style; she wants to be loved, yet she doesn’t want others to consider her as if in need of love or as weak and feminine. For example she may be afraid of speed and motorbikes; yet, when in a company of Harley’s funs, she may pretend to be the risky, fearless rider.

Let me give you another example. She is so afraid of male violence, so scared of rape and so scared of being beaten by her male companion. So, she tends to say to her companion at the beginning of their relation: “I am that kind of woman that won’t tolerate any kind of violence. If anyone dares even touch me he will regret it; that’s the end of the relation”. Once more, we have to do with that “defensive aggressiveness”.

For the same reason she calls herself a “feminist” in order to avoid any enslavement to male dominance. Despite her declarations for equality and independence she will always tend to dominate in any relation and do things her own way. That, alone, is a confirmation of her syphilitic nature.
3.7 Nervous, restless and touchy

Valeriana is very nervous, restless and irritable. She just can’t relax; she is so tensed body and mind. She can only relax after full tension. Her nervousness drives her to heavy smoking or drinking a lot of coffee.

Whatever physical or mental work she will do, she will do it at high pace. She can’t stand slow-motioned people or slow-thinking people. She cannot be tuned with them. If she has to explain something twice she becomes so upset.

Being very insecure and self-centered she easily gets angry. She is in a constant state of “defensive aggressiveness”. She gets angry from lies, injustice, depreciation, sarcasm, ridicule and irony. She is very easily offended; she tends to misinterpret the words of others; very easily insulted. And then she reacts instantly not waiting for any kind of explaining or excuses. She gets angry and becomes aggressive or ironic. She is so good at being ironic although she hates irony of others towards her! Quite often, irony is but the defense tactic of cowards.

At times she may not be so quick-witted and may keep her mouth shut. Or at times she will restrain herself towards her boss so as not to get fired – a thing that Platina is not capable of. But for Valeriana this is never the end. She won’t forget it unless she gets even. She may keep it for life. She wants to pay back, to get on top of things, not to feel inferior.

She is so easily offended all the time. If someone comes late at an appointment with her, she will get angry because she will take that as depreciation; so she may make a remark or become ironic. It’s not about the delay; it’s a matter of depreciation for her. It’s not a matter of punctuality and programming as in Nux Vomica; it’s a matter of depreciation for her.
3.8 Introversion and indirect behavior

She is very introvert but not as Natrum Muriaticum. Her introversion doesn’t have to do with psoric tendency as in the latter. It has to do with mistrustfulness, insecurity and egoism. She will talk about her personal matters only to, one or two the most, very close friends; she demands discretion and exclusiveness from them. She gets so angry from any kind of consolation because she always interprets it as depreciation. If you want to “kill” her then say to her “Poor you!” For the same reason, she doesn’t want to cry in front of others or apologize and say “sorry” even about little things.

She will not directly express her needs even to her companion. She doesn’t want to be considered “weak” or “in need”. She demands from her companion to be ready to trace any need of her even before expressing it. If this isn’t the case then she gets angry and becomes aggressive or hysterical without any explanation of any kind even if kindly asked.

Most of the times her companion is lost! He keeps thinking: “What’s the matter with her? What now?” If he directly asks her: “What’s the matter with you? Have I done anything to you?”, then things get worse. She may say: “There’s nothing wrong with me! You, are the one hiding things lately. Why has your behavior changed? You don’t love me anymore!” You see, this is what I call “defensive aggressiveness”; this is projection of my state to the other person as if he is to blame! Well, isn’t that a fine example of capricious syphilitic behavior? Isn’t that a monument of hidden syphilitic behavior?

If her companion realizes the real reason of her behavior and does the great mistake to reveal it to her straight away then he is in big trouble. She will never admit it! She will never admit that she has that indirect behavior. She becomes even more aggressive, irritable and ironic.
She hates it when others know or realize what happens inside her mind and heart. She feels naked, exposed, vulnerable and depreciated. Then, another great characteristic of hers takes place: she becomes temperamental out of insecurity. The minute her anger passes off she becomes very insecure that her relation may become impaired and that she will be on her own again. So she has to find a way to return to previous balance.

Being too proud and insecure she just can’t apologize. As the song says “sorry seems to be the hardest word”! She may find all kinds of indirect ways to restore things. For example she may even tell her companion: “I am ready to accept your apology you stupid man!” She will say that not aggressively but in a “pussycat” style. Or she may say: “Ok, I forgive you, but make sure it won’t happen again! You were so insensitive!” You see how capable is a syphilitic person to turn things upside down or to turn black to white?

3.9 Mistrustful and temperamental

She is so mistrustful! This has to do with her introversion, indirect behavior, insecurity, cleverness and intuition about other’s intentions. Being she so indirect, introvert and syphilitic it’s expected to think that others act in the same syphilitic way. She also has that intuition, that great ability to understand other’s intentions so she can interpret as something negative even good intentions of others. You see, if you are syphilitic you just have difficulty “to buy” any good feelings or actions from a psoric person. This is also the reason why Lachesis, another great syphilitic idiosyncrasy, is mistrustful.

Her mistrustfulness is also due to her great insecurity; I mean her great fear that she will be depreciated. That’s the reason why she is all the time on guard. Consequently, it’s so easy to misinterpret other’s intentions, feelings and actions. She is so easily offended! So touchy!
Not only she is mistrustful but she also doesn’t reveal it; she hides it very efficiently. Not only she is easily offended; many times she doesn’t react directly but indirectly. So, the usual case is that other people around her confront a person that has a peculiar indirect behavior for no apparent reason. That’s the reason why her close ones often characterize her as being touchy, unpleasant, unpredictable, hysterical, temperament, capricious, weird, mysterious or difficult to comprehend.

She is also very temperament. It’s an intense and for no profound reason moody behavior. Sometimes even she, herself, doesn’t know the reason for this kind of behavior. Pulsatilla has a very fickle behavior; as fickle as the wind, as Kent says. But this is due to her psoric sensitivity and sycotic expression. She is so emotional, so truly sensitive and romantic that little things affect her emotions greatly either up or down. She is so easy to feel sad and so easy to feel happy and this may change in a matter of minutes according to slight external stimuli. On the contrary, Valeriana is temperament because she is insecure and “defensive-aggressive”. She is on guard waiting all the time for offensive actions of anyone around her, even from her close ones. She is waiting with her finger on the trigger.

Valeriana, being very nervous like Natrum Muriaticum and Nux Vomica, also suffers from nervous headaches and nervous symptoms. Her headaches may develop hours after the stressful factor’s action. She may go down town in the morning, at the crowded streets that are full of traffic and smoke and have a nervous headache on returning home. Or may get upset now and have a headache after some hours.

3.10 Idiosyncratic Picture of Valeriana

Raw Material:

The plant Valeriana
Miasmas:

Her main miasma is the syphilitic one because she has an intense domineering intention. She is the typical modern spoiled reactionary teenager/young woman; she wants all others to satisfy her whims and to make her egoistic dreams come true although she doesn’t admit that she has these syphilitic intentions. She pretends to be independent, democratic, liberal and modern, a person that doesn’t want to exploit others. She projects the image of the strong independent woman but in reality she is insecure-aggressive, temperamentnal, hysterical, reactionary and vain.

An inexperienced eye could mistake her as being psoric only because she is characterized by primary insecurity, introversion, cowardice and because she is easily offended and projects seemingly psoric dreams about her life. But the above are well hidden traits beneath the external opposite image.

Valeriana is characterized by syphilitic intention and when hurt from syphilitic expression also. Another miasmatic background that completes her picture is her sycotic temperament; physical restlessness, a more restless and quick mind and temperamental personality.

Basic Passions:

Her main basic passion is attachment to idealized absolute relations with the little chosen close ones. She is very absolute and demanding in her relations. She demands ideal relations – according to her egoistic point of view - with her parents, companion and friends.

She needs and demands lots of love and exclusiveness. She demands constant and intense interest on the part of her close ones and confirmation and reconfirmation that all are going well.
Being so absolute and demanding she has troubles all the time with ever changing life and reality that has nothing to do with absoluteness and stability. But instead of reacting with psoric hurt and introversion and sorrow, being syphilitic she reacts with irritability, nervous symptoms, aggressiveness, restlessness and moody behavior.

Second in intensity basic passion is her syphilitic vanity. She is very ambitious and wants to show off but not to all fields and people like Platina. Her ambition is targeted to certain people, her own chosen close ones and to certain areas of interest that are considered as “cultured” or worthwhile fields. Her vanity does not usually involve her beauty but her cleverness, culture, knowledge and personality.

Essence:
A summarized prescription of Valeriana could be: the spoiled, reactionary, insecure, ambitious and capricious teenager/young woman with temperamental and inconsistent behavior.

Thinking:

a. Psychic Evolution:

She has some mental qualities that could help her evolve psychologically: she is clever and quick-thinking. Yet, her intense domineering attachment to her chosen close ones and her reactionary character due to her insecurity make it very hard for her to evolve psychologically. Valeriana is greatly related to Intellectual Psyche. Her Individual Will is very much influenced by her External Will. Her mental patterns about happiness are absolute and have to do with idealized relations which she must control absolutely.

b. Influences:
Intense syphilitic intentions and syphilitic expression; when calm though, she may be mistaken as being psoric; predominant Thinking Stimuli are Symbolic and External.

_Stressful Situations:_

Irony, ridicule, injustice, lies, depreciation, ingratitude, lack of mutuality, lack of exclusiveness to her close relations, cheating on the part of her companion, inconsistency, gossiping, when someone feels pity for her, male predominance, any kind of enforcement, cooperation with slow motioned and slow thinking people, when she has to explain something more than once, anything that makes her feel inferior or depreciated.

c. General Characteristics of Mental Functions:

Quick clever thinking; mistrustful; very observant; intuitional and with keen perception; easily offended; tendency to misinterpret verbal remarks of other people. Very often she enters into a vicious circle: misinterprets the intention of other people, doesn’t express herself to show that she is offended, makes a lot of second thoughts and scenario, reaches to arbitrary conclusions and reacts with negative, aggressive, reactionary, fickle behavior. Her behavior makes no sense to any one, at times not even to her.

d. _Mental Patterns:_

Her mental patterns involve tendency for idealization and absoluteness; intense demand for mutuality and exclusiveness. She considers herself very clever and is very ambitious. She also considers herself as unconventional and non conservative; as a person that doesn’t yield to any kind of enforcement, authority or establishment; expressive but still introvert.

_Frequency:_
Maybe the most frequent female idiosyncrasy to teenagers and young women, nowadays; an almost exclusively female idiosyncrasy

**Feelings:**

Her General Mood is characterized by intense moody behavior often without a profound reason. Intense Intellectual Emotional Charge. She is very sensitive but this cannot easily be seen by others because she has that aggressive temperamental and hysterical behavior. Predominant emotions are the Intellectual Emotions the main of which are intellectual love-hatred, anger, fear, sorrow and vanity. Her emotions are controversial, unpredictable, excessive, inappropriate to the stimuli and temperamental.

**Behavior:**

The reasons for her behavior are hidden and very difficult to see. Only a very experienced eye can understand what takes place in her complex weird mind. Very often her secondary behavior is opposite to her primary one. Her behavior most of the times is a result of her insecurity.

She is very much annoyed if somebody has realized what happens inside her mind and the reasons of her fickle behavior. She may become aggressive and insulting and wants to stop it right away or go away because she feels naked and vulnerable and without any protective shield. So, what usual one sees is her secondary behavior and not her primary one.

Due to her unconventional tendency she is snobbish towards hypocritical good manners. Her behavior is mostly secondary and controlled. She seems psoric to others but she is syphilitic, reactionary, negative, ironic and at times revengeful.
Usual Roles:
Modern unconventional and liberal woman, successful cultured journalist, modern feminist, touchy hysterical woman, reactive unconventional teenager, ambitious and cultured psychologist, the beautiful and cultured clever woman.

Relative Idiosyncrasies:
Platina, Lachesis

LECTURE

3.11 Nervous and mistrustful woman
Valeriana as idiosyncrasy corresponds to the homonymous homeopathic medicine and plant. As a herbal remedy is well known for its sedative action. It’s one of the most frequent idiosyncrasies and almost exclusively a female one. It’s a well hidden idiosyncrasy even for homeopathic doctors because most of the times she is one thing and projects another; she projects a certain image, a certain secondary behavior quite different from her primary behavior.

She is greatly influenced by the syphilitic miasma and that’s why I consider her a member of the Syphilitic Family of Idiosyncrasies, with Lachesis as the main representative and Syphilinum, Anacardium and Naja as other members.

Valeriana has a wide and characteristic mental picture; in fact all basic idiosyncrasies have such a mental picture. Unfortunately, many homeopathic doctors are not acquainted with the width and depth of this psychological aspect. Although she is a hidden idiosyncrasy, any
homeopathic doctor can be taught about her picture and identify this weird personality so as to recognize it in all her forms.

As said, it’s almost exclusively a female idiosyncrasy and the reason is that it matches to certain female characteristics. She is the nervous, temperamental, ambitious, egoistic, spoiled teenager/young woman. There are so many nervous female idiosyncrasies but what characterizes Valeriana is that she is the spoiled girl. She is so unpredictable, reactionary and fickle! Her behavior doesn’t make any sense!

Let’s examine her main characteristics, one by one. She is a nervous woman but not so much in the sense of irritability. Usually, when you look at her, you don’t see any signs of irritability. She seems calm although she has a well hidden nervousness; she works on high revolutions all the time. It’s mostly an internal nervousness not having to do necessarily with external events. She resembles a driver that steps on the gas pedal while no gear is engaged; the engine roars, the revolutions are high but there is no motion, no expression of this high state in activity. She has that great nervousness but nothing reveals it on the outside.

She is very clever. Her mind is very sharp. She has that great ability to realize other’s intentions, a sharp intuition; furthermore, this is in accordance with her mistrustfulness. This trait of hers isn’t as easily detectable as Lachesis mistrustfulness. Lachesis may frown upon you or give you a mistrustful glance with her eyelids half shut. Valeriana, on the other hand, may seem like a cool, spontaneous girl and at the same time she keeps wondering “What kind of a man is this? What role is he performing this minute?” Furthermore, she keeps testing you in several well hidden ways.

Since she, herself, plays a lot of roles and projects images that aren’t in accordance with her primary behavior, it’s expected to be mistrustful; she
judges others by herself. She says to herself: “Since I am so good at disguising my real intentions, why not others too?”

She is usually very nervous and has that internal restlessness of the mind; she isn’t as irritable as Nux Vomica but that doesn’t mean that she isn’t on guard, that she won’t get easily angry and express her anger especially to her close ones. When in places that things aren’t in favor of her, she won’t express her anger or she will just be ironic. When somebody meets her for the first time she will seem to him cool and calm but this is only a secondary behavior.

Valeriana gets angry from anything that could spoil her image towards others or when another woman seems to be smarter than her and becomes the center of attraction in a company. She is very ambitious and vain, nevertheless, she doesn’t want to be the “Queen” recognized by all others as a Platina woman wants to be. If that was possible she wouldn’t have any problem but her insecurity, most of the times, forces her to be satisfied by being the modern unconventional, capricious “Princess”.

3.12 “Thoroughly slovenly appearance”

Let me tell you what I mean by that. Let me give you an example to show you the difference of Valeriana and Platina. She is very much interested in her appearance and clothing but not in the sense of Platina. The latter will buy very expensive, luxurious and fancy clothes; will be dressed like a top model or like a “Queen”. Valeriana, on the other hand, will be thoroughly slovenly and unconventional as to her appearance and clothing. Again we come across her typical behavior: she seems to be one thing and yet in reality she is another thing; her primary and secondary behaviors differ a lot.

She wears worn out but expensive and tight jeans and a sportive blouse. Somebody could say that she doesn’t give much importance to her
appearance. Yet this is wrong. She must have gone to a dozen shops in order to choose these items. And when going out on a date she usually tries again and again several clothes and combinations of clothing before she decides what to wear; and even then she has that insecurity as to her appearance while Platina is so self confident.

Valeriana adopts the unconventional style because she doesn’t want to give the impression that she shows off by wearing expensive and fashioned clothing. She prefers to employ an unconventional fashion style. Nevertheless, she may wear an expensive watch or some stylish shoes to give a certain tone of exclusiveness. Platina and Valeriana have got great taste as to their clothing style while Lachesis is usually kitsch.

3.13 Fake unconventional

Valeriana, trying to project the image of the unconventional woman, will use three to five earrings only on one ear, one below the other or will wear a silver light chain above her ankle. Platina prefers golden jewels being the classic “Queen” while Valeriana prefers silver or faux bijoux being the “unconventional” “Princess”. Valeriana has that great insecurity also when it comes to her hair. She spends a lot of time caring about the style of her hair although her style may be “free”; nevertheless it’s again a “thoroughly disheveled” hair style.

She will not employ classical and conservative hair style like for example to wear her hair in a bun. She will employ something more modern and anticonservative like to have blonde highlights put in her hair. If she is a young unconventional “freak” she may dye her hair carrot-orange or bright red or even purple only to cause reactions by her appearance. On the same line of causing reactions she may shave half of her head. She will not dye it blond-white because this is the usual thing for any boorish woman. Platina wants to be the typical model of “haute couture” while Valeriana wants to be the unconventional model employing a modern free style or the unconventional reactive freak that does anything extreme enough to cause reactions to all around her.
Yet, in all cases, Valeriana isn’t really unconventional. In order to be truly unconventional you have to have enough courage and boldness to be different and not just reactionary; you also have to be nonconformist while Valeriana wants to live a comfortable life most of the times exploiting others around her.

**3.14 Ironical and touchy**

If you ask her what makes her angry she often says that she hates irony. Yet, when offended or when she believes that she is offended she becomes quite ironic and she is very good at it. Valeriana’s motto is: “I won’t bother you if you don’t bother me!” This results from her insecurity. She is so insecure that she is always on guard just in case someone may hurt her or offend her.

If something like that happens or even if she has the suspicion that someone may have the intention to hurt her then she becomes very aggressive, revengeful and reactionary. She wants to pay back, to get even and not to feel inferior.

She doesn’t want to be the “Queen” as Platina but she just can’t stand being inferior or even seem that inferior. Although she may seem quite confident to others around her, she is very insecure. That’s the reason why she is so much annoyed and angry from irony and injustice.

Phosphor also is pissed off by injustice, much more than Valeriana but for different reasons. Phosphor is the psoric idealist that says: “It can’t be happening! It’s so wrong, so unfair to hurt people like that!” You see he is very giving and cares so much about others. He may ignore an injustice done to him but he just can’t ignore any injustice done to others, even strangers.
He will not only get angry but he will show it and even get into a fight no matter what, in order to support strangers, especially weak people, repressed people. Others will tell him: “Why get into trouble! It’s none of your business!” and he will say: “So wrong of you! I do care! Somebody has to or else how dare we call ourselves human beings!”

He is so sincere; he isn’t like a hypocrite syphilitic Lachesis that may show off pretending to be idealistic and humane. Phosphor is an altruist; he will react to injustice no matter the cost, no matter if he has the ability to do something or not.

Valeriana, on the other hand, gets very angry mostly when injustice refers to her. But she may also react when others are being hurt because she thinks as follows: “Who do you think you are Mr. Wise Guy? Why do you consider yourself smarter than others? (i.e. than me?)”

When weak people are hurt by others her insecurity makes her furious just because she, herself, doesn’t want to feel inferior. Such a state makes her feel terrified. She doesn’t want anyone to be on top of her; to feel manipulated; to feel forced to do something; to be exploited; to be dominated. She is scared to death being beaten or raped. That’s the reason why she is so on guard, so touchy, so reactionary and mistrustful; she tries hard to avoid any of the above situations.

Have you realized how fine these qualities are? How delicate and differentiated? Human soul is as deep as an abyss. Yet, Homeopathy has discovered an objective way to identify glimpses and figures shining in this darkness! Isn’t that wonderful? Isn’t it fascinating! Well, it is to me! Unless this is but an idiosyncratic characteristic of mine! (laughing)
3.15 Reactionary and insecure

If you hurt a Platina person she isn’t flexible enough to adjust her behavior according to the circumstances. She is going to come on you no matter what! She attacks without second thought and doesn’t regret about any consequences. A Lachesis individual is very flexible. If she is on top of things then she will have you beheaded! But if it’s not the right moment she has that great ability to wait until she gets her revenge; she may even kiss your ass without any difficulty or pretend that she is at your side or even flatter you until the time she takes her revenge without any mercy.

Well, when a Valeriana subject is hurt she becomes furious and reactionary. Most of the times, if it’s not the right time, for example if she is going to be fired if burst, she will restrain herself. At times she won’t be able and will burst with an ironic comment or even shout and curse. If she doesn’t express herself then revenge is a dish that can be eaten cold. She will pay back and get even no matter how many years will pass.

But she is not so flexible as to kiss your ass or flatter you when angry. Her great ego will not let her “be humiliated”. Even if she won’t burst, yet, an ironic comment will relieve her and comfort her that she, at least, did something. She’s been stabbed but, nevertheless, she stabbed back! She isn’t so much interested in stopping injustice, especially if strangers are involved; that’s something characteristic only of psoric altruistic Phosphor. She doesn’t care much about others even if she will not admit it to the doctor so as not to spoil her projected good image. What mainly interests her at any cost is not to feel inferior, not to be depreciated. That’s the reason why so often she becomes ironic. You see, irony is a verbal punch that is usually permitted without great consequences.

