ESSENTIAL MATERIA MEDICA

(ESMAME)

CYNTHIA YOUNG

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The first edition of the *Esmame (Essential Materia Medica)* aimed only at a basic knowledge of homeopathy for summary therapy. In revising the book for the present, second, edition, considerable care has been taken to make it much more comprehensive, with a view to a broader and deeper understanding of the materia medica. Nineteen more healants have been added now to the ninety of the first edition. But as *Bacillinum* has been integrated with *Tuberculinum*, the total number comes to one hundred and eight now. The symptomology of each healant has been presented under distinctive heads, as before. Names of healants, not discussed but only referred to incidentally, have not been abbreviated.

For ‘mucus’ the same spelling has been used, whether noun or adjective. Two other terms used need to be explained: 1) ‘healant’ to distinguish homeopathic medicines from others, since homeopathy operates on a different plane altogether and 2) ‘heaty’ to signify the polar opposite of ‘chilly’, on the analogy of ‘meat’ ‘meaty’, ‘grit’ ‘gritty’, ‘fault’ ‘faulty’. While ‘chilly’ conveys the thermal subjectivity quite well, ‘warm’ tends to convey rather the objective physical condition, and ‘hot’ is no better. ‘Heaty’ may serve to indicate more effectively the subjective sensation of heat.

Item no.1 in the text of each materia medica aims at the immediate recognition of the healant and item no.2, elaborates its symptomology. The two items have different objectives, though one may seem rather repetitive of the other.

Needless to say, in seeking to present the essence of the Materia Medica, *Esmame* has drawn on all valuable books on the subject, some of which are listed in the select bibliography at the end.

Cynthia Young
The numbers in the text of the materia medica signify respectively:

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Homeopathy originated and has developed throughout consistently as a critique of, and a protest against, allopathy. It is based on the principle, 'likes are cured by likes' (*similia similibus curantur*) and was pioneered by Dr. Samuel Hahnemann (1755-1843) of Germany. Homeopathic medicines, or potencies as they are called, are pathogenic and therefore they are curative. A patient is sought to be cured by medicines that can cause signs and symptoms similar to his illness. Hahnemann named his system 'homeopathy', *homeo* in Greek meaning similar, in contrast to the prevalent therapy, which he most aptly called 'allopathy', *allo* in Greek meaning 'other', since in treating a disease it employed drugs, which in their effects, were dissimilar or foreign to the disease being treated. If a patient with hyperacidity, for example, went to an allopath he would prescribe antacids, but a homeopath would prescribe medicines that could induce simulated acidity. A physician is a homeopath or an allopath, depending on whether he uses similar or dissimilar drugs. Nevertheless, allopathy has chosen euphemistically to style itself 'modern medicine'. However modern it may be it continues to use only drugs dissimilar to disease and therefore for all its proclaimed modernity it is *no less allopathic today* -- indeed even more. Its much vaunted modernity too is due to the unending imperative to update its array of drugs, which keep on becoming ineffective and obsolete even as diseases develop resistance to drug after drug continually invented. Alternative medicine is under no such constraint and has no need to whore after such dubious modernity. The risks to life and limb the modern allopathic drugs involve, the unsolicited serious side-effects and iatrogenic disorders and disablements they can cause, is a long story. There is also the obsessive allopathic practice of breaking down time-tested traditional drugs and herbs, de-compose their several constituents. And so disrupted, the sundered chemicals are severally prescribed independent of the many other constituents that together constituted the original whole. When the original organic wholesomeness is undisturbed there might be no serious side-effects because of the intrinsic, mutually complementary and balancing factors. Once this micro-environment is mutilated, the isolated constituents are fraught with unwelcome side-effects, quite often serious.

Homeopathy differs radically from allopathy not only in its perception of cure but equally in its perception of illness. It would not be far-fetched to say homeopathy knows no diseases as such *but only patients*. And in treating a patient, once his individual constitution is comprehended, as well as the significant symptoms, the names of the diseases he may be suffering from become so many vacuous labels.

It is a basic postulate of homeopathy that there is an intangible *vital force*, which is the radiating source of life and health in every living organism.
(Allopathy however dismisses the whole doctrine of vitalism as unscientific). Disease is a derangement of the vital force and in seeking to cure a patient homeopathy induces in the patient a simulation of his own illness to pose a sort of ersatz challenge to his vital force on a subtle plane and rouse it out of its therapeutic slumber as it were, to enable it to rearay its defences. It is only when a patient's vital force can't be aroused, his vital force can't gird up its loins, that he becomes incurable. Thus, although it may sound paradoxical, yet really speaking, homeopathy by itself treats no disease and cures no patient but only gives a profound fillip to the patient, i.e., his vital force, to treat his disease and cure it himself. This point needs to be underscored because it is a very distinctive feature of homeopathy, crucial to understanding its essence. It is a fundamental implication of the teaching of its founder, yet seldom explicit in the many expositions of the therapy, old or new.

The similar remedy, by apparently augmenting the illness ad hoc, galvanizes the patient's vital force into action to encounter the causative factors of the illness and eliminate them. The role of the remedy would seem to stop at this ad hoc, galvanizing point. The patient's own vital force takes over then and it treats and cures him. The dissimilar allopathic drug however has no such scope to prod the patient or leave it to his organism to deal with his illness and eradicate it. Allopathy rests on its built-in presumption that the body can't cure itself. It has a wholly materialist view of disease, health, indeed of life itself. With its rude physical perception of disease at the pathologic level it is predisposed mechanically to remove the perceived physical agents of disease. Proceeding thus as it does it is foredoomed to a shallow understanding of the causation of disease because it is heavily shackled to a Procrustean pathological framework. Yet, if pathology is only the end product of disease, often the scavenging end, as alternative therapy contends, the real cause(s) of disease can't be handled or eliminated on the pathologic plane, and in claiming to cure, all that allopathy does is to remove the pathologic signs and symptoms. When however the signs and symptoms recur -- as obviously the causation has been left untouched -- the drugs have to be progressively augmented, inducing habitual drug dependence in the patient.

The pathologic symptoms arise actually when the disease surfaces, i.e. when the body seeks to throw out the disease. When the allopathic, dissimilar drugs force the symptoms to recede and they don't surface again, the disease gets suppressed within the system, only to take myriad other forms later. Dissimilar therapy, its etiology notwithstanding, would look upon them as new diseases, because the pathology seems so different, and deal with them with corresponding dissimilar drugs once again, in the same old style. Even granting for a moment, that disease is no more than its pathology, allopathy should be unexceptionable, were it only to assist the body to cast off the pathology rather than do the job itself. It would then abandon the mechanical approach of how to destroy the disease germs and reorient itself to the organic perspective of how to induce the organism itself to do the job instead. And if pathology is not the cause but only the result of illness, and accordingly pathology is to be ranked
among the signs of disease, all allopathic treatment of all diseases is no more than symptomatic.

Homeopathy, on the contrary, is causational therapy: it presupposes, inter alia, a solid understanding of the causation of illness -- and its causes can be, usually are, multiple, not all of them easily understood. Hahnemann is very particular that to cure is to eliminate the cause(s) of illness -- until then there can be no cure; and pathology is not the cause. Basing itself on mere pathology, swearing by it even, allopathy seeks to treat only the affected anatomic part of the patient, not the patient as a whole -- the whole patient -- as homeopathy does. It deals mechanically with just the localized pathologic signs, ignoring the patient himself who has the pathology. Two patients with the same pathology, but not from the same cause, would need different homeopathic remedies. If two patients had laryngitis because of sudden temperature change, one from warm to cold and the other from cold to warm temperature, the laryngitis may be pathologically 'same' but not the cause, and they would not need the same medicine if they had to be cured. But because of traumatic shock if one had diarrhea and another constipation, yet as the causation is the same, the same homeopathic medicine can be indicated. The causation may be constitutional or external: hereditary, environmental, occupational or circumstantial. The patient must be treated for the cause, not the results it spawns.

Signs and symptoms are the true language of illness and they play a central role in homeopathic diagnosis. Nevertheless, the treatment itself is by no means symptomatic. The signs and symptoms are not themselves treated but only the illness that lurks behind them. Or, to be more precise, the true nature of one's illness and its causation are comprehended through the distinct signs and symptoms and the organism is goaded to throw it out root and branch. When a person falls ill he or she develops various symptoms only as the body's defences seek to confront the disease and eliminate it. The signs and symptoms obviously are not the disease; neither are they simply the expression of the disease but of the ongoing struggle between the body's defences and the disease forces. Fever in influenza for instance is not just due to the 'flu virus but to the body's attempt to prevail over the cause of the 'flu, be it the virus or what you will. Tonsillitis too is very much part of this defensive process even according to the belated, modern recognition of modern medicine.

Once the symptoms of the patient are grasped, as they are in the particular individual, in their totality, the nomenclature of the illness becomes quite irrelevant. Since the remedies prescribed would in their effect be similar to the total symptomology of the patient they won't change with the name of the disease.

A patient may present a bewildering variety of symptoms in diverse parts of his anatomy but it shall not mean that we prescribe one remedy for the head, another for the feet and a third for the midriff. If there is a patient suffering from bronchitis, gastritis and phlebitis, they must be viewed as but three
pathological signs or manifestations of the illness in him, *not as three separate diseases*. The diagnosis must be integral to the patient *as a whole*, who is one -- his illness too is one, if its pathological manifestations happen to be three or thirty. Homeopathy insists on unified, integral, symptomology as against the `miscellanized' pathology of allopathy. What can the physician *discern* about the patient's individual constitution, about his morbid make-up as a whole? Once it is grasped in its *totality*, he has to be treated for the totality of the picture the symptoms point to, not the severalty of disease labels that pathology may seem to indicate. And one single remedy would without doubt suffice to meet the morbid totality *at any given time*. There is no need for polypharmacy in homeopathy. Hahnemann has stressed time and again that a single remedy, the *simillimum* as it is called, can seek to tackle the entire illness of a patient, whatever the pathologic diversities involved. And the fact that a single remedy would do must unambiguously demonstrate the fundamental unity of all the illness in any individual and rule out the anarchic pathologic pluralism of allopathic medicine. In the absence of the totality of symptoms, the common physiologic matrix or constitutional base of a patient's illness is easily missed and a plurality of diseases is anatomically perceived and each such alleged disease is treated independent of others or several drugs are mixed to correspond on the aggregate mechanically to the multiple diseases without any therapeutic correlation among them. Traditional eastern medicine is able to steer clear of all this messy therapeutic tangle thanks to its hoary trans-pathologic *naadi* base, its *tridosha* and *saptadhaatu* perspectives.

If the symptoms have such a prime place in diagnosis, how could such entirely opposite symptoms as constipation and diarrhea call for the same medicine on occasion? No doubt they are diametrically opposite, but the symptoms are never to be viewed in the abstract, in isolation, or mechanically computed. Symptoms have to be truly weighted and evaluated. The patient behind the symptoms must be the real focus of attention and the physician must investigate how the patient has developed the morbid symptoms. This is the study of *causation*, which is really the undercurrent or foundational symptom and as such commands an invariable primacy in the scale of symptoms. Causation is the original or prime symptom, so to speak, and where the causation is the same but the individual symptoms vary with patients, the individual variance can, for the nonce, lose its evaluational weightage against the overarching factor of common causation.

In stumbling upon the principle of *similia similibus curantur*, while he investigated the symptomology of quinine, Hahnemann was only resurrecting what had remained almost dormant in Hippocrates, the father of western medicine. The real discovery of Hahnemann's however is the great principle of single remedy in *microdose* and its progressive rarefaction in an ever ascending scale of dynamic *potentization*. The potencies, in fact, are the one unique feature of homeopathic medicine. In the initial stages Hahnemann thought the allopathic drugs were too rude and gross and they had to be weakened to render them safe and to this end they had to be diluted and refined. Accordingly the homeopathic medicines that were initially made were called only *dilutions* or *attenuations* by Hahnemann. It was only in *proving* the dilutions for a while
that Hahnemann realized that they were no simple attenuations, but really speaking **potencies on a higher plane** that dynamized the drug, by unlocking the powerful, subtle, healing energies packed up, hidden, deep within it. The process of potentization thus releases the curative powers that lie dormant, buried deep, in the inert material substance. The high and highest homeopathic potencies that have subsequently evolved have indeed pushed homeopathy verily to the occult, *supernatural*, realm of the *trans-alchemic* and *mantrik*. Materially speaking there is no substance in the potencies. It is the ethereal transmutation that a substance undergoes in the process of potentization that turns it ‘spirit-like’, ‘pure medicinal spirit’, as Hahnemann proclaims it, and endows it with its healing, curative, powers. The potencies by this ultra-alchemic transmutation carry with them the utmost refined and subtle dynamic vibrations on the ethereal plane in much the same way as potent mantras. It would therefore be most appropriate to call them `healants', in view of their unique distinctiveness, to mark them off from the common remedies and gross drugs of many therapeutic systems. This unique breaking up of matter, its infinitesimalization, it must be borne in mind, may not be on the same plane as the molecules, atoms and particles of modern science. In claiming, as some do, that the super-potencies – which to the cocksure allopaths are no more than plain water playing placebo – carry a powerful ‘memory’ of the original drug, one can not be too sure that memory is not a euphemism for our ignorance of what actually it could be. But to dismiss them as placebo is the height of smug ignorance. Would it be placebo if the ‘plain water’ cures an animal, an infant or a person unconscious or in coma?

Hahnemann was also the first to comprehend the prime role of the mind in disease and its treatment, to grasp disease in its entire psychosomatic context. If there are three patients, two of them suffering from typhoid and the third from pneumonia, but the first typhoid patient is calm and stoic, while the second of them, as well as the pneumonia patient, has great restlessness, anxiety and fear of death, the treatment of the second typhoid patient could be far closer to that of the pneumonia patient and quite unlike that of the first typhoid patient. It is, more than anything else, the mental symptoms that determine the choice of the remedy and the differences in pathology among patients may carry little weight when they are mentally alike.

In exploring the principle of *similia similibus curantur* Hahnemann had to probe the full range of the symptomology of each healant before using it. He could not depend on the available empirical or clinical reports or hearsay for this purpose and so had to prove the pathogenic range of the healants actually by administering them to (willing) normal, healthy, human beings, including himself foremost. All the homeopathic provings have been done by teams of human beings who have volunteered for the job. Only provings on human beings can bring out the drug effects on human beings, particularly their impact on the human mind. Animal experiments, so characteristic of allopathy, have little bearing on the human plane, if the accent is on the mind and its nuances -- forgetting for a moment the wanton cruel torture of the animals involved. After
elaborate provings and collateral clinical verification and critical evaluation of
diverse symptoms the homeopathic materia medica has been composed.

The evaluation of the symptomology of the healants is a crucial and arduous
task, demanding no small insight: yes, homeopathy demands deepest insight. 
But the sorting out of the healants and their morbid picturization has been done
so well that a trained homeopath can easily discern the pathogenic potential of
each healant or on scrutinizing a patient and his individual constitution,
correlate it to the corresponding similar healants. However, matching medicines
and patients is no sordid business of computing parallel symptoms of either,
attempting a one to one correspondence between them -- there can be no
arithmetic tally with the patient’s caboodle of symptoms. One must, on the
contrary, look for the causational affinities, the constitutional accordance, the
distinctive parallels between patients and drugs. Or, on occasion, some unique,
peculiar, rare, sign or symptom in a patient may flash the symptom-totality and
the right, simillimal, healant to the physician. A single healant so selected,
almost a morbid replica of the patient, so to speak, may at times be all that is
needed to cure him. Should it not suffice, there can be no second prescription
yet until the improvement occasioned by the first ceases. And each new
prescription must be preceded by a fresh, searching, look at the patient as a
whole in the context of the gamut of symptoms then. Those who cry hoarse that
homeopathic potencies, particularly the highest ones in the infinitesimal range,
are no more than phantom figments, must honestly put them to the test. “The
efficiency of the potency is the stumbling block to the materialist’ (H. C. Allen).
Let them see for themselves whether the phantoms work or not, and as H.C.
Allen challenged, publish the failures to the world. Prejudice is the one enemy of
truth.

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However valid or essential it may be, the homeo triadic base of illness, psora,
sycosis and syphilis, variously anticipated by oriental / greek medicine and
reiterated by Grauvogl, has not been articulated here, since symptomology,
deeply observed in all its intricacies, would surely flash flash the right healant,
triadic or otherwise.
1. **ACONITE (Acon.)**


   Sudden violent onset of symptoms. Raving in high, delirious fever with agonized, frenzied tossing about, marked by great anguish, anxiety, worry but seldom unconsciousness. Acute mental and physical restlessness, great *fright*, especially fear of death: predicts the date and hour of his death -- even proclaims in delirium he is dead already -- although the illness is none too grave. Intolerable pains, driving one crazy, yet does not want to be touched. Sudden onset of high fever in **dry, cold** weather; skin dry, hot; face red / pale and red alternately; hot hands and cold feet; bounding pulse; *burning*: unquenchable thirst for large quantities of cold water, yet drinking water may only increase the thirst; a general, over-all inflamed state; sweat copious, warm, even hot, relieves all pains and other symptoms. Wheezing worse *expiration*. Asphyxia neonatorum (followed by *Op*. - J. H. Clarke). Sudden health upsets, including dysentery, during warm days with cool nights.

3. In **Bell.** too there is sudden, violent onset of illness, restless, excited mind, high fever and delirium, but little thirst, anxiety or fear, and inflammations too more *localized*. In **Ars. A.** too there is great anguish and restlessness, fear of death, intense *burning* pains -- but the patient is *better by heat* and thirst unquenchable but for small, frequent, warm sips and unlike **Acon.**, **Ars. A.** has marked periodicity of illness. Wheezing worse by inspiration: *Spon.*. Expiration very strenuous: *Med., Meph., Sambucus Nigra*. Asphyxia neonatorum: *Ant. T., Hepar.*, when *Ant. T.* fails; *Laurocerasus*. Affections during warm days with cold nights: *Dulc.*. 4. Principal healant for retention of urine in the new born. Amenorrhea in plethoric, young girls -- after fright, cold draft / bath; prevents suppression of menses. After effects of fright, even remote. Sudden blindness from abrupt / steep thermal changes. 5. Intermittent fevers; calm, relaxed temperament, localized inflammations. 6. Fright / fear; dry, cold weather / drafts; heat / hot weather / sunstroke; injury, shock. 9. Heaty patient, *better* in open air; *worse* in warm room, evening / night / midnight, dry, cold weather. 10. *Sul.*, chronic complement – precedes / follows well. 11. Indicated in functional rather than structural disorders; in *synochal*, not in intermittent, periodic, fevers. Short-acting, bears repetition.