So, she easily gets angry from ironic comments, injustice, insults and from any “low-cultured”, boorish or antifeminist behavior since she considers herself smart and refined. She is also furious from depreciation or when they lie to her. When somebody lies to her she feels depreciated;
she feels that you got on top of her and she just can’t stand it. Yet, she is very good in saying lies when needed. Being aware of this quality of hers, she is very mistrustful in believing others.

If her husband cheats on her and due to circumstances she is forced not to get a divorce then she feels so depreciated, so inferior! She will never permit to her husband to meet that woman again or she will never want her a mile close to them. Any situation that reminds her of the fact will turn her into pieces. She has been depreciated and ridiculed both as woman and human being. Again we have to do with that terrible feeling that haunts her whenever she feels depreciated or inferior.

Whenever angry she usually bursts her anger but mostly to her own close ones: parents, brothers and sisters, husband and kids and even friends. When she has to express her anger to her boss or to somebody very superior to her, she hesitates. She may seem fearless and self-confident but she isn’t; that’s why most of the times she plays it safe.

Let me give you an example. She is a teenager hanging out with her brother/companion. He is usually a submissive coward Lycopodium guy easily being manipulated by her without even him to realize it. She may be smart and aggressive to other males or females around her and expects her brother/companion to stand up for her. She is being a wise guy but from a safe distance or if others cover her back. If her brother/companion doesn’t stand up for her then she accuses him of being coward, a “chicken” or a “pussy”.

Valeriana may employ the above behavior as a caprice; only to have her brother/companion confirm his love to her. If she stands up for her then he loves her and he deserves her otherwise he doesn’t love her or isn’t worth of her. She may also employ the above behavior only to show off that she has a strong boyfriend that could die for her.
Many spoiled, nervous, insecure, reactionary, fake tomboys are Valeriana subjects while many really tough tomboys are Medorhinum subjects.

3.16 Faking the “cultured” woman

Most of the times she chooses boyfriends or friends that she can manipulate and exploit: “good” kids or cultured submissive kids or “feminists” and “democrats” that want “to serve” “beautiful smart modern girls” like her.

Valeriana isn’t as cultured and refined as Lycopodium for example. She pretends to be cultured, refined or “in fashion”. I’ve seen a Valeriana woman reading cosmic magazines only to pretend that she has a cosmic life and that she is informed about this and that: “Have you heard that, that Rock star is having a live concert next Sunday at that hall?” or “Did you know that, that famous theatrical play is coming soon on stage at the X theater?”

Showing off as cultured is what matters to her. She isn’t really interested in culture, art, politics or knowledge. On the contrary, Lycopodium seems to be cultured and is indeed cultured; he has a real interest in knowledge, a natural interest. It’s true, of course, that he uses this cultured image in order to show off psorically, especially to women, nevertheless, he enjoys learning; he isn’t shallow in this field.

Valeriana, on the other hand, is showing off being shallow as to her knowledge, most of the times. Not only her clothing style is unconventional but also her views on several matters like art, politics or culture are unconventional.
3.17 She “castrates” her husband but then she can’t be pleased by him

Valeriana usually chooses men that are Lycopodium, psoric Sulphur or Phosphor. She does this because they are “good kids”, submissive and easy to manipulate and exploit. But then, she becomes trapped in her own trap! She just can’t be pleased by a man that is no longer a man, a man that she herself has “castrated”.

On the one hand she can’t be pleased by a submissive man and on the other hand she wants to have full control over her man! A dead end! You see, syphilitic persons like Valeriana don’t appreciate anyone that they can manipulate because they consider him “stupid”. When you have a “stupid” person as your man and on the other hand you want someone manly and strong to lean on then things become quite difficult.

She will pick the “good boys” because of their social status, success, culture, money or good fame. She will manipulate them in an indirect syphilitic way. At first, she won’t be directly repressive. She employs other ways. She becomes jealous due to her insecurity. She doesn’t admit it to others and most of the times she doesn’t admit it even to her husband. She says that she is loyal to him and that’s how he should also be towards her; she may say that cheating isn’t right and is the characteristic of shallow people; she may also say – as an indirect threat – that if she catches him cheating then that will be the definite end of their relation.

She is so good at manipulating her husband that most of the times he doesn’t realize that he is manipulated especially if he is that psoric good fellow who loves her. He may even think that he has the upper hand or that they are equal as to their relation. But, in reality, everything is done her own way. There’s a very good joke about this situation with a Valeriana or Lachesis wife and a Lycopodium husband.
Two married men discuss about their relation with their wives. The first man, a sycotic guy says: “We keep fighting all the time as to who has the upper hand in all matters. What about you?” “Oh, we don’t have any problems at all!” “Wow, how’s that?” “You see, we have come to an agreement from the very beginning and we have split fields” “What do you mean?” “She decides about anything that has to do with the kids, the house, financial matters, vacations, social relations…” “Stop, stop, wait! What’s left for you, anyway?” “I decide about the family position about the Middle East conflict or about inflation or about racism…” (laughing)

She is also attracted sexually to manly men but being insecure she is so afraid of being dominated by such a man. If he starts giving orders or if he talks “manly” to her she becomes furious. She is so afraid of being inferior or depreciated that she becomes very reactionary to such manly behaviors. That’s the reason why most of the times she says that she is a feminist; she is feminist due to her insecurity and fear of male predominance or male violence. So, she may be attracted sexually by manly men but then she chooses “good boys” that she “castrates” and in the end she just can’t be pleased: a dead end. Her life becomes a mess because she is a mess as a personality.

She is so afraid of her feminine side! She thinks that by giving herself totally to her male companion she will become a submissive traditional housewife. Being insecure she wants to be able to lean on a strong male but she is so afraid that he will be repressive. So she chooses submissive “good boys” and “castrates” them. But then every time she gets laid, her “castrated” husband isn’t manly enough for her and she can’t have an orgasm. And every time she wants to lean on a strong manly shoulder there isn’t one nearby: dead end! (laughing)

Why can’t she have an orgasm? Because she is so insecure that she is all the time on guard especially against men. If you can’t relax and give yourself to the other sex then you won’t experience your feminine nature and then how on earth do you want to experience orgasm? (laughing)
3.18 Male/female nature as to sexuality

What characterizes female nature in sex and love and in general is receiving in a rather “passive”/yin way; being fully open to receive; being receptive and susceptible; give oneself to another; be given; devote oneself to another; dedicate oneself to another. What characterizes a male nature in sex, love and in general is giving in a rather active/yang way. Have you noticed that give is active voice while be given is passive voice? Nothing is accidental!

You see, female is yin while male is yang. Female is the element Earth while male is the element Sky/Heaven. Earth by nature receives, accepts the presents of the Sky; so she has to be receptive. She must be able to receive in order to become fertile. She doesn’t keep these presents egoistically for herself. She embraces the Sky and becomes one with him. She doesn’t care if he is “on top” of her and more active. Her role is to be passive, fertile and supportive. On the other hand he, the Sky, gives, serves and protects. His role is more active, but not to repress or exploit the other part. If these natural roles are as they should be, then there is a match; they fit perfectly; they are united! And unity is all that matters. Unity brings orgasm, completion and fulfillment. Unity brings fertility, happiness and joy.

Don’t even think for a minute that this is a male chauvinistic view of things. Don’t even think for a minute that I support that female nature is inferior to male nature. You see, Nature doesn’t think like humans do. We always see things through our egoism and insecurity. Hierarchy in Nature doesn’t mean authority and power to repress others. Hierarchy means being able to serve others. Let me remind you that Jesus washed the dirty feet of his students in order to show them the right meaning of hierarchy which is serving others. Humiliation is nothing else but serving others.
As to Nature, male and female are equal; equal but different; different but not opposed to each other. In fact they are complementary opposites. The one needs the other in order to be balanced. Yin needs Yang and vice versa, Earth needs Sky, Negative needs Positive, cold needs heat, passive needs active and vice versa. If there is a balanced state then all are wonderful and functioning naturally. If things are imbalanced then problems arise.

A very passive man and a very active woman are unnatural states and problems arise all the time. A very active, cruel and violent man is imbalanced. A very passive, submissive woman is imbalanced. A passive homosexual man and a repressive homosexual woman are both imbalanced. A lion that seems like a “Rudolf the reindeer” is imbalanced. A sheep that seems like a tough lion is imbalanced. Anything that differs from its nature is unnatural and anything unnatural is but a problem.

Let us employ the above in sex trying all the time to be unprejudiced, trying to examine things without having in mind that we are men or women. By nature, the role of man in sex is more active, more yang. He is the one to give his sperm and his yang energy so as to intermingle with the yin female energy. That doesn’t mean that the woman should just spread her legs passively letting man do all the job! (laughing)

The female although being more passive, more yin, nevertheless, is very active in stimulating the yang male through appearance, through beauty, through caprice, grace, charm and shyness. She can also stimulate the male by crying for help and support and definitely through her receptivity and her tendency to be given to the male. The female is the earth on which a house and a family will be built and have strong foundations while the male is the energy and protection for the whole thing. It’s a give and take situation from both sides.
The male yang is stimulated by the female yin to take action. The female yin lights the fuse/detonator of the male and his explosion triggers her own explosion. So, both male and female natures are complementary triggering orgasm for both of them having as a result relief of the tension and joy.

You just can’t talk about equality in the sense of similarity, of being evenly, since we have not only opposite things but at the same time complementary ones too. It’s a wise, natural, complementary dissimilarity. And this is in accordance with the universal Law of Unity and Complementary Nature of Opposites.

There are so many women nowadays that often say: “There are no real men nowadays!” Unfortunately, I must agree with them that, that’s a fact! But it’s also a fact that most “castrated” men nowadays have become so because of their mothers and wives! It’s also true that most of the women that complain about this fact are indeed Valerianas, Platinas and Lachesis, that is, syphilitic idiosyncrasies that “castrate” males and just can’t accept a real man by their side. Furthermore, they are the ones that as mothers usually castrate their young boys!

Nowadays, living in this syphilitic era, men tend to become less male, more passive, more submissive and even gay while women tend to become more active, more antagonistic, more ambitious, cruel and dominant, more male like. That’s the reason why, nowadays, most men are influenced by psoric idiosyncrasies while most women are influenced by syphilitic idiosyncrasies! And that’s a damn fact and not a theory.

Both males and females are responsible for this fact because they interact. A right male can turn a woman into a right female and a right female can turn a man into a right male. It’s a win-win situation because they are both benefited. The physical orgasm and psychic happiness of a man depends on the feminine side of his woman and the physical orgasm and
psychic happiness of a woman depends on the male side of her man. *It takes a woman to make a man out of a boy and it takes a man to make a woman out of a girl!*

We are not bisexual creatures. We are split into male and female human beings. Without our better half, without our soul mate, we are crippled, incomplete and lost! A man without a woman’s balancing female energy tends to develop unbalanced excessive yang characteristics. He becomes cruel, violent, cynical, indifferent, insensitive, bored and inactive. A woman without a man’s balancing male energy tends to develop unbalanced excessive yin characteristics. She becomes neurotic, malicious, unhappy and hysterical.

Is it accidental that we curse differently a man and a woman? For example the most common bad name for a man is “jerk” or “pig” while for a woman we often say “bitch” or “horn”. (laughing) Do you think that it’s accidental that we have different names to call against a bachelor and a spinster? Of course, that doesn’t mean that anyone married is balanced and happy. You should probably ask those who are married and you’ll immediately understand what I am talking about! (more laughing)

### 3.19 The great value of the knowledge of human idiosyncrasies

The great value of the knowledge of human idiosyncrasies is that it helps us understand what’s normal and what’s not normal in all fields of human pathology and human psychology. It’s so important to define what’s normal in any physical function, in thinking, feelings and behavior. Homeopathy has given us this capability through the discovery and description of human idiosyncrasies and that is a wonderful and magic thing!

What’s more valuable than that is the fact that this is done in an unbiased and scientific way. It’s not an arbitrary psychological theory of some new
School of Psychology! It is scientific knowledge gained through the scientific method of Proving, i.e. through Double Blind Trial!

Homeopathy has managed to identify Miasmas and Idiosyncrasies, that is, the main cause of all human physical diseases and the main cause of all human psychological imbalances, illusions and diseases. The world of idiosyncrasies is but the world of Maya, the world of illusion! I say this fully aware of what I am saying and knowing all the time that only if someone has captured the essence of Homeopathy, only then he can realize what I am saying. Homeopathy not only revealed the world of Maya in details but at the same time is a great tool in overcoming it. That is magic for me!

If you think that all the above are big talk, just words or theory then let me illustrate to you a fine example. Let’s illustrate the illusion that a person develops under the influence of Valeriana in the sex and love field as it’s revealed to me every day in my office.

3.20 Wayward in sex and love

There comes to me a woman influenced by the idiosyncrasy Valeriana. On the one hand she denies her real feminine nature – I mean the feminine altruistic role of being given to a male – and on the other hand she is dressed quite provocatively towards any male; in her case I mean quite thoroughly-slovenly provocatively.

She will have that low necked dress showing off her breasts but not as vulgar as a Lachesis. Lachesis may have big breasts but still she will wear a see-through blouse revealing everything or an very low low-necked blouse. Valeriana will “accidentally” be slightly unbuttoned so as to show her firm breast through the help of that expensive wonder bra that makes her small breast seem larger and more firm.
She may also wear those low-waist jeans and small blouse in order to reveal her tight belly; the unconventional silver ring on her navel; the unconventional tattoo on her low back area; a tiny thorn; that fine silver chain over her ankle. All the above are unobtrusive signals shouting out loudly: “I am modern, sexy, liberal and unconventional!”

But as in all fields of behavior, when it comes to Valeriana, “*what you see is not what you get!*” You see one thing and reality is another thing. She may be provocative sexually but she is not an easy target. Most of the times you think that you caught a big fish but it turns out that you have swollen her bate! You may think that you are the hunter but it may turn out that you are the prey!

You see, she may be sexually provocative but then that doesn’t mean that you’ll get laid! First she wants to hook you, to stimulate you, to gain your attention and then she will take over control. She will handle things the way she wants. She will go out with you on a date but she want go to bed with you unless she is absolutely certain that she can manipulate you. She is so much afraid that you will be that sycotic guy that after going to bed with her he will dump her and will boast to all other males for his conquest.

That doesn’t mean, of course, that this is the only version of behavior. You must always bear in mind that a syphilitic person can act in many and different ways even opposite ones. Yet, the important and common thing beneath all these kinds of behavior is the syphilitic intention of dominance. So, you may see a Valeriana woman that may go to bed with a man at her first date but then after she hooks the male she may be very hard with him. The point is: “you got a bite, but if you want more you have to pay for it! You have to come in terms with me, i.e. you must do things my way!” (laughing)
As mentioned before, she usually finds a “good kid” influenced by Lycopodium, Phosphor or psoric Sulphur and gradually “castrates” him and makes a slave out of a free male. Her ego and whims are satisfied but the woman inside her body and the female inside her soul cannot be satisfied by a “castrated” man who isn’t manly, strong and dynamic enough to lean on him. Such a man cannot relieve her insecurity. On the one hand she won’t stand any male who is male enough and on the other hand she won’t be satisfied by any male that isn’t male enough! Wayward down to the bones! That’s Valeriana!

Could you have understood all of the above if you didn’t have the knowledge of syphilitic miasma and the knowledge of the idiosyncrasy called Valeriana! I don’t think so! Well, that’s the value of Homeopathy! The value of true Miasmatic Idiosyncratic Homeopathy as I teach it!

3.21 All idiosyncratic characteristics are but imbalances!

Valeriana is usually unhappy. How could she not be unhappy with all these extreme idiosyncratic characteristics? As many times said, all idiosyncratic characteristics are but imbalances and imbalance can only result to physical diseases, psychological diseases and unhappiness.

This is true about all idiosyncratic characteristics and about all miasmatic characteristics either syphilitic, sycotic or psoric. Let me give you an example. If a person is “irritable grade 3 or 2” then he is going to have many problems in his relations. But if he is “passive as to anger grade 3 or 2” again he will have problems with other people. The irritable man has problems arising from the fact that he can’t be calm when needed and the “passive as to anger” man has problems arising from the fact that he can’t get angry and stand for his rights where needed. The first one resembles a driver that steps on the gas pedal even when going downhill while the latter resembles a driver that doesn’t step on the gas pedal when going uphill!
Any normal reaction involves easy and free adaptation to the never ending changing flow of life, that is, to be able to go with the flow, to let go without any attachments of any kind. If you drive on the highway you are in trouble either if you drive too slowly or if you drive too fast. Idiosyncratic characteristics are but attachments that make adaptation difficult.

Someone could say: “Ok, it’s easy to understand why a dominant or irritable or syphilitic guy has problems with his life but how can an altruist psoric Phosphor have problems with his life due to his altruism. Isn’t that an idiosyncratic characteristic of him? How can that positive characteristic create problems?”

You have to realize that whenever we say that Phosphor is an “altruist” we mean that he is “too damn altruist”, so “altruist”, so unbalanced that he will easily become the victim of any syphilitic guy and this will make his life hard.

Somebody else could say: “If Valeriana succeeds in being dominant in a relation why will she be unhappy? She is the culprit and not the victim, so why be unhappy?” My dear fellow, not only sheep are unhappy; the shepherd is also unhappy because he has turned free animals to slaves and he became enslaved to their needs; you see, no slave can take care of himself. So if you want the money from their exploitation you have to serve them also. Not to mention the anxiety that a culprit has all the time due to his fear that his victims and slaves may rebel against their master.

Take for example the typical case of dominant Lachesis mother. She doesn’t let her children become free independent individuals. She turns them into submissive, immature, dependent creatures with no will of themselves. Then, even when they become grownups, she has to take care of them all the time in order to help them survive. They are both sentenced for life, victims and culprits!
3.22 You just can’t fool Universal Laws!

You see, Nature and Universal Laws are wise. You can’t fool heavenly/universal Justice with a bunch of well-paid lawyers and excuses! You don’t have to do with human justice! Syphilitic arguments like “I did it out of excessive, pathological love/insecurity/good intention” will not stand a chance in the court of Universal Law!

Nature and Universal Laws will tell you: “Get off my back you miserable human creature! Just because you’ve been fooling other humans all the time do you think that you will be able to manipulate “Me”, too? You’ve violated the Law of Action and Reaction you mortal creature and “as you’ve sown, so shall you reap” because you have given by our Father/Nature/Universe – call it as you like - the gift of Free Will and you’ve chosen to spoil it. There are no excuses in Heaven!”

You see, when it comes to Nature, Universal Laws and God, “the end doesn’t justify the means”. As life flows, goals and means become one another changing place all the time. If I employ immoral means so as to become moral I automatically become immoral. Means and goals are both links in the same chain, in the same path to psychic evolution.

3.23 Reactionary and temperamental

Valeriana is highly reactionary! If you sincerely say to her “Could you please do this for me?” she hasn’t got any problem to do it. But if she feels that you are trying to enforce something to her or that you are depreciating her then she will become reactionary and even do the opposite of what she was told, fully aware of her actions. Being very insecure and mistrustful she often misinterprets other’s good intentions and her behavior seems inexplicable. That’s the reason why I many times say that she is the person that tries hard to make her life a mess.
She is also very moody, very temperamental and that is a great characteristic of hers. But be very careful! This is a syphilitic moodiness! Pulsatilla also seems to be temperamental but if we want to be precise we should say that her mood is as fickle as the wind due to her psoric emotional sensitivity. She is so sensitive that even little things and behaviors may make her either very happy or very unhappy. Her mood is very changeable according to external conditions.

The syphilitic moodiness of Valeriana, most of the times, doesn’t have to do with external conditions; it’s an internal state. Yes, it’s true that she is easily aroused by external stimuli and by negative thoughts but there are many times that she, herself, doesn’t know why she is so temperamental. Furthermore, her ups and downs involve not only her mood but also her state of irritability. She feels blue or angry for no apparent reason and then she is cheerful and calm for no apparent reason.

3.24 Her behavior doesn’t make any sense!

She is also very nervous, very restless psychologically and at times even physically. Her mind works in high revolutions so she just can’t be tuned when facing slow motioned or slow minded people especially when these people are her fellow workers, kids or even worse, her husband. She just can’t say or explain something for the second time.

If her husband is a Lycopodium person who is smart but yet his thinking is slow, analytic and systematic, then she just can’t stand it. She considers him stupid just because he is slow to understand and react. Most of the times she expects from her husband to instantly feel what she means by what she said and what she needs all the time and adjust himself to her needs or even to her whims. This is too much for a Lycopodium person or for any person!
Temperamental, irritable, nervous, reactionary and wayward: a lethal combination! (laughing) Anybody close to her is in big trouble! Her dad and mum are in despair! She is so easily offended all the time. Their constant question is: “What’s with her? What did I do? What’s the matter with her?”

If her husband is psoric and loves her, then she tries to satisfy all her needs and whims but still she isn’t happy and he is in despair. He doesn’t know what to do! But if he is a sycotic tough guy, a Medorhinum, then, he doesn’t bother try to understand her. He simply calls her “crazy bitch” all the time and may slap her because she is “busting his balls”. That’s the reason why Valeriana will not stay for long in a relation with a sycotic person.

But a psoric husband is in confusion; he just doesn’t know how to behave towards her. He takes care not to do anything “wrong” and so he may exaggerate at times. She sees that exaggeration and interprets it as a weird deliberate behavior. She will tell him: “You did that on purpose!” “Honey, I didn’t do anything on purpose, I didn’t realize that it would upset you…” “First of all I am not upset… and for your information I am not stupid as you think I am! If you admit that you did it on purpose and apologize I will let it go!”

If you think that you will have a logical conversation with Valeriana when she is upset then you are so screwed! When she becomes reactionary and wayward then her behavior just doesn’t make any sense! There’s another trap for any psoric person that loves her! An even deeper trap! He believes that in time, if he is patient, giving and loving that he will change her and from wild cat she will become a pussycat as the one he had in mind when he first met her.

There’s no chance that this will happen. If she realizes that her husband/father tries to change her then she becomes more reactionary and
even furious. “Who the hell are you to force me to change? Who do you think you are! You are so stupid that you can’t change yourself and you think that you can change me? There’s nothing wrong with me! Things will never be done your way!”

3.25 A spoiled, immature girl

Very often, just because she is so irritable, reactionary, hysterical and fickle, her parents try to keep things calm by satisfying all her needs and whims. This behavior of her parents turns her into a spoiled, immature demanding girl. If her father isn’t man enough to control her, to put a leash on her and at the same time give love to her and attention then she doesn’t have a proper male icon and this affects her whole life. She depreciates all males and no affair of hers will thrive. The same thing stands bold with her relations to her bosses. Obedience is an unknown word for her.

She is like a PHP, that is, a Pepperoni Hot Pizza! (laughing) She looks very yummy to the inexperienced eye but because she is very spicy you are on fire when you eat it! Others around you may say: “How come you got divorced! She seemed such a nice cultured girl!”

3.26 Mistrustful and jealous

Valeriana is very mistrustful. She enters your office and gives you that hidden mistrustful look. She has that air of confidence, that special style that can only be felt and not described. It’s not the arrogant straight style of Platina. It’s the air of the “unconventional”, smart and mistrustful woman that seems to be cool while at the same time she does a CT-scan checking your intentions and soul to find out who you are.

She may even suddenly ask some questions that are tricky in order to test you. She will say: “Do you mean that I will get well with your treatment?” Her tone of voice is so unclear that you start thinking: “Is she
ironic or not? Is she sincere or not? Why is she asking that?” You may ask her “Why have you come to me?” and she will promptly say: “I didn’t come to you! They brought me to you!” and by that she means that her parents forced her to come. Or she may tell you “I don’t have anything in particular…” although she has some serious health problems. You see, she doesn’t want to admit that she needs your help, she doesn’t want to feel obliged to you or she doesn’t want to feel inferior.

She is also tremendously jealous, jealous out of insecurity. Yet, when young and “unconventional” and “modern” and “liberal” she won’t admit it because it doesn’t suit to her projected image. If her Lycopodium husband - who has the tendency to flirt psorically all the time - believes her statements that she is not jealous at all and makes a naughty move then he is so screwed! She will interrogate him and make him admit that he desires other women. He will spit it out because he “believes in being sincere to his relations” and then he will so regret for his confession. You just can’t confess being sinful to the Inquisition! You are so condemned on Earth and in Heaven! (laughing)

Her husband will be so surprised to see that his “liberal” partner became the worst boorish, jealous woman. She will make extreme scenes; she will demand all the time for confirmation of his love; she will have him apologizing all the time and begging for forgiveness; she will make him feel full of guilt. In the end, she will make his and hers life a hell on earth!

If her husband cheats on her she will not get angry with him only but also with her rival. She will feel so depreciated towards her, so inferior, so ridiculed! She will force her husband not to see her again. “But we are working at the same job” “I don’t care! Quit from your job!”

She feels so insulted, so hurt, so ridiculed even if nobody else knows about it. He - her husband - knows and she – her rival - knows! That’s
enough for her! She feels so humiliated! She will try to do anything to gain her lost pride. She must revenge, she must make him feel the pain he has caused to her and her rival also must pay. She may even get laid with a friend of her husband or someone that he despises and go and spit it out to him, only to get even!

Lachesis is also very jealous but not in the same way. Lachesis thinks: “Who the hell are you, you bitch, to think that you are more cunning than me? You’ve stolen my husband, my slave, the one that did everything I told him to do… I want my slave back and I am going to win this fight because I am foxier than you”

Platina is not so jealous but still she may say to her husband: “You, idiot! How stupid are you to get laid with that ugly, stupid inferior woman! Go away, you are not worth of me, you are erased from my life you stupid baboon!”

Valeriana, on the other hand, will say: “How dare you betray me, ridicule me towards her and others! I will get even! I will revenge! I will make you beg for forgiveness!”

**3.27 Revengeful, wants to get even, to get on top**

If her marriage isn’t as she wants it to be then she may decide to divorce. If she was the one “to dump” him she has no problem at all and she may say it proudly to others: “He wasn’t good enough for me!” But if he makes the first move, even though they were about to split, even though she was ready to get a divorce, then she collapses. She feels “dumped”, “betrayed”, “ridiculed”, “depreciated” and “offended”.

I’ve deliberately chosen these expressions. They are the one she uses to describe her state and are very indicative of her idiosyncrasy. Different
Idiosyncrasies use different words to describe their reactions to the same event. That’s because their reactions can be totally different even if the event is the same. The key to diagnosis is to be able to “translate” the patient’s words and reactions into the “language of idiosyncrasies”, that is, into the Miasmatic Idiosyncratic Materia Medica.

Most times, if her husband or boyfriend dumps her she will accuse him that he was impotent or gay or that he cheated on her and abandoned their family and she does that so as not to feel inferior. At times she may follow a different plan. She will not accuse him and will even apologize to him – but not in front of others – and beg him to return back to her. She will promise to him that she will change and do anything he wants. Then if he returns back after a while she will dump him only to get even; only to say to others that she was the one who dumped him!

There are, of course, many “cultured” and “liberal” Valerianas that don’t want to admit to the doctor that they are revengeful. When asked if they are revengeful they may say: “Well, not much but I will not stay with my hands crossed!” or “I am not revengeful, I will not demean myself, but I want justification; I won’t do anything but if something happens to him and he gets hurt I will be glad because he got what he deserved!” You see the main idea is to make him suffer for what he did to her. If that isn’t masked revenge then what the hell is it?

If her husband has left her for another woman then the ultimate revenge for her is if he dumps her rival or if he is dumped by her rival and comes back to her begging for forgiveness and a second chance. Most of the times she won’t forgive him, but sometimes she will accept him back only to make him suffer and pay for what he did to her and then when she had enough of it to dump him herself.

That doesn’t mean that she is spiteful like Lachesis or Anacardium. The main thing is not to feel inferior; to get even, to revenge. If you haven’t
hurt her, then she won’t do something bad to you in order to enjoy it. She isn’t malicious; but she is reactionary and revengeful if hurt.

3.28 She bears a grudge
If somebody offends her she will usually become ironic. If it was a great offence then she may bear a grudge for him or have it in for him and become revengeful. Sometimes if the doctor asks her she will admit that she bears a grudge and that she is revengeful and even boast about it. But if she projects the image of the liberal and cultured woman then she will refuse that she is revengeful and may say that she may simply “erase” him or simply expects justification.

If when offended was shocked and missed the opportunity to answer back then she can’t relax until she gets even. She tries to find the chance to pay back and no matter how much time has passed she won’t forget it. Not even if you apologize to her.

Now, pay attention to differential diagnosis of reaction after offense. If Platina is seriously offended then she erases you for good in the sense that “You worthless worm, you stupid baboon! How dare you insult me, the “Queen”! I ignore you! You simply stopped existing for me, you are finished!” If you apologize to her nothing will change! If you are working in the same office she may say a typical “Good Morning” every now and then and will keep being snobbish all the time.

When Natrum Muriaticum is greatly offended most of the times she will not show it. She will keep it inside her for long and every time she remembers it or sees you she will feel hurt and experience bitterness. If you apologize she will accept your apologize sincerely because she is psoric but, nevertheless, it won’t be easy for her to forget it; she is hurt and the wound won’t heal easily or if it heals a scar of bitterness may remain inside her heart. She won’t be snobbish or angry but she won’t be
warm hearted any more towards you; she will be typical and polite but nothing more.

You see, Natrum Muriaticum is hurt emotionally; Platina is hurt as her vanity is concerned and Valeriana is hurt as to her image and egoism.

3.29 Introvert; pity makes her angry

Valeriana is very introvert for two main reasons. She is insecure and mistrustful and she keeps a certain image towards others. Lycopodium also projects a certain image but it’s a psoric cultured image. Platina also projects the image of the indisputable “Queen”. To be honest it’s not an image since she believes that she is what she projects. “What you see is what you get!” Valeriana projects an image that differs a lot from what she is. She is insecure and projects the image of a strong woman; she is irritable and projects a calm picture; she is coward and conventional and shows off as unconventional and liberal, and so on.

So, if the image she projects to others differs a lot from her real self, then she tries hard not to reveal her real self so as not to spoil her image. That’s one main reason for her introversion. Consequently, she will talk about her personal problems only to one or two very close friends; moreover, she will not reveal all her deep felt matters.

If you want to make a Valeriana angry then show pity to her; tell her: “Oh you poor thing! Oh what have they done to you?” She gets furious and often expresses her anger becoming insulting or ironic. Her attitude and state corresponds to the following thought: “Who do you think you are to feel pity for me! How dare you depreciate me and position me beneath you!” Compare this with Natrum Muriaticum: she is very introvert, easily offended but does not show it and tries to go away. She will not express her anger.
3.30 Nervous headaches and other nervous symptoms

It’s very important to discriminate between different kinds of symptoms. For example neurovegetative idiosyncrasies like Phosphor, Argentum Nitricum and Arsenicum usually develop neurovegetative symptoms. Nervous idiosyncrasies like Natrum Muriaticum, Valeriana and Nux Vomica usually develop nervous symptoms. Hysterical idiosyncrasies like Lilium Tigrinum, Asafoetida, Moschus, Cimicifuga and Cactus often develop hysterical symptoms.

So, whenever you identify the kind of symptoms of a patient that prevail then you search for the corresponding idiosyncrasies. If nervous symptoms prevail then you look for nervous idiosyncrasies, if hysterical symptoms prevail then you search for hysterical idiosyncrasies and so on.

For example Valeriana and Natrum Muriaticum, both have nervous headaches. Valeriana develops a headache usually after going downtown, at the center of the town where there is a lot of traffic and crowded streets. She develops that headache on returning home to relax. She may also have a headache after getting angry.

Nux Vomica may develop a tension headache when overtired from much work or when in a hubbub. Natrum Muriaticum develops a headache because she is psoric, easily offended and introvert. So, whenever hurt she keeps things inside and all that stress causes a nervous headache. Sulphur also has headaches but not nervous ones. He seems to have a tendency for headaches since young and probably they have to do with his sycotic and plethoric blood circulation that makes his face and head red and hot.

So, whenever we have a patient with a history of chronic headaches beginning early in life we must first think of Valeriana, Nux Vomica, Natrum Muriaticum and Sulphur. These are the basic idiosyncrasies that
suffer from headaches. In any Repertory you will find decades of other non basic or rare idiosyncrasies that have developed headaches during their Provings. But our aim is not the disease; our aim is the idiosyncrasy, the whole; and more specifically our aim are those idiosyncrasies that are natural polychrest, those that I call basic or fundamental idiosyncrasies and influence the majority of human beings.

Whenever I say “when you see this thing, then think of this and that idiosyncrasy” this isn’t a rule; it’s just a reminder, a possibility to be checked. Never take for granted any possibility even if it happens quite often! There are many other basic idiosyncrasies that may often have headaches. Or you may find a person suffering from headaches all his life, yet he is influenced by a certain idiosyncrasy which hasn’t frequent headaches as a trait. The part never defines the whole; the whole defines the part. And that is a Universal Law and accordingly a Homeopathic Law.

Valeriana may also have other nervous symptoms like nervous difficulty to take a deep breath, oppression chest, internal trembling, palpitation or insomnia.

**3.31 Fear of being raped and fear of male violence**

She also has a certain kind of characteristic fear that she won’t easily reveal unless you take it out of her indirectly. She is afraid of walking alone at night; why so? It’s not that she is afraid of thieves or murderers. She is afraid of being raped, she is afraid of male violence. A rape is the height of male dominance for a Valeriana woman. If she is so afraid of male dominance then why not be absolutely afraid of being raped. This is the worst thing that could happen to her.

Now, let me point out again one more inconsistency of the decades that characterize her. Although she is afraid of male predominance and is so
insecure about sex, most of the times she may dress in a provocative way and may project the image of the “liberal” woman as sex is concerned. She wants to attract the attention of men and even use flirt or sex as a way of manipulating men but on the other hand she is so afraid of male predominance. Being insecure and mistrustful she is afraid that through sex the male will prevail on her personality. I mean, of course, a manly sex and not the sex that she has with her often “castrated” by her, husband.

It’s not a surprise that she is also afraid of male violence in general. She is so afraid that her father or husband will slap her or beat her. So, sometimes, in the beginning of a relation she may warn her companion that if he lays a hand on her then that’s the end of their relation.

Despite the above, many times with her reactionary and wayward behavior she may be asking for it. When angry she keeps provoking her companion, keeps pushing him to the limits raising the possibility for male violence to happen. It’s like a small immature kid that keeps doing the same naughty behavior only to draw attention to him although he knows that he will be punished in the end.

She is so wayward that she may even attempt to slap or beat her companion although she is afraid of being beaten. If her companion beats her then it’s the end of their relation. If he doesn’t beat her then again it’s the end of their relation because she will not appreciate him as male and in time their relation will come to an end. Dead end! You see why I say that she is a spoiled immature woman with such wayward behavior that doesn’t make any sense. Moreover, her behavior doesn’t make any sense!

If her father - “the first man in her life”, the male role model – is indeed male enough not to let her become a spoiled woman then she has a possibility to have normal relations with the other sex in the future. When I say that, I certainly don’t mean that her father should beat her or be
repressive. I simply mean that in such cases the parent must employ the “blow hot and cold” technique: much love and at the same time discipline; love and boundaries; patience and at the same time no tolerance to her whims.

It’s not at all accidental that Valeriana idiosyncrasy thrives in girls that are raised by families where there is a lack of the right male role model: her father is very submissive or he is a sycotic scamp or he is “castrated” by his dominant wife or he is driven away from the family.

For example, if the father is a psoric submissive Lycopodium or Sulphur and the mother is a dominant Lachesis, Valeriana or Platina, then the male of the family will be “castrated” by the female and the girl will not have a right male icon. She will not appreciate men and will imitate her mother in her future affairs.

Another example: Her father is a sycotic Medorhinum who is alcoholic, does not care about his family and kids and on top of that he is a womanizer. While growing up her Lachesis or Valeriana or Platina mother keeps accusing her father and all men that are “pigs” and so she has a negative male role model. The same thing can happen if her father isn’t a scamp but is a very dominant and strict Nux Vomica or Arsenicum or Platina, not at all tender and affectionate towards his daughter. Then it’s so easy for the daughter to reject not only her father but all males becoming angry and reactionary and thus developing Valeriana idiosyncrasy.

Do you now understand why Valeriana is so frequent in young girls and women? It’s because nowadays, at the syphilitic era that we live in, males/fathers have become more psoric and submissive and less male or have been turned into sycotic “pigs” while women/mothers have become less female and more syphilitic bitches. Sorry for the slang terms but if
you have to describe reality you just can’t do it by “cold”, “neutral” scientific terms. You have to say things by their real names.

I am not a sex racist. I believe that both males and females are deranged nowadays and there’s no point in saying that men or women are more to be blamed. I appreciate a balanced woman as much as I appreciate a balanced man. And I also believe that an unbalanced woman and an unbalanced man are both just unbalanced. But when you have to deal with a culprit-victim behavior, although they are both unbalanced I must say that I sympathize more with the victim. Maybe it’s because I’ve been victimized many times in the past due to my idiosyncratic influences! (laughing)

Can you see how non-theoretical Homeopathy is? Can you realize how practical is Homeopathy with so many applications in understanding everyday life? Can you understand how deep it takes you in realizing the real causes of human disease and human unhappiness? No other theoretical knowledge – Psychology, Philosophy, Religion, Medicine, Sociology, etc. – can explain in a better way the wayward behavior of a Valeriana woman. Only by Miasmatic Idiosyncratic Homeopathy we can understand human behavior and especially teenager’s behavior or the dynamic in an affair/family/group/society.

3.32 Ambitious and often setting up things for her

As said, Valeriana projects the image of an unconventional, well-informed and cultured person. She wants to be considered liberal, ecologist and on the side of any weak and in need. She may even declare herself to be against rich people, against exploitation of other people, against the establishment, etc. Yet, that’s, most of the times, theoretical statements. She has no problem to marry a rich guy for his wealth so as to live in comfort or in order to make her ambitions come true.
As in all syphilitic idiosyncrasies there are many versions, even opposite ones. A sycotic first version is the unconventional one. She is lazy, fringe, unconventional and reactionary; against any authority, against the establishment; the only thing she cares about is to have a nice time but in a fringe manner. If you ask a Medorhinum what he wants from life he will tell you: “earn much money with as little work as possible in order to have fun and enjoy life”.

A syphilitic second version is the ambitious “bitch” version. She is highly ambitious, wants to make a great career and to become a celebrity. Not just any kind of celebrity; she doesn’t want to have the glory of the stupid beautiful blond actress or model. She wants to be recognized mostly for her personality. So, she will choose to become a media journalist; that’s ideal for her because she will become a celebrity, judge people, have power on others, do research, recognized as cultured and be ironic. What else could a Valeriana professional ask for?

Have you ever seen those militant women journalist, dressed unconventionally yet expensively, going through the country with a microphone in their hands on the spot of an event or on the channel news plateau taking interviews? If anyone dares question them they become so ironic and antagonistic. Well, most of these are Valeriana individuals. They also thrive as TV broadcasters in cultured or political programs and not in gossiping ones. You could also find her as a student to be political active crashing her opponents in discussions with passion and irony.

Please, be careful. I may use terms like “bitch”, “lazy”, “reactionary”, etc, but I don’t have any negative emotional charge while using it. I don’t think that I am biased towards any person that is influenced by any idiosyncrasy. Each time I try to use the most every day appropriate common terms in order to be realistic and live in my presentation of idiosyncrasies. What’s the point in using “neutral”, “formal” scientific terms of Psychology? No patient comes to your office speaking like that!
What defines things, even in Science, isn’t the manner of expression but the intention beneath it. If my intention is biased and negatively charged then I am not being scientific and I may even be vulgar something that doesn’t match a doctor and a scientist. On the other hand if my intention is to give a live and understandable picture, if my intention is to copy reality as best as possible, then I am not biased and vulgar; I am truly scientific.

She also likes professions like psychologist or cultured, quality theater actor. She doesn’t have any moral hesitations in order to make a successful career. She has no problem to get laid with the producer or boss. She will discreetly flirt with him, charm him and make him promise things even avoiding going to bed with him. If she has to get laid, then it won’t be for long; after she got what she wanted she flies off.

-As a psychologist, is she good at her work?
-It’s not so easy to be really good when you aren’t patient and you don’t care deeply for the problems of other people since she is a very egoistic person. Nevertheless, she is smart and intuitive. Yet, when it comes to Psychology, what most interests her is research, social and professional status and to become a celebrity.

She will also thrive in a company as an executive. Not so much for the sake of dominance like Lachesis but for the sake of recognition. You may find her working from dusk to dawn only to become that ambitious workaholic bitch. She becomes very antagonistic and can manipulate her colleagues.

3.33 Restless and nervous; abuse of coffee and tobacco

Valeriana is usually restless and very nervous. No wonder why the herb Valeriana is prescribed as sedative and sleeping remedy. Her nervousness isn’t easily revealed to the inexperienced observer. As many of her traits,
this is also well hidden. Her nervousness drives her towards the abuse of coffee and tobacco.

She may smoke one cigarette after another for hours and may proudly say: “I just love to smoke!” Yet you can also hear her say: “Damn habit!” She smokes in a characteristic “modern” and “unconventional” way. She holds the cigarette with her index finger and third finger on a vertical position and takes a deep breath and exhales intensely in style, showing that she really enjoys it.

If she is the reactive fringe woman then she may hold the cigarette between thumb and index finger and inhale deeply as if smoking pot! If she is the ambitious bitch version she may choose those long, slim cigarettes or those long, slim, cigars always in her effort to seem different and unique and exceptional. Platina and at times, an ambitious modern Lachesis may smoke like those movie divas of the past using at times those long female pipes.

You see how detailed and specific can be the description of an idiosyncrasy by the method of Miasmatic Idiosyncratic Homeopathy? But you should never stick on any detail and be absolute and say “any woman using long, slim cigarettes is definitely a Valeriana individual”. This is nonsense! What really matters isn’t the behavior. Behavior is but the last link in the chain of human expression. It’s the intention that lies beneath the style that matters and it’s the whole picture that matters more than the parts.

She is so nervous that she tends to become addictive towards coffee and tobacco. She may reach the point when she must drink a coffee in order to go to sleep! If a Valeriana is not used to coffee she may be upset whenever she drinks coffee because she has that sensitive nervous system functioning on high revolutions. That is also true of Coffea Cruda. But when she becomes addicted due to abuse, then she may need coffee all
the time in order to feel calm! A Valeriana patient of mine told me proudly that when she was a teenager she used to go to the kiosk all the time to buy one sachet of instant coffee after another and the owner told her: “What the heck are you doing? Are you trying to commit suicide with coffee?”