2. **ACTEA RACEMOSA (Act.R.) (Cimicifuga Racemosa)**

   Marked alternation of symptoms: alternation itself thus a leading symptom; mental and physical symptoms alternate, one takes over as the other subsides; mania after neuralgia subsides. Crazy sense, wild feeling in the brain, cures all kinds of symptoms during pregnancy in the *Act. R.*. constitution.
2. Overwhelming sadness; mental and physical symptoms alternate, one takes over as the other subsides; sense of gloom and dejection; hysteria, hypochondriasis, incessant talking, constantly changing subjects, shifting from one topic to another, as in delirium tremens. Mania after neuralgia subsides; puerperal mania; insanity before menses. Crazy sense, wild feeling in the brain, shooting / throbbing pain in the head from mental worry / overstudy / reflex of uterine disorder; neuralgic headaches in women with uterine disorders / in cerebro-spinal meningitis; waving / shutting and opening sensation in brain; brain feels too large; pressing outward pain; sensation as if the top of the head would fly off, as if the skull was lifted up, as of a bolt from the base of the skull to the vertex. Intense aching of the eye ball; pain from eyes to the top of the head; insomnia. Severe mental / rheumatic symptoms during menses, coupled with extreme jerking and cramping of limbs, even epileptic spasms and sleeplessness; Rheumatic and hysterical symptoms intermingle; increase in flow increases suffering, aggravates mental symptoms; menorrhagia with pain in the back, down the thighs through the hip, with heavy pressing down, uterine / ovarian / infra-mammary pains; infra-mammary pains, left side, during climacteric; electric shock-like shooting pains. Chest and uterine pains darting from side to side. Second only to Puls. in amenorrhea, especially from emotions / cold / fever. Facial blemishes in young women. Cures all kinds of symptoms during pregnancy in the Act. R. constitution. Labour marked by hysteria; as labour progresses the pains shift from the uterus, say, to the hip. Act. R. will monitor labour and ensure its hold to the end without break. Any surge of emotion would arrest labour or if past labour, stop the lochia, with all attendant problems, induce cramps, after-pains, agalactea. When indicated otherwise, given before term, it eases labour. Cures sickness of pregnancy; prevents after-pains; prevents still-births in women with history of still-births, if given daily doses of 1x to 3x for two months before term.


3. ALOE (Aloe)

1. Little control over bowel, as if stool would escape any moment; frequent, small, lumpy, jelly-like stools, with much mucus -- even involuntary; rectum burning; dysentery / diarrhea in hot, dry weather.

2. Constant bearing down in rectum -- bleeding, sore, hot and burning, relieved by cold water. Must rush to toilet on getting up in the morning. Urine / motion, cannot pass one without the other. Rectum feels insecure -- sphincter ani seem paralysed; little control over bowel as if stool would escape any moment; frequent, small, lumpy, jelly-like stools, with much mucus, even involuntary; rectum burning, painful, sore after stool; urge to stool every time
after eating; urge to stool, yet only hot flatus passes, giving relief, but the urge to stool returns. Diarrhea, mornings and afternoons, yet stool normal in the evenings. Involuntary / unconscious evacuations in constipation, of hard lumps of feces, especially in children. Diarrhea from beer.


**4. ALUMINA (Al.)**


2. Paretic condition of the rectum; constipation: even soft stool passed with great strain – common with babies, children and pregnant women; constipation of infants when no other healant is apparently indicated, of nursing children, bottle-fed / on refined, artificial diet, of old people. Must strain at stool to urinate; urine slow to start, slow to flow, dribbles involuntarily; Frequent urination in old age; retention of urine. Abnormal cravings: for chalk / charcoal / tea or coffee grounds, etc.; esophageal constriction; chronic eructations. Blepharitis: great dryness of the conjunctiva; catarrhal conjunctivitis with burning dryness, but little discharge / destruction of tissue. Granular eyelids, mucus membranes thickened, causing ectopion (turning out of the eyelids); paralysis of the internal rectus muscle of the eye, causing squint / ptosis; internal recti weak; children with strabismus during teething. Hearing deranged: all sorts of sounds, buzzing in the ears; purulent otorrhea. Ozena atrophica sicca. Talking fatigues; sore throat of public speakers / in thin patients; soreness / rawness / hoarseness / dryness. Talking aggravates soreness of chest; condiments produce cough. Paralysis of extensors / flexors. Numbness of nates when sitting. Girls dried up, wrinkled at puberty. Profuse, acrid leucorrhea, draining to the heels. Skin: dry, chapped, tettery; all sorts of eruptions; the skin withers: cracking, bleeding with thickening, indurations, ulcerations. Sweating rare / scanty; nails brittle; gnawing beneath finger nails; formication in the back and legs.

5. ANTIMONIUM CRUDUM (Ant. C.)

1. Great sadness, abject despair; sentimental mood in dim, diffused light. For the extremes of life: childhood / old age. Exhausted in warm weather, yet thirstless; also worse from cold weather / cold bath. All complaints center round the stomach. Rheumatism alternating with gastric symptoms. Skin: callouses / warts / corns. Absence of pain where pain should be expected.

2. Mental and gastric symptoms point to its choice. Great sadness, abject despair, loathing of life, predisposed to suicide. Sentimental mood, ecstatic love, in mellow, diffused light / twilight / moonlight. Hysterical girls: ill-effects of unrequited love. Irresistible urge to talk in rhymes / repeat verses. Children fretful, peevish, can't bear to be touched / looked at / spoken to, angry at least attention. Children / young people inclined to grow fat. For the extremes of life: childhood / old age. Old people with morning diarrhea, suddenly become constipated; or diarrhea alternating with constipation (foremost healant). Persistent drowsiness of old people. Can't bear heat of the sun, worse over-exerting in the sun / over-heating near fire / radiated heat; exhausted in warm weather, loss of voice from getting overheated; sun-burn; yet thirstless. Worse cold weather / cold bathing; violent headache / suppressed menses; cold from swimming; child resents cold bath; headache after river bathing; better from warm bath. Headache from taking cold, from liquor / candy / repressed eruption. Tendency to take cold about the head. Suffocating catarrh. Chronic sore eyes of children; chronic blepharitis; eyes red, canthi raw / fissured. Nostrils and labial commissures sore / cracked / crusty. Nose bleed with vertigo / headache / rush of blood to head. Pimples / pustules / boils on the face. Cracks in the corners of the mouth, tongue coated thick white. All complaints seem to center round the stomach. Heart burn / nausea / vomiting / prolonged retching. Vomiting gives little relief. Gastric complaints from overeating; constant feeling of overloaded stomach even when nothing had been eaten; stomach distended, abdomen flat. Indigestion from over-loading the stomach with fats / sweets / indigestible food / sour wine; overall aggravation from sour wine; gastric disorders from eating pork. Stomach weak, digestion easily disturbed in old people. Child vomits little white curds after nursing, very cross, refuses to nurse again. Acute rheumatism alternating with gastric symptoms. Gout with characteristic Ant. C. symptoms. Gouty metastasis to stomach / bowel, catarrhal proctitis. Measles delayed / vomiting during measles. Constant belching, discharge of flatus up and down for years. Violent abdominal pains / burning / distention associated with gastric symptoms. Summer diarrhea: lumpy / liquid, hurries to stool repeatedly; diarrhea ending in dysentery. Urine: burning, turbid, foul. Rheumatic contraction of muscles with curvature of limbs. Abnormal growths on skin: skin indurates, tends to form warts / callouses / corns; rough scaling of skin with horny patches. Nails grow slowly, brittle, tend to crack, grow out of shape / in splits; warts under nails / on tips of fingers. Large horny corns on soles of feet, inflamed corns, pain in heels.

3. Gastric disorders from eating pork: Puls. Child vomits milk in curds, so large as to almost choke it, followed by exhaustion and deep sleep, but the child nurses again just as soon as it wakes up: Ethusa Cynapium. Gouty metastasis to
stomach: *Colch*. Complaints center round the stomach: *Hyd.*. 4. Absence of pain where pain should be expected. 6. Over-eating / summer / getting over-heated / winter / cold drafts, bath / unrequited love / repressed eruptions. 9. Heaty / chilly patient. *Worse* evening, heat, acids, wine, cold bath; *better* open air, rest, moist warmth. 10. Complementary: *Sul.*; Antidote: *Hepar*. 11. After severe illness and before convalescence stabilizes, there could be a lack of ‘will to live’, prejudicing recovery and promoting fatality, which may precipitate metabolic inhibitions or induce the patient to ignore injunctions and hinder recovery. *Ant. C.* can tone up the *morale* of such patients (E. A. Neatby and T. G. Stonham). *Almost specific in rheumatoid arthritis* (Dr. Schwartz quoted by M. L. Tyler).

6. **ANTIMONIUM TARTARICUM (Ant. T.)**


2. Great rattling of mucus in the bronchi and chest, with deep, hollow, dry, choking cough, but little expectoration. Hippocratic face, pale, covered with cold sweat, suffering and anxious look, eyes sunken, dim, vacant, with dark rings around; lips pale and shrivelled. Pneumonia: nostrils dilated, *flapping of alae nasi*. Burning sensation in the chest which ascends to the throat. Rapid, shallow breathing, hard and strenuous. Edema, hepatization, impending paralysis of lungs in pneumonia. Irresistible, excessive inclination to sleep due to phlegm filling the lungs. Thirst for cold water, little and often. Persistent nausea with retching and vomiting. *Asphyxia neonatorum*: Baby pale, bluish at birth, gasping -- though cord still beats. Asphyxia from mucus in bronchi or in apparent death from drowning, from impending paralysis of lungs, from foreign bodies in larynx and trachea -- with drowsiness, even coma. Emphysema of the aged. Breaking backache (second only to *Var.*). Urethral burning during and after urination. Skin eruptions like small pox. Warts on glans penis. Child clings to those around, wants to be carried, cries and whines when touched.

7. **APIS**

2. Sudden, violent complaints. Face pale, puffed, eyelids -- invariably lower eye-lid, lower lip *swollen*. Edema red, rosy hue: sore, stinging pains; intolerance of warmth / slightest touch. Meningitis, cerebro-spinal meningitis: opisthotonos; lapses into stupor, unconsciousness; semi-conscious, sudden, wild screams: *cri encephalique*; rolling of head side to side / head drawn back / opisthotonos. Metastases of mumps to brain. Convulsions from hot bath in brain disorders. Styes: cures/ prevents recurrence. Edema of larynx, painless as it worsens; the uvula hangs down like a sac of water; the tongue swells until it fills the mouth. *Diphtheria* -- almost a specific in true diphtheria -- great swelling, severe stinging when attempting to swallow; extreme inertia and stupor. Bad effects of retrogression / suppression of eruptions, eruptive fevers, urticaria, etc. Peritonitis. Diarrhea: following retrocession / suppression of eruptions -- as though the anus was wide open. Urine: frequent, *scalding, painful*, bloody; incontinence: can scarcely retain it a moment. Retention of urine in nursing babies. Albuminuria after scarlatina, when *Canth.*, *Digitalis* and *Helleborus* have failed. Mania in women from sexual indulgence / arrested menstruation. Fever: perspiration breaks out and dries up frequently; profound sleep after fever paroxysm; feels sore, bruised. Thirstless in fever / dropsy. Pains: sore, stinging, burning: pains suddenly shift location. Lack of muscular coordination. One side of body convulsed, the other side paralysed.


8. **ARGENTUM NITRICUM (Arg. N.)**


Eructations, difficult, loud, often ineffectual. Nausea, retching and vomiting: brown, flocculent, like coffee grounds. Invaluable in gastritis of drunkards. Burning and constriction in stomach. Craving for everything cold, cold air. Abdomen distended with wind; colic, but discharge of wind gives little relief. Diarrhea from excitement, fear, anticipation of examinations; diarrhea of nursing women eating much sugar -- which may be passed on to the baby -- with ascending / descending flatulence; diarrhea of babies after weaning, with copious flatus during stool; diarrhea noisy, watery, with greenish mucus, like chopped spinach in flakes or turns green on diaper. Urine passes unconsciously day and night. Urethra inflamed - burning, itching, painful, cutting, splinter-like. Metrorrhagia in young widows, in sterility. Chronic laryngitis of singers, high notes cause cough. Epileptic convulsions, with greenish discharges, green stools. Great weakness, marked emaciation of lower extremities. Chilly when uncovered, yet feels smothered when wrapped up.


9. ARNICA (Arn.)

1. Trauma; Injuries, falls, blows, concussions, contusions, shock; entire body sore, bruised.


3. See other traumatic remedies: Bell. P., Calen., Echin., Hyper., Ledum, Mag. Phos., Natr. Sul., Ruta, Sil., Symph.. Retention or incontinence of urine after labour: Op.. Constipation or impaction of stools after injuries: Ruta. Small boils in crops: Sil., Sul.. Whooping cough with nose bleed: Merc. Spermatorrhea from sexual indulgence: Sym.. 10. Sul. Ac. follows well in bruises of soft parts. 11. Gun powder, generally in the 3x potency, is very effective as an external application in abscesses, pus discharges, carbuncles, septic wounds and ulcers that refuse to heal. [So too charcoal powder (sterilized by dry heat over fire), an
excellent external application.] *Gunpowder* internally in higher potencies for the above conditions and for recurrent boils. Short-acting, bears repetition.

10. **ARSENICUM ALBUM (Ars. A.)**

1. Prostration too great, out of proportion to the illness. Great anguish, restlessness, fear of death. Intense *burning* sensation -- *relieved by heat*. Insatiable thirst, but for frequent, small, *warm* sips. Breathing distress setting in around *midnight*.

2. Persons too tidy and fastidious. Prostration too great, out of proportion to the illness. Intense *burning* pains, yet better by heat. The affected parts burn like fire: no other remedy has burning in so marked a degree, *relieved by heat*: combined with a sensation of freezing -- burning outside but cold within. The heat, burning, in the head relieved by cold air / applications. All discharges acrid, putrid, but *scanty*. In fever, unquenchable thirst but only for frequent, small, *warm* sips. During sweat it is for *large* quantities of *cold* water, but may be vomited at once; more sweat, more thirst. But in chronic *Ars. Alb.* cases there may be no thirst. Great anguish, restlessness; changes place continually. Thinks illness incurable and treatment futile. *Fear of death* -- yet much predisposed to suicide following any *fright*. The greater the suffering, the greater the anguish and fear of death. Violent delirium in high fever. Wheezing: asthmatic, eosinophilic, fears suffocation, worse from *midnight*. Burning in chest; suffocative catarrh: unable to lie down for fear of suffocation. Irritable heat from consuming tobacco; palpitation, dyspnea, dilatation, angina pectoris. Nausea, retching, vomiting, burning pain. Pressure in rectum and anus with burning pain. Urine: scanty, burning, involuntary, albuminous, epithelial cells, pus, blood; Bright's disease; diabetes. Menses too early and profuse, burning pain in ovaries. *Menorrhagia*. Ill-effects of fruits, especially watery fruits. Seaside complaints. Gangrene, better by heat.

3. Fear of death is common to both *Acon.* and *Ars. Alb.* but the *Acon.* patient `predicts' the day and hour of death. In *Ars. Alb.* the fear of death may be superseded by predisposition to suicide during fright. Thirst too is common to *Acon.* and *Ars. Alb.* but in *Acon.* it is for large quantities of cold water at a time; the *Ars. Alb.* thirst in fever is only for frequent, small warm sips. The *Ars. Alb.* patient has burning sensation outside but cold within; in *Carbo V.* it is the reverse. When normal the *Ars. Alb.* patient is *very fastidious*, the very opposite of *Sul.*. In *Ars. Alb.* control over bladder may be lost after labour; in *Caust.* there may be retention of urine after labour. Ill-effects of (watery) fruits: *Bry.*, *Cinch.*, *Ipec.*, *Pod.*, *Puls.*. Sea side complaints: *Nat. M.*. Gangrene better by cold: *Secale*. Cold water drunk is vomited: *Phos.*. 4. In high potencies gives quiet and ease to the last moments of life. Maintains the system under stress of malignancy regardless of location. Involuntary urination after labour. 9. Chilly patient. *Better* heat, warm drinks and head elevated. *Worse* around *midnight*, wet weather, cold, cold drinks / food, sea shore, on sea, right side. 10. When *Ars. A.* fails in involuntary urination after labour: *Caust.* (though *Caust.* has only retention of urine). 11. *Bap.* to neutralize *Ars. A.* if it has been given improperly or too often in typhoid. Short-acting, bears repetition.
11. ASAFOETIDA (Asaf.)


12. BAPTISIA (Bap.)


13. BARYTA CARBONICA (Bar. C.)


2. Specially indicated in childhood and old age. Children mentally and physically weak, retarded, dwarfish, pot-bellied, with inflamed / suppurating tonsils. Children late in learning to talk, read, in making combinations that enter into life or taking in images, forming perceptions; late in learning to walk. Baldness in young people. Nose-bleed preceding menses. Vertigo. Spasm of esophagus as food is ingested with choking / gagging; can swallow only liquids. Diseases of old men when degenerative changes begin: cardiac, vascular, cerebral, pulmonary, prostatic; swollen, indurated testes; very sensitive to cold, very weak and weary. Gastric weakness in old age, with possible malignancy. Tendency to apoplexy, palsy. Averse to meeting strangers. Weak, imbecile,
beclouded mind, forgetful, mistrustful, old, sickly, wizened look; advancing senility. Cataract. **Baryta Muriatica**: Bronchial affections of old people with cardiac dilation; arteriosclerosis of lungs; senile asthma; affections of the parotid glands / pancreas. **Baryta Acetica**: Pruritus of the aged.


**14. BELLADONNA (Bell.)**

1. Sudden, violent onset of illness. High fever with *burning* heat, delirium, convulsions, great restlessness *but without anxiety, fear or thirst*. Face flushed, rush of blood to the head, intense headache, glaring eyes.

2. Sudden, violent onset of illness; high fever: intense, burning heat (burns the examining fingers, leaving a burning sensation in them). Rush of blood to the head: violent headache, scarlet face, glaring eyes (can’t bear light), throbbing carotids. Pulse full, bounding (striking the examining finger like a buckshot). Hot head, cold limbs. Violent delirium, hallucinations, hydrophobia, even fear of being poisoned, with great restlessness (an angel when well but devil when ill). High fever without mental anxiety, fear, or thirst and usually without any toxemia. Pneumonia: Worse lying on the affected side. Remittent fevers running a rapid course. Inflammation in any part red, dusky; inflammations *localized*. Metastasis of mumps to brain Bell. Preceding Apis.