Enough said about Valeriana. We’ve said too much because she is a very frequent idiosyncrasy nowadays in the syphilitic era that we live in and for one more reason: because she is a well-hidden idiosyncrasy full of inconsistencies. Such idiosyncrasies can teach us many valuable things about human psychology. Furthermore such idiosyncrasies are easily detectable by the well trained in Miasmatic Idiosyncratic Diagnosis doctor while an inexperienced eye sees nothing.
CHAPTER 4

PLATINA

A. IDIOSYNCRATIC DIAGRAM

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4.1 The syphilitic vanity of the “First One”

Platina is one of the idiosyncrasies that thrive in our present syphilitic society. What are today the predominant social patterns for a woman? Beauty, success and vanity! The main Basic Passion of Platina is vanity. Quite many idiosyncrasies are vain, each one in its own way. We have already talked about the psoric vanity of Natrum Muriaticum and the sycotic vanity of Medorhinum. Yet, the vainest of all vanities - if someone could say such a thing - is the syphilitic vanity, a vanity characterized by arrogance. That’s what Ancient Greeks considered the most terrible of all sins, and called it “hybris”, that is, hubris/insult/offence towards Gods.

In my book about Emotions we have referred to the twin feeling of Worthlessness-Vanity. We’ve considered these two as Intellectual Emotions and compared it to the Conscience Emotion of Modesty/Humbleness. Platina is the typical representative of syphilitic vanity/arrogance. It’s mostly a female idiosyncrasy but it’s not a rare thing to find a male Platina. In the past where men prevailed in society there were more male Platina individuals, but nowadays, that women have prevailed especially in Western Modern Societies, there are many more female Platinas than male.

Due to her vanity, Platina as a rule, believes and is sure about it, that she is worth more than she is. Even when she is objectively the first, the most
worthy of others or very high compared to others, even then, she tends to exaggerate about her abilities and value.

She tends to consider herself as “the first one”, “the best of all”, “the indisputable Queen”, “the winner”, “the one and only”, “the unique”, “the top of the tops”. To be the second one is never enough for her; she won’t compromise with anything but the first position; not an inch less than the peak, the top, the top of the tops.

She would like to be the first in all fields but that’s not possible, so, her Secondary Behavior varies according to social conditions and according to the conditions that she was raised. For example if she was born beautiful according to the current social patterns then her vanity will be at the field of external appearance. But if she is ugly then she becomes snobbish as to external appearance and her vanity is expressed in the fields of profession, art or spirit.

That is, she aspires to become the successful businesswoman, the talented artist or the evolved psyche-the female “guru”. Even then, that doesn’t mean that she doesn’t care much about her external appearance. Even when she is generally considered ugly or very ugly there are a lot of Platinas that consider themselves as very pretty in an exclusive way.

4.2 Vanity in the physical field

Let’s see how her vanity is expressed in the physical field. Most Platina teenagers consider themselves “fat” even if they have normal weight or even when they are quite slim. “Fatness” is their most terrible nightmare! Nobody, and I mean nobody, not even the doctor or dietician can convince them that they aren’t fat. Even if she admits that she isn’t so fat, nevertheless, she acts as if being fat; she is so much afraid of becoming fat and losing her amazing figure.
That’s the reason why most of the times she is constantly on a diet and when I say diet I mean a syphilitic diet characterized by extremes. She may fast for days or eat only a couple of fruits for days or work out in the gym from dusk to dawn. She will follow any irrational or even stupid diet they propose to her. She will gladly take even harmful medicines so as to lose a few kilos. She wants prompt and drastic results; she just can’t wait! Very often, Platina teenagers enter a vicious circle: they fast for days, then eat anything they find in front of them in quantities, then they cause vomiting so as not to get all those calories and then again fast and so on.

Platina is the best and loyal client of Beauty Centers! She spends most of her money and much time so as to stay beautiful or become more beautiful. You must have noticed that I didn’t say “to become beautiful” because she is so certain that she is beautiful and always have been. Her main interest isn’t health; it’s beauty! Many Platina celebrities resort to extreme measures so as to stay beautiful or become even more beautiful and I mean plastic surgery, Botox, extreme spa treatments, massages, harmful medicines, extreme physical exercise, etc.

What are her worst nightmares? They are obesity, cellulitis, acne, hair falling, wrinkles, small/not tight breast, rolls of fat, phlebitis, etc. That is, anything that makes her appearance not look perfect, amazing and astonishing. So why not be terrified of aging? She is more afraid of aging, wrinkles and ugliness than disease and death.

Several accessories are her permanent benefactors and at the same time torturers: creams, hair dyes, sprays, mascaras, make up accessories, hairdryers, powders, fragrances, cosmetics, spa devices, sauna, etc. Her clothing is another field where money and time are spent.

She buys the most expensive clothes and at times the most provocative ones, the latter depending on her culture. The lower her culture is, the lower her taste. If she is a boorish woman she will wear extreme and even
kitsch clothes and accessories only to impress others and be unique: super miniskirts, see-through blouses, extreme low-necked blouses, extreme underwear, eccentric hair styling, extreme hair dyes, etc.

If her culture is of high standards then she dresses more classical but still expensive, unique, in fashion and always brand names. Furs, expensive golden or platinum jewels, diamonds, “Prada” bags and shoes, etc. Even if she isn’t rich she will try to buy the most expensive and in fashion clothes and accessories. She may get a loan in order to buy expensive clothes or even do plastic surgery!

4.3 Fan of high life!

Platina is the greatest fan of high life and high society. Isn’t vanity the greatest characteristic of high society? How is vanity expressed in high society? It’s expressed through luxurious mansions, expensive cars and yachts, expensive jewels, diamonds, etc. The same vanity runs through all activities of high society: expensive holidays in luxurious resorts, expensive exclusive private schools, gallery openings, exclusive clubs, operas, exhibitions of eccentric artists, charity gala, awards, etc.

That doesn’t mean that you have to be rich to become a Platina and of course, it doesn’t mean that all rich and famous people are Platina. It simply means that high society is a fertile ground for Platina idiosyncrasy and furthermore it means that any Platina, no matter how poor would dream of such a life.

She may be poor or low class but even then she tries to be the “number one” at her neighborhood, at job, in sports or in activities like the piano, yoga, gym, etc. She wants to be the very center of attraction, the number one, the top of the tops in any possible field. She believes that she deserves it and has no problem in admitting it. There is a relevant saying
in Greece: “She is beautiful and she knows it!” This definitely suits Platina.

4.4 Air/Sense of superiority

She has that specific air/sense of superiority! Her style is arrogant and vain. She doesn’t want her presence to be unnoticed. She wants to attract attention, the same attention that a royal court gives to the passing-by “Queen”. You may see a number of styles: “femme fatale”, “modern businesswoman”, “executive”, “unique personality”, “successful woman”, “celebrity”, “number one star”, “famous talented artist”, “cultured woman”, “academic”, “high class woman”, “classy”, “refined”, “royalty”, “spiritual woman”, “aristocrat”, “guru”, “famous”, etc. What’s common in all the above is vanity, in fact, syphilitic vanity!

Her speech, motion, clothing, accessories and general portrait radiates vanity and may be considered sophisticated, eccentric or snobbish. She walks with style and air of confidence and royalty: straight body and spine, elevated chin, head high, slow charming motion, looking forward and a bit high and not taking notice of others around her. Isn’t this the peacock style! Yes, it is!

In extreme cases of Platina she may have the feeling as if becoming taller, as if her body is larger and as if other people around her are shorter and objects smaller than her! When in a state between sleep and waking she may have the feeling that her body or parts of her body are enlarged. These are not hallucinations, delusions or illusions. They are simply extreme physical sensations that correspond to the fact that she thinks a lot of herself and is full of herself regarding appearance and intellectual worth.

4.5 Her motto: “Success is happiness!”

What about the expressions of her vanity in the intellectual, family and social field? She thinks a lot of herself. She definitely believes that she is
above the average in all fields or at least in many important fields, in fields that matter like beauty, cleverness, charm, royalty, style, culture, refinement, artistic talent and spirituality.

So, she is very self-confident, self-assured and self-centered; a very strong personality and usually a very active and ambitious person. She definitely knows what she wants and will do anything to get it. Once, I prescribed Platina for a patient of mine that was complaining for lack of self-confidence and the trainee doctor sitting next to me in the office was so much surprised. After the patient left he asked me: “How, on earth, did you prescribe Platina to this person? Shouldn’t she be full of self-confidence?”

I’ll say it a million times and still it may not be enough: It’s not what the patient says but how and why he says it. It’s the intention and tendency that matters and not the behavior. It’s the Primary Behavior/Genotype that matters and not the Secondary Behavior/Phenotype that matters. So, in the above example we had to do with a woman that feels that she is above the average in many or in all fields but because of a failure in achieving her vain and high goals she declares lack of self-confidence. That’s just a statement and nothing more or less; it’s not reality for God’s sake! We never prescribe for statements; we only prescribe for facts!

As Platina is concerned the motto is: “Success is Happiness!” For her, happiness is to be the first one. Her ambitions and dreams have to do with activities and professions full of glory. She wants to be an actress; not just any actress. She wants to be a great movie or theater star.

She would also like to be a pop star, a TV broadcaster, a TV journalist, a top model, a painter, a piano player, a prima ballerina, an opera singer, a modern dancer, in charge of public relations of an organism, owner of a luxurious boutique, gym owner, businesswoman, executive, owner of a
ballet school, etc. What matters in all the above cases is to be exceptional, unique and to project her “worthy”, “classy” personality.

If she has to choose between family and career she will choose career especially if she is a modern woman; being a housewife may even sound depreciating to her. That doesn’t mean that she doesn’t love to have a luxurious house: expensive, large and classy with modern costly furniture. And if it comes with a maid and a butler, then even better!

4.6 Strong, tough, egoistic, ambitious person

She is primarily a strong, tough person and may even seem insensitive or cruel. She is very active and very self-confident. She is very egoistic and ambitious; she has high goals and in order to achieve them she doesn’t have any emotional restraints and this may make her appear to be even insensitive or cruel.

Platina is generally a syphilitic remedy but there are two more versions, the psoric and the sycotic if one of the latter comes second and is strong. When the syphilitic miasma prevails intensely she becomes insensitive and cruel, even towards her own close people. She becomes more self-centered, more predominant and cruel but not out of maliciousness like Lachesis but only out of attachment to her high goals. In such cases, people around her feel that she is always giving orders to them like a “Queen”. She wants things to be done her own way and without any objections of any kind.

Rarely, she may say that she is sensitive or even very sensitive but this is just a statement; you don’t see any emotion radiating from that statement; it’s just an intellectual statement and nothing more perhaps because she is an artist and “artists should be sensitive”. This statement of “sensitivity” also happens when we have to do with a tough syphilitic Platina that has failed to achieve her high goals.
Furthermore, declaring “sensitive” nowadays is in fashion. So, if you haven’t succeeded enough you may find an excuse for that, that is, “I could do so many things but being sensitive I didn’t meet my potentials!” She is so egoistic that it’s a common thing for her to violate many Universal Laws and thus instead of being the successful to become the failure; so it’s not uncommon to adopt the secondary behavior of the “sensitive” person as an excuse for her failure.

Haven’t you ever watched interviews of actors and artists that have never reached the top; they often say that they were “too sensitive” or “too moral” to beat the system and become successful. Another excuse for a Platina’s failure is that she is a “spiritual” cultured person that doesn’t care for success especially in society of our times with lack of meritocracy.

This is also the excuse for those Platinas that are not beautiful or those that are even ugly and so can’t depend on their physical assets for success. So if you “haven’t got the body” you must say that “you have the mind and the psyche”. You see, when it comes to physical traits things are very clear: you either have it or not! But when it comes to psychological traits and psychic evolvement things become very misty and everybody can declare a “guru” or a “saint” or a “Queen”.

4.7 Psoric and sycotic version of Platina

Psoric Platina resembles a very refined Lycopodium or Natrum Muriaticum person with much self-confidence. She isn’t as tough and competitive as syphilitic Platina so it’s so convenient to adopt the secondary behavior of the cultured, refined and even “humble” person. But, no matter if she admits it or not, she thinks that, as psychological evolution is concerned, she is at a very high level and at times she is even slightly snobbish.
Sycotic Platina won’t adopt the usual secondary behavior of syphilitic Platina of “femme fatal” or “Queen” or “executive”. She adopts the secondary behavior of the modern, dynamic and unconventional woman. She will adopt an unconventional style of clothing and talking; she may ride a “Harley” motorcycle, wear worn out jeans and talk like a tough guy but still she will take extreme care for her appearance so as to be the indisputable first one.

You may also see her in a gym, working out all the time to become the number one woman body-builder or hanging out all the time in bars being the number one “broad” measuring success with the number of guys she got laid. The sycotic element is “to have fun and enjoy life” and the Platina element is “to be the number one” no matter the field.

4.8 A self-centered “Queen”

Usually she is a social person but she considers as close friends only one or two people. She has very strict criteria regarding close friends and mate. Since she considers herself so special, her close friends and her companion should also be very special; and there aren’t many special out there, apart from her! Are there?

She is so self-centered! Have you ever watched those American teenager movies with that snobbish female teen who is the indisputable “Queen” of her High School and all around her she creates a “court” with few close friends that serve her and flatter her all the time? That’s definitely a Platina case. There can be no two “Queens” in any kingdom! She is the one to have the most handsome and famous male boyfriend. She is also the one to ask every day her mirror “Whose the most beautiful woman in the Kingdom?” like in the fairy tale.
Nevertheless, flattery can be her weak point. A syphilitic Lachesis, for instance, sees that and may employ flattery to manipulate her and destroy her out of jealousy and envy.

She is the kind of “Queen” that doesn’t accept the dominance of any male even if he is the “King”. Her philosophy is that “Kings exist only to serve the Queen”. She detests and depreciates weak, submissive and vulgar men; peasants and losers. Nevertheless, she has no problem to tolerate and exploit such a person only because he is very rich and powerful and can serve her ambitions for high living.

You see, she isn’t sensitive or emotional; on the contrary, she is very calculating and self-seeker. The only thing that counts to her is to satisfy her ambitions, to achieve her goals, to live that desirable high living. The only “moral” value for her is success and fame; is to become the “Queen” and to remain the “Queen”.

I must repeat again and again that even if I use terms like “the Queen”, “egoistic”, “calculating”, self-seeker, etc, that doesn’t mean that I have any negative feelings towards the people that are influenced from this or that idiosyncrasy. I am a doctor and a scientist. I am not a prosecutor or a preacher. In the same way that I don’t judge patients that are influenced by pneumonia or cancer, in the same way I don’t judge people that are influenced by idiosyncrasies like Platina, Valeriana, Lachesis, etc. My duty is to serve these patients and help them get rid of these negative and unbalancing influences. I try to be as objective as I can in order to diagnose correctly their idiosyncrasy so as to prescribe the similar remedy for them.

When a person is treated with an idiosyncratic homeopathic remedy, then the negative idiosyncratic influences become weaker and the person may overcome them and become more balanced and more free, more himself, more his deeper self. When I say “Platina is tough and cruel” I always
mean that the people that are influenced by the idiosyncrasy Platina *tend under her influence* to become less sensitive and crueler. This doesn’t mean that their real internal self has these qualities. It also, doesn’t mean that these people can’t overcome this idiosyncrasy and become more balanced and free.

I must also be clear and sincere and say that I am not a person that has overcome idiosyncrasies; a saint or a guru. The fact that I have identified the pictures of many idiosyncrasies doesn’t instantly make me a person that has overcome these influences. I wish I had but I know there’s a long, long path ahead of me and ahead of any person in order to reach that goal!

Freud described the mechanism and the clinical picture of neurosis; that didn’t cure him of his neurosis! Priests and preachers read all the time about love and sainthood; that doesn’t automatically make them saints! I’ve studied idiosyncrasies for more than 25 years; unfortunately I am still influenced by them! I know that I have made some progress but it’s a long way to freedom and most of the times one life or a couple of lives isn’t enough!

**4.9 Dominant, demanding and irritable**

Platina is usually a tough mother because she is very demanding and dominant. She demands that her children meet her high standards. If she is the “Queen” then her children should meet the standards of “princes” and “princesses”.

But this is a dead end situation. Why? Because if her children are dominant and tough as she is they will grow up to become like her and will eventually want “to become caliphs instead of Caliph”. A lot of conflicts will arise from such a competition. On the other hand, if her children are submissive personalities they will never meet her standards
and she will reject them and consider them “losers”. Again, a lot of conflicts and misery for both sides will be the outcome.

Platina is usually irritable but not as much as Nux Vomica. She gets angry whenever things at work or at home are not done her own demanding way, i.e. when anyone questions her “throne” either in the field of beauty, cleverness, refinement, artistic talent or psychological evolution. She also gets angry whenever she isn’t the center of attention, when someone else is the center of attention or when others are snobbish towards her. She gets angry when others depreciate her or are arrogant towards her or ironic.

As a rule, whenever someone makes her angry, she answers back no matter what. Even if they are strangers, even if they are her superiors at work, even if they are the president of the country, the Pope, Dalai Lama or God himself! She isn’t at all flexible! She is rigid when it comes to her ego. She will say: “How dare you talk to me like that! Who do you think you are? How dare you question me/my authority?”

In such cases, she can become quite hard and snobbish. She answers in a straight and definite way! She may be biting, ironic and most of the times snobbish. Yet, not as ironic as Valeriana. Don’t forget that irony is an indirect way of attacking and sometimes there’s insecurity beneath it while being snobbish reveals that someone thinks a lot of himself. She may even say nothing, give you that snobbish arrogant look and turn her back on you or even go away. The message is quite simple and profound: “I ignore you! I don’t deal with worms/ants/baboons!”

If a Valeriana is offended then she bears a grudge. She won’t forget if for life and most of the times she wants to pay back, to get even and not to feel inferior due to her insecurity. If a Natrum Muriaticum is offended she becomes hurt and bitter feelings enter her heart for long. She tries to
avoid people that have hurt her so as to avoid bleeding again from the old wound. If she has to meet them she is typical, yet polite.

If a Platina is strongly offended then she “erases” that certain person from her life for good. She ignores him and even refuses to deal with him. She won’t give you a second chance; she won’t waste time to deal with “worms”/ “baboons” / “idiots” / “losers”.

4.10 Male Platina

A male Platina usually has all the main characteristics described for female Platina. Nevertheless, being a man, he won’t deal so extremely with his external appearance but still he will want to buy expensive clothing, expensive wrist watches and he adores driving an executive car.

If, of course, he is a male homosexual Platina then he will deal with his external appearance even more than a woman! Let me remind you of those vain male homosexual top models, vain homosexual fashion designers and hair stylists. Aren’t they even vainer as to their external appearance, than a woman? A male Platina can be more cruel and violent than a female Platina. And even more ambitious, more competitive and more workaholic.

4.11 Idiosyncratic Diagram of Platina

Raw Material:
The basic element Platinum

Miasmas:
Syphilitic miasma is the predominant one. A strong secondary influence by the other two miasmas can result to the psoric or sycotic version of Platina.

**Basic Passions:**

Vanity is the main Basic Passion of Platina. She believes that she is of more worth than she really does and even that she is the number one in all fields or at least at some fields. She thinks a lot of herself.

**Essence:**

The tough, egoistic, self-centered, self-seeker, arrogant “Princess”/“Queen”/“King”

**Thinking:**

  
  
  
  
  - **Psychic Evolution:**
    
    She is greatly related to Intellectual Psyche and only slightly related to Conscience Psyche. Her Individual Will is greatly affected by her External Will especially when it has to do with dominance and success. Any person influenced by the vanity and arrogance of Platina will find it very difficult to evolve psychologically due to lack of humbleness. In order to evolve psychologically first you have to admit that you make mistakes and that you are ignorant and imperfect. Platina has all the assets to achieve success but usually success in a vain human society is the opposite of happiness and psychic evolution.

  
  
  
  
  - **Influences:**
    
    Intensely influenced by the syphilitic miasma in the form of vanity and arrogance; the main Thinking Stimuli are the symbolic ones.
Stressful Conditions:

Depreciation, when left out, irony, when not the center of attraction, negative comments about her external appearance or sex appeal, wrinkles, aging, acne, cellulitis, hair falling, obesity, snobbish behavior, when things aren’t done her way, poverty, the housewife role, disputing her cleverness, refinement or talent, negative publicity, loss of fame, working with “stupid” people.

c. General Characteristics of Intellectual Functions:

Quick, intentional, rigid, absolute thinking

d. Mental Patterns:

Her Mental Patterns have to do with her vanity and arrogance, with being “the number one”, “the Queen/King” in all fields or at least at those fields that she believes that are the most important in life. Usual adopted images: “Femme Fatale”, “successful business woman/executive”, “famous star/celebrity”, “talented artist”, “refined, cultured woman”, “royalty”, “guru”. Her mental patterns suit the main social ideals of our current society: beauty, wealth, success, high living, high society, be the number one, be famous/celebrity.

Frequency:

Frequent enough in a vain era like the one we are currently living in. Extremely frequent in certain “vain” professions/fields like actors, singers, top models, TV broadcasters, executives, artists, etc.

Emotions:

Her General Mood is usually an extreme one. When successful then she lives in heaven, when not then she is in hell. She has the tendency for intense negative or positive Intellectual Emotional Charge. Quite often
she is cold, intellectual, self-seeker or even cruel. Her main emotions are the Intellectual ones. Due to her vanity and arrogance she rarely experiences Conscience Emotions. Her most frequent emotions are Vanity, Arrogance, Anger and Sadness. Her emotions tend to be extreme, hysterical, unpredictable and intentional.

**Behavior:**

Her Primary Behavior is extreme, intentional, calculating, egoistic, self-centered, vain, arrogant and dominant. She is very much attached and adapted to earthly life; she is practical, systematic and targeted in order to fulfill her earthly ambitions, i.e. success. Only secondarily, due to failure she may adopt Secondary Behaviors like the “sensitive artist” or the “cultured refined “non-ambitious” woman”.

**Usual Roles:**


**Body:**

**External Characteristics:**

Extreme care about her external appearance, extreme outlook, expensive, brand named outfits, provocative outlook, classy outfits, air of superiority, peacock posture and way of walking, sophisticated arrogant speech.
Usual physical predisposition:
Ovary problems, arthritis, neuralgia

Usual psychological predisposition:
Anorexia Nervosa, Sadness, Hysteria, Phobias, Neurovegetative Disorders, Anxious Neurosis

Relative Idiosyncrasies:
Palladium, Tarentula Hispanica, Lachesis, Valeriana, Nux Vomica, Lycopodium (if psoric Platina)

LECTURE

4.12 “She is beautiful and she knows it!”
Platina idiosyncrasy corresponds to the homonymous homeopathic medicine prepared from the element Platinum. It’s a noble metal, even more “noble” than gold. I say this as a reminder because this idiosyncrasy feels as if royalty, in the sense that she thinks a lot of herself.

Being a syphilitic idiosyncrasy like Lachesis and Valeriana, it’s a frequent idiosyncrasy in the syphilitic era that we live in. How couldn’t it be frequent since the social patterns/standards of our times are success, be the first, be the most beautiful, be antagonistic. It’s a deep and long acting idiosyncrasy affecting individuals for long like Lachesis and Valeriana.
It belongs to the Egoistic Family of idiosyncrasies together with Valeriana, Tarentula Hispanica and Palladium. The two latter ones resemble to Platina and could be considered as more “light” and more rare versions of her.

Her essence/main idea/core is that she thinks a lot of herself. She may be of worth in a field, even of great worth but she always believes that she is even more worth than in reality. She feels that she is the “Queen”, “of royalty”, “the best”, “the one and only”, “the number one” or “the most beautiful of them all”. There’s a nice Greek saying about it: “She is beautiful and she knows it!”

Not only she knows it but she also projects it with an air of superiority and her arrogant style. It’s not that she pretends to be arrogant; she is simply natural about it! Well, if you see a very beautiful lady that projects that air of charm around her, this isn’t a strange thing. Nevertheless, you may see a really ugly Platina woman who thinks that she is Angelina Jolie! From what we have already said you must have understood that Platina is mainly a female idiosyncrasy, at least nowadays, at the syphilitic era that we live in.

You may also see a third class Platina actress who may think that she is the number one star. She may even be snobbish towards anyone who disputes her “profound” worth. We usually call such people as fruitcakes or freaks. She may also accuse all famous actresses that they became famous just because they slept with their producers. Nevertheless, she would definitely have done the same if she had the chance being extremely ambitious.

4.13 The “Queen”

Platina is a very dominant idiosyncrasy. She wants to dominate, to rule, to have things done her own “perfect” way. It’s not the kind of
domination of Lachesis. Lachesis wants to control all around her and she becomes very controlling even with little every day things. On the other hand Platina’s dominance has an air of royalty; a “Queen” has the general dominance and does not occupy her “highness” with little every day things. She wants recognition and obedience, is amused by her “court” and she isn’t dealing with little every day things.

That’s why she may develop two kinds of “friendships”. The first version is when her “friends” are other dominant persons, especially Platina women. In that case they talk about their achievements, competing in a “polite” way as to who is more royalty than the other! The other version is when her “friends” are but “lower” people, that is, members of her “court” that serve the one and only “Queen”! With their low-class behavior they confirm to her that she is the one and only beautiful and smart “Queen”!

Now that we’ve talked about the essence of Platina, watch and see how this can unfold the whole picture of her. If you are a “Queen” when do you get angry? Whenever any of your members of your court disputes your dominance and throne or whenever another “Queen” enchants members of your court and tries to steal them from you!

Then her reaction will be: “You stupid/idiot/moron… how dare you prefer another Queen than me? I never want to see your face again! Get lost! You are erased! From now on you don’t exist for me!”

On the contrary, Lachesis will do anything, even complex intrigues, to regain a dominated by her person. She is very flexible and can play numerous roles while Platina is rigid and royalty and won’t become humiliated trying to make someone return back to her. If he denied her, he doesn’t worth it!
4.14 “As if taller”

Her trait “thinks a lot of herself” can be expressed in the physical field as a strange sensation especially in advanced stages. While walking down the street she may feel “as if taller than others” around her or “as if other people and objects around her seem smaller”. Moreover, when in a state between sleep and awake she may have the sensation that her body or parts of her body “become larger”. She may also feel numbness on her face or lips.

These aren’t illusions, delusions or hallucinations of a psychotic person because she knows that nothing has really changed and that this is just a weird sensation. You see she is not losing it. These are but strange idiosyncratic characteristics, nothing more, nothing less.

Palladium and Tarentula Hispanica may, at times, rarely have similar sensations. A Cannabis Indica person may have the sensation that her head or hands become very large. This is in accordance with the hallucinating symptoms produced by the hashish intoxication in drug users.

4.15 Snobbish

When Platina is provoked she usually becomes snobbish. You say something that disputes her worth and she overlooks at you like a Queen from her high throne and may say to herself and at times even to you: “How dare you poor creature/stupid/idiomorion! You aren’t worth my time and attention!” She will turn her back on you and refuse to deal with you or she may go away in a royal way, not retreating but ignoring you.

This differs from Lycopodium’s reaction when insulted. When offended he may not answer or go away playing the role of the “cultured” and “superior” man who does not permit himself to behave “so low” or “like animals do”. In fact this is an act of cowardice on his part while Platina
will kill you softly with her depreciating look, turn her back to you and ignore you. She has no problem to fight with you, but you aren’t worth it and that’s what she tells you by her snobbish reaction.

In past eras, when royalties, upper classes and lower classes were the rule, such a behavior from a member of an upper class was quite often. The upper class member would say: “How dare you talk to a noble/Lady/member of the Clayton family like that! Who are you and with what right do you address me? I call you to order!” You see he considered himself a nobleman, an aristocrat, a blue-blooded person and demanded to be treated accordingly.

Nowadays, things have changed, at least superficially. What counts isn’t royalties or nobility; what counts is if you have money, social position, diplomas, success or fame. So, any person that has the previous assets, if affected by Platina idiosyncrasy, will become snobbish, depreciating and arrogant.

When Platina is greatly offended then she erases you, deletes you; you are done for her; you no longer exist for her; you are past history! Even if you sincerely apologize to her nothing will change because she will not forget it. She may say a cold, typical “Good Morning” from time to time but that’s it! Not that she will bear a grudge like Valeriana. Platina considers it a waste of time and energy to deal with you even if it’s for the purpose of revenge; you simply don’t worth either her positive or negative attention. She does not express maliciousness like Lachesis; she becomes arrogant, depreciating and snobbish.

4.16 Rigid

When angry, as a rule, she expresses her anger no matter what. It makes no difference if you are the prime minister, the Pope or God! She feels
superior to you and she feels that it’s her natural right to take you down a peg.

Even if you are her boss and her job depends on you she will definitely find a way to answer back either being straight and insulting or by giving you that snobbish look. She is so rigid; she just can’t be flexible. She will say to you anything she has to say no matter the consequences. A “Queen” never submits; she’d rather prefer to have her head cut off. You can take my life but you can’t take my pride! I will die as a royalty would!

She may be a very successful executive in a large firm/public organization but if depreciated by her superiors and if she can’t change things she may quit just like that, throwing away money, position and fame. She will say to herself and others: “They are the ones to regret for not appreciating my contribution and worth! I was doing a great favor to them all these years working with them! If they can’t realize this then they are stupid and don’t worth my cooperation. There will be plenty others to appreciate my work!”

On the contrary, Lachesis is very flexible; she can act in a great variety of ways in order to make the most of it. She may pretend to feel sorry for any possible mistake and “sincerely” apologize and even flatter her boss. If that doesn’t work she may start threatening for legal measures or that she will make a public ridicule of her superiors or of the company. She may threaten you that she will hunt you down until she gets revenge. She may employ complex intrigues only to achieve her goals and even employ any illegal or immoral actions in order to dominate. She is a very dangerous and efficient enemy and you have to be very careful not to get stubbed on the back.

Let me give you an example that shows her great flexibility and hypocrisy. A friend of mine after getting his medical diploma went to a
hospital in order to become a specialized pediatrician. He seemed very young and was shy and didn’t wear any medical blouse. He happened to step on the recently mobbed wet floor and the nearby Lachesis cleaning woman became a real menace cursing and shouting: “Where do you think you are going you fool, you insensitive…” “I am so sorry” said my friend, “I am not a visitor, I am a doctor going to my office” “Oh my God! I am so sorry doctor… a thousand apologies, for God’s sake how on earth, did I spoke to you like that… I am so sorry!”

You see how flexible she can be in seconds! This isn’t the case with a Platina or with a Nux Vomica. Valeriana is a bit flexible due to her insecurity and ambitiousness but not Platina. She is very rigid no matter the consequences.

That’s the reason why, at times, you may see a woman who once was that great famous star and now that it’s all gone she refuses to accept it. She keeps accusing producers and directors for depreciating her talent and keeps living in the same luxurious way although she is bankrupt. She will wear her old fancy furs, will attend social events, wears outfits that don’t suit her age, will resort to meaningless or harmful plastic surgery and so on. All around her will shake their heads and say to themselves: “How, on earth, did she end up like that?”

Platina is usually extrovert but not to the extremes. Why not be since she is so self-confident. Nevertheless, not everyone is worth hearing her personal problems; only a few close ones. At other times she believes that she has no problems at all simply because she feels so confident that she can handle anything.

4.17 The blonde “bimbo” or the smart “goddess”

Platina is usually dressed as a queen. She’s got taste, she is well informed about modern trends and fashion and she prefers expensive brand names
and unique, fancy clothes. She is one of the best fans of “haute couture” and, of course, of “haute coiffure”. She takes extreme care of her hair and style. If she is beautiful and dresses like a queen then she feels like a goddess or a “femme fatale”.

Nevertheless, let me show you how a different, in fact a contrary phenotype of Platina can be developed. There’s this little beautiful girl who is affected by syphilitic miasma and Platina idiosyncrasy. Her parents treat her all the time like a little princess. She grows up to a gorgeous “Barbie” teenager. She discovers that all girls around her are either jealous of her or want to be close friends with her only because she is the “Queen” of their school. She also discovers that all boys and men around her are willing to satisfy all her whims and worship her only to draw her attention and drive her to their bed.

So, why study hard? Why become cultured or hard working in order to gain success? She is already successful by doing nothing! So, in the end, she becomes that stupid blonde “bimbo” who cares only about her body and external appearance and not at all about her mind. She will enter one shop after another, one beauty center after another, one spa after another. This is only one phenotype of Platina and not the most frequent. Nowadays, women tend not only to become beautiful but also successful and cultured. So, very often you will come across a Platina that is a very successful and beautiful businesswoman or a successful and cultured actress, painter, journalist and so on.

Never stick to a certain phenotype when bringing in mind any specific idiosyncrasy, especially when it’s a syphilitic one. Always remember that there’s one genotype and many phenotypes and that we always prescribe for the genotype!
4.18 Anything for the palace!

Another phenotype of Platina is the beautiful woman that wants to live a high life being a member of high society so as to live rich and comfortably. She is willing to do anything to accomplish the latter. She simply wants a “palace” and a “throne” and will do anything for it! The deal is: “You’ve married a goddess and you have to provide her accordingly: goddesses live in palaces!”

She may have loved a mucho sycotic sportive guy but then “love isn’t enough!” So she decides to marry that 20 years older, big-bellied, bold businessman only because he can provide her with whatever she wants. He will show her around the high society as his new “Porsche” and she will go around as the “Queen” living in a palace built only for her! Isn’t that a business deal with mutual interest? Isn’t it a “win-win” situation for both of them?

It doesn’t matter if they are both unhappy in the end! Most of the times, it’s not reality that matters but it’s social image that matters! It doesn’t matter if in the end she will keep cheating on him with the mucho gym trainer, the golf instructor or the womanizer next door. And it doesn’t matter if he will keep stocking her in order to find if she is cheating on him!

What really matters is that she now has what she was dreaming of: a large, luxurious villa full of luxurious brand name furniture. Everything clean and in order! Not out of attachment to order like Nux Vomica. And not out of neatness in order to show off like Lachesis but simply out of vanity, out of social image.

Nux Vomica’s house is a clean, tidy museum! Lachesi’s house is a clean tidy temple of kirsch art! Platina’s house is a chic palace!
4.19 Her sole goal is to be the first one!

Platina has a sole goal: to be the first one, the one and only, the top of the tops. The second position isn’t enough for her. Only the first one is the successful; all others are simply “losers”! So, she wants to be the most famous star, the top model, the top writer, the top businesswoman, the chairman, the first lady of her country, the shiny wife of the first businessman, the first lady of high society.

Do you remember the fairy tale with the Queen that asked her mirror every day “Who is the prettiest of them all?” If we stick only to vanity then this was a Platina case. If we add jealousy and maliciousness then this was a Lachesis case. Platina, under normal conditions, isn’t malicious. She may become cruel, snobbish and irritable if disputed but she won’t be malice per se like Lachesis.

-Do you mean to say that a pretty woman with style is a Platina? Isn’t she clever?

-Platina, is usually clever enough as genotype. Nevertheless, if she is raised in a family and in a society where external appearance is over-appreciated, then she may choose not to invest to her mental potential and may become that superficial blond bimbo as mentioned above. Why become the cultured and hard working person if she is already successful in another field without any effort of any sort?

You see, her genotype may be that of a very smart and able person but her phenotype may differ according to the conditions she was raised and according to her attitude and choices. We, humans, are the outcome of both miasmas/idiosyncrasy and external conditions. I will stress once more that in Miasmatic Idiosyncratic Diagnosis we prescribe according to the genotype/primary behavior. Nevertheless, I describe to you most phenotypes of an idiosyncrasy so as to make you able trace the underlying genotype. You see, appearances can be deceiving! You won’t
be deceived only if you search and find what’s beneath appearances/secondary behavior.

4.20 Dread of wrinkles and ugliness

Platina dreads aging! Why so? She isn’t afraid of diseases or death so much. She may say that she is afraid of death grade 1 or 2 but only in the sense that death for her means the loss of existence and thus she won’t be able to become more famous and more top of the tops as she vainly aspires. The real reason that she is afraid of aging is wrinkles and ugliness; the loss of her beauty. That’s the most terrible thing that could happen to her!

As I may have told you, Platina is the best client of plastic surgeons. Nothing will stop her from “lifting” herself; neither money, nor extreme danger for her health. She’d rather die than being ugly! That’s the reason why so often you come across stars that do one plastic surgery after another, one dangerous treatment after another, dying of cancer in the end.

Some of them cannot accept the fact that they got old and ugly. They refuse to go public and stay within closed doors. They even avoid looking at mirrors. They spent their day remembering good old times when they were beautiful. They amuse themselves writing their memoirs boasting about their beauty and charm at good old times.

4.21 Nymphomania

Platina is usually considered a sexually “hot” person. When you have invested so much in your external appearance and beauty and when you use it as means of success and all men around you serve you only to have sex with you, then you tend to deal with this field a lot. You tend to become a woman with sex appeal and possibly a woman with a rich sexual life. That doesn’t mean, of course, that you do enjoy sex a lot!
When you aren’t a giving individual, when you are so vain and sex is an act of dominance then you may become non orgasmic. You tend to have incomplete saturation. Your mind may be pleased but not your physical and etheric body!

That’s the reason why so often in Materia Medica and Repertories Platina is described as nymphomaniac. It’s a nymphomaniac state, resulting from a vicious circle that has as background lack of orgasm or incomplete orgasm. When we’ve described Medorhinum we’ve talked about a similar phenomenon. Medorhinum may become a “sex machine”, a “rooster” getting laid all the time with any woman he meets, not because he is so much enjoying sex but because he has incomplete orgasm that leads to passion.

You see, sex is a holistic multilevel natural function including physical body, etheric body and psyche. If there’s an attachment only to one level then the result is incomplete saturation and passion. A “sex machine” Medorhinum, simply “fucks” women without sufficient emotional participation. He isn’t in love with his partners; he just fucks them, he is relieved from genitalia tension and his manly ego is pleased; he is reassured that he is such a “womanizer”, such a “heart-breaker”, such a mucho male!

A Platina “femme fatale” during the sexual act does not participate so much in the physical, etheric and emotional level because sex for her is but the reassurance of her great ego. She proves to herself and others that she is a femme fatale desirable by all men. This results to incomplete orgasm and nymphomania.

Have you ever seen those “hot” top models that are so not feminine, so plastic and as cold as a Barbie doll? They are presented as sex idols but they experience no real multilevel orgasm.
4.22 Dominance and vanity instead of multilevel orgasm

You see, when it comes to Platina, sex is an act of dominance and confirmation of her worth. She may be dressed very “hot” and provocatively, she may have the body characteristics of a top model but that doesn’t mean that she is really hot, that she has intense desire for sex and intense multilevel orgasm.

If she has married that Medorhinum boorish butcher who married her only to boast to his friends that he “owns” that top model then things get tough and at times hilarious. I’ve seen such cases. The Medorhinum husband says: “I want to fuck you right now!” and the Platina wife just spreads her legs apart and says: “Ok, but make sure you don’t make my hair a mess!” (laughing)

Once I had a very dominant woman Platina married to a submissive cultured Lycopodium. She demanded that during sex he should be flat on his back and still while she sat on his penis, rocking back and forth until satisfied and then left him there unsatisfied! That’s but the female version of the common in past times, sycotic male “fucking” during which the woman was but a sexual object in the hands of the male: “I do it my way only to please myself and I don’t give a dime about you!”

-Well, what idiosyncrasies are really sexually hot?

-That’s a tricky question! If I answer this question then all present people will start choosing accordingly! (laughing) Maybe I should write a “Guide for “hot” mates!” (more laughing) I am joking, of course!

You see, it’s not as simple as that. Each person’s sexuality is different according to his miasmas, idiosyncrasy and cultural level, past experiences, personal attitude and general personality. For example a
A Medorhinum woman tends to be very “liberal” and has many but yet superficial affairs. A Natrum Muriaticum woman is very hot as desire is concerned and very giving to her companion but on the other hand she is very conservative regarding sex and is in favor of monogamy. A Valeriana woman is sexy and provocative in an unconventional way but still she will bust your balls and exploit you before you get laid with her. And so on! Feel free to choose! Be my guest! (laughing)

You mustn’t also forget that each one of us according to his idiosyncrasy/miasmas is attracted to certain kind of opposite sex. For example a Lycopodium man tends to be attracted by a Valeriana woman even if this isn’t a suitable woman for him. Medorhinum tends to be attracted by Platina women, etc. What really matters is to overcome or smoothen at a certain degree, our miasmatic and idiosyncratic tendencies so as not to be imbalanced. If you are imbalanced then you’ll choose accordingly and you’ll live accordingly! Always bear in mind that idiosyncratic and miasmatic characteristics are but imbalances!

- Are Medorhinum women rare or often?
- Not as frequent as men but still not rare.

- How’s a Platina mother?
- They tend to be very strict and repressive but not as repressive as Lachesis mothers. Platina mothers are rigid; they can’t stand any objections and they are very demanding; they demand from their child to be the first and not to be a “loser”. If I am a Queen then my daughter must certainly be no less than a princess and my son no less than a prince.

She will buy the most expensive outfits for her children and will demand from them to participate and excel in high class sports like tennis, ballet, gymnastics, piano, etc. A mother Platina that has been beautiful but is now growing old and with wrinkles may even become antagonistic to the rising beauty of her daughter.
Lachesis, Valeriana and Platina, in the order that are mentioned, are the most frequent female idiosyncrasies of our modern syphilitic era, at least in modern developed western societies. They are in accordance with women predominance of our times. Lycopodium, Phosphor and Sulphur, in the order that are mentioned, are the most frequent male idiosyncrasies of our times. It’s not accidental that they are all psoric, submissive, “good kids”.

In modern developed societies women tend to be more dominant, ambitious and antagonistic and men tend to be more submissive. Social conditions define individuals and individuals define society. It’s as simple as that!
CHAPTER 5

PHOSPHOR

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5.1 Psoric altruism with lack of moderation and differentiation

Phosphor idiosyncrasy corresponds to the homonymous homeopathic medicine and element of the Periodic Table of Elements. Miasmatically it’s a strange combination. He is sycotic as to his physical characteristics, temperament and expression, but as to his morality, ideas and emotions he is intensely psoric. While Medorhinum is morally and socially
indifferent, Phosphor is exactly the opposite; caring, sincere and altruistic.