**15. BELLIS PERENNIS (Bell. P.)**

2. Sprains, bruised soreness, venous congestion due to mechanical causes. First healant in injuries to the deeper tissues after major surgeries. Effects of injuries to nerves with intense soreness. Giddiness / cerebral stasis of old persons; old workmen, overworked / fagged with head complaints. Inability to walk, varicose veins and other discomforts during pregnancy from pressure of the uterus. ‘Railway spine’. Varicose veins with sore, bruised feeling. Ill-effects
of sudden, wet chill / cold wind / cold food, drinks in warm weather / when the
body is heated.

3. Dulc. in changes from warm to cold. 6. Trauma / venous stasis. 8. Basically

16. BORAX (Bor.)

2. Dread of and great anxiety from downward motion in nearly all
complaints. When being laid down in a couch or crib child cries and clings to
the nurse. Children cry out of sleep as if frightened -- wake up suddenly,
screaming and grasping sides of the cradle without apparent cause. Plica
Polonica: hair frowsy, tangled, splits, sticks together at the tips; if the bunches
are cut off they form again and can't be combed smooth. Aphthae: in the mouth,
on the tongue, bleeding when eating or touched; prevents child from nursing.
Eyelids inflame at edges, turn in upon the eye, rub against the eyeball; eyelashes
turned inward. Child passes urine frequently but screams before passing: acrid,
pungent urine. Stools like boiled starch, loose, pappy, fermented, offensive.
Copious, albuminous leucorrhea, also after menses. Eczema of toes and fingers
with loss of nails.

3. Bor. has dread, Stan. has dizziness from downward motion; Calc. C.
worse by upward motion. Stools like boiled starch: Arg. N.. Night terrors of
children: Calc. C.; Kali Ph.. 4. Effects of travel from altitudes. Indicated often
for nervous women in all stages of life. Loathing of breast in infants from bad
taste of milk. 9. Chilly patient; conspicuous improvement around 11 p. m. 10.
Acetic acid, Vinegar and Wine incompatible with Bor. -- should not be given
before or after. 11. Bor. given at the beginning of pregnancy to a Bor. patient,
will change the milk and the rest of the constitution and enable her to nurse the
baby.

17. BRYONIA (Bry.)
1. Bry. is dry. Dry constitution; dry cough; dry skin; all mucus membranes
dry; dry, parched lips, mouth, throat. Constipation with no urge to stool; stools
dry. Worse by least motion.

2. Marked over-all dryness. Parched lips, mouth, throat; great thirst for cold
water. Baby won't nurse until lips are moistened. Skin dry; dry, hacking cough.
Pneumonia: better lying on the affected sides pleuro-pneumonia. Constipation
with no urge to defecate: stools hard, dry, as if burnt. Bitter taste – except water.
Vertigo / headache: on rising / morning / from ironing. Aversion to and worse
by least motion. Desires perfect quiet and rest and not be paid any attention.
Sweats in sleep / on closing the eyes. Children dislike being raised or carried.
Breasts heavy, stony hard, pale, hot, painful. Vicarious menstruation: nose bleed / vomiting blood. Diarrhea from cold drinks when overheated.


18. CALCAREA CARBONICA (*Cal. C.*)


2. Sweat, especially about head, from least exertion; head covered with sweat -- elsewhere scanty -- even in a cold room, in cold air; sweat on forehead, face, occiput -- wetting the pillow. Children with dry, flabby skin, large, open fontanelles; proud flesh in umbilicus. Children who grow fat, with large head, face bloated, pot belly, pale skin and chalky look. Children who crave eggs, eat dirt and other indigestible things and are often disposed to diarrhea. Bone development deficient, rachitis. Difficult, delayed dentition / learning to stand / walk; Children with no disposition to walk, won't try. Night terrors of children, wake up around 2-3 a. m. screaming and can't be made to understand, but remember nothing of it in the morning. Eczema, eruptions, scabs on the scalp; alopecia areata. Eyes inflamed, lachrymation, pustules, ulcers; with opacities following. Otorrhea. Coryza alternating with colic. Leucorrhea of small girls. Girls who are flabby, plethoric, *grow too rapidly*. Menses too soon, too profuse, too prolonged with subsequent amenorrhea and chlorosis and menses scanty or suppressed. Least mental excitement causes profuse return of menstrual flow. Vicarious menstruation: bleeding from gums. Lung diseases of tall, slender, rapidly growing youth. Primary complex. Foul urine. Sweat of single parts: head, chest, abdomen, legs, feet; feet raw, sore, from sweat. Profuse sweat in sleep, soaking the pillow. Peevish, cross, without cause, as though one would like to run up and down and scream. Lactation abundant but disagreeable: child refuses to suckle. Deficient lactation with distended breasts in lymphatic women. Worse by upward motion; vertigo on climbing stairs; extreme dyspnea. Chronic dilatation of pupils. Fistula: lachrymal/ parotid.. Deafness from

3. Worse by downward motion: Bor.. Vicarious menstruation: nose bleed: Bry.. Late learning to walk from want of mental development, though the limbs are well developed: Bar. C.. Night terrors of children: Borax, Kali Ph.. Profuse sweating in sleep, soaking the pillow: Sil.; only in sleep / on closing the eyes: Con., Bry., Lach.; only when awake: Sambucus, Sep.. Hyperchlorhydria: Cal.C.. Lachrymal ducts closed from exposure to cold. Timely prescription of Calc. C. in Pott’s disease, with right mechanical aid, prevents curvature. 7. Fair, plump children; children with open fontanelles and sutures. Excessive obesity of young people. Youth rapidly growing tall: Phos. A., Phos. Climacteric. 9. Chilly patient. 10. Calc. C. should not be given immediately before or after Bry.. Con. precedes and follows it well. Nit. Ac. is one of the best antidotes to Calc. C.; Calc. P. to be preferred in uterine complaints. Sul. – Calc. C. – Lyc. follow each other in that order.

19. CALCARIA PHOSPHORICA (Cal. P.)

1. Tardy dentition and incidental teething syndrome. Non-union of fractured bones. Anemia following acute illness and chronic wasting diseases. Has a special affinity where bones form sutures or symphyses.


20. CALENDULA (Calen.)

A remarkable healing agent in open wounds, cuts, lacerations, ulcers, traumatic suppurations, etc.: Parts that won’t heal. The mother tincture to be applied locally. Promotes healthy granulation and rapid healing. Prevents pus formation, sepsis. Compare: Arnica, Echinacea, Hamamelis, Hypericum, Ledum, Gun powder, sterilized charcoal powder.

21. CAMPHOR (Cam.)


2. Collapse: externally the body is icy-cold but internally there is intense burning, a sense of burning without heat; refuses to be covered. Cramps and convulsions, frothing at mouth, blue lips, deathly pale look. Cholera: Cholera sicca: collapse even as all discharges, feces, vomit, urine, sweat become scanty; deathly cold body, but refuses to be covered; upper lip drawn up, exposing the teeth; eyes fixed, staring, wild, foaming at mouth; nose cold, sharp, pointed. Sunstroke: fainting, body bathed in cold sweat, icy-cold. Spasmodic drawing of head laterally or backward with deathly coldness. Mania: puerperal / from suppressed discharges. Violent cough from arrested menses. First stages of a cold with chilliness / sneezing. Persistent epistaxis of elderly persons, chilly, withered, who easily take cold. Retention of urine with full bladder. Extreme mental states: excitement violent frenzy, delirious mania, rage, followed by loss of sensation, exhaustion, unconsciousness. Fear: of strangers, darkness, imagined spectres -- screams for help; tossing about anxiously in bed. Flashes of frenzy and heat run into cold, dispirited, languid / unconscious states. In acute complaints violent thirst, in chronic thirstless.

3. In Cholera: Cup. M. has more cramps / convulsions; Ver. Alb. more copious discharges, but icy-coldness with scanty discharges points to Cam.. Internal burning with external coldness: Carbo V., Kali Nitricum. Internal coldness with external burning: Ars. Alb.. 9. Chilly patient. Headache better by thinking about it. 11. All sequele of measles. In very low potencies for sleeplessness; in certain states of the body Camphor induces sleep when Op. fails (K. M. Nadkarni: Indian Materia Medica). Camphor Monobromide two grains if Cam. fails to induce sleep. Cam. mother tincture in drop doses three times a day to prevent cholera and on sugar every five minutes as heart stimulant in emergencies. In acute illness Cam. to be stopped when any discharge is re-established. 11. Camphoric Acid: preventive of catheter fever.

22. CANTHARIS (Canth.)

1. Dysentery / inflammation of bladder / urethra -- with burning tenesmus.

2. Incessant, intolerable urge to urinate, both before and after urination; violent pains in the bladder. Urine: retention / nephritis; burning, cutting pains

3. To expel moles / dead fetuses / placenta / membranes: Pyr. Retention of urine in cholera: Ver. A. 4. Useful in burns both before and after blisters form. If the skin is unbroken apply an alcoholic solution of Canth. in any potency and cover with cotton. This will promptly relieve pain and prevent vesication. If the skin is broken, use Canth. in boiled / distilled water and give Canth. in potency internally.

23. CARBO VEGETABILIS (Car. V.)


2. Collapse: Hippocratic countenance; cold sweat, cold breath, cold tongue, voice lost; extreme pallor; patient almost lifeless, pulse almost imperceptible, oppressed and rapid respiration. But the head is hot; hunger for air, must be fanned hard, must have all the windows open. Persons who have never recovered from the effects of some previous illness; never recovered from the effects of typhoid; bad effects of injury suffered long ago. General venous stasis: the organism is sluggish, turgid and distended. Bleeding from any organ. Frequent epistaxis: blood dark; recurrent in persons overtaxed by anxiety, especially the aged. Face dark blue. Burning internally but externally cold. Copious sweat without relief. Unbearable occipital headache. Gastric, abdominal, flatulence, gastralgia of nursing women; prostration from nursing. Flatulence in upper abdomen, pressure on the diaphragm. Frequent sour eructations giving passing relief. Frequent, involuntary, cadaverous-smelling stools with burning; putrid diarrhea in typhoid. Invaluable in low types of typhoid or when typhoid state is setting in and in the last stage of collapse in cholera etc.; in the last stages of disease, with copious sweat, cold breath, cold tongue, voice lost – Carbo. V. may yet save a life. In pneumonia: old, badly treated cases, bronchitis remaining, hepatisation does not clear up; or in the
third stage: fetid expectoration, cold breath, cold sweat, desires fanning, dyspnea excessive, tends to collapse: especially after Ant. Tart. has failed. Whooping cough; humid asthma. Senile gangrene; gangrene of the margins in ulcers.


24. **CAULOPHYLLUM (Caul.)**

1. Dysmenorrhea. Inflammation, rheumatism of small joints. To monitor deficient / aberrant labour, check premature labour preceded by spasmodic pains.

2. Indicated in menstruation, pregnancy, deficient / aberrant labour, premature labour, preceded by spasmodic pains; intermittent pains, false labour, painful bearing down; long continued passive hemorrhage following miscarriage — with characteristic weakness and internal trembling; parturition, lactation. Rheumatism in women: in small joints: wrists, fingers, phalanges, ankles, toes, etc. Cutting pains on closing hands. Erratic shifting pains. Chorea / hysteria / epilepsy in puberty. Habitual abortion from uterine debility. Excessive rigidity of the Os. Spasmodic, severe pains: false pains. During labour, when the pains are deficient or subside and the patient is exhausted and fretful - - revives labour pains and furthers labour. Hemorrhage after hurried labour. After pains. Protracted, bloody, lochia. Amenorrhea: when indicated / when no healant is clearly indicated / repeated in very low potencies, as a uterine stimulant, to augment other indicated healants to promote menstruation. Dysmenorrhea with pains flying to other parts of the body; labour-like pains during periods. Profuse bleeding. Leucorrhea: acrid, profuse, exhausting: with 'moth spots' on forehead in young girls; leucorrhea preventing pregnancy. Caul. eases and shortens labour if given some weeks before confinement.


25. **CAUSTICUM (Caus.)**

1. Paralysis; paralysis of single parts, single nerves; more right-sided; from exposure to cold; contraction of muscles and tendons. Urine spurts when coughing / sneezing etc. Own voice re-echoes in the ears. Ill-effects from burns; old injuries reopen.
2. After effects of prolonged grief; sudden onset of emotions. Old, broken-
down, chronic states: not often indicated in acute cases. Paralysis; paralysis of
single parts, single nerves: esophagus, throat -- often after diphtheria, upper
eyelids, bladder, optic / auditory nerve; contraction of muscles and tendons --
torticollis; convulsive symptoms, chorea: localized -- jerking of single parts,
chorea of the tongue / one side of the face: often right. Gradually increasing
hysteria; passive mental aberrations. Convulsions / chorea from fright. Paralysis
from exposure to cold. Must swallow constantly owing to sensation of fullness in
the throat: forerunner of paralysis. Sipping cold water relieves many symptoms;
sensation in the stomach as if lime were slaking there. Violent, spasmodic cough
racking the whole body: chest loaded with mucus -- feeling as if deeper cough
would bring the mucus out but can't cough deep enough; cough relieved by
sipping cold water. Paralysis of the rectum: fills up with hard feces which pass
involuntarily / unconsciously; passes stool best standing. Paralysis of the
bladder: urine retention or passed involuntarily; urine spurs when coughing /
sneezing etc. Retention of urine after labour. Children wetting the bed.
Dysmenorrhea: cramp-like spasms. Lactation almost ceases in nursing women
from fatigue / anxiety / night watching. Nipples sore and cracked, herpes
around nipples. Epilepsy / chorea during puberty. Males: Blood with semen.
Children slow in learning to talk / walk. Sounds re-echo unpleasantly: own voice
re-echoes distressingly. Deafness of catarrhal origin from paralysis of the
auditory nerve. Excessive wax collection in the ears. Intermittent fever: sweat
after chill without the intervening phase of heat. Left sided sciatica. Cardiac
hypertrophy from callisthenics: particularly in young girls. Warts on face, eye
lids, tip of the nose, fingertips or close to the nails, on the hands; hard, dry,
horny warts; bleeding warts. Old burns not fully healed; ill-effects from burns;
pains of burns. Old injuries reopen.

3. Swallowing constantly from sensation of fullness in the throat: Staph..
Hard feces filling up rectum, passing involuntarily: Aloe. Cardiac hypertrophy
Dry, cold weather / prolonged grief, anxiety / strain from loss of sleep, night-
9. Chilly patient; worse dry cold, extreme weather, hot or cold; better
moderately damp, mild weather. 10. Caus. and Phos. are mutually
incompatible: neither precedes / follows the other. Caus., Coloc. and Staph.
follow each other in that sequence. Diphtherotoxin follows Caus. in chronic
bronchitis.

26. CHAMOMILLA (Cham.)

1. Acute colic of children with great restlessness; can be calm only if carried
about; abdomen distended; diarrhea.

2. Children's illness with marked peevishness, restlessness and acute colic;
restless whining; sullen and excitable. Child wants many things but refuses
when offered; can be still only when carried about and constantly petted,
otherwise very fretful and snappish. The best remedy for cross, teething,


27. CHELIDONIUM (Chel.)
1. Liver disorders; nausea, vomiting, bilious diarrhea; constipation alternating with diarrhea.


28. CINCHONA OFFICINALIS (Cinc.) (China: pronounced Kina)
1. Great debility from loss of body fluids; hemorrhages. Anemia. Periodic fevers: chill; flatulence.
2. Acute debility, prostration, from loss of body fluids: hemorrhages, suppuration, diarrhea, galactorrhea. Disposition to hemorrhage from every orifice of the body, with ringing in ears, fainting, loss of sight, general coldness, sometimes convulsions. Anemia. Suffocative catarrh, rattling, hemoptysis. 

Malaria: Marked periodicity, great chill, uncontrollable shivering; fever never returns at night. Bursting headache: intense throbbing of head and carotids: relieved by hard pressure; worse sitting or lying, must stand or walk for relief. Drenching sweats. Flatulent colic: belching gives no relief; entire abdomen seems filled with wind; better bending double. Colliquative diarrhea. Leucorrhea, bloody, instead of menses. Dysmenorrhea; profuse discharge, dark clots, abdomen distended; bloody leucorrhea instead of menses. Toothache while nursing child.


29. COCCULUS (Coccul.)


30. COLCHICUM (Col.)

1. Gouty / rheumatic / uric acid diathesis. Persons of robust constitution overtaken by debility. Debility from loss of sleep severely upsetting the digestive system. Metastasis of gout / rheumatism to stomach / heart.
2. Phlegmatic constitution, melancholic temperament. Gouty / rheumatic / uric acid diathesis. Persons of robust constitution overtaken by debility. Diseases of old people. Debility following loss of sleep, throwing the digestive system out of gear: aversion to all food, odor of cooking sickens. The prostration of *Ars. A.* without its restlessness. Debility in fever: mind befogged but no stupor; virtual loss of sleep; nausea / retching / vomiting; body hot, extremities cold. (*Colch.* has the prostration of *Ars. A.* – but not its restlessness – and the tympany of *China*). Great prostration, internal coldness, tendency to collapse: cholera. Typhoid / cholera: stool copious, watery, frequent, involuntary; Autumn / summer: diarrhea. Dysentery: when days are warm and nights cold - bloody, jelly-like, membranous scrapings / shreds, intense tenesmus, spasm of the sphincter ani, unable to stretch out legs; violent burning / icy coldness in the stomach / abdomen; Gastralgia: nausea / retching / vomiting from arrested perspiration; constant salivation, swallowing it causing nausea; stomach upset from eating too many eggs. Gout: pains worse in warm weather / evening / night; joints stiff, pain in small joints, inflammation of the great toe, gout in heel, can’t bear to have it touched / moved. Gout / rheumatism: metastasis to the stomach / heart; violent cutting / stinging pains in the chest, particularly about the heart, with great oppression and dyspnea; sensation as if the chest were squeezed by a tight bandage. Gouty diabetes: uric acid reappears as sugar disappears from the urine; rheumatism appears as uric acid disappears from urine. Nephritis: pain in kidneys, urine bloody, burning, dark (almost black) albuminous. Suppression of urine in typhoid. Kerato-iritis: pus in the anterior chamber of the eye; eyeballs very sore. Otorrhea: after measles. Susceptibility to all external impressions: light / noise / odors; smell painfully acute: nausea / fainting from thought / smell / sight of cooking / food; smells odors others can’t.