His main Basic Passion is his attachment to a “sincere”, psoric altruism but with lack of moderation and differentiation. He is sycotic in expression, very social and open hearted, giving and altruist; he may be grown up but he still has the heart and the expression of a “good pure kid”.

Let’s examine these qualities one by one, in details. As said, one of his main characteristics, in fact his essence, is his altruism. What kind of altruism is this? It couldn’t be a syphilitic altruism. Syphilitic individuals are self-centered and care only for themselves. Could it be a sycotic altruism? No! A sycotic person cares only to have fun and is indifferent to other people and society. He may stand up for his friends and even seem very brave and even loose his life in a fight against enemies but this has to do with his sycotic vanity. He wants to be considered as the mucho guy, the strong fearless man, the tough guy; it’s not about others, it’s about him.

Altruism is predominantly a psoric characteristic. If you have psoric altruistic ideals then you may have also altruistic behavior. Phosphor cares about all others: family, friends, colleagues, neighbors, fellow citizens, animals, plants, Nature, the whole humanity. He cares sincerely, honestly; he really believes in what he does. There’s no primary and secondary behavior; what you see is what you get! He doesn’t fake; he doesn’t show off; he doesn’t pretend.

He is deeply touched by people in need or people facing problems; social and humanitarian matters have a great, deep impact on him. He is so easily moved; he is sentimental and sensitive; he is easily touched. It’s a matter of heart and not a matter of mind; he isn’t the intellectual guy like a Lycopodium or a Phosphor; he is emotional. He has a great heart; he is
open hearted and good hearted; a noble guy; a pure guy; an innocent guy with good intentions. A grown up that, as his heart is concerned, remained a good kid.

A Phosphor kid really cares about his parents. Whenever he sees that they are upset or sad he empathizes with them; he is very compassionate. He is truly interested in what’s going on and he will support them. If the cause of their sadness is financial problems then he will ask for toys no more or will not accept any more pocket money from his parents. He may even break that clay moneybox of his and offer his savings to his parents! He will share his toys and food with other kids, even strangers one. He will give money to the beggars, sincerely touched by their state.

A grown up Phosphor knows that most beggars are faking. Nevertheless, he can’t help empathizing with them and may even give money no matter what. At times he will tell you in an angry tone of voice that “I never give money to them because I know that they are all crooks” but this only reveals his sensitivity because many times in the past he helped such people that finally proved to be frauds.

He is so upset and angry when it comes to injustice; he just can’t tolerate it not only if it involves relatives and friends but even if it involves strangers. He will even get into a fight to support them, no matter what. Do you now see the combination of psoric idealism with sycotic strong expression! Well, that’s Phosphor!

At this very point, any person is justified to wonder: “Why do you refer to altruism of Phosphor as if being a miasmatic or idiosyncratic characteristic? Haven’t you insistently supported that all miasmatic and idiosyncratic characteristics are imbalances and negative traits? So what’s wrong and bad in being altruistic? Why not consider it one of his healthy, positive, natural virtues?”
Well, it’s a very nice question, but still I have a very nice answer, due to my clinical experience. It’s not a healthy positive altruism; it’s a psoric altruism that has no moderation and no differentiation! In fact, as Jesus said, you can judge any person by his actions in the same way that you can judge a tree by its fruits! This psoric altruism turns Phosphor into an gullible, easy victim in the hands of dominant, manipulating, syphilitic individuals.

Phosphor is the great victim of syphilitic members of his family, syphilitic friends, colleagues and fellow citizens. He is very gullible because due to his psoric intentions and ideals he believes in the motto: “Everyone is of good intentions until the opposite is proved”. You see he judges from himself. He is sincere and honest and so must others be! Well, that’s a belief but it isn’t reality; that’s a wish but not a fact especially in the syphilitic era that we live in!

Thus, he just can’t trace hypocritical behavior and intrigues. He believes in other people’s declarations. He believes in other people and opens his heart and his house to all others. He is so giving but without any differentiation and moderation. And that is his weak point, his Achilles heel!

As a result, he has been fooled so many times that at times he tells you: “Unfortunately, there aren’t any real friends nowadays!” If you ask him if he is gullible the right answer is “Yes, indeed!” But, sometimes, he will tell you that he is mistrustful. If you go on asking him “Have you always been like that?” then he will reveal to you that he has always been gullible but he has so many times been fooled that now he tries to be mistrustful although he isn’t good at it no matter how hard he tries to! As said before, although a grownup he still remains an innocent good kid believing in good intentions of others although he lives in a syphilitic society.
When too much happen to him, his Autonomic Nervous System starts malfunctioning and he becomes very sensitive. His psoric altruism already in imbalance becomes even more pathological. He avoids watching the news or social documentaries because he is very upset with any injustice done anywhere around the world. His heart is too sensitive to see hungry people, sick people, the poor, crimes, natural disasters, wars etc. He even avoids talking about such things because he is very touched and upset.

When in phase A state of balance, he likes talking about all these things and defending his beliefs. At this state he is psorically altruistic and very compassionate. But when deranged, when in phase B or C then the previous traits become a well grounded fear about diseases and an imbalanced over-sensitivity as social matters are concerned. Can you now see how this seemingly positive quality of phase A was turned into a clearly negative one at phase B or C? It was imbalanced psoric altruism from the very beginning!

Let me briefly give you some more examples of this negative psoric “altruism”: A Phosphor son is exploited by his syphilitic Lachesis mother who pretends to be the victim of her insensitive sycotic husband or the victim of society. His syphilitic business partner exploits him letting him do all the tough work and even cheating money from him. His syphilitic boss takes advantage of his conscientiousness and industriousness and drives him to exhaustion. Close relatives or friends pretend to be the victims of society or unlucky or sick in order to get money and any kind of help from him.

5.2 Very social, pleasure seeker and cooperative

He is very social. There’s a Greek saying that suits Phosphor: “Can’t be alone! Not even in Heaven!” He seeks for human contact as much as Pulsatilla and is only slightly less sentimental as she. He is the heart and
soul of the company while Medorhinum is the “dude”, the “tough guy” or the “womanizer” of the company. Sycotic Sulphur is the bubbler of a company. Lycopodium is the cultured, polite, intellectual personality of a company. Phosphor is the good boy, the pleasant guy, the cooperative guy, the one that brings all together with his caring and pleasant character.

He will try to cheer them up; to urge them to have fun but not in a rough or vulgar way like Medorhinum. He will combine food, drink and fun with his real interest on other’s problems or social problems. He is a team player and a positive one. He is not selfish; instead he is caring and cooperative and this is also true at work with his colleagues. He is extremely dutiful, industrious, honest, ready to serve, sincere and with good intentions.

Lycopodium is industrious because of his effort to create a good public image and because he is afraid of any criticism from his superiors and colleagues. Nux Vomica is industrious because she is extremely responsible and attached to order and systematic work. Natrum Muriaticum is industrious because she is responsible and psoric idealist. Phosphor is industrious due to dutifulness and honesty.

5.3 Extrovert and irascible

His sycotic temperament makes him very social and furthermore makes him very extrovert and irascible. He is extrovert grade 2 or even 3; a little less than Pulsatilla who is the height of extroversion. He enjoys talking to people and even to strangers. A Phosphor kid will not hesitate even for a minute to go and speak to a new kid: “High, I am Tomas, would you like to play with me/us?” He does it for no selfish reason and without second thoughts.
He just has that positive and social attitude. He does it unconditionally. He has that psoric altruism to help all other people with no moderation and no differentiation. He is very compassionate and empathizes with all weak people and all people in need.

It’s so easy for him to open his heart and talk to you even about his personal problems; he is so thirsty for human contact! When his health problems are the matter, then he is really dying to talk about it. He has that neurovegetative symptoms and talking to people about it makes him feel better, makes him feel less fear. He seeks understanding and support, emotional support.

He is also very sycotic as to his irritability. He easily gets angry; he is very irascible. He will often express his anger intensely but then he is like a gale; he will easily get angry, burst intensely and then he is easily off; no hard feelings for anybody even if they did something bad to him. He is the forgiving guy; his forgiveness is so easy and so sincere. Despite his intensity of anger he won’t beat people easily like Medorhinum.

What makes him angry? The things that make him angry are injustice from other people to him or others, social injustice, inhumanity, indifference, dishonesty, lies, ingratitude, irresponsibility and insensitivity.

5.4 How his psoric altruism causes the collapse of his Autonomic Nervous System

Let me talk to you about a certain scenario. As said, Phosphor is a psoric altruist and empathizes with others around him a lot. So, try to think of this good guy living and working in a society full of injustice, antagonism, dominant people and crooks; he is not at all fit for this kind of society and I mean our syphilitic era. It’s so difficult for him to stay
clean, good and innocent and at the same time survive since he is so altruist and the easy victim of syphilitic people.

There comes a time when situations overcome his limits. From phase A of slight imbalance he slides to phase B of clear imbalance. His Autonomic Nervous System collapses. Now, instead of being simply compassionate to others, he starts being very much affected by others. He doesn’t want to hear about social problems, injustice or diseases. Not that he became insensitive; quite the opposite. He became so sensitive and fragile that he can’t stand it. He becomes the typical hypochondriac.

At his previous state of phase A, Phosphor already had a keen interest in health matters. He enjoyed reading about health matters and healthy nutrition; in fact, he often employed healthy attitudes. He also enjoyed talking to doctors and asking about preventive medicine and what one can do to improve his state of health.

A Phosphor kid whenever injured or when catching a cold is worried a lot and keeps asking about his symptoms; he is the kid that obeys the doctor orders and even reminds his parents to do things as doctor ordered. He may have heard that sleeping on your left side burdens the heart function and since then he avoids sleeping on that side. Later on, when grown up, at phase A, he is often the person who doesn’t forget to do checkup regularly.

5.5 The typical likeable hypochondriac

Yet, after too much stress, exertion and fright we come across the picture of phase B. How can that happen? Let me illustrate. He may have experienced the stroke or heart attack of a friend or of a stranger or may simply have heard that George had such an incident although 35 years old. “Oh my God!” he will exclaim. “What are we? Nothing! A big zero!
We are so fragile! One minute you are healthy and breathing and the next minute you are dead, just like that!”

Immediately after these thoughts or after a while, he starts having some weird symptoms: palpitation, heart ache and dizziness. “Oh my God!” he says to himself while a cold sweat covers his entire body. “Is it happening to me also? Am I having a heart attack at this very moment?” This is the very beginning of the vicious circle of the neurovegetative neurosis to follow. Anxiety brought out neurovegetative symptoms, these increased anxiety, then, increased anxiety brought out more neurovegetative symptoms and so on.

He rushes to the nearest doctor or hospital to the emergencies. He is absolutely sure that something very bad is happening to him. The doctor is his savior! He describes his symptoms anxiously, hurriedly, in details and horrified. “Oh please doctor, help me! Do any test you like, give me strong medicines, please, save me! Something pretty bad is happening to me!”

After completing all the diagnostic procedure, the usual statement of his allopathic doctor is: “I’ve done everything. You have nothing pathological! All tests are normal. You have nothing. It’s in your mind! You are a hypochondriac patient!” Phosphor is so relieved! He thanks the doctor a lot and he tries to pull himself together.

But then, after minutes, hours or days, he has again the same symptoms or a bit different. His fears come back even stronger. He thinks: “The doctor must have been wrong. I have the same symptoms again. It’s not all in my mind! I definitely have something and it must be something really bad if it insists”. He rushes to the same doctor or to a different one. He presses the doctor to do more tests; new tests, new doctors, new symptoms, new worries, again symptoms and so on. Nobody can relieve him.
Phosphor is wrong when he believes that something really bad is happening to him. On the other hand, the doctor is also wrong when he says to him “you have nothing”. What is the meaning of the phrase “You have nothing at all.” It may be that he has nothing pathological but that doesn’t mean that he isn’t sick. He may not be suffering mainly on the physical level but still he is suffering on the psychological level and to be more precise on the level of Autonomic Nervous System.

The usual laboratory tests can trace only malfunctions of the physical level and not malfunction of higher levels. Yet for the allopathic doctor if nothing has been traced on the physical level then the patient “has nothing” and the only thing he can do is to give him sedatives or advise him to consult a shrink.

The same attitude waits for him at home summarized in the phrase: “You have nothing! You are hypochondriac! It’s all in your mind! Get over it, will you!” His wife, relatives and friends, all tell him the same thing, over and over again. That hurts him a lot and makes him angry. He says to himself and others: “How can you believe such a thing about me, that I am faking, that I do it on purpose! What’s there for me to gain?”

He is so right to feel like that. He has been honest, sincere and hard working all his life. He has been straight and giving and never self centered all his life. How is it possible for his own people that have known him for so long to believe that he has hidden intentions: that he is lazy, that he is after something else. He is so desperate! He keeps talking to all people about his symptoms in order to find comfort and solution. He surfs the web to find out what’s the matter with him; he even attends any alternative doctor, herbalist or practitioner in his seek of salvation.
Whenever he hears about diseases he is very much affected. He is not simply empathizing with patients or feeling sorrow about them. He is afraid that he has the same problem or that he may develop it in the near future to come. He may even develop similar symptoms. He is mostly frightened by sudden severe diseases like heart attacks and strokes and less afraid of cancer or something chronic.

That’s the reason why Phosphor is so “afraid of being alone”. He wants someone by his side in order to talk to him about anything so as to forget his neurovegetative symptoms. If he is in the company of a doctor he is so happy and feels secure. Nevertheless, quite often he avoids watching medical news or talking about such things because he is afraid that his symptoms may come back.

### 5.6 A Nature lover

Phosphor is mostly sensitive to cold but not to the extremes. Nevertheless, he enjoys cold water at grade 3, i.e. must drink cold water from the fridge even in winter. Phosphor kids want to leak ice cubes all the time.

He is such a Nature lover! He so much enjoys being out in the country. He is also a sports lover. But he isn’t the champion guy because he isn’t very ambitious or egoistic. He simply enjoys physical exercise and the contact with his body and with the elements of Nature: sun, air, sea, plants, animals, etc.

At times a certain hobby may be his excuse in order to come in touch with Nature and friends. For example, he may become a hunter not for the sake of killing or competition but for the sake of walking in mountains, breathing fresh air, seeing the sunrise, physical exercise and for the sake of meeting his pals.
He is usually a person with intense and frequent sexual desire. Although being very sycotic, nevertheless, due to his psoric ideas and morality he isn’t just a shallow “sex machine” like Medorhinum. He is emotional and sensitive. He easily has a crash on the opposite sex. He is a giving person; giving not only to his mate but also to all people around him. He is the sentimental guy and the responsible guy. That’s the reason why he is often such a good family man; one of the best. And that’s the reason why he is one of the best victims of syphilitic wives/husbands.

5.7 Idiosyncratic Diagram of Phosphor

Raw Material:

The element Phosphor

Miasmas:

The main miasma of Phosphor is the psoric one that intensely influences his morality, his way of thinking, his emotions and behavior; it’s responsible for his psoric altruism, honesty, sensitivity and giving tendency. The sycotic miasma is responsible for his plethoric temperament, his irascibility, his social tendency and extroversion and many of his physical characteristics.

Basic Passions:

His main Basic Passion is his great attachment to his psoric altruism; an altruism characterized by the lack of moderation and differentiation

Essence:

Sycotic, social, gullible, sincere, giving, neurovegetative, sensitive psoric altruist with lack of moderation and differentiation; the good kid who is the easy victim of syphilitic people
Thinking:

a. Psychological Evolvement:

His honesty, giving tendency, compassionate nature, positive disposition and psoric altruism can be great assets for psychological evolvement. But his psoric altruism is imbalanced, is an illusion, an idiosyncratic characteristic because it’s characterized by the lack of moderation and differentiation. This makes him the easy victim of syphilitic idiosyncrasies thus making it difficult for him to evolve psychologically.

His sycotic tendency makes him have a very good relation with Sensory Psyche like Medorhinum and this makes him pleasure seeker and having great desire for sex. Nevertheless, this tendency is controlled at a certain degree by his Intellectual and Conscience Psyche due to his psoric morality and way of thinking. His Individual Will is influenced by this External Will but at a great extent also by his Internal Will.

b. Influences:

Intense influence from psoric miasma and secondarily from sycotic miasma

Stressful Conditions:

Any reference to diseases, any physical symptoms like palpitation and heartache, injustice, lies, indifference, irresponsibility, inhumane behavior, social problems, natural disasters and ingratitude

He is greatly influenced by Physical Thinking Stimuli that have to do with physical symptoms. He is also greatly influenced by Verbal and Conscience Thinking Stimuli. He has intense Energy Tuning with suffering people.

c. General Characteristics of Intellectual Functions:
Quick but not shallow thinking; tendency for attachment to fears about his health; immature thinking in the sense of gullibility and lack of differentiation

\[d. \textit{Mental Patterns:}\]

His main Mental Patterns are psoric and altruistic. He isn’t self-centered; on the contrary he is team-centered always thinking of himself as part of family and society. So, his mental patterns have to do with helping others, co-operation, peaceful co-existing, brotherhood, social justice, freedom, charity, dutifulness, humanitarian ideas, human contact, love for Nature and ecology. He is fan of honesty, dreamer of a better world and a more humane society. He is intensely extrovert, expressive and social.

Frequency:

One of the most frequent idiosyncrasies nowadays especially in stressed men; very frequent in good boys; not so frequent in women.

Emotions:

When not greatly imbalanced as in phase A, his General Mood is intensely positive and his main emotions are joy, intellectual love and intellectual calmness. At phase B, the stage of neurovegetative imbalance, his General Mood is very low and he is suffering from neurovegetative fears, anger and sorrow.

In general he is a very emotional and sensitive person, easily moved by other’s problems. Being so sensitive and compassionate he has intense Intellectual Emotional Charge. Most of his emotions are Intellectual Emotions but when in phase A, he is also characterized by quite many Conscience Emotions. His emotions have psoric qualities (deep, stable, sincere, unconditional, idealized) as well as sycotic qualities (extreme, changing all the time, easily expressed).
Behavior:

Being psoric, honest, extrovert and positive to others he doesn’t employ Secondary Behaviors. What you see is what you get. Nevertheless, he is the easy victim of syphilitic people because he easily believes in their Secondary Behaviors.

His behavior is characterized by psoric altruism, compassion, giving disposition, sincere intentions, positive disposition, spirit of solidarity among colleagues, spirit of co-operation, sincere care about others, extroversion and expressiveness.

Psoric miasma defines the content of his behavior, i.e. honesty, idealization, positive disposition, belief in positive ideologies, employment of psoric roles, politeness and victimization. Sycotic Miasma defines his expression, i.e. he is extrovert, expressive, cool, social, courageous, fighting, irascible and with tendency for fun and material pleasures.

Usual Roles:

“Sensitive but smart and vivid kid”, “compassionate kid”, “caring kid that seems to be more mature than his age due to his social worrying”, “gullible idealist”, “true, innocent believer”, “merciful man”, “innocent, true fan of political parties”, “defender of those suffering from injustice”, “true patriot”, “the fan of the movements for a better world”, “good family man”, “loyal companion”, “lawful and caring citizen”, “spirit of solidarity among colleagues”, “dutiful, conscientious worker”, “likeable neurovegetative patient”, “best client of doctors and especially cardiologists”, “best client of labs”, “pure Nature lover”, “fan of true athletic spirit”, “animal friend”, “truly in love guy”.

Body:

Usual physical predispositions:
Anemia, hemorrhagic disposition, recurrent nosebleed especially in children, allergies, bronchitis, caries

Usual psychological predispositions:
Neurovegetative disorders, anxiety neurosis, phobic neurosis

Relative Idiosyncrasies:
Pulsatilla, Medorhinum, Argentum Nitricum (as to neurovegetative phobias only)

LECTURE

5.8 Introduction
Phosphor idiosyncrasy corresponds to the homonymous homeopathic remedy and element of the Periodic Table of Elements. It’s one of the most frequent idiosyncrasies nowadays due to the modern stressful way of life that causes the Autonomic Nervous System to collapse and bring forward neurovegetative symptoms. Phosphor is the typical representative of neurovegetative patients but that doesn’t mean that any such patient corresponds to Phosphor and only Phosphor.

I include Phosphor to the Phobic Family of Idiosyncrasies together with Argentum Nitricum, Arsenicum and Calcarea Carbonica. The above are the most frequent ones in the order mentioned. Secondarily, I also include more rare idiosyncrasies like Aconitum, Causticum and Mancinella. Although Pulsatilla isn’t a characteristically phobic idiosyncrasy, nevertheless, must be described together with Phosphor because they have so many psychological characteristics in common.
He is psoric as intentions, principles and morality are concerned but sycotic regarding physical characteristics and expression.

5.9 Phases A, B, C and D regarding balance

There are four phases, four stages, as balance is concerned for any human being. Phase A can be called a slightly imbalanced or almost balanced state. In Allopathic Medicine a person at phase A is described as clinically healthy. We have no diseases and no symptoms at this phase. We have to do with a person and his personality and not with a patient and his disease.

Nevertheless, from the homeopathic point of view the person is influenced by certain miasmas and idiosyncrasies and to the experienced eye he has certain miasmatic and idiosyncratic characteristics. We don’t often see such cases at a medical office unless they come for preventive treatment. Phosphor can do that due to his tendency to worry about his health.

At Phase B we have a clearly detectable imbalance; the person becomes a patient suffering from symptoms; diseases are at their early stages. The patient usually does consult a doctor for his symptoms. At Phase C diseases has become severe or chronic and the organism is affected clearly as a whole. The patient’s efficiency at work and in all fields of his life is seriously affected.

Phase D is the stage of complete chaos physically and psychologically; a total derangement of the system. Physically there’s a derangement, a lack of coordination between organic systems and one organ deranges another. Physical symptoms are intense and may be caused usually by hypofunction or more rarely by hyperfunction of organs and systems.
Psychologically, we usually have a state of apathy or more rarely a state of mania.

Diagnostically, in Homeopathic Diagnosis, the most important phase is Phase B because we have clear symptoms, many symptoms and most of all characteristic symptoms, i.e. symptoms that are characteristic of the idiosyncrasy that influences our patient. Phase A is equally important - although not frequently seen in a medical office – because we have clear idiosyncratic characteristics, i.e. personality characteristics. Nevertheless, when a patient in phase B comes to our office we can always draw information about his characteristics at phase A by asking his general physical and psychological characteristics when he is free of symptoms.

At phase D symptoms are not characteristic and are mostly the same for most idiosyncrasies due to complete derangement. We have to do with advanced pathology rather than with idiosyncratic differences.

At phase C we may have different or even opposite symptoms than the one described in the most common state, that is, Phase B. For example an idiosyncrasy usually characterized by constipation may have diarrhea. A Pulsatilla patient while at stage B is very extrovert and easily crying, at stage C of advanced sadness may become introvert and not crying.

A great problem is that most Materia Medica include a compilation of symptoms from phase B, C and D, all mixed together resulting to a confusing picture that has opposite symptoms. For example apathy and mania, hypofunction and hyperfunction, indifference and touchiness, desire for salt and aversion for salt, heat and cold, and so on.

This is because the writer of the Materia Medica hasn’t got a clear picture in his mind of the essence of the idiosyncrasy and of the different phases that it can be found. So, what he does is simply lay down in accidental
order or in areas of the body and mind, several symptoms without hierarchy and meaning. Well, that’s not science and art! That’s simply a compilation and a bibliographical report without any clinical value, not to say resulting to confusion.

My Miasmatic Idiosyncratic Materia Medica mainly describes Phase B of characteristic symptoms and Phase A of miasmatic and idiosyncratic characteristics. There’s always an emphasis on the general character of the person when in a state of “health”, i.e. Phase A. Whenever I mention symptoms that regard phase C, I always make it clear that these are symptoms that refer to an advanced stage of Illness. I almost never include symptoms of Phase D because they aren’t characteristic and they are of no importance to idiosyncratic diagnosis.

5.10 The vivid, smart, compassionate, “good kid”

Let’s begin the description of Phosphor from Phase A and furthermore from his childhood. What’s a Phosphor kid like? He is the typical vivid, smart “good kid”. He is usually a boy and he is very vivid, even restless and full of energy. Although restless and vivid that doesn’t mean that he is irritable, naughty, mean and stubborn like Cina for example. On the contrary he is the easy-going kid, the innocent, good kid.

He has that childish innocence which most of the times, carries with him intact into adulthood. Having all the above qualities makes him the “perfect” kid, the lovable and likeable kid not only to other kids but to grownups also.

His mother tells you that he doesn’t have a minute’s rest; not for a single minute. From dusk to dawn he wants to play all the time even if he has gone to Elementary School and even if he is about to go to High School. Have you ever come across those 12 years old boys that have not yet started having crash on girls and the only thing that they care about is
football, computer games, hanging around with other boys and doing childish things? There’s a great chance that they are Phosphor kids.

Even as a grownup, sometimes even as an old man, Phosphor carries with him that innocence of childhood, that vivid playful nature, that love of sports and Nature. You can see him playing football or basketball at the age of 35 or 40 years with his pals wearing their shorts every Sunday morning.

5.11 Extremely social and likeable

He is a kid with good intentions, extremely social and likeable. He will go towards any new kid nearby and tell him with a smile in his face: “Hi, I am John, what’s your name? Do you like to come and play with me/us and be friends?” Even before receiving any answer he will say: “Come on, hurry up; let’s play!”

Being extremely social, not at all selfish and friendly, a good kid and a team player, he is very likeable and loveable by all other students, teachers and parents. Everybody knows him and calls him with his small name or nickname.

That doesn’t mean that he is submissive, coward or not a fighter. If someone provokes him he will react and be very intense, even if the other kid is stronger. He won’t be the one to start a fight but he will certainly not retreat if he is right. He won’t be the tough guy or the wide boy like Medorhinum, nor will he be revengeful. On the contrary he is very forgiving.

5.12 Like a gale when angry

When angry, he is like a gale: irascible, easily turned on, shouts and expresses his anger intensely and then easily off! His anger lasts minutes
and then his motto is “Pals again!” He forgets everything done to him and holds nothing back to others that have made him angry or even hurt him. He is very forgiving and good hearted. Medorhinum is also like a gale when angry. But he is tougher, rougher, more violent and more selfish. He easily gets angry, is easily off but may not forgive you. He may become indifferent towards you or even erase you because he considers you a “jerk”.

Platina, when angry or insulted may also erase you but it’s a snobbish erasure. She looks down on you, considers you an unworthy creature, a worm, and she believes that you are not any more worth her attention. She may say to you: “How dare you behave to me like that!” You see, no baboon or worm has the right to behave like that to a goddess/Queen!

Phosphor, as said, is very forgiving; he erases the incident and not the man. He may even regret for his anger even if he was right. He will say to himself: “I shouldn’t have yelled to him like that even if I was right”. He is so good hearted! That’s why he is the easy victim of syphilitic people. They make him feel bad for his behavior, even if it’s a justified one so as to manipulate him and take advantage of his good intentions.

5.13 Pure, innocent, idealist and fighter

What makes him angry? Being very altruistic, caring and compassionate he gets angry from any kind of injustice. Not only if it is directed towards him or his close ones but also if it’s addressed towards strangers. He may become even angrier in such cases. He will stand up for the weak, the poor, the animals and any person that is attacked. And he will react no matter what. Even if he is in danger of being beaten, even if there will be negative consequences. He just can’t help it! He is so emotional and good hearted and so sycotic to rethink of it.
He is a true idealist and being very expressive will react intensely if other people around him are insulted. That’s the reason why he can be that very good idealistic trade unionist fighting strongly for the rights of his co-workers. He will do anything in his powers to promote their common interests. Phosphor tendency is to say “we” and not “I”. He will care about his family, friends, neighbors, society and the whole world.

His idealistic behavior does not originate from his mind as in Lycopodium or Sulphur; it comes from his heart! The little kid Phosphor will ask his daddy with that thoughtful look on his face and with that sensitiveness in his heart: “Dad, why are there beggars?” What he really means is “Why should there be beggars? How on earth, do we, humans, allow such a thing to happen?” It’s a spontaneous, straightforward, innocent declaration. It’s not a declaration that has to do with his image towards others - i.e. adopting the role of the “good kid” as a child and the image of the “cultured” as an adult - as in Lycopodium. And certainly, it’s not done so as to manipulate others as in syphilitic Lachesis.

5.14 Sensitive and compassionate

Phosphor is the pure, innocent, honest altruist that really cares and is truly compassionate, psorically compassionate; psoric as to intentions, principles and ideas and sycotic as to expression. He will see a beggar for the first time in his life and he will ask his mother: “Mum, why is that man like that?” “He doesn’t have any money, he is poor” “Then we must give him some!” He immediately takes his allowance out of his pocket and rushes to the beggar to give it to him.

You see, he truly cares. It’s not that typical reaction resulting from the teachings of most mums to their little ones, nowadays “We ought to be compassionate and care about other people”.

For example, a boy Medorhinum, may occasionally as a kid tell his mother to give money to a poor beggar because he wants to gain a “bravo” for being a good kid as his mother told him to be. But this is a secondary behavior based on motive. But as an adult he may tell the beggar: “Go get yourself a job, you lazy stray dog and stop being a fraud.”

Phosphor, on the contrary, is primarily compassionate and not secondarily due to culture. It’s an idiosyncratic tendency. He will rush to help his close ones, his neighbors and even strangers. That’s why he is so likeable, loveable and popular at school and at his neighborhood as a kid. He will care about all others.

If a violent naughty kid harasses another he will definitely stand up for the victim even if the culprit angrily says to him: “Mind your own business!” Although he avoids fights he may even beat the offending kid in order to save the kid in need. He may even be beaten by a stronger kid in order to help others. He’s got the courage and the big heart to do it.

5.15 The perfect victim of syphilitic people!

This attitude of his makes him quite popular and also quite the perfect victim of syphilitic people! He is gullible, of good intentions and altruistic… well he is so screwed! (laughing) He is asking for trouble! A Valeriana or Lachesis woman will pick him up and do whatever she likes: “Sit, Tom! Stand up, Tom! Shut up, Tom! Good dog!” (laughing)

If his mother is a Lachesis woman then he will make his life hard. I’ve seen a thousand times, that poor adult “good son” satisfying all the whims of his old mum, taking her here and there, to this and that doctor because she is “suffering so much” although there’s nothing really wrong with her. She complains all the time that she is sick, that she is tired, that she is depressed only to draw attention and to have things done her way. She
adopts that role, that secondary behavior of the “poor old suffering lady”, the one who was the victim of her alcoholic, “good for nothing” husband.

So, she manipulates that good kid of hers and exploits him as if he were her butler. She also manipulates him as her soldier against the “brutal enemy”, that is, against her husband. Her son may be 45 years old, married with children, obligations, demanding job and problems of his own, yet, despite all that, she manages to have him run here and there to satisfy her “needs”.

On top of that, he is so innocent that he doesn’t realize or doesn’t want to believe that his mother is exploiting him. Being sycotic, he does feel indignation a lot of times and expresses his anger. Even when he realizes what happens he may say: “What can I do? She is my mother after all! She has sacrificed her whole life for me. I know that she is overacting but she does it out of “pathological” love for me… she doesn’t want it… she’s being through hell in her life!” The problem is that he believes all these “bullshit” that his syphilitic mother tells him.

5.16 A great, sensitive, open, yet gullible heart

Phosphor is a man of duty. Not like Nux Vomica who is a person that believes that it’s her duty to believe in duty! Her attitude has to do with her mind because she is very typical, very rational, very fond of order and organization, a great fan of rules and laws. It has nothing to do with emotion, with sentiment, with qualities of the heart. Phosphor is dutiful because of his great heart, an emotional dutiful person.

For example, Lycopodium may help a beggar – not often – but he doesn’t do it from his heart; he isn’t compassionate or if he declares to be or seems to be, it’s a matter of beliefs and ideology and not a matter of emotion. At other times, being very mistrustful he may say: “Most of beggars are crooks or lazy people. My opinion is that we shouldn’t help
them because by helping them we contribute to the continuation of this parasitic phenomenon…” And he goes on giving you a sophisticated lecture about this theme that he has elaborated into his complex mind. It’s as if he represents a political party and what he says to you is the official policy of his political party!

On the contrary, Phosphor may even see many things indicating that the beggar is probably a crook, but even then he will say: “What the heck! Never mind! I will help him!” His motto is “cast your bread upon the water”. Note that he hasn’t adopted it after logical procedure as his official ideology. It’s not a matter of mind; it’s again a matter of heart. He has that imbalanced, idiosyncratic tendency to help others, to empathize with others, no matter what. It’s a tendency that lacks moderation and differentiation. That’s why he is the perfect victim of beggars and crooks.

You ask Phosphor if he is gullible and if he has been fooled many times in his life he tells you with that sparkling look: “Oh doctor! This is the story of my life! So many times I’ve sworn to change but in the end nothing changes! I try to be mean but it doesn’t work!”

At times you may ask a Phosphor: “Are you gullible or mistrustful?” and he may answer that he is mistrustful, but what he really means is that he was primarily gullible but being fooled a lot of times he now tries to be mistrustful although it’s not an easy thing for him to do.

5.17 Not a single idiosyncratic tendency/behavior is a result of free choice

We have to be clear in Homeopathy. His altruism is not a result of free choice! Not a single idiosyncratic tendency/behavior is a result of free choice no matter how strong and characteristic! It’s a matter of passion; it’s an imbalance; an almost compulsive behavior; an automatic behavior. It doesn’t matter if the patient/person projects several good excuses to
sugarcoat his imbalanced tendency. It doesn’t matter if he masks it with arguments, principles, beliefs or ideology. All these are but the mental mask of an existing primary passion.

It’s like the alcoholic or drug addict who finds a thousand excuses to justify his passion. It’s like the idealist communist of the western countries that projected a thousand excuses to justify what was happening in the communistic countries of the Soviet Union. Or the idealist democrat fan of the American Democracy and the Free World that sees only the good things and finds a thousand excuses for all bad things that happen in USA.

You see, human mind, has that great capacity to fool itself! It’s so smart in finding excuses and so stupid in fooling not only others but also itself. Well, that’s the nature of human mind, i.e. that’s the nature of Intellectual Psyche, while Conscience Psyche is interested only in truth!

5.18 Projected image/secondary behavior is one thing and primary behavior is another

It’s of outmost importance in Homeopathic Diagnosis not to confuse the projected image/secondary behavior of a person with his primary behavior, that is, his intentions, weaknesses, passions, will, etc, that lie beneath the first one. The psoric altruism of Phosphor isn’t a result of free choice and free will; it’s rather a passion, a compulsive behavior without any moderation and differentiation. It’s an attachment. That’s why it drives him towards victimization and suffering. Anything that makes us sick and unhappy involves an unnatural and wrong behavior; it involves violation of Universal Laws.

The differentiation between secondary and primary behavior is essential especially when we have to do with syphilitic individuals. Moreover, we
have to take in consideration that nowadays, syphilitic people are the majority.

It’s a fact that many of the “Greek Mothers” that adopt the secondary behavior of “the good, sensitive mother that has a “pathological” love for her children”, are in reality syphilitic Lachesis individuals that manipulate their children and husband with the sole aim of dominance. Their image towards others isn’t but a mask, a suitable social mask. Such individuals may admit that they are “overprotective” in order to hide the fact that they are domineering. They may say that they have “a pathological love” for their children only to hide their repressive behavior. They pretend to be very sensitive only to hide their cold, carefully designed behavior.

Such secondary behaviors that are but hypocritical masks are quite often nowadays. Let me give you some examples of secondary behaviors that could hide negative primary behaviors beneath a mask: “holly priest”, “charitable rich woman”, “the principal with the strict morality”, “patriot politician”, “poor sensitive guy”, “cultured and civilized man”, etc. That doesn’t mean of course that beneath any of these secondary behaviors there’s always a syphilitic person.

Many times even psoric people tend to adopt social masks/images in order to cover their weaknesses, cowardice or psoric egoism. While a syphilitic person is fully aware of his masking action when it comes to a psoric person things aren’t so clear. It’s a semi-conscious masking. At times even if you try to explain to a psoric person that what he projects is but a mask it won’t be easy for him to accept it. A psoric person tends to believe that he is sincere to others and to himself and up to a point he is right. But many times he sugarcoats his weaknesses and egoism in order not to see them because he wants and needs to believe that he is “good” and “honest”.
For example it’s very difficult for a Phosphor person to realize that what he calls “altruism” is but a compulsive behavior and not his “good” self. It’s also very difficult for a Lycopodium subject to admit that his cultured polite behavior hides cowardice beneath it. It’s also quite hard for Pulsatilla to realize that her “sensitivity” and “romantic tendency” are but imbalances and not positive qualities of her personality.

Sycotic individuals may adopt secondary behaviors/images that suit their tendency for fun and enjoyment of life; they project the image of the strong, vivid person, the image of the tough guy. It’s a rather spontaneous act not involving much awareness. Moreover, they are individuals that aren’t intellectual, tend to be superficial and don’t care much about explanations, theories and analysis.

Syphilitic individuals tend to adopt secondary behaviors/images deliberately in order to achieve dominance and exploitation of others around them and they are very capable and effective. They tend to adopt positive social images that most of the times are opposite to their real tendencies and character.

For example, I am bad, yet I pretend to be very good. I am a liar but I pretend to be very sincere, etc. They know what they are doing, they are aware of what they are doing and that’s why I say that they “pretend to be”. But if you do the mistake to tell them that you know what they are doing then they feel exposed and get angry and they want to stop you at any cost.

So, I must repeat that this psoric “altruism” of Phosphor is an idiosyncratic characteristic and not a product of free will, not a spiritual achievement of his. Yet, we mustn’t forget that phosphoric and psoric intentions and characteristics are clearly closer to natural and moral qualities than syphilitic intentions.
We must also realize that we tend to develop this and that miasmatic and idiosyncratic picture according to our actions in this and previous lives and according to our present intentions. It’s true that we are all influenced by miasmas and idiosyncrasies during our lifetime. It’s also true that miasmas and idiosyncrasies are all imbalances.

We are all being boiled in the same cauldron in earthy hell, but still some of us are in the bottom of the cauldron and some on the surface of the boiling fluid. Only few, the ones that are “evaporated” get out of this boiling cauldron which is called Earthy level. These are the “saints” that are “enlightened” and manage to overcome miasmas and idiosyncrasies, the “demons” that we all carry within our body and Intellectual Psyche.

Bear always in mind that whenever we talk about idiosyncratic characteristics we always refer to an imbalance, to a negative trait. So, the psoric altruism of Phosphor is an imbalance. What really proves my allegations is the fact that this psoric altruism drives him to victimization!

A Phosphor individual tends to be the perfect business partner victim. He may have contributed much more than his partner in money and effort to set up a business, he may be doing all the work and in the end his partner finds a way to take full control of the already successful enterprise. He is also the perfect husband victim! She will have him rushing for all things all day long and in the end may cheat on him, divorce him, take control of the kids and of all their belongings and even after the divorce she will continue to exploit him “for the sake of their children”. After all he has suffered, he may even forgive her!

- Are there women Phosphors?

- Yes, there are but not so frequently. She has the same qualities but usually she is a little less expressive.
5.19 Extremely dutiful

He is also extremely dutiful. Even if he hasn’t got a boss watching him all the time, yet, he will try to do things perfectly even if most of his colleagues do almost nothing. Sometimes, finding several excuses, they will even manage to pass to him part of their job.

If he is a self-employed person he will try to catch up with deadlines. If he is a technician, a plumber or an electrician he will try to do all things as they should be and won’t ask for much money. In fact he finds it very difficult to ask for the money they owe him for a job he did and many times he even loses money due to this attitude. Being like that he has much stress at work.

Being very psoric morally, he won’t become a crook of any sort. He will try to be ok with everybody and typical to his obligations. That doesn’t mean of course, that he won’t cheat the tax office. He isn’t rigid like Nux Vomica who wants to be extremely typical and as she should be but in a neurotic way. He isn’t typical out of fear like Lycopodium. Living in a capitalistic system he will adjust up to a point. He will ask for more money in order to make a profit so as to cover his needs or he may bribe state employees in order to get a contract. But he won’t be the ruthless businessman.

He is the great victim lender. He will easily lend money to others, even not close ones, out of compassion and difficulty to say “No”. His wife will tell him: “What’s the matter with you! We don’t have money for our family and you’ve lent money to others?” So many times he has lent money and has lost it. Even then, he may say “Never mind! May God forgive him! He may have been really in great need!” You see, even when in rough times he is very optimistic.
5.20 Clever and vivid

Phosphor is a very easy going person. His mother will tell you: “He is a very vivid, restless kid all the time, yet, he is a very good boy, a very easy going child that does not wear me off”. He is, as a rule, a conscientious student.

Nevertheless, at the first years of the primary school he may not be what we usually call a good student because he is not yet mature enough for lessons and classrooms. His mind and heart are still engaged to games, playing, toys, nature and playgrounds. It's not easy for him to be restrained inside a classroom, sitting still on a desk and watching his teacher for so long without moving and playing. Not to say that our educational system is so boring and repressive!

He is a smart boy with quick thinking. Lycopodium is also a smart boy because he is very intellectual and able for complex connections; yet his thinking isn’t quick. He is more the systematic thinking guy. Sulphur is also smart and intellectual but he is interested in specific fields like mathematics, inventions, computers, mysterious things, etc. All other things bore him to death and he may become a “bad” student just because he is lazy and easily bored.

Phosphor, as said, is usually conscientious. He wants to do all his homework in order to please his teacher, especially if he likes him. He loves his parents, brothers, relatives, his teacher, the priest, the neighbors, all people. He is the “good friendly boy”! But that doesn’t mean that he isn’t vivid, restless and sometimes may be considered even “naughty” especially by demanding mothers. He is so restless, so vivid and so full of energy, joy and playful mood.

Summarizing, in phase A and especially in the case of a kid, the general characteristics of Phosphor are: vivid, restless, full of energy, quick,
active, easy going, with good intentions, altruist, gullible, dutiful, compassionate, social, giving.

5.21 A special interest for health matters at phase A

Let’s now talk about some of his general physical characteristics. Most of the times he is cold but at grade 1 or 2; he may even be hot grade 1, yet, heat and cold aren’t any important characteristics of him. Being very sycotic, he may sleep the way Medorhinum does, i.e. on his belly. But what’s very characteristic of Phosphor is that he avoids sleeping on his left side, so as not to press his heart.

He has heard that pressing your heart isn’t healthy, so at phase A, even if he hasn’t got all those neurovegetative symptoms and that great fear about his health, still, preventively, he avoids sleeping on his left side. At times he will tell you that whenever he sleeps on his left side he cannot help hearing his heart’s beat.