3. Pain in small joints: *Caul.*, *Led.*. Gouty metastasis to the stomach: *Ant. C.*; Urine black: *Lach.*; Hears sounds others can’t: *Coff. C.*. Pains better cold: *Led.*. *Colch.* has the prostration of *Ars. A.* without its restlessness, fear of death. 4. Rheumatic pericarditis: prevents / cures. Dropsy in liver / kidney disorders, with albuminuria, when *Apis / Ars. A.* fail / after scarlet fever. Salivation with sensation of dryness. *Tingling in finger nails* (No other healant has this symptom (J. H. Clarke)). Bad cases of typhoid. Absence of fear / dread of death. 6. Crude manners / misdeeds of others / grief / wetting / checked perspiration / warm days with cold nights / eating too many eggs. 9. Chilly patient; *worse* sunset to sunrise / cold / damp weather, summer heat, motion; nausea worse riding a carriage / sailing; pains better cold, though patient is chilly. 11. Cows bloated from eating clover. In dysentery *with tympany Colch.* scores over *Canth.* and *Merc.* *Colch.* may remove the external symptoms of gout, leaving the uric deposits in the blood and tissues – the disease may remain inside (J. L. Burnett).

31. **COLLINSONIA (Coll.)**

1. Pelvic and portal congestion: constipation, hemorrhoids. Chronic nasal, pharyngeal and gastric catarrh from portal congestion. Pruritus in pregnancy,
with piles. Venous engorgement. Cardiac dropsy. Constipation of children from intestinal atony.


32. COLOCYNTHIS (Coloc.)

1. Neuralgias from anger / chagrin / mortification / indignation / vexation / grief. Griping pains: an unfailing symptom, severe colic, often pains shooting up, inducing nausea / vomiting, better bending double. All pains better hard pressure.

2. Often indicated in the transition from cold to warm season. Irritable persons easily angered and suffering from after-effects; neuralgias / colic from offence / mortification / anger with indigation; diarrhea from grief / indignation / chagrin; suppressed lochia from indignation. Persons who have for years been labouring under annoyances / vexations. Seldom indicated in robust, vigorous, healthy persons suddenly becoming ill. Sedentary women with copious menses. Tendency to overeat / corpulence / constrictions / contractions / cramps / twitchings / shortening of muscles. The pains of Coloc. appear, as a rule, in the larger nerves: the nervous element predominates over the inflammatory. Clutching / cramping / pinching / squeezing colic; with cramps in calves. Griping pains, especially around the navel, an unfailing symptom and keynote of Coloc. -- whether of local origin or reflex from wind, undigested food, cold or violent emotions, forcing one to bend double / press the abdomen hard for relief: it may involve the bladder too as well as the ovaries. Diarrhea / dysentery preceded by severe tenesmus, renewed by least food / drink. Colic from eating cheese. Vertigo when quickly turning head, especially to the left, as if one would fall or from stimulants. Pains from the eyes shooting to the head, better from pressure. Shooting pain like lightning-shocks down the whole limb / left hip / thigh / knee. Relief from motion; twisting / turning / wriggling, the motion kept up steadily while the pain lasts. Urinous odor of perspiration.

3. Bad effects of anger / repressed indignation / silent grief (in ovarian and other diseases): Staph.. Intense pain along the right, sciatic nerve, darting / cutting from right hip joint to foot: Gnaphalium. For sciatica: pains run down the outer side of the thigh: Coloc. / Gnaphalium / Phyt. (E. B. Nash). Bry. is the nearest analogue to Coloc. in its entire action on the human body (J. H. Clarke). In colic if Coloc. fails: Kali C., or Rhus T. if better by movement. In the agonising colic of Cham. there is no doubling up as in Coloc.. Similar to Staph.

33. CONIUM (Con.)


34. CROTON TIGLIUM (Cr. T.)

1. Summer diarrhea, skin affections: concomitant or alternating.

2. Copious, watery stools, forcibly shot out squirts on in one gush: worse the least drinking / eating or while eating / drinking / during summer. Constant urge to stool, followed by sudden, gushing evacuation. Intense itching of the skin but scratching very painful. Pustular eruption especially on face and genitals; itching / burning. Cough / diarrhea alternating with skin symptoms. Inflammation of the eyes, as if the eyes were being pulled backwards by a string. Complete loss of voice from drinking cold water when overheated. Drawing pain
through the left into the back of chest. Pain from nipple to back / scapula of the
same side every time the baby nurses, as if nipple is pulled backwards by a
string. Symptoms tend to move from below upwards.

3. Neuralgic headaches of engravers and those doing fine needlework, from
overuse of the eyes, but without eye inflammation: Paris Quadrifolia; for the
same with eye inflammation: Crot. T.. Pain from nipple to back when nursing:
Sil.. 7. Summer heat. Engravers and those doing fine needle work.

11. Has an elective affinity for the skin of face and external genitals.

35. CUPRUM METALLICUM (Cup. M.)

1. Cramps, spasms, violent convulsions. Metastasis to the brain; mania;

2. Muscles: twitching, quivering, trembling; cramps; tonic / clonic spasms.
Violent convulsions: with blue face, clenched thumbs, screaming cries: followed
by deep sleep, as if dead. Epilepsy: aura begins at knees and often followed by
headache. Epilepsy during menses / from suppressed menses. Convulsions from
suppressed eruptions / measles / discharges. Convulsions during menses / from
suppressed menses. Dysmenorrhea with spasms. Cramps during coition.
Spasms from brain affections / vexation / fright. Metastasis to the brain from
the organs: meningitis, insanity, violent mania. Effects of overtaxed mind and
body. Chorea from fright / suppressed eruption. Convulsive, paroxysmal
whooping cough. Uremic convulsions. Girls who have always had their own way,
never been crossed, and as they grow toward puberty must submit to discipline,
developing mad fits and cramps. Cholera: with cramps / spasms: collapse.
Hiccups: preceding cramps; great nausea; vomiting relieved by drinking cold
water. Violent abdominal cramps / colic. Lack of reaction to treatment: all
symptoms relapse. Complaints more left-sided.

3. Effects of undeveloped / retrocessed eruptions: Zinc. Cramps during coition:
Graph., Sul.. 6. Overeating / faulty food / fasting / addiction to tea. 9. Heaty
patient; better drinking cold water, perspiration; worse vomiting. 10.
Oxydatum Nigrum, in very low decimal potencies for all kinds of worms in the
alimentary canal.

36. DIOSCORA (Dios.)

2. Gastric neuralgia: belching, pyrosis. Pain along sternum extending to
arms. Pains suddenly shift to different parts, to extremities: fingers, toes.
Griping colic, pains radiating from abdomen to back, chest and arms -- worse
bending forward and lying, better walking about / bending backward. Sharp
pains from liver, shooting up to right nipple. Gall stone colic. Renal colic with
pain in the extremities. Angina Pectoris: pain back of sternum to arms. Uterine
37. **DROSERA (Dros.)**


38. **DULCAMARA (Dulc.)**

1. Thermal changes: from dry, warm to damp, cold weather.

2. Effects of thermal changes: from dry, warm to damp, cold weather; warm days and cold nights; Sudden cooling of body when perspiring; bodily contact with damp cold surfaces; frequent / abrupt movement between warm and cold places. From taking cold: stiff neck, aching back / bones. Ringworm of scalp: thick, dark, brown crusts; of babies (possibly owing to abrupt change from sheltered antenatal life): bleeding when scratched; coryza of the newborn. Rashes / eruptions / sexual excitement preceding / during menses; dysmenorrhea with extensive blotches; arrested menses from damp, cold weather: breasts engorged and sore. Diarrhea / dysentery when weather suddenly turns cold / from damp, cold weather / repelled eruptions; cutting pain about navel. Cough from: physical exertion / cold, damp weather; spasmodic, hoarse cough. Rheumatism: from damp, cold weather / repelled eruptions; alternating with diarrhea. Ischuria from wading in cold water. Paralysis of single parts from lying on damp surface. Small boils in places hurt by concussion. Burning thirst for cold drinks.

3. Thermal change from warm to wet chill: *Bell. P.*. Lachrymal ducts closed from exposure to cold: *Calc. C.*. Effects of changes from cold to warm: *Kali S.* Skin rashes: before menses: *Con.*, *Kali Bromatum*; during profuse menses: *Bell.*, *Graph.*. Paralysis of single parts / from exposure to cold: Caus.. 6. Thermal change from warm to cold, dry to damp; repelled eruptions; hormonal changes occasioned by menses. 10. Complementary: *Bar. C.*, *Sul.*. 11. *Sul.* often follows and completes the cure in thermal changes from warm to cold. Externally *Dulc.* mother tincture is a soothing, healing application to smarting wounds.
39. ECHINACEA (Ech.)
An excellent external healant (like Calendula) for wounds, cuts, bruises, lacerations, ulcers, carbuncles. Prevents / cures pus formation, sepsis. For foul-smelling wounds, boils, gangrene etc. use mother tincture. Can be combined with Calen.. Poisonous stings / bites; internally in potencies. Last stages of cancer to relieve pain. Puerperal septicemia. Diarrhea in typhoid. 3. Calend., Gun powder.

40. EUPATORIUM PERFOLIATUM (Eup. Per.)


41. EUPHRASIA (Euph.)
2. Acute Conjunctivitis: red, inflamed, burning, swollen eyes with profuse, acrid lachrymation. Eyes agglutinated in the morning. Photophobia. Painful pressure over the eyes. Madras eye. The eye symptoms provide the key to the use of Euph. in any illness. First stage of measles with marked eye symptoms. Day time cough / whooping cough. Dysmenorrhea: discharge only an hour or day. Amenorrhea with opthalmia. Spasmodic retraction of genitals with pressure above the pubic bone. Prostatitis; dribbling urine; night time bladder irritability.

42. FERRUM PHOSPHORICUM (Ferr. P.)
2. In all fevers, middling between the violent restlessness of Acon. / Bell. and the torpid passivity of Gels.. Face flushed, more active than in Gels., never assumes the vacant, dusky hue of Gels.. Congestive headache; ill-effects of warm sun, better cold applications. Prostration. Inflammation anywhere, especially in the initial stages. First stage of all catarrhal and inflammatory fevers before exudation sets in. Anemia. Feeling as if sand under eye-lids; hyperemia of optic disc / retina with vision blurred. Acute otitis when Bell. fails, prevents pus. Bright hemorrhages from anywhere. Urine: incontinence, spurts when coughing; excessive urination during day-time. Diarrheas of infants: stupor with flushed face, pupils dilated, rolling of the head, soft, full-flowing pulse. Bronchitis of children. Ferr. Phos. 3x taken regularly is said to increase hemoglobin in anemia. Stiff neck, crick in back.

3. Ferr. P. acts brilliantly in the old, Fluoric Acid in the young (J. C. Burnett). Nocturnal enuresis: Lac. Can. (Specific, J. H. Clarke), Med. 11. In acute exacerbation of T. B. a fine palliative of wonderful power (W. Boericke). 12. In a case, in Raymond’s disease, of hyperemia of a low order of the fingers and toes,
in which amputation seemed inevitable Halbert effected a complete cure with Ferr. P. 6x (J. H. Clarke).

**43. FLUORIC ACID (Fl. Ac.)**

Very deep-acting healant: indicated in deep, destructive processes, bedsores, ulcerations, varicose veins. Complaints of of old age/prematurely aged with distended blood vessels. System over heated: internal and external: fevers week after week, year after year; great heat emanating from the body, evening, night; hands and feet burn - during day turning cold - with no hike in body temperature; copious, acrid, offensive sweat: soles, between toes, palms. Caries of ossicles and mastoid with profuse discharge; sensation of wind blowing through eyes; fistula: lachrymal/dental/anal. Imperfectly developed hair, nails, skin; incrustations won't heal, lustreless hair, dry, splits and breaks with necrosis, ragged ulcers; nails brittle, deformed, growing morbidly fast. Fig warts. Crusta lactea, dry, scaly, itchy. Syphilis infantum. Edema of extremities, especially lower, swollen prepuce. Necrosis of bones, especially long bones, of the ear, nose. Stunning headache, decreasing with urination, increasing if urine is not voided. Urethra: severe burning, during and after urination. Bilious diarrhea; warm drinks/food induce diarrhea; morning diarrhea with anal itching; profuse hemorrhage after stool; constipation with piles. Lusty, lecherous; obsessive sexual passion, driving one mad. Indifference towards those loved best; alienated from family. Mentally elated, buoyant. Puls., indicated in heaty cases, when turning the patient chilly, may call for Sil., which may bring back the heaty state and call for Fl. Ac. (Puls.- Sil.- Fl. Ac. are one of the well-known homeo triads). Indifference towards those loved best: Sep. 11. The Fluoric Acid man is antipodal to the Sepia woman.

**44. GELSEMIUM (Gels.)**

1. Fever: patient calm, still, drowsy, dull, with dusky, besotted look, eyelids heavy, drooping; pulse slow, compared to temperature; usually absence of fear/thirst; wants to be left alone; tendency to profuse urination, with relief.

2. Fever: usually without fear / thirst; patient calm, still, drowsy, wants to be left alone / neither to speak nor to be spoken to nor to have anyone nearby, even if silent; stupor, dizziness, trembling; face: dazed, drowsy, with dusky besotted look, lacklustre, glassy eyes, dilated pupils; eyelids heavy, drooping; violent headache, preceded by even blindness, begins in the cervical spine, extending into the head, with bursting sensation; vertigo: spreading from occiput, with diplopia / dim vision / loss of sight; needs raised pillows; headache / vertigo better by profuse urination; feeling of contraction of the skin of mid-forehead / face / muscles of the face / particularly mouth: talking difficult. Complete relaxation / prostration of the whole muscular system with total motor paralysis; lack of muscular coordination. Pulse slow relative to temperature. ‘Flu, dengue / typhoid. Measles with catarrhal symptoms, retrocedent with livid spots – aids in bringing out eruptions. Delirious on falling asleep. In fever child is startled, grasps the nurse and screams. Eyes: ptosis; eyelids too heavy to open; one pupil dilated, the other contracted; serous
inflammations, retinal detachment / glaucoma / descemitis / hysterical amblyopia. Throat: pain from throat to ear; feeling of lump in throat. Post-diphtheric paralysis. Swallowing difficult; muscles of throat / esophagus paralysed: fluids come out through the nose. Tremor / twitches of single muscles: face / chin / tongue etc. Bad effects of fright / fear / exciting news / sudden depressing emotions / worries / anticipation of facing some situations / stage fright; diarrhea from emotional causes. Labour pains go up, backward or down thighs.

4. One of the leading healants in typhoid. Insomnia from exhaustion / uncontrollable thinking / worries. Slow / weak pulse of old age. Corrects blurring and discomfort in the eyes even after accurately adjusted glasses. 6. Depressing emotions / fright / fear / bad news / excitement / worries; heat of sun / falling barometer / thunder storms / damp warm or cold weather; colds from getting overheated; alcohol; masturbation. 7. Children / young people, especially women of nervous / hysterical temperament; typhoid. 9. Generally heaty patient; worse warm / damp weather, before thunder storms, emotions / excitement / bad news, tobacco, thinking of one’s ailments; better bending forward, open air, stimulants, copious urination.

45. GRAPHITES (Graph.)


3. Great heat of palms: Phos.; Fissures in anus: Nit. Ac., as if splinters pricking the anus; in Sil. the stool has to be forced out but slips back; tenesmus marked in both while in Graph. tenesmus is conspicuously absent. Nose bleed, rush of blood to head and flushed face preceding: Melil.. Sensation of heat on the vertex: Lach., Rhus T., Sul.. Leucorrhea before menses: Sep.; after: Kreosote; ten days after: Bor., Bovista, Con.. Rashes before menses: Con., Dul.; during: Bell.. Cramps during coition: Cup. M., Sul.. 4. Develops the skinphase of internal disorders. Eradicates tendency to erysipelas. 9. Sensitive to both summer and winter. Affections more left-sided. 10. Follows Lyc. well (C.Hering).

46. HAMAMELIS (Ham.)


47. HEPAR SULPHURIS CALCAREUM (Hepar.)


3. Dry, cold weather: Acon., Spon.; Acon., Spon., Hepar., in that sequence particularly for respiratory disorders of the season. Bladder difficulties of old men: Phos., Sul.. Children smelling sour: Sul. Ac.. Hep. better in warm wet but Sil. in warm, dry weather. Skin eruptions of Hep. are moist, suppurating and intensely sensitive to touch. Hep. better in damp weather, Nat. S. worse. Sensation of fishbone in throat: Arg. N., Nit. Ac.. 5. In cough when there is hot, dry skin, with no sweat. Hepar. must be differentiated from Kali Bi. and Bromine, neither of which is indicated in fever; tenacious secretions indicate Kali Bi., spasmodic cough, Bromine. 6. Dry, cold drafts / weather. Colic after abdominal surgery. 9. Chilly patient; better: damp, warm weather, wrapping oneself up, lying on painful side, eating. 10. Antidoted by Bell., Cham., Sil.. Follows Mer. in inflammations, abscesses. Antidotes Iod., Mer., Fish liveroil. 11. In suppurations Myristica Sebifera acts more powerfully than Hepar or Silica. Hepar in very low potencies to initiate free drainage in stuffy colds.

48. HYDRASTIS (Hyd.)

1. Chronic diseases where the body, rather than the mind, has suffered; catarrh of all mucus surfaces. The stomach is the center of the symptom complex. Constant weight at stomach, with fullness and empty 'gone' feeling of hunger. Obstinate constipation, small pox, cancer.

2. Virtual absence of any significant mental symptom – except the general want of cheer incidental to long illness. Chronic diseases where the body alone has suffered. Facial expression dull, heavy, sodden-looking, yellowish-white in colour. Catarrh of all mucus surfaces: nasal, pharyngeal, bronchial, gastric, duodenal, intestinal, urethral, vaginal: yellow/white, tough, stringy. The stomach is the centre of the entire symptom complex. Weight at stomach, with fullness, sinking, empty, aching 'gone' feeling of hunger, with loathing of food: a
striking, strange, rare and peculiar symptom: it is constant, not occurring at special times like Sul. etc. and it is not relieved, even worse, by eating. Eructations sour, at times putrid; nearly all foods disorder the stomach; vomits all food, retains only water / milk. Obstinate constipation with no urge to stool; constipation especially after purgatives. Constipation of infants: all symptoms other than constipation conspicuous by their absence. Old cases when enemas no longer act and the feces remaining high up don’t come down into the rectum. Obstinate piles, ulceration and fissures of anus; chronic diarrhea: yellow, watery. Jaundice: stool pale white, liver enlarged, hard, nodular. Chronic catarrh of the bladder; urine smells foul, decomposed with thick, ropy mucus. Thick, yellow, viscid leucorrhea, vaginal soreness, itching vulva; uterine hemorrhage; menorrhagia / metrorrhagia; scirrhus of uterus/breasts; nipple retracted; sore nipples/mouth of nursing women. Goitre of puberty / pregnancy. Eyes: ophthalmia: acute, catarrhal; lids swell, secretions thick, copious, smart, burn; cornea opaque. Otitis media, deafness after scarlatina; eustachian catarrh with high pitched voice. Stringy, yellow/white mucus from nostrils, which are raw; sinusitis after coryza. Adenoids. Burning ulceration of the mouth / gums / tongue; aphthae. Catarrhal sore throat, granulated / ulcerated; thick, viscid, yellow mucus from throat. Obstinate catarrh of larynx / trachea / bronchi with copious thick, ropy mucus and ulceration. Old age: catarrh of chest / bronchitis; thick viscid expectoration; rattling cough. Eczema of scalp, elsewhere with thick crusts; eczema in the margin of the hair on the forehead; skin jaundiced. Small pox: internally and externally Hyd. will prove effective. Not a specific in all cases of cancer but it is in cancer Hyd. has won its chief fame. More cases of cancer have been cured with Hyd. than with any other healant. Cancer of liver. Deep eating, spreading ulcers on the skin / mucus membrane with thick, viscid, yellow pus. Effectively ameliorates, restrains malignant ulcers: burning sensation, a strong indication.

3. Sinking, empty, aching ‘gone’ feeling in the stomach not relieved by eating: Ign., Sep. (with Ign. it is purely nervous, with Sep. due to nervous disorder), relieved by eating: Anacardium Orientale. Ringworm of the scalp with thick crusts: Dul. Complaints center round the stomach: Ant. C.. Hyd. follows Lyc. in indigestion. 4. To prevent adherent placenta after delivery: Hyd. 3x three drops daily from the fourth month of pregnancy. In small pox it relieves the irritation almost instantly, removes the swelling, diminishes the odor, the secondary fever, prevents excessive pitting; also said to contain the contagiousness of small pox (J. H. Clarke). It modifies the disease, abolishes its distressing symptoms, shortens its course, lessens its danger and greatly mitigates its consequences (J. J. Garth Wilkinson). 9. Chilly patient; worse cold / open air, washing, wet weather, but worse moving from a cold to a warm place, dry / warm weather, warm covering. 11. Three drop doses of Hyd. Ø to relieve constipation of babies. Hyd. said to nourish patients cured by Tub.. Cures habitual adherence of placenta after delivery. Is a uterine hemostatic. Hydrastin Sulph. 1x: for hemorrhage of bowel in typhoid.

2. Sanguine / irritable / nervous hysterical. Violent disturbance of the nervous system, as if some diabolic force took over the brain and perverted its functions. Mania: abusive, obscene, lascivious, unseemly; immodest acts, gestures and expressions; persistently stripping oneself, exposing the genitals, lies naked; nymphomania, lascivious behaviour, sings / talks amorously (leading healant); Passive delirium, hallucinations, incessant low muttering, giggles, talking to oneself without end. Jealous, suspicious, susceptible to fright, afraid of being poisoned; talkative without any restraint, jumping from topic to topic; great hilarious intoxication; insane urge to laugh, giggle, gesticulate and shout; fits of ungovernable rage; aftereffects of powerful emotions like unrequited love / fright characterized by excitement / depression; Intense sleeplessness; violent outbreaks of delirium, with high fever, calls up dead persons and enters into conversation; attempts to run away; violent, bites, strikes, beats people around; delirious, stupid muttering; children: twitch, sob / cry in sleep, tremble and awake frightened, become sleepless, restless; convulsions of children, especially after fright, of babies from nursing after fright in the mother. Face pale, bluish, sunken, twitching of almost every muscle in the body; spasms, unconsciousness; violent convulsions followed by lesser convulsions of single muscles; little jerkings, twitchings, contractions of single muscles; frothing at the mouth, biting of the tongue; marked aversion to light; stupor with convulsions; coma vigil; spinal meningitis with convulsions. Chorea: every muscle of the body twitches, from the eyes to the toes, none quiet for a moment; chonic spasms. Violent convulsions at night with consciousness; suffocating fits, epileptic attacks ending in deep sleep; vertigo preceding epilepsiy: sparks before the eyes, ringing in ears, gnawing hunger, preceding the attack. Fever: scarlatina / pneumonia / typhoid-pneumonia / influenza taking the typhoid form / typhoid state: sordes, urine / feces involuntary; stupor: easily aroused by least noise, but lapses into stupor again; lungs get engorged from hypostatic congestion / pneumonia: snoring, rattling respiration, mouth open, lower jaw drops, picking at bed clothes, subsultus tendinum; parotitis with metastasis to the brain; fondles penis in fever. Hydrophobia with high fever and delirium. Spasms during pregnancy; convulsions: during menses / following labour / puerperal; diarrhea involuntary in pregnancy, of hysterical women / young girls; retention of urine after childbirth. Toxic gastritis; nausea with vertigo; vomiting with convulsions, burning in stomach, hemetemisis, violent cramps relieved by vomiting; colic as if the abdomen would burst; belching, hiccup, vomiting, tympanitis; diarrhea involuntary, aggravated by mental excitement / during sleep / typhoid. Swallowing difficult: muscles of throat / esophagus paralysed: fluids come out through the nose / go down into the larynx. Involuntary micturition. Involuntary stool from excitement. Intense sleeplessness. Complaints from inhaling ether. Cough with elongated uvula: the uvula hangs down, touching the root of the tongue; paroxysmal cough, periodic
from excitement in sensitive / hysterical girls; cough on lying down, hacking, rocks the whole body, better / ceases sitting up; cough after measles.


50. HYPERICUM (Hyp.)


51. IGNATIA (Ign.)

1. Women, children; hysterical with rapidly changing moods, of joy and sorrow, excitement and depression. Paradoxical symptoms. Patient very nervous and sensitive, too sad with silent grieving and long-drawn sighs; suppressed grief, sudden bereavement, unrequited love.

2. Guernsey depicts the Ign. mental state: suppressed or deep grief, with long-drawn sighs, much sobbing; too unhappy, entirely immersed in grief, hopeless; hysterical, variable moods and fantastic illusions; unable to sleep. Desires solitude, hides grief from others. Too sensitive and nervous. Hysterically unstable: rapidly changing mental states: excited and merry at one time but suddenly becomes very depressed and melancholy and breaks into tears. Easily frightened. Imagines she is guilty of some dereliction of duty. Disappointment in love. Infatuated with men she would ordinarily despise or with married men she would not fancy otherwise. Hysterical excitement, originating in the menstrual period, but becoming recurrent. Spasms from censure / punishment / mortification / silent grieving. Home sickness. Headaches triggered by anger/grief of hysterically nervous women, often one-sided and relieved by copious urination. Chorea / convulsions / epilepsy following fright / chagrin / punishment. Tonsillitis, diphtheria, when the throat is relieved by swallowing only solids, not liquids even. Fever: thirst only during chill, red face during chill;
chill relieved by external heat; heat aggravated by external covering. Incessant
cough without relief: the more the cough the greater the irritation to cough,
leading to spasms. Aggravated by tobacco smoke. Empty feeling in stomach, not
relieved by eating. Sharp pain shooting upward into the rectum, frequent desire
for stool; while trying to defecate rectum gets prolapsed, with or without stool.

3. Empty feeling in stomach, not relieved by eating: Hyd., Sep.; relieved by
eating: Anacardium Orientale. 4. Stops loud laryngismus stridulus instantly. 6.
Grief, bereavement, disappointment, separation, unrequited love. 7. Women,
children, hysterical state. 9. Chilly patient. 11. J. H. Clarke warns against the
erroneous notion that Ign. is a remedy only for hysteria or that it is the only
remedy for hysteria. It has cured even plague, not to speak of periodic and
rheumatic fevers etc. (Turks wear the bean as prophylactic against plague). Ign.
can cure many effects of deep grief, if recent; otherwise it has to be followed by
Nat. Mur., its chronic complement. Compare Lach..

52. INFLUENZINUM (Infl.)
Influenza syndrome: often when symptoms are suggestive of both Eup. Per. and
Gels.. Entire body sore with acute pain in the bones, backache. Fébrile heat,
head very heavy and aching, cough, gastric derangement, exhaustion. Dengue
and its cognates. May be combined with Bacil. when symptoms call for both.
Deeper acting than Eup. Per.. For the after-effects of ‘flu, dengue, especially the
prostration, nagging cough, disordered digestive system: Sarc. Ac. / Natrum
Salicylicum may prove very valuable.

53. IODINE (Iod.)
1. Intense restless anxiety, aggravated by keeping still; keeps on walking to
contain possible violent impulses. Rapid metabolism: voracious appetite, keeps
on eating, yet emaciated: Iod. patient is invariably emaciated. Glands swollen.
Always feeling hot.

2. Anxiety aggravated by keeping still; the more one keeps still the more
anxious one becomes, so one keeps walking day and night lest one get suddenly
excited by unprovoked violent impulses to destroy / tear things / kill oneself or
others. Excited / melancholic / depressed; intolerably restless, mentally
prostrated, yet one must keep walking, which leaves one exhausted. Anxiety /
depression over the present – not the future. Fear of people, shuns everyone.
Rapid metabolism: Voracious appetite, always hungry, keeps eating between
meals and is yet hungry with much thirst, eating ameliorates. (Lack of appetite
no contra-indication – for lower potencies.) Despite eating well and often is
emaciated for want of assimilation; only glands bulge up and the flesh
emaciates; great debility, the slightest effort excites perspiration. Patient too
thin, dark complexioned with enlarged lymphatic glands; tubecular. Thyroid
enlarged, goitre, with enlarged heart, protruding eyeballs, constant motion of
eyeballs. Uvula / sub maxillary glands swollen. Glands / respiratory /
circulatory organs atrophy; induration / atrophy of testes (with impotence) /
mammae / ovaries / uterus. Atrophy of nerve / brain tissues; emaciation of
single parts. Hypertrophy: liver / spleen / ovaries / testes / other glands, making them nodular, hard, particularly the mesenteric glands; hydrocele; acute hydrocephalus; ovarian dropsy; cardiac anasarca. Orchitis: pain extending to the abdomen. While glands enlarge, body withers, muscles shrink, skin wrinkles. Tuberculosis of all kinds; of rapidly growing young people, thin and dark; pleuritic effusions. Pneumonia with lung consolidation; right sided pneumonia with high temperature; inspiration difficult. Bronchi raw, cough worse indoors, in warm, wet weather and when lying on back. Diphtheria: when the diphtheria-like exudation appears in the feces. Sudden, violent influenza. Acute nasal engorgement associated with high blood pressure. Swollen / deformed joints left behind after acute rheumatism (lower potencies). Rheumatism: gonorrheal / of nape / upper extremities. Profuse uterine hemorrhages; cancer of the uterus. Chronic leucorrhrea: so profuse as to bore holes in the linen. Hypertrophy of all glands, but mammary glands dwindle. Growth defects / curvature of bones / of children. Jaundice: Liver cirrhosed. Persistent headache with vertigo in old persons. Vertigo on left side, worse stooping, with tremor at heart, fainting. Urine: incontinence of the aged, prostate degeneration. Chronic morning diarrhea of emaciated children. Empty eructations from morning to night, as if all food turned into air. Saliva increased, soapy, foul. Always feeling too hot; emaciation in almost all the conditions calling for Iod.

3. Both *Ars. Alb.* and *Iod.* are anxious and restless but *Ars. Alb.* is chilly and *Iod.* heaty. The *Kali Iodatum* patient is not fatigued by walking long distances to overcome his mental anxieties, whereas the compulsive walk saps the *Iod.* patient. In growth defects *Iod.* follows *Calc. C.* well. 5. Not to be given during lying-in except in high potencies, if indicated. 7. Young persons who grow rapidly, emaciate. 9. Heaty patient.

54. IPECACUANHA (*Ipec.*)


3. In pregnancy to relieve the persistent nausea, water-brash, vomiting: *Symphoricarpus Racemosa* is often more efficacious than *Ipec.*. 11. *Ipec.* is short-acting and bears repetition. May be alternated with *Ars. Alb.*, with good
results. *Ipecac* plant palliates bee stings / mosquito bites, applied externally (J. H. Clarke).

55. **IRIS VERSICOLOR (Iris V.)**

2. *Sick* headache: begins with a blur before the eyes: after relaxing from mental strain; concomitant with gastric symptoms, worse rest. Nausea, profuse water-brash; vomiting: acrid bile, burning the esophagus, *sour* (the whole person may smell sour as a result), bloody; *intense burning of the entire alimentary tract, from mouth to anus*. Ropy saliva, vomiting of thick *ropy* mucus. Unable to relax from sheer exhaustion due to over work. (This indication needs further confirmation). Vomiting of ropy mucus after *Kali Bi.* has failed. Diarrhea with intense burning around 2-3 a.m.. Sick headaches every eighth day. Headache with diarrhea. Sciatica, wrenching, more left-sided, worse motion: Rheumatism often gonorrheal. Herpes zoster, more right sided, with gastric disorders; psoriasis, eczema, pustular eruptions. Aborts felon (C. Hering).

56. **KALI BICHROMICUM (Kali Bi.)**


2. Mucus membranes everywhere affected: catarrh of pharynx, larynx, bronchi, nose: tough, stringy, thick, tenacious mucus secretions, often *yellow*. Rattling, gagging cough, great difficulty in hawking up phlegm, *which slips back even as it is raised*. Discharge of hard, tough, elastic plugs of greenish yellow mucus from nose. Violent pain from occiput to forehead if discharge ceases. Crusts and scabs keep forming in the nostrils, despite removal. Inflammation extends to frontal sinuses. Nostrils blocked. Nasal diphtheria; chronic suppurative otitis media, with stringy discharge. Catarhh of the pharynx / larynx / bronchi / nose: tough, stringy, viscid secretions - *a strong indication*. Milk in nursing women as if composed of stringy mucus and water. Acute *pain in small spots* that can be covered by the tip of a finger. Pain from mid-sternum to back on coughing. Chronic duodenitis. Vesicles with a depressed centre; ulcerations round, deep, as if punched out: corneal ulcers disposed to perforation. Gastric / duodenal ulcers. Alternation of catarrhal / gastric / dysenteric symptoms with rheumatism. Wandering rheumatism from joint to joint. Dysentery: jelly-like, frothy with tenesmus and plugged-feeling. Burning in urethra; unable to void urine completely, a drop seems to remain stuck; urethra clogged up; ropy mucus in urine, albuminous, with pus, blood etc; nephritis; hematochyluria.


57. **KALI CARBONICUM (Kali C.)**
1. Bag-like swelling of upper eye-lids. Violent, dry, paroxysmal cough. Sequele of pneumonia. Aggravations: 2 a.m. to 4 a.m., pronounced around 3 a.m.


58. KALI MURIATICUM (Kali M.)


8. More left-sided. 10. Kali M. follows Bell. well in catarrhal / hypertrophic conditions. Puls. its vegetable analogue.When Kali M. in alternation with Calc.F. fails to relieve piles: Kali S.

59. KALI PHOSPHORICUM (Kali Ph.)


2. Oversensitive, nervous, delicate persons; nervous prostration from long suffering and much sorrow, vexation, anxiety, prolonged mental work or broken down by sexual excesses or vice. Brain-fag, cerebral anemia. Foul breath with low nervous condition, brownish coating on tongue. Feeble memory for words from mental prostration. Night terrors of children. Aversion to husband /


60. KALI SULPHURICUM (Kali S.)


3. Oxaluria: Oxalic acid., Nitromuriatic Acid. Effects of thermal changes from warm to cold: Dulc.. 4. Kali S. often indicated after Tub.. It is complementary to Puls. unless the patient is chilly and cold and better rest -- then Sil.. 9. Heaty patient. 10. Kali S. When Ferr.P. fails to induce perspiration; when Mag.P. fails to relieve pains; when Kali M. in alternation with Calc.F. fails to relieve piles.

61. KREOSOTE (Kre.)

2. Characteristic: Predisposed to decomposition; severe inflammation of tissues – tending towards gangrene; putrid odor of affected parts; very offensive, excoriating secretions/ excretions. Hemorrhagic constitution; profuse bleeding from small wounds; epistaxis / hemoptysis / hematuria. Throbbing pulsations all over the body. Corrosive, fetid, ichorous discharges from mucus membranes.

Diphtheria with terrible mouth odor. Bronchitis with most offensive foul breath and sputum. Gangrene of lungs. Nose -bleed; bleeding from inflamed eyes. Cadaverous smelling vomiting; sympathetic vomiting proceeding from lungs / liver / uterus / kidneys. Putrid feces; copious, foul, acrid, foamy urine; urinary incontinence, can urinate only lying down, too urgent to withhold, bed-wetting.
in first sleep, yet dreams urinating properly. Gums puffed, red, tumid, settle away from teeth, turn spongy and bleed. Ulcers in the mouth smarting, burning. Menses too early, profuse, prolonged, painful; relieved by cold drinks; flow when lying down, ceasing on sitting up / walking about; flow intermits, commences again. Leucorrhea: acid, corrosive, fetid; worse between periods. Vaginal burning during coition (penis smart and burns by the contact); discharge of dark blood next day. Lochia: dark, brown, lumpy, acid, offensive, intermits, starts again. Retained placenta: putrid state of womb after delivery. Violent, corrosive itching of genitals; prolapse of vagina / uterus. Cancer of uterus: Copious discharge of dark, clotted blood / of pungent bloody ichor. Violent itching, moist, scurfy eczema: eyelids / joints / back of hands. Overgrown: too tall for one’s age. Children: old-looking, wrinkled, emaciated; teeth start decaying even as they appear. Summer diarrheas of infants. Complaints more left-sided and usually worse from 6 pm to 6 am.

3. Overgrown for age: Phos.. Gum disorders: Merc., but Kre. often scores over Merc.. Hemorrhagic: Cinc., Crocus Sativus, Crotalus, Ham., Mill.. Urinary incontinence: Caus., Ferr. Ph., Puls.. Retained placenta: Canth., Pyr.. Antidote: Ferrum Metallicum, Nux V.. Inmical: Car. V.. Complementary in malignant diseases: Ars., Phos., Sul.. 11. At the close of typhoid fever, if there be vomiting, bleeding, diarrhea: the vomit so acrid as to peel off skin from the mouth, turn the lips raw, excoriation from acrid fluids, throbbing all over the body: all together call for Kre. (J. T. Kent). Crusts forming on the margins of mucus membranes, indurations under the crusts which continue to increase; feeble circulation around the margin of lips and corners of the mouth, eyes, eyelids, genitals; venous engorgements with crusts that ulcerate, bleed and pile up until a phagadenic spot comes, much like epithelioma, all of which Kre. can cure. (J. T. Kent).

62. LAC CANINUM (Lac C.)


2. Dreams, illusions, visions of snakes. Throat symptoms: tonsillitis, diphtheria; acute sore throat, painful inflammation, rawness. Sore throat beginning and ending with menses. Enlarged glands. Mastitis: great tenderness, soreness, can’t bear the least jar. Breasts swollen, painful before menses. Helps to dry up milk. Women violently hysterical with strange and apparently impossible symptoms. Flatus from vagina. Headache from cold draft, better in a warm room. Vertigo: when walking feels as if floating in the air; when lying as if one were not on the bed. Backache unbearable, across the supra-sacral region to right natis and sciatic nerve: worse rest and initial movement. Spinal ache from neck to coccyx. Rheumatism: better cold applications. Symptoms in illness rapidly changing from one side to the other and back.

3. Sore throat before menses: Magnesia Carbonica; during menses: Calc. C.. Helps to dry up milk: Puls.. Flatus from vagina: Lyc.. Women violently
63. LACHESIS (Lach.)


2. Religious insanity; great loquacity; imagines oneself wicked, guilty; great hurry in everything one does, chatters about in hurrying others; hopping from one theme to another without end. Prolonged despair, melancholy, depression, weeping from disappointment / grief. Women violently hysterical with strange, inexplicable symptoms. Delusions of being under super-human control: hears voices commanding one to offence / violence. Jealous, very suspicious. Flushes of heat on the vertex on waking or falling asleep; surging waves of pain in the head, worse by movement. Sun headache. Persons who can't stand the sun and suffer in summer. Faints from warm bath. Pain in the heart with breathing distress. Inflammations with sensation as if the inflamed parts were hammered upon: ovary, fistula in ano, hemorrhoids. Fistula lachrymalis with long-standing facial eruptions. Typhoid conditions: dry crusts on teeth, sordes; tongue seems like leather, trembles, moved with much difficulty, speech blurred. Drooping of the lower jaw. Typhoid-pneumonia. Septic mumps. Throat affections from left to right, with swelling of tongue, seems immobilized, can't be protruded, quivers, jerks on protrusion, unstable. Copious, dripping, stringy, soapy saliva. Throat affections with pain in the shin bones. Empty swallowing is agonising, liquids swallowed with less pain (better by hot drinks), solids with least pain. Sensation of ball or lump in the throat. Diphtheria, croup, tonsillitis. Diphtheria carriers. Defective vision after diphtheria. Quinsy: breaks it up in its inception, resolves it in its later stages. Paralysis of vocal chords, loss of voice. Epilepsy: during sleep / aura creeps down spine. Congenital cyanosis. Oversensitive to contact from the extreme uneasiness it causes. In uterine complaints can't bear to have clothes on abdomen. Sense of constriction around the neck, must loosen collar -- collar and neck band must be very loose. Ascending sensations: in throat, from eyes to vertex, from nape, from ovary to heart. Hemorrhages: uterine / typhoid; hemorrhages like flakes of very dark decomposed blood, looking like charred straw. Hemorrhage of the optic nerve / retina. Defective eyesight after diphtheria. Blood does not coagulate. Purpura hemorrhagica. Too scanty menses -- when Sepia seems indicated but fails. Pain in throat instead of menses. Uterine disorders, with intolerance of pressure of clothing, moving from left to right. Left ovary too painful and enlarged, indurated. Dysmenorrhea before and after the flow, relieved during flow. Labour pains surge upward or cease suddenly with clutching at the throat. Climacteric syndrome: flushes of heat, palpitation, hemorrhages, leucorrhea, severe headaches, anemia, fainting spells. Headache with cardiac complaints. Dropsy: dark offensive urine,

8. Most complaints are left-sided or proceed from left to right, but right laterality is no contra-indication. 9. Heaty patient; worse by sleep: patient sleeps into aggravation; better (all complaints) by discharges. 11. *Lach., Lyc., Med., Psor., Str., Syph., and Ver. Alb.* are some important complementary healants in many mental disorders.

### 64. LEDUM (Led.)

1. Trauma: particularly punctured wounds: *pains shooting upward*; Tetanus; Rheumatism. Relief from cold applications.


### 65. LILIUM TIGRINUM (Lil. T.)

1. Women: highly irritable, fidgety, hysterical, insane -- with cardiac and uterine complaints. Mental and physical symptoms alternate. Uterine prolapse:
with a dragging down from the stomach / throat. Nymphomania in nervous / overwrought women. Listless yet can't keep quiet, restless yet can do nothing. Changing moods.

2. The female reproductive system, the root cause of all complaints. Women highly irritable, nervous, fidgety, crazy, hysterical, insane -- with cardiac and uterine complaints. Mental and physical symptoms keep alternating. Snaps even when spoken to kindly. Consolation aggravates. Wild / crazy feeling in the head driving one to act mad: uncontrollable urge to do something crazy, violent. Disposed to curse, strike, become obscene. Fear of insanity. Changing moods: tormented by fanatical ideas, whipped up to frenzy; religious melancholy, despondency, sits and broods. Nymphomania: violent sexual excitement with spasm, palpitation, alternating with fear of moral obliquity; constant hurried feeling; sexual depravity / excesses in nervous overwrought women. Sensation as if the heart were caught in a vise. Palpitation, rapid pulse, pulsations all over the body; angina pectoris with pain in the right arm. Uterine hemorrhage, prolapse: bearing down, a downward, acute dragging pressure from the throat / chest / stomach to pelvis, as if everything would be forced out of the vagina: must keep supporting the abdomen. Menses: flow only when moving about. Tenesmus: rectum / bladder: from uterine displacement -- when the fundus of the uterus is turned back to the rectum; frequent urging to stool as if a ball were in the rectum; teasing to urinate; dysuria: burning, smarting. Can lie only on the back, worse lying on either side. Pain in small spots, constantly shifting. Pulse too fast for the temperature.


66. LYCOPODIUM (Lyc.)

1. Intellectually keen, physically lean and weak; senescence; premature aging; loss of self-confidence, forgetful. Great flatulence; symptoms tend to shift from right to left: generally worse between 4 p.m. and 8 p.m. Red sediment in the urine. Impotence. Delayed puberty. Hepatitis. Pneumonia; Diphtheria. Extremes of life: old people, children.

2. Intellectually keen but physically thin and weak. Premature aging; failing brain-power; premature graying / baldness. Loss of self-confidence: dread of appearing in public as marked as with Sil.; but when one does, fares admirably with assurance. Pre-senility: tired state of mind, forgetful; averse to undertaking anything new, averse to company, yet dreads solitude (the Lyc. woman is
nervous about strangers, visitors, friends, but at home with her close circle of people). Religious melancholy: sits and broods, despondent; progressive insanity leading to a suicidal state; weeps on meeting friends / receiving gifts; the slightest joy brings tears. Any exertion aggravates. Precocious but weak children; children who look prematurely old; withered boys with dry cough. Patients -- young or old -- emaciated above, especially about the neck, while the lower parts seem relatively well-nourished or semi-dropsical. Headaches of gastric origin, yet better from eating; emaciated boys subject to prolonged, severe headaches: from taking cold. Withered boys with dry cough and chronic headaches. Headache alternating with gout. Head symptoms better by motion and in cool, open air. Hydrocephalus, chronic, screams in sleep. Cerebro-spinal meningitis: impending paralysis -- somnolence, staring eyes -- jaw drops. Eyes half-open during sleep. Patches of eruption on the scalp; smooth balding patches; patches on the face; eczema behind ears: bleeding / oozing watery fluid. Eczema of infants / of withering children with Lyc. headaches: with moist oozing and red sediment in the urine, which relieves the headache; when the sediment recedes the headache returns promptly, lasting for days. Humid, suppurating eruptions, crusts and fissures, behind ears. Vesicles, scaly, moist or dry about the lips, under the nostrils, behind the ears, on the genitals; skin becomes thick, indurated; violent itching. Thick, yellow discharge from the nose; green crusts blown out of nose and hawked out of throat; headache comes back in full swing when the catarrh is slacked up by a bout of cold. Deafness after scarlet fever: otorrhea -- discharge purulent, ichorous or severe otitis media. Diphtheria: right to left; tonsillitis, right or right to left. Throat symptoms better by warm drink. Chest catarrh of infants: rattling, nostrils flap, little expectoration. Snuffles of infants / children; infants with rattling respiration through the nose -- when the nose is stuffed up and blocked, breathe only through the mouth without end. Pneumonia: when the case takes a serious turn: hepatization, wrinkling of forehead and brows, dyspnea, flapping of the nostrils, scanty expectoration; unresolved / neglected cases of pneumonia. Asthma after pneumonia / bronchitis: copious expectoration of thick yellow / green muco-pus, tough and stringy; Lingering cough long after. Children who wither after pneumonia / bronchitis -- emaciation, marked about face and neck, take cold easily, suffer from nocturnal headaches, scream out in sleep in confusion, wake up frightened, look wild until they are able to collect their wits. Asthma: cold settles in the chest with much whistling; wheezing and dyspnea. Chronic bronchial catarrh of the aged. Scarlet fever: albumen, edema of face, hands and feet after the fever. Flatulence: ascending / descending: abdomen distended like a drum. Scirrhus of pylorus. Vomiting; of bile, coffee-ground / black, inky vomit. Hepatitis, old hepatic congestions. Food / drink regurgitates through the nose. Constipation when away from home / travelling of children. Male: impotence: persons of feeble vitality, overwrought, over tired: penis relaxed, premature emission, enlarged prostate. Female: Delayed puberty: breasts, ovaries undeveloped -- point to Lyc., subject to symptom-totality. Labour pains run upward. Chronic metritis; Flatus from the vagina. Vaginal dryness. Pudendal varicosity. Amenorrhea lasting for months. Menses too late, prolonged, too profuse. Women with ungratified sex. Children wetting bed. Dysuria of children: heavy red sediment in urine -- child screams to pass urine. Hernia of children: right side. Emaciation of single parts; numbness of fingers
and toes. Clumsiness, awkwardness / trembling of limbs. Rheumatism: relieved
by motion.

3. Sul. to be distinguished from Lyc. by the absence of flapping of nostrils and
wrinkling of forehead and brows in grave illness. Both CalC. C. and Lyc. are
indicated in alarming states of typhoid: the patient becomes stupid, lies with
dropped jaw, half-open eyes, passes urine involuntarily; after the
fourteenth day the rash does not appear and the patient sinks into an
unconscious state, with muttering delirium, picking at bed clothes or grasping at
flocks, distended abdomen, great rumbling flatus, constipation, sudden jerks of
limbs here and there, breathing snoring, rattling; pulse rapid, intermitting;
involuntary / retained urine, and urine with reddish deposit. CalC. C. too has
that state but CalC. C. is usually diarrheic and it has hallucinations in addition.
When indicated CalC. C. will bring out the rashes and save the patient. Lyc. may
be distinguished from CalC. C. by its dry but swollen tongue, inability to
protrude it; when protrusion is attempted it rolls from one side to the other,
much like a pendulum; and the patient is constipated (E.A.Farrington). Fan-like
motion of the nostrils: Chel. Ant. T., Phos., Pyr., Sul. Ac.. Child screaming before
and during urination: Bor., Sarsaparilla (with grey sediment). Women with
ungratified sex: CalC. C., Picric acid, Platina, Con.. Flatus from the vagina: Lac
Can.. Can't lie on the right side: Merc., on the left side: Phos.. Compare Graph.

skin symptoms. Diffidence to face the public: Sil.. Constipation of children when
Lyc. fails: Ver. A. Eyes half-open: Pod. Hyd. follows Lyc. in indigestion. 7.
Childhood, old age. Hepatitis, pneumonia / bronchitis. Male; indulgence,
impotence. Female; retarded sexual development, ungratified sex. 8.
Predominantly right sided; symptoms shift from right to left, from above
downward. 9. Heaty patient; worse 4 p.m. to 8 p.m.; can't lie on the left side;
better cool, open air (head), warm drinks (throat), exertion. 10. Sul., CalC. C.
and Lyc. follow each other in that sequence. Sul. can immediately follow, not
precede Lyc.. Graph follows Lyc. well (C. Hering). Lach. and Lyc. May follow
each other. 11. Lach., Lyc., Med., Psor., Str., Syph., and Ver. Alb. are some
important complementary healants in many mental disorders.

67. LYSSIN (Lys.)
(Hydrophobinum)

1. Dazzling light, sight / sound of running / pouring water aggravates all
complaints. Constantly spits thick, viscid, ropy saliva. Spasm / gagging from
swallowing liquids. For dog bites, rabid or not.

2. All complaints worse from dazzling light / sight / sound of running / pouring
water – the central symptom. Convulsions: from dazzling light, from even
thinking of any fluids, from the slightest touch / current of air. Headaches: from
bites of dogs, rabid or not, from mental emotion / exertion; worse by bright light
or sight / sound of running water. Saliva: constantly spits, tough, ropy, viscid;
frothy in mouth and throat. Difficulty in swallowing, even spasm of esophagus
from swallowing liquids; gagging when swallowing water, forcing it out of the
mouth. Spasmodic contraction of respiratory muscles. Thirst with inability to
swallow. Constant urge to stool / urinate on hearing / seeing running water; urine scanty / cloudy. Copious leucorrhea running down the legs; coition too painful. Atrophy of testes; complaints from abnormal sexual desire, priapism.

68. MAGNESIA PHOSPHORICA (Mag. P.)

1. Pains, cramps, spasms, convulsions, Tetanus, colic.


3. Mag. Phos. has no burning pains as in Ars. Alb., Actea Racemosa pains more rheumatic, Mag. Phos. pains more neuralgic. 4. Mag. Phos. 6x to prevent / cure tetanus (Dr Von der Goltz); higher potencies, if inadequate. 9. Chilly patient; better: warmth, pressure. 10. When Mag.P. fails to relieve pains: Kali S.

69. MEDORRHINUM (Med.)

1. Gonorrheal taint: men and women with; complaints of children from inherited. Failing memory, intensely restless, very impatient, always in great hurry; can sleep only – frog-like – in the knee-chest position, pass stool only standing and leaning far back.

2. “Mother of pus and catarrhs” (J. C. Burnet). Failing memory: forgets names, invariably loses the thread of conversation; very impatient, always in such great hurry – driving oneself out of breath – as to be fatigued by it; intensely restless, fidgety legs and feet; great fear of darkness. Anticipation of events, as though precognition. Tendency to suicide. Meningitis, especially cerebro-spinal (Med. Follows Act. R.). State of collapse, intense air-hunger, wants to be fanned all the time, yet throws off covers, skin cold, bathed in cold sweat. Asthma: has to lie prone (face down), protruding the tongue for relief; inhales easily, but exhalation very strenuous. Cough from a sensation of tickling under the sternum, incessant, harassing, always worse at night/bed time/lying down, better lying on the stomach. Unquenchable thirst: even dreams of drinking water. Trembling all over (subjective), intense nervousness and profound exhaustion. Annoying formication all over the body. Pale young persons who crave stimulants. Can sleep only in the knee-chest (frog-like) position (legs folded up, head bent over the knees and face down) or on the back (supine) with hands over the head; can pass stool only standing and leaning far back. Burning of hands and feet; deformity of finger joints; large, puffy knuckles. Intense nervous sensibility: especially to touch of garments or lock of hair. Vomiting, usually without nausea. Complaints of children, from inherited, gonorrheal taint. Mongolism, arrested growth, dwarfed, pale, rachitic, stunted, marasmic, asthmatic; mentally feeble and dull. Vicious catarrh of nose / eyelids; thickened lips from oral
breathing; ringworm of scalp / face; fiery red rash about the anus of infants; constipation, hard stools with scalding urine in babies. Women with gonorrheal taint: violently sensitive and nervous, frigid with ovarian pains and menstrual disorders; acute colic, better by knee-chest position; neuralgias; Breast and nipples, sore, sensitive, icy-cold nipples, body warm, small boils during periods. Pernicious vomiting of pregnancy. Chronic ovarianitis, salpingitis, pelvic cellulitis (especially post-partum), fibroids, cysts and other morbid growths of the uterus and ovaries, especially if malignant. Severe menstrual colic with drawing of knees and terrible bearing-down labour like pains; blistering leucorrhea. Prostate enlarged and painful with frequent urge to pass urine, painful urination; nocturnal enuresis. Violent erections / impotence. Sycotic warts on genitals. Severe rheumatism / gout with Med. Indications. Disorders of the spinal cord and its membranes. Lymphatic enlargements. Sycotic blepharitis / favus / warts. Complaints better at sea-side. Craving for salt. Med. Patients worse from sunrise to sunset but mental symptoms aggravated at night.


70. MELILOTUS (Melil.)


3. The hemorrhages are more active in Melil. as in Mill. 9. Better by bleeding/profuse urination.
71. MEPHITIS (Meph.)

2. A great medicine for whooping cough: usually given in the lower potencies. Choking asthmatic paroxysms. Child must be raised up, gets blue in face, cannot exhale. Mucus rales through upper part of the chest; violent, dry spasmodic cough, few paroxysms during day but many at night.


72. MERCURIUS (Merc.)


perspiration; sweat without relief. Suppuration: pus with blood; abscesses, initial stages, if other symptoms tally. Small pox: Merc. is specific in the supplicative stage. Gangrene. Fever with creeping chilliness, oily perspiration without relief. Surgical fever.

3. Stinging pain in ovaries: Apis.; whooping cough with nose bleed: Arn.; can't lie on left side: Lyc., Phos.; In meningitis Bell. too has quick, nervous manner, hurried speech, flushed face, but not glandular swellings / sore mouth: Merc. follows Bell. in meningitis, subject to symptom totality. Merc. worse by heat in bed but better by rest in bed, but Ars. A. better by heat in bed and worse by rest in bed (H. C. Allen). Inimical: Sil. 4. Mania: throws off clothes, leaps up, tears, scolds, spits – spreads the spittle with the feet, licks it up, licks up dung / mud (M. L. Tyler). 5. Persistent dryness of skin; diphtheria; typhoid; dropsy; decomposing ulcers. 9. Worse at night (all complaints), warmth of bed, right side. Sensitive to both heat and cold: human thermometer. 10. Merc. and Sil. are mutually inimical; do not follow each other well. Hepar. follows Merc. well in inflammations and abscesses Sul. follows Merc. often in dysentery and completes the cure. 11. Caution: In dropsy Merc. may eliminate the fluids but also dissolve the tissue; in decomposing ulcers the bone may soften and bend. In typhoid Merc. is not indicated unless there are conspicuous liver and scrotal symptoms. In diphtheria Biniodide and Protoiodide of Mercury may be indicated, not Merc.. Pus with blood from anywhere indicates Merc.: in low potencies hastens and in high potencies aborts suppuration. Mercurius Corrosivus: dysentery with very severe bloody motions and matching tenesmus, continued too bloody dysentery with intense burning and tenesmus, often involving the bladder also; albuminuria in early pregnancy, much vomiting; albuminuric retinitis; syphilitic iritis (often specific for it); Ophthalmia neonatorum. 11. No vomiting in pregnancy should be given up as hopeless until Med. high has been tried. (J. C. Burnett)

73. MILLEFOLIUM (Mill.)


3. Mill. hemorrhage of is more active than that of Ham. and less connected with expulsive action, cough, vomiting, than Ipec. (R.Hughes). Ref. Melil..

74. MURIATIC ACID (Mur. Ac.)

2. Profound debility, mental debility following physical. Typhoid / septic states; slides down in bed. Stools involuntary / rectal prolapse while passing flatus / urine. Decomposition, violent hemorrhage. Face: dark/ glowing red; lower jaw drooping. Loud moaning / muttering / taciturn. Mouth and anus chiefly affected. Tongue pale, swollen, leathery, paralysed: ulcers on tongue,
gums swollen; sordes on teeth; lips raw, dry, cracked. Achlorhydria. Intense burning heat, yet can't cover oneself. Can't urinate without bowel moving at the same time / ambivalence about pressure in the bladder / bowel (could be feces or wind in the bowel), either simulating the other too. Involuntary evacuations. Hemorrhoids most sensitive. Hemorrhoids in pregnancy. Anus raw, very sore. Skin eruptions with intense itching, carbuncles, foul ulcers on lower limbs; eczema. Pulse fast and feeble; intermits every third beat.


75. NATRUM MURIATICUM (Nat. M.)

2. Excessive consumption of salt over a long time causes profound changes in the body, leading to many serious illnesses. Ill-effects of grief / fright / anger etc. Melancholy: seeks yet resents consolation. Hysteria / hypochondriasis with anemia, constipation. Numbness and tingling in lips / tongue / nose preceding headache. Violent sneezing coryza preceding cold; copious lachrymation. Face, oily, greasy. Conspicuous emaciation of the neck.

76. NATRUM PHOSPHORICUM (Nat. P.)


3. Oxaluria: Oxalic Acid, Kali S.. Impotence: Con., Lyc.. 6. Lactic acid diathesis; excess of sugar, milk; sexual indulgence. 9. Chilly patient. 11. Squinting from worms: alternate Nat. P. with Mag. P.. As sugar changes into lactic acid in the body, Nat. P. lessens the quantity of lactic acid in the system, furnishing room for further supply of it from sugar, thus reducing the amount of sugar; Nat. P. therefore is of possible use in the treatment of diabetes (M. L. Tyler). Oxaluria: Nat. Ph. 1x trituration, four times daily arrests calculi.

77. NATRUM SULPHURICUM (Nat. Sul.)

1. Oversensitive to dampness; humid asthma; children’s asthma. Effects of head injuries. Meningitis. Liver disorders. Discharges greenish.

2. Ailments due to dampness; sensitive to every change from dry to wet: can't live in humid places, near sea, river, lake, nor eat fish / plants thriving near water. Always feels best in warm, dry air. Humid asthma, worse 4 a.m.-5 a.m. Humid asthma of children: foremost / constitutional / remedy. Loose cough


78. **NITRIC ACID** (*Nit. Ac.*)


2. Predisposed to cold and diarrhea in chronic illness. All pains splinter-like: very characteristic. Strong odor of urine like horse’s, burning, stinging; copious in prostatic cases. body has a barn-yard odor. All orifices affected: breath and saliva foul; discharges thin, bloody, offensive, excoriating, often dirty-yellowish green; sudden rush of blood to chest (in T. B.): hectic. Frequent hemorrhages: bright red, profuse; tickling cough all through night, loose, rattling at times, great dyspnea, loud rales through chest; violent colic, exhausting diarrhea, profuse, bright red hemorrhage from the bowel, frequent burning, stools green, slimy offensive (in children may contain lumps of casein), violent, persisting cutting pains during and after stool; anus: raw, fissured, fetid oozing, burning, smarting splinter-like, as if cut with a knife; hematuria, urethra: burning / painful pricking, ulcerated; urine cold when passing, albuminuria, cystitis; offensive, fetid sweating; caries of teeth, gums scurbutic, swollen, bleeding, teeth loose, saliva bloody, copious, putrid odor, ulcers on tongue / in throat / corners of mouth, ulcers spreading rapidly, with splinter-like pains, spreading down the throat, even simulating diphtheria, splinter-like pains on swallowing. Sensation of fishbone in throat. Dry mouth, no thirst. Craving for fat / salt, earth / chalk /lime. Depressed / indifferent / irritable. Eruptions on head, moist, burns; warts on eyes, bleeding easily, with splinter-like pains; ulceration, large crusts form high up in nose, warts in and around nostrils, splinter-like feeling in the nose; Nasal diphtheria. Discharges from the ear fetid, purulent, ichorous: after scarlet fever; fissures: in canthi, corners of mouth, above anus; skin cracks, warts on skin, large, jagged, bleed on washing, ulcers bleed easily, with zig-zag edges, splinter-like pains, *exuberant*
granulations; black pores on face. Herpes: smarting, splinter-like painful pricking. Inflammation of lungs: pneumonia / tuberculosis. Asthma: has to lie prone (face down), protruding tongue for relief; inhales easily but exhalation very strenuous. Chronic intermitents: copious sweats, dark bloody discharges, **thirstless at all stages**. Tendency to faint: clairvoyant unconsciousness. Epileptiform convulsions at night on going to bed; vertigo, frequent during day; always better riding in a carriage. Sensation of a band around the head; headache from pressure of hat / headgear. Venereal ulcers bleeding easily, with splinter-like pains. **Suppurations with no tendency to heal.**


79. NUX VOMICA (Nux V.)

1. Persons overdosed with strong drugs. Zealous, excitable. Engaged in mental work, sedentary life; dyspeptic, nausea with more retching than vomiting. Frequent ineffective urge to pass stool but passing small quantities with much tenesmus and never-get-done feeling.

2. Too often the first remedy for persons overdosed with strong drugs -- to counteract the after-effects and restore the organic equilibrium. Ardent, zealous and careful persons, oversensitive, easily excitable, short-tempered or malicious / spiteful disposition. Dyspeptic, thin, peevish but with zest for life. Oversensitive to external impressions: mild odours, jarring noises etc. Literary, studious, sedentary persons, doing hard mental work. Drunkards. Easily startled in sleep, loss of sleep, bad effects of stimulants: coffee, tobacco, alcohol, spiced and seasoned food etc. Wakes up around 3--4 a.m. and can't sleep again until towards morning and then awakes feeling unrefreshed, wretched. Acid dyspepsia: gastric distress, pressure in stomach **an hour or two after eating.** Pyrosis; nausea, eructations sour / bitter, more retching than vomiting. Constipation, frequent, **ineffectual** urge to pass stool, passing small quantities each time, often tape-like; much tenesmus, with a never-get-done-feeling; relief for a while after stool. Dysentery; hemorrhoids. Jaundice with **diarrhea.** Irritable bladder with urinary tenesmus. After effects of sexual excesses; impotence. Great heat, whole body burning hot, especially face, yet chilly, can't move or uncover in the least without feeling cold. Convulsions with **consciousness**, as in tetanus; opisthotonos. Convulsions of children from nursing after a fit of anger in the mother. Spasms of voluntary muscles. Epilepsy during stool. Bruised, beaten pain in lumbar region, worse 3 a.m. to 4 a.m., and in spine: from much leg work, as operating a sewing machine. Menses early, copious, lasting longer, inducing other *Nux V.* aggravations. Snuffles of babies. Renews labour pains, induces expulsive pains for the placenta.

3. No urge to stool whatever: Bry. No relief after stool: Merc. Jaundice with diarrhea: Digitalis, Nat. S. Gastric distress an hour or so after eating:

80. OPIUM (Op.)

2. Moral sense, conscience depraved; given to compulsive lying. Delirious mania, Disorders originating from fright and shock, even remote: epilepsy, vertigo, amenorrhea, threatened abortion, suppressed lochia. Complaints from sudden joy, fright, anger, shame. All complaints painless, accompanied by torpor, heavy, stupid sleep, stertorous breathing. Poor response to well-indicated remedies. Unconscious, apoplectic state; profound coma, preceded by stupor: coma vigil, talking with wide open eyes; delirium tremens. Heavy sleep following convulsions. Cerebro-spinal meningitis: convulsions with opisthotonos / paralysis. Loss of breath on falling asleep. Vertigo; vertigo from fright. Heavy, stupid sleep / lightness of head / of old people. Fever: pupils contracted; besotted, staring, glassy look; pulse full and slow; upper part of the body bathed in hot sweat; snoring, rattling, stertorous respiration. Retention of urine in acute illness. Drooping of lower jaw. Typhoid with hypersensitive hearing / smell. Peristaltic movements of stomach and intestines paralysed. Intestinal obstruction; spasmodic retention of feces in small intestines; incarcerated hernia; strangulation of bowel; too constipated, stools involuntary; regurgitation of food through nose; vomit, fecal or with fecal odour. Children: marasmus with shrivelled body; spasms from approach of strangers / nursing after mother's fright / crying. Convulsions from hot bath. Asphyxia neonatorum: follows Acon. (J. H. Clarke). Amenorrhea / Abortion / Lochia from fright. Sudden retrogression of eruptions, followed by paralysis of brain / convulsions. Retention of urine from nicotine / following confinement. All discharges diminished except sweat, which may be excessive / over the whole body except lower limbs.

81. PHOSPHORIC ACID (Phos. A.)

1. Mental debility preceding physical. Painless diarrhea, not very debilitating. Effects of deep emotions. Young persons who grow rapidly during / following adolescence.

2. The debility common to all acids, but mental debility first, preceding physical. Profuse, painless diarrhea, without debility / with amelioration. After-effects of acute diseases, loss of body fluids, excesses, grief, chagrin or a long sequence of traumatic emotions, care, concern, disappointed affection, homesickness etc. Remote consequences of fright. Young people growing too fast and tall, overtaxed mentally and physically. Sexual neurasthenia. Headaches of students growing fast, from strenuous studies, of children from eye-strain / over-use of eyes. Bodily resources depleted by the pace of adolescent growth. Acute nervous debility. Loss of health from nursing. Chest weakness from talking. Purpura hemorrhagica. Painless diarrhea, not colliquative. Urination frequent and profuse, particularly at night. Diabetes. Cerebral typhoid / typhus, with total apathy and great stupor -- like a log. Patient in stupor, unconscious of all that is going around but fully conscious when aroused. Drowsy, wants to be still, left alone -- resents being disturbed. Neurosis in stump after amputation. Sleepy by day, sleepless at night.


82. PHOSPHORUS (Phos.)

1. Sensation of burning. Vomiting: even water as soon as it gets warm in the stomach. Pneumonia: rapid respiration, mucus rales, edema of lungs, hepatization. Tall, slender persons who have grown rapidly, disposed to stoop. Hemorrhagic.

2. Vomiting: thirst for very cold water which however is vomited as soon as it gets warm in the stomach. After effects of eating too much salt. Vomiting after chloroform / anesthesia. Bronchitis / pneumonia when fever subsides: great depression, heaviness and burning of chest, rapid breathing, dyspnea, fan-like motion of nostrils, mucus rales, lungs heavily congested, edema, hepatization, threatened paralysis of lungs. In pneumonia circumscribed redness of cheek on the side of the affected lung, often the right side. Lower part of left lung very painful. Worse lying on left side. Teasing, hacking cough, evening to midnight; tubercular; tuberculosis of tall, rapidly growing youngsters. Fatty degeneration of the liver, malignant jaundice, cirrhosis. Painless, copious, exhausting

3. Vomiting even water as it gets warm in the stomach: Pyr., Ver. A.. Tab. when Phos. fails in vomiting. Cerebral softening: Sil.. Bloating of upper eyelids: Kali C., of lower eyelids: Apis. Characteristic burning of feet: Sul.. Painless, non-colliquative diarrhea: Phos. Ac.. Pneumonia: Ant. T., Lyc., Sul.. Worse lying on the affected side: Bell.; better: Bry.. Young persons growing fast: Phos. Ac.. Albuminuria of pregnancy, earlier stages: Mercurius Corrosivus. Thirst for ice-cold water: Ruta.. Hyperchlorhydria: Calc. C.. Purpura hemorrhagica: Ham., Lach., Phos. Ac., Sul. Ac.. Prevents shock if given before surgery. For electric shocks: following Nux V.. 7. Tall, slender persons who have grown rapidly, disposed to stoop. Vomiting. Pneumonia. 9. Worse lying on left side. Better sleep. 10. Complementary: Ars. Alb. with which it is isomorphic. Allium cepa (onion) is its vegetable analogue. Phos. follows Calc. C., China. Worse lying on the affected side: Bell.; better: Bry.. well. Phos. antidotes chloroform. Incompatible: with Caust. before or after. Tab. for vomiting when Phos. fails. 11. Phos. often cures lasciviousness when Hyos. fails. Pneumonia: broncho / pleuro / typhoid : Fan-like motion of the nostrils: Ant. T., Chel., Lyc., Pyr., Sul. Ac.. After the pneumonia febrile symptoms have subsided: great oppression of the chest, worse lying on left side. “ If all at once 1/2/3 am the patient begins to sink, his nose becomes pinched, his lips drawn, he taken on a hippocratic countenance, is covered with cold sweat, is too weak in every part of his body to move and only moves his head a little and in a restless manner, unless you give him a dose of Ars. at once he will die. This will warm him up and make him feel that he is going to get well but as soon as this is accomplished you must give him at once the antidote which is Sulph. Or you will fail; or if after Ars. the patient rallying goes into a fever coming on with a burning thirst and can not get enough ice water, then follow with Phos. (J.T. Kent).

83. PHYTOLACCA (*Phyt.*)

2. Preeminently a glandular healant. Centers round the mammary glands: even emotional excitements / tribulations centre in the mammary glands; even tribulation makes the breasts sore. When nursing women take cold, mammae inflamed and hard, the milk coagulates and turns stringy; milk is scanty, thick, unhealthy and dries up soon; nipples sore and cracked, very painful; when nursing pains radiate from the nipple all over the body, especially up and down the spine: mother goes into spasm. Breasts tender and inflamed in pregnancy. Breast tumors with enlarged axillary glands. Mammae: full and stony hard, painful nodosites. Mastitis, copious galactorrhea. Mammary abscess: When suppuration is inevitable; fistula gaping, angry ulcers; pus sanious, ichorous, fetid, unhealthy. Tumified breast, neither heal nor suppurates, of purple hue and hard as old cheese. Inflammation of throat: Chronic tonsillitis; sore throat with severe aching in head, neck, back and knees; pain at the root of tongue, shooting into ears on swallowing; follicular tonsillitis: recurrent. Catarrhal laryngitis with / without enlarged tonsils, worse at night and in cold, damp weather. Follicular pharyngitis; burning in throat of public speakers. Irresistible urge to keep biting / clenching / the teeth / gums together. Diphtheria: glands of the neck, parotids, sub-maxillaries inflamed, breath fetid, putrid vomiting: with pains all over the body, in the bones, fever, chilliness, scanty, dark red, albuminous urine, croupous nephritis, especially after diphtheria / scarlet fever, urine dark red / black; interstitial nephritis, even with uremic convulsions. Chronic endocarditis, angina pectoris: pains shoot from the heart to the arm; as if the heart leaped into the throat; pain alternating between heart and right arm. Rheumatism: of scalp / lower intercostals / abdominal walls; rheumatic ophthalmia; blepharitis with styes / tumors with thickening and induration of eyelids. Fistula lachrymalis: abundant, hot lachrymation. Rheumatic pains, like electric shocks, shooting, lancinating. Rheumatism of the heels with soreness; aching in heels relieved by elevating feet higher than the head. *Phyt.* is midway between *Bry.* and *Rhus T.* and cures when they fail, though apparently indicated. Neuralgic earache with shooting pains from the throat to the ears when swallowing. Sciatica: pain runs down the outer side of the affected limb. Painful induration of testes; shooting pain, perineum to testes/ from anus / to the penis. Disposition to boils and when sloughing occurs.

84. PODOPHYLLUM (Pod.)

1. Profuse, painless, watery, gushing, diarrhea; diarrhea of babies, bottle-fed or during teething. Diarrhea alternating with headache. Pendulous abdomen after confinement. In acute illness rolling of head from side to side.

2. Copious, painless, offensive, watery, colliquative diarrhea, with jelly-like mucus, gushing out. Little thirst. Diarrhea of babies bottle-fed or during teething. Cholera infantum or painless cholera-like syndrome. Diarrhea alternating with headache, in some patients alternating by season: headache in winter, diarrhea in summer. Prolonged, profuse diarrhea: morning, afternoon with normal stool in the evening; rectal prolapse. Strabismus from suppressed diarrhea. Hot, sour belching, nausea and vomiting; thirst for large quantities of water; burning sensation of tongue; retching without vomiting. Prolapsed uterus: from over-lifting or straining, from constipation, after parturition -- with sub-involution. Pendulous abdomen after confinement. Suppressed menses in young girls. Pain / numbness in right ovary, running down the right thigh. Great loquacity in fever: rolling of head from side to side in bed with moaning, eye lids half-open; profuse sweat.


85. PSORINUM (Psor.)


2. Lack of vital reaction: debility, well-chosen healants fail to cure; foul-smelling, foul discharges, looks filthy even after bath, insufferably malodorous; sweating on least exertion. Hungry / unusually well preceding attack of illness. After illness: does not rally, prostration, depressed, hopeless of recovery, profuse night sweats, diarrhea, anorexia. After typhoid does not convalesce, profuse night sweats, sweaty in bed or exerting least: cold sweat. Fever: burning humid heat and copious sweat, befogged, face: red and mottled. Overwhelming sadness: despair, irritable, extreme dullness. Sick babies: sleepless day and night, fretful, crying, playful all day but restless, screaming at night. Chronic periodic headache with hunger: alternating with hacking cough / eruption in winter; from suppressed eruptions / during menses; preceded by flickering before the eyes. Sensitive to drafts about head / covers head and ears in warm weather. Scalp: dry, scaly / moist, fetid, suppurating eruptions, oozing, sticky, offensive fluid, matting of hair; Dry, lustreless, rough hair. Lice: constant recurrence. Eczema of scalp / face; humid eruption on face; acne rosacea. Chronic recurrent ophthalmia: thick, yellow, purulent discharges, accumulated,
fetid pus; turning out of eyelids with loss of eyelashes. Raw, red oozing scabs behind ear; offensive discharge from eczema around ears; chronic otorrhea, fetid pus: particularly after measles / scarlet fever. Swollen tonsils, recurrent quinsy. Skin disorders recede in summer, recur in winter; family history of eczema; pustules near finger nails; eruption in bends of elbows and knees, dry, scaly, with little pointed vesicles round reddened edges, severe, continual itching. Intolerable itching, driving one to keep on scratching till skin becomes raw and bleeds. Asthma: better lying down with arms outstretched. Uterine hemorrhage, prolonged menstruation. Pregnancy: most defiant vomiting; violent movement of the fetus (other healants failing). Following abortion and placental expulsion: discharge of bright red blood and clots once every few days / prolonged oozing of bright red blood for weeks: sub-involution, the uterus fails to shrink back. Syndrome of offensive bowel discharges, increased growth of facial hair, fuzz and emaciation despite enormous appetite. Rectal hemorrhage, chronic diarrhea: early morning, urgent, dark, gushing, horribly putrid stools with invasive odour. Soft stool passed with much strain. Always hungry, keeps eating some thing or other. Constipation of infants, in pale, sickly children.


86. PULSATILLA (Puls.)


2. Highly emotional / often indicated in fair, fleshy women / girls, easily moved to tears or laughter, mild, gentle, meek, yielding; sad, weeping, seeks consolation. Inward grief / silent peevishness, touchy. Slow, phlegmatic temperament. Marked aversion to marriage / opposite sex, particularly in girls. Nymphomania. Health impaired since the onset of puberty: dysmenorrhea, often severe: discharge delayed, scanty, intermittent and protracted; diarrhea during / after menses. Periods suppressed wholly / partly from exposure to cold,


87. PYROGEN (Pyr.)

1. Septic states; repressed / recessed / dormant fever. High temperature that defies sweating; oscillating temperature: sharp rise and fall; pulse disproportionate: too fast or too slow for the temperature. Discharges offensive. Vomits even water when it gets warm in the stomach.
2. Dynamic antiseptic. Septic and pyemic states: hectic / puerperal /
typhoid / typhus / miscarriage / ptomaine poisoning / diphtheria / dissecting
wounds / sewer gas poisoning / chronic malaria. Abortive / repressed /
dormant fevers. Disproportionate pulse: too fast or too slow for the
temperature. Fan-like motion of the nostrils. High fever, rising temperature
that defies sweating. Oscillating, zig-zag temperature: sharp rise and fall.
Delirious muttering, talking to oneself, loquacious. Vomits water even, as it gets
warm in the stomach. Persistent / recurring feverish heat, without rise in
temperature. All discharges very offensive: menstrual / lochia / diarrhea /
vomit / sweat / breath. Absesses with intense pain and burning. Uterine
hemorrhages; retained placenta or dead fetus, decomposed with horribly
offensive discharge sepsis. Aroused uterus to expel its contents. Puerperal
peritonitis. Fever invariably in menses from pelvic inflammation. Never well
since septic / puerperal fever years back. Fast spreading bedsores of septic
origin. Involuntary urination in septic fevers. Constipation: stools impacted in
fevers. When the best chosen remedy fails to cure.

3. Septic fevers: Anthracinum, Streptococcin; Pyemic fevers: Staphylococcin.
Pulse slow, lags behind temperature: Gels.; too fast for the temperature: Lil. T.,
Thyroidin. Pneumonia with zig-zag temperature: Veratrum Viride.; fan-like
gets warm in the stomach: Phos., Verat. A.. When the best indicated remedy
fails: Sul., Psor., Tub.. Retained placenta, dead fetus etc.: Canth.. Worse initially
but better by continued motion: Rhus T. 4. Fever when Eup. Per. fails. Bearing-
down pain and uterine prolapsus, relieved only by holding the breath and
bearing down. Pain starting at umbilicus or just above, passing down towards
uterus, but intercepted by just the same kind of pain starting from the uterus
and passing up until they met half the way till another came (M. L. Tyler). 9.
Momentary relief from movement, has to keep moving from time to time. 11. In
septic fever especially puerperal, where fetus, dead for days, black or secundines
have been retained, black, horribly offensive discharge (H. C. Allen). Never well
since septic fever / abortion / bad confinement.

88. RHUS TOXICODENDRON (Rhus T.)

1. Restless, better by motion. Ailments from over exertion, over-reaching,
getting wet when sweating, lying on damp ground. Rheumatism. Fever with
triangular red tip of tongue.

2. Motion always relieves the pains; better for a while by change of position;
worse by motion initially but better by continued motion until tired. Ailments
from exertion, strain, over-reaching, overlifting, damp weather, sitting / lying
on damp surface; getting wet from sweating, too much summer bathing;
rheumatism from getting wet. In fevers, particularly typhoid, triangular red tip
of tongue with the characteristic Rhus modalities; diarrhea in the early stages of
typhoid. Unquenchable thirst. Opthalmic disorders with Rhus. T. causations /
concomitant symptoms. Inflammation of esophagus from swallowing corrosive
substances. Dysentery / diarrhea: blood, slime, reddish mucus; frothy painless
stools. Can abort early suppurative processes around rectum. Hour-glass
contraction of abdomen. Urine dribbles constantly in boys. Dry, teasing cough, midnight to morning, especially in damp weather. Hoarseness from straining the vocal chords. Hemorrhage etc.: **effects of long performance on wind instruments / mental excitement.** Bronchial coughs of old people, worse on waking, with small plugs of mucus. Lumbago from overlifting / taking cold / when other remedies including *Rhus T.* are not indicated. Sciatica, left side. Sprains in ankles or other joints: after *Arn.*. Sore pain in prominent bone projections, e.g. cheek bones, where the flesh is thin over the bones, worse dampness. Rheumatism, pains, inflammations, stiffness, worse damp weather, better movement. Specific remedy for the frequently fatal effects of overlifting, inordinate exertion of muscles / contusions; or from working in water. Prolapse of uterus from overlifting / overstraining. Cardiac hypertrophy from overexertion. Pain / numbness in the left arm with heart ailment; numbness around elbow with enlargement of the right ventricle. Eczema of scalp in infants. Skin rashes, vesicular eruptions *burning,* yet relieved by ‘scalding’ with hot water. Erysipelas of genitals of either sex. Herpes on lips. Sore nipples, hurt on beginning to nurse but better by continued nursing.

3. From getting wet: pains confined to the affected parts – *Rhus T.*; pains ascending - *Puls.*; pains descending - *Bell.*. Heart enlargement from overexertion, exercise: *Bromium.* *Rhus T.* has sweating on the body but head dry, *Calc. C.* and *Sil.* have sweating on the head but body dry. Worse by humid / wet weather: *Nat. Sul.*. Sensation of heat on the vertex: *Graph., Lach., Sul.*. Complementary: *Mur. Ac.*.  


**89. RUTA (Ruta)**

2. Bruises, injuries, of bones and periosteum; sprains, periostitis; bone fractures and dislocations; straining flexor tendons. Overstraining of ocular muscles: due to lighting glare, poor lighting, fine sewing, reading fine print, servicing watches, fine engraving etc.: burning eyes, headache as a result. Effects of carrying heavy weights. **Lung affections due to chest injuries.** Lameness of wrists / ankles, after sprains; affections of wrists / ankles. Rheumatism of tendons rather than muscles. Hardened scar tissue after bruises heal: knotty, nodular, like a lump; hard nodules in palms from rude manual work, with hammer/crowbar etc. Smooth, flat warts on palms, painful. Contraction of flexors: hands / feet become flexed. Pains deep in long bones, must walk about. Constipation, impaction, after injuries. Rectal prolapse: from
urge to/straining for, bowel movement/ bending down/ after confinement. Carcinoma of lower bowel. Unquenchable thirst for ice-cold water.


90. SABAL SERRULATA (Saw palmetto)


91. SARCOLACTIC ACID (Sar. A.)

2. Virulent 'flu/ dengue and their ilk, with violent retching and vomiting -- even of water -- and utmost exhaustion, prostration. Entire body very sore, sapping the mind. Extreme weakness of limbs, cramps in calves, wrists too feeble. Restless from exhaustion, bruised muscular soreness, unable to sleep. Dyspnea from weakness. Of immense value in chest and digestive affections, nagging weakness and prostration, cough and dyspepsia after 'flu/ dengue and their ilk.


92. SECALE CORNUTUM (Sec.) (Ergot)

1. Old persons with shrivelled skin; thin, scrawny old women. Entire body heaty, relieved by cold. Emaciation with excessive appetite and thirst.

93. SEPIA (Sep.)

1. Diseases of women; slim women with narrow pelvis; alienated from those loved best; great sadness and weeping; aversion to opposite sex; abdomen drags downward, empty, all-gone feeling in upper abdomen, not relieved by eating; sensation of weight / ball / in the anus, not relieved by stool.


94. SILICA (Sil.)

1. Rachitic children with large heads. Abscesses, suppurations; foreign bodies lodged in the tissues. Diffidence to face the public.

3. Sweating around the head, soaking the pillow, in sleep, but body dry: Calc. C.; sweating on body but head dry: Rhus T.; children with large heads, open fontanelles: Calc. C. / Calc. P.; Children with large heads: Bar.C. but Sil. sweets profusely on head unlike Bar. C., Sil. Child self-willed, Bar.C. deficient in mental growth. Cerebral softening: Phos. . Abscesses / suppurations: Calcium Sulphate / Hep. / Sul.; white spots on nails: Zinc Phosphate; ingrowing toe nail: Magnetus Polus Australis; pain from nipple to the body while nursing : Cr. T. / Phyt. / Pul.; cysts: Rhododendron; remote consequences of fright: Nat. M. / Phos. A.; diffidence to face public: Lyc.; somnambulism: Kali P.. Diarrhea before/ during/ menses: Ammonium Carbonicum, Bovista. Somnambulism: Kali Bromatum, Kali. P. Inimical: Mer. 4. Lower potencies expel pus, higher dispel it through the lymphatics. Serous cysts with paucity of symptoms. Accumulated tartar of teeth: Silica Marina - 3x (R.Cooper). Conclusions after vaccination. 5. Any foreign body embedded in the tissues: it may be imprudent to disturb it when structural changes have occurred in the vital organs, e.g. lung lesions; also an over inflamed appendix may burst under Sil.. Sluggishness usually contraindicates Sil.. 6. Suppression of foot-sweat. Stone-cutters ailments. 9. Chilly patient; worse: cold, menses, new moon, lying down; better: warmth, wrapping up the head. 10. Complementary: Calc. Fl., Fluoric Acid, Hep., Sanicula, Thuja. Follows Hep. in abscesses. Sil. for the chronic phase of such diseases as Pul. for acute. Merc. and Sil. Don’t follow each other. 11. Sil., if Cal. P. fails in the reabsorption of sero-albuminous exudation in a serous sac. Stitching / aching / where there was ulcer. The connective tissues are the special field of Sil.. In suppurations Myristica Sebifera acts more powerfully than Hepar or Silica.

95. SPONGIA (Spon.)

1. Awakens in fright, feels suffocated, with great alarm, anxiety, gasping respiration, painful palpitation, violent, bone-dry cough. Dry asthma. Swelling / induration of glands.

2. Timidity / terror / fear. Awakens in fright, feels suffocated with great alarm, agitation, anxiety, panting, gasping respiration (often indicative of valvular disorders of the heart); violent, bone-dry, barking cough: rasping, ringing, wheezing, whistling -- compelling one to sit up and bend forward. Dry cough in dry, cold weather, indicated often after Acon. and before Hepar.. Mucus rales / rattles / conspicuously absent. Dry, barking cough aggravated by mental excitement / keeping head unelevated/ talking / singing / swallowing; better by eating / drinking. Whooping cough: sense of plug in the larynx; tough, scanty, expectoration only forenoon. Dry asthma: wheezing worse by inspiration / before midnight / after sleep -- sleeps into aggravation. Asthma with amenorrhea. Great dryness of mucus membranes of air passages: throat / larynx / trachea / bronchi. Palpitation: violent with pain, gasping respiration; awakened suddenly after midnight with suffocation, anxiety. Palpitation before / during / menses. Angina pectoris: contracting pain, suffocation, fainting, worse after midnight, veins distended; surging of heart into the chest as if it would force out upward. Acute endocarditis. Cardiac asthma; heart enlargements, especially right side, with asthmatic symptoms. Heart disease from rheumatism. Valvular insufficiency. Cardiac symptoms worse from mental
lassitude / coughing / lying down on the right side / climbing up / sleep: rousing up from sleep, suffocated. Goitre: thyroid glands swollen: suffocative paroxysms at night. Spermatic cord swollen, painful; testes swollen / indurated: inveterate cases; after gonorrhea / maltreated orchitis. Skin: Itching all over but no visible eruptions.

3. Acute endocarditis: Abrotanum, Kalmia, Sep.; valvular: Naja.. Asthma with amenorrhea: Puls.. Goitre: Iod.. Sleeps into aggravation: Lach.. Wheezing worse by expiration: Acon...

7. Women, children, youngsters of tubercular parentage. 9. Heaty patient; cough abates after eating / drinking; better: descending, lying with head low. 10. Acon. Precedes and Hepar / Bromium follow Spon. well. 11. In acute endocarditis the principal remedies are: Spon. Abrotanum, Sep., Kalmia ; Naja in valvular disorders.

96. STANNUM METALLICUM (Stan. M.)


3. Colic relieved by pressure: Bry., Coloc., Mag. Phos.. Aggravation from downward motion: Bor. (Bor. has dread but Stan.M. has dizziness). Pains increase gradually but end suddenly: Sul. Ac.. Worse lying on the left side: Phos.. When a loose cough turns dry Puls. will loosen it again. Puls. antidotal complement. 4. Dizziness / weakness / from downward motion. Ulceration of ring hole of earlobe. Tuberculosis from suppressed neuralgia. 9. Chilly patient; feels weak / dizzy / going down, but can go up well; worse lying on the left side. 11. The Stan. dizziness / weakness from downward motion is often associated with uterine displacement / leucorrhea. Stannum Iodatum valuable in advanced tubercular and chest disorders. Violent neuralgia obliterated by the onset of copious, thick leucorrhea indicates Stan. Great weakness seems to proceed from the chest; the leucorrhea has rescued the woman from consumption (J. T. Kent). For tapeworm: one and a half ounce of tin, ground to a powder, mixed with sweet syrup, taken on a Friday, before change of moon, half of the and the rest on Sunday, followed with a purge on Monday (J. H. Clarke).
97. STAPHYSAGRIA (Staph.)


2. Excitable, easily roused to anger, but seldom manifests it; pent up wrath, suppressed emotions; pockets insult, feeling too dignified to fight; very sensitive to adverse criticism, always thinking of it, feeling acutely the slightest wrong, thinks the least thing done is a pre-meditated insult. Aftereffects of wounded pride / envy / chagrin / rankling / mortification / indignation / vexation / frustration: complete breakdown as a result. Biliary colic following mental upsets. Impetuous, violent outbursts of passion; cheerless, out of humour, morose, taciturn. Ill-humored children, cry for things, thrown away petulantly when given; child cross, hard to please. Long-lasting vertigo, accompanied by continued nausea, as in sea-sickness / pregnancy; wheeling vertigo, especially when sitting. Eczema capitis, moist, fetid, eczematous eruption on the head, especially occiput, behind the ears; tinea capitis sicca; crusty, squamous, eczematous eruption on the scalp, skin peels off with itching, smarting. Head lice / crab lice (mother tincture externally and potencies internally). Eyes: styes / chalaze / tumors of the eyelids, marginal blepharitis, margins of eyelids dry with hard lumps on their borders; styes appear one after another, abort, leaving little hard nodules. (Staph. prophylactic against styes, aborts styes as they appear, cures styes already developed and prevents their recurrence); ulceration of cornea with prolapse of the iris; lacerated / incised / wounds of the cornea, as in surgery; iritis; arthritic ophthalmia with sensation of burning in the eyes. Meibomian tumors in irritable children; inflammation of the eyes of children, particularly, eyelids, with hardened styes, little cystic tumors in the eyelids between inner and outer surfaces. Injuries to the eyes, stretched sphincters with agonizing pain in the inner canthi. Toothache: during menses / pregnancy, painful to touch of food / drink but not from biting / chewing. Premature decay / discolouration of teeth; teeth turn black, show dark streaks through them, decay on edges and crumble. In children teeth turn black and brittle; in old people teeth decay early, turn soft, crumble. Toothache often relieved by hard and aggravated by light pressure. Craving for tobacco; cough excited by tobacco smoke. Sensation of goneness in stomach, especially after one has taken offence. Colic from emotion / lithotomy / ovariotomy. Burning in urethra when not urinating. Frequent / urge to urinate: of women in the initial days of coition / difficult labour. Acute pain in the initial days of coition in women. Caruncle of urethra, causing spasms when nipped. Painful sensitiveness of sexual organs, vulva too sensitive to wear napkins; ovaries indurated; prolapse of the uterus. Sexual obsessions / excesses / irregular sexual appetites / masturbation / nymphomania. Aftereffects of continence in women, e.g. following prolonged abstention from coition. Enlarged prostate with frequent urge to pass urine in old men. Continued dribbling, scanty discharge in thin stream or in drops with sensation as if the bladder was still not empty. Orchitis
from mumps; orchitis with burning, stinging pain; testes: shrunk / inflamed / swollen / indurated; sexual excitement / impotence; seminal emissions followed by chagrin / mortification / prostration / dyspnea; Spermatorrhea with sunken features; prostration, relaxation, atrophy of genitals. Aftereffects of sexual excesses / masturbation: loss of memory / hypochondriasis / taciturnity / lack of vital heat / prostatorrhoea. Pain in prostate disorders of old men. Dyspnea in males during / after / coition. Stiffness, fatigue in joints, arthritic nodosites: worse from touch. Skin: when scratching relieves itching at one place it shifts to another. Herpes Zoster: pains radiate down the thighs. Eczema: yellow, acrid moisture oozes from under the crusts; new vesicles form from contact of exudation: occiput, behind ears; tinea capitis cicca. Warts about genitals / anus. Loss of blood, surgical shock, injuries from sharp instruments, incised wounds, surgical cuts; stretched sphincters; neuralgia, of the stumps from surgery / amputation, stinging / smarting pains