Phosphor kids are often very cooperative with the doctor. Moreover, if his mum says to him “That snack isn’t good for your health and it will make you sick”, although he craves it, he may try to avoid eating it. He may say to his mother: “I’ve got an aching belly/cough/fever. We should go to the doctor!” You see he is a bit worried about diseases even at phase A.

You take him to the doctor, he sits and listens to what the doctor says and he will follow his orders. He is a very cooperative child with parents, teachers and doctors. He may also say to his mother: “Mum, it is three o’clock! Time to give me my medicine, as the doctor said!” or “Mum, my heart is ticking very loudly. Is something wrong with me?”
At times, if he doesn’t want to go to that boring school or mean teacher he may say that he has an aching belly or say that he is sick. It’s not a hysterical or syphilitic pretention. It has that childish quality. It’s so clear that it isn’t so, the minute he tells you, but still, he is so charming and likeable and childish that the only thing you could do is to smile, say “OK” and pretend that you believe him. This is what we typically call “an innocent lie”, that is, a lie with innocent intention.

5.22 Tendency for ice-cold water

He so much craves ice-cold water. Even in winter he drinks water only from the fridge. That’s what “desire for cold water grade 3” is! Phosphor kids “steal” ice-cubes from the fridge to lick them inside their mouth until they have completely melted, even if their mums forbid it. He doesn’t show off about it or he doesn’t do it out of reaction to his strict mother. He just loves ice cold things and that’s why he also loves ice-creams even in winter time.

Don’t confuse the desire for cold things with the desire for ice-creams because of their sweetness. Some patients when asked if they like ice-cold water they say “No” meaning that they crave it but still they avoid it due to doctor’s orders because they catch colds easily or have a sensitive throat. In highlands, the tap water is very cold and a Phosphor individual needs not water from the fridge. Yet, he will let the tap open for a while so as to let ice-cold water from outdoors to run to his glass.

Only ice-cold water quenches his thirst and pleases him. Many patients say that they crave cold water from the fridge in summer time but this isn’t “desire cold water grade 3”, as in Phosphor.

5.23 Phase B: Neurovegetative symptoms

Now let’s examine an adult Phosphor at phase B, the Neurovegetative Phase. There will be two versions. The patient that was Phosphor during
phase A and now progressed to phase B and the person who was a Medorhinum idiosyncrasy at phase A and now changed to Phosphor at phase B.

A Medorhinum sycotic individual feels like “solid rock” and is usually a “solid rock” organism. He is unhealthy habits-resistant and stress-resistant. He has a great tendency for excesses of any kind: tobacco, alcohol, narcotics, unhealthy food, spices, sleeping late, sex, overwork, etc. Yet, after too much physical and psychological stress for too long and at times after a great stressful event he collapses and starts having all those neurovegetative symptoms and fears about his health.

He is so astonished and feels so not himself: “I don’t understand what’s happening to me. It’s as if I am a different person. I never was afraid of anything and certainly not afraid of diseases. I never used to rush to doctors; in fact, I was very negligent about my health. But now I make fool of myself going to so many doctors and being so much afraid about my health. I just can’t get it!”

The first version of Phosphor progressing from phase A to phase B has the same neurovegetative symptoms and fears about his health at this phase B but on top of that he also has all those phosphoric characteristics that we’ve described. Moreover, he was already worrying about his health even in phase A. That is, he always took care of his health, did check up, was interested in hearing about health matters, etc. He was and still is that sensitive, altruist, social person with psoric ideas and intentions and sycotic expression.

Moreover, the reasons for his collapse are quite different than those of Medorhinum. He used to be very industrious, dutiful, very giving and compassionate, the victim of many syphilitic people and then after some final stressful event he collapsed. His collapse was not a result of
unhealthy life and excesses in fun, food and sex like in the case of Medorhinum.

5.24 The vicious circle of Neurovegetative Symptoms

Let me give you the neurovegetative picture of Phosphor. He rushes to my office like a torrent. “Doctor, I have this and that and that! What can you do for me? Please, help me! I went to this and that doctor but I still have the same symptoms. Mrs. X told me that you’ve cured her and I came right away to you. Please, do help me!”

Well, you see, being very gullible and sycotic and because he can’t tolerate his symptoms, he goes from doctor to doctor and asks for urgent appointment. He goes to the doctor in good faith, showing trust and full of hopes. If the doctor pays attention to him, deals with him thoroughly, comforts him and gives him hope then he is the best doctor ever and if he is cured then he is grateful and in debt for life. It’s a sincere gratitude.

You ask him: “How did your symptoms start? Did you experience any severe stress before that?” Then he usually tells you that he was stressed for a long time and then happened that unexpected incident. A friend of him or a neighbor or a colleague had a heart attack and died. The moment he heard of it or after some days or weeks he felt that awkward heartache, that oppression to his chest, that palpitation or that sudden dizziness.

He is so shocked! He says to himself: “Jesus Christ! What’s this? Am I having a heart attack too?” From that time on his Odyssey begins; and not only his but also the Odyssey of his close ones and of his doctors.

5.25 Tests, doctors, again tests and more doctors!

He rushes to the nearest doctor or to the emergencies of the nearest hospital. He is examined and many tests are carried out, even more than
needed due to his persistent request. Finally the doctor reaches a diagnosis: “My dear, you’ve got nothing! All your organs are functioning well, in fact, quite well! You are a healthy person!”

“But, but… how’s that possible! I have all these terrible symptoms, I feel as if dying and you tell me that I have nothing at all? Please, doctor, do some more tests. I’ve heard that sometimes cardiograms aren’t so reliable. Why don’t you do an ultrasound or a CT scan to me? I will pay for any test needed!” The doctor hasn’t got any other choice but to proceed to a complete and extensive search although he believes that it’s not necessary. Nevertheless, he agrees most of the times in order to help his patient relax.

Finally, he calls his patient back to his office: “My dear, John – you see, after so many tests and because Phosphor is a likeable person they became friends – you’ve got nothing pathological. The only thing you have is stress. Try to forget your symptoms and calm down” “You really mean that there’s nothing wrong with me? Ok! Thank God! It’s true that I was too stressed during last months. Well, if you say so, I believe you. I’ll try to forget it. I will be Ok, won’t I doctor?”

You see, Phosphor wants reassurance and consolation. “Don’t worry”, says the doctor, “you’re going to be fine. Take your medicines and you’re going to be fine!” He goes home relieved. He follows the treatment with sedatives or antidepressants and he is full of hopes.

But then, just after leaving the doctor’s office or some hours or days later he has again those awful symptoms. “Oh my God!” he says! “Not again!” He immediately phones to his doctor. “Excuse me, doctor, for bothering you again but I have the same symptoms. This time I also had a pain on my back and…” “Don’t worry! You’ll have to be patient. You may have these symptoms for some days or weeks until you get well but don’t
worry” “Well, Ok, doctor, if you say so… I’ll wait. Sorry again for troubling you. When shall I call you again?”

He tries hard to be patient because he doesn’t want to become a burden to the doctor since he was so nice to him… but then his symptoms keep coming back and often they keep changing form. So, he keeps calling again and again to his doctor in order to relieve his fears about his health. He also keeps pushing for new tests and frequent consultations.

Well, all the above make Phosphor the perfect victim of doctors that care only about money. They take advantage of his fears and of his gullible personality and keep earning money from his suffering; most of the times he is driven to a lot of unnecessary tests and consultations.

5.26 Likeable and grateful

Although he is a nuisance to the doctor, nevertheless, he is usually likeable and loveable because he is very friendly, open hearted and grateful like an innocent good kid. You do one good thing to him and he will do ten good things to you. He will be grateful for life and he will recommend to his doctor as many patients as he can if he gets well. But even if he hasn’t seen any results he will still appreciate your concern if you have taken a good care of him. He may even tell you: “Never mind doctor, don’t get upset that you didn’t help me as much as you wanted to… I appreciate your concern”.

He is truly grateful and out of gratitude to you and compassion to other suffering people if you cure him he will recommend a lot of patients to you. He may even accompany them to your office reassuring them in front of you that you are going to help them.
Lachesis is also a patient that if cured will recommend a lot of people to the doctor. But, she will do it for another reason too. She wants you to feel in debt to her so as to take good care of her and even charge her less. She won’t miss the opportunity to remind to you how many patients she has recommended to you: “Well doctor, I’ve sent you one more patient last week… up to now I’ve sent you half my town!” Can you see the difference between the psoric and the syphilitic miasma?

5.27 Thirsty for consolation and support

If the doctor expresses indignation from Phosphor’s insecurity and does the usual mistake to say to him “For God’s sake! I told you a hundred times that you have nothing… it’s all in your mind, you are a hypochondriac!” then he is deeply hurt and insulted. “What do you mean by that doctor? Do you mean to say that I lie, that I pretend? I do feel all these symptoms and they keep coming up again and again! I am not lying!” You see, he has been sincere, honest and hard working all his life. How can anyone say that he is lying or that he pretends to be sick?

He is so disappointed! He will consult another doctor and if he doesn’t believe him then he will go to another one and another one. And he will do one cardiogram after another! He says to himself: “Maybe at the time we did the previous ones it wasn’t the right time and perhaps this last one will show something and then I will know what the matter with me is and everyone around me will finally believe me that I am not pretending!” You see, it’s a vicious circle! He feels the symptoms, they make him anxious, anxiety causes more symptoms, his symptoms in turn cause more anxiety and so on.

If his loving wife is fed up with his symptoms she may say to him: “Enough is enough! I am fed up with your symptoms! We’ve seen a thousand doctors and they all tell you that you have nothing and that you have to get it out of your mind! Why don’t you forget it for God’s sake? I don’t want to hear one more word about it!” Then he is so disappointed, so hurt! There isn’t anything more terrible for him than to have symptoms
and not to be able to talk about it and receive a word of consolation not even from his close ones!

When his symptoms are intense he is in despair. He wants to talk to others about his condition all the time. Not only to his close ones but to anyone around him that is a bit friendly even if he is a stranger. Very often he will surf the net for hours trying desperately to find answers as to what is he suffering from and to seek for cure.

He will even try to do anything from his part in order to get over his symptoms like for example healthy diet, vitamins, herbs, yoga, analysis, etc. Being in despair he will try anything and that’s one of the reasons why he is the best client of alternative therapeutic methods.

Phosphor is very upset by injustice, lies, exploitation of the weak, antisocial behavior, indifference and selfish behavior. Being intensely sycotic as to expression, he bursts his anger and reacts immediately. He is like a gale: easily gets angry, bursts intensely, easily off. While angry, he may hit his hand on the table or slam the door behind him just like a Medorhinum. But then, in a couple of minutes he is easily off as if nothing had happened. He will say “Pals, again!” He even feels sorry for his outburst even if he was right and may sincerely apologize.

5.28 Fond of Sports and Nature

He likes the sea very much almost like Medorhinum; and not only the sea but Nature in general. He may become a hunter not so much for the sake of hunting – he even feels sorry for killing animals – but for the sake of coming in contact with Nature, for the sake of physical exercise and for the sake of company.
He likes sports a lot and he exercises systematically. He prefers team sports like tennis, basketball and football because he is the social guy and enjoys company a lot. He may be 45 years old, married and with two children, nevertheless, every Sunday morning he will wake up early and go to play football with his pals. He is also that typical pure fan of the football or basketball team for the love of the sport and for the spirit emulation.

5.29 Extremely extrovert and social

Being very sycotic as to expression he is extremely extrovert and social; extrovert grade 2 or 3. He wants to talk about his personal problems in many people and he enjoys it; he enjoys human communication. Being very innocent and judging from himself, he won’t take in consideration that other people may gossip about him or use his confessions to hurt him.

Well, that’s one of his great idiosyncratic weaknesses: he believes that others are as innocent as he is, he judges from himself and thus he is the easy victim of exploiters.

He so much enjoys consolation and support. Pulsatilla also wants consolation; she wants consolation grade 3; she is a complainer but a likeable one; she is thirsty of attention, consolation and talk; she is easily moved by human contact and easily weeping. This is her primary behavior; it’s not a secondary behavior like in the case of syphilitic Lachesis who pretends to be sensitive in order to manipulate and exploit others.

Pulsatilla is a genuinely sensitive, a truly sensitive person while Lachesis pretends to be sensitive. She is the good and sensitive Little Red Riding Hood of the fairy tale! Phosphor is almost as sensitive as Pulsatilla but he will be a likeable complainer only at phase B and mostly as his
neurovegetative symptoms are concerned. Pulsatilla on the other hand, does not develop neurovegetative symptoms and fear about her health so easily and characteristically. Pulsatilla is predominantly a female idiosyncrasy while Phosphor is mostly a male idiosyncrasy.

Phosphor is the typical social and good hearted fellow that enjoys company a lot and who is the heart and soul of the party. He is fan of good wine, food, fun and getting together with other people. He is so giving and so pleasant in a company. Most of the times, he is a very good joker and certainly not the rough one like Sulphur or the vulgar one like Medorhinum. He is the easy going individual, the one that brings people together; positive, friendly and team player. He is the entertainer of the company. He isn’t so in order to show off; he is a natural at it.

5.30 Mostly afraid of symptoms per se and not so much afraid of disease or death

As said, he is afraid about his health; he is afraid of diseases. But not so much that he is afraid of death. Arsenicum is very much afraid of death per se, because he is so egoistic and self-centered that death is for him the loss of existence, the loss of himself. Phosphor, on the other hand, isn’t so much afraid of death or of the disease; he is mostly afraid of his symptoms; he feels very bad whenever he has them.

It’s true that when he feels those “terrible” symptoms that he is afraid that he is having a heart attack or a stroke but still it’s not a clear fear of death as in Arsenicum or Aconitum. These are very fine differences but also very important. So, he feels awful during symptoms and when they are off he is so worried that they may come back. These symptoms spoil his whole life. Some Phosphor patients have said to me: “Oh doctor, I wish I had a gastric ulcer or even a more severe physical disease than what I have; it spoils my whole life; I’ve stopped enjoying my life!”
When it comes to diseases, Phosphor is afraid of something acute like a heart attack or a stroke and not so much of a chronic disease like cancer. Calcarea Carbonica and Arsenicum are mostly afraid of cancer and death.

He is so compassionate and so easy to empathize with other people, even strangers; especially if they are sick. Nevertheless, it’s not only a matter of compassion; it’s also a matter of fear that he may have the same thing, he, himself. That’s how the vicious circle of neurovegetative symptoms begins.

He hears about that symptoms and in minutes or hours or days he starts feeling the same thing or something similar to it. He goes for tests and finds out that one certain test result is a bit off normal range. He says to himself and others: “Oh my God! My glucose is 120! Am I diabetic? I must start healthy diet right away! I must consult a doctor and take medicines! I knew it, that something was wrong with me! My father also had diabetes after his 80’s!”

5.31 Differential Diagnosis from other neurovegetative idiosyncrasies

Argentum Nitricum too, may suffer from neurovegetative symptoms and fear about his health, although not so often and not so intensely as Phosphor. But in his case it’s not a fear about health per se. It’s clearly a compulsive state that involves the field of health among other fields. So, in order to do differential diagnosis we have to see if he has compulsions and fixed ideas in all other fields of his life.

We must always take in consideration the patient and the person as a whole and never focus on partial symptoms no matter how intense and characteristic they are. The whole is always more “characteristic” than the part because it refers to the “character”, the personality, the idiosyncrasy of the individual. We must also take in consideration the miasmatic identity of the person.
For example, Arsenicum too, may develop neurovegetative symptoms and is most of the times even more worried about his health than Phosphor. But there are distinct differences both at the part and the whole. Arsenicum is terrified in the possibility of an approaching death either due to aging or due to disease; he is afraid of the loss of his existence because he is an egoistic and syphilitic person.

He may even not admit that he is afraid of death. You have to dig it out indirectly. For example, although he says that he isn’t afraid of death, yet he has gone to a lot of doctors and done too many tests. On top of that he demanded an urgent appointment. See how important non-verbal data are? Sometimes you ask him and he tells you “No” but his wife sitting next to him in the office makes signs to you shaking her head showing that he is afraid of death. Nevertheless, most of the times he says that he is afraid.

But, be careful! The most important data for differential diagnosis are not the partial symptoms but the man himself. Phosphor is a very likeable and loveable person despite his intense worrying about his health and the frequent phone calls for help. On the contrary, Arsenicum is a repulsive person, most of the times, due to his egoism, misery and arrogance. He may come to you frightened and asking for help and despite that he is mistrustful, critical, domineering and demanding.

He thinks that he knows all things; he will express his stubborn opinion even in the medical field. He will tell you in that depreciating manner: “I’ve consulted that famous professor who is top on his field and he told me this and that. What’s your opinion about it and on what ground do you base it?” He demands from you to spend time with him and pay full attention to his case. He may even promise you more money if you deal with him exclusively although he is a very mean person when it comes to money. He treats other people around him, doctors, wife, kids and
employees as if they were his servants. That doesn’t mean that he is rude or that he isn’t typically polite.

When Phosphor has those troubling neurovegetative symptoms he is afraid of being alone. He wants company so as to talk about pleasant things in order to forget his symptoms. He wants human presence, human contact, support and consolation. Arsenicum also is afraid of being alone but in a very different way.

He wants someone by his side, for example his wife, in order to serve him during his symptoms and to take him to the hospital if needed. He will say to his wife or nurse: “Bring me a cup of tea and don’t be late! Where are my medicines? What have you done with it? Bring it here next to me and lay them in an order. I feel cold, what the hell got into you and you’ve opened the window… do you want to kill me!” He doesn’t want to talk; it’s better if you don’t bother him at all. Just stay close or in the next room in case he needs you. And above all, do what he orders you, quickly and without any objections.

Isn’t that an egoistic and syphilitic behavior? Does it have anything to do with the friendly, warm behavior of psoric-sycotic Phosphor? I don’t think so! Argentum Nitricum is not as egoistic and repulsive as Arsenicum yet it’s not as likeable as Phosphor. He tends to be absorbed to his fixed ideas; he isn’t very sociable and friendly; he may be very loquacious and quite often radiates a certain kind of misery. So, in the spectrum of likeableness from top to bottom we have Pulsatilla, Phosphor, Argentum Nitricum and finally Arsenicum.

Pulsatilla may at times develop neurovegetative symptoms but not so often and a lot milder. For the purpose of differential diagnosis we have to take in consideration her whole idiosyncrasy. She is usually mild, very sensitive, weeping, talkative, friendly, romantic and very extrovert. Kali Arsenicosum, Causticum and Mancinella may at times develop
neurovegetative symptoms and fear about health. Again we differentiate according to their whole idiosyncrasy.

Hysterical idiosyncrasies like Lilium Tigrinum, Asafoetida, Cimicifuga, Moschus, Cyclamen and Cactus may also develop neurovegetative symptoms among other symptoms. But they will also have plenty of hysterical symptoms and a hysterical personality. Lycopodium and Sulphur may also at times develop neurovegetative symptoms and fear about health but milder ones and less frequently.

From my experience whenever you come across neurovegetative symptoms first you have to think of Phosphor, Argentum Nitricum and Arsenicum and in that order.

5.32 Phase C: withdrawal
Phosphor at phase B when experiencing intense symptoms may not want to travel in distant or remote places for fear that if something happens to him he will be far away from doctors and hospitals. Arsenicum also has that for the same reason.

At Phase C, that is, after troubled for long from his symptoms and after losing any hope for cure, things change not only as to his symptoms but also as to his general condition and character. He becomes more introvert and less social. He stays at home and doesn’t want to talk much even with his close ones. Despair and withdrawal have set in. But if you examine what preceded this phase you will clearly identify Phosphor.

5.33 The sensitive, hot lover!
Phosphor is usually cold but not as cold as Arsenicum. He is often thirsty and always craves ice-cold water even from the fridge. Cold water even improves his stomach ailments but only temporarily. As soon as it’s
warmed up inside the stomach he asks for cold water again. He also has hemorrhagic predisposition. Many Phosphor kids frequently suffer from nosebleed for no apparent reason.

Being very sycotic physically and as expression is concerned, he is very “hot” sexually in the sense that he has frequent and strong desire for sex and in the sense that he is very good in the act and takes much joy in it. But he is not like Medorhinum who wants sex for the sake of sex or for the sake of confirming his manly abilities or showing off about it. Medorhinum is quite superficial and not emotional in his affairs.

On the contrary Phosphor is very sentimental and sensitive when it comes to affairs and sex. He definitely wants sex but with a lot of emotion and love. That’s the reason why he so easily has a crash on women and falls in love deeply and intensely. Nevertheless, that’s one more field in which he is easily victimized by syphilitic people!
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I practice Homeopathic Medicine as a private doctor in Athens the last 28 years, being a member of the Athens Medical Association and a member of the Greek Association of Homeopathic Medicine.

I've always enjoyed reading and writing books! Up to now I have written 21 books on Holistic Philosophy, 16 Homeopathic Medical books and 8 Literature books. In my Homeopathic Medical Books one can find a complete course on Homeopathic Medicine and the description of the Method of Miasmatic Idiosyncratic Diagnosis developed by me the last 15 years.

My books either philosophical, novels or medical are the outcome of this theoretical search and also the outcome of many years of medical and personal experience. Their common ground is Holistic Thinking and Holistic Philosophy. My choice to offer all my books for free in my web site homeomed.gr and in other sites for free e-books is in accordance with my holistic beliefs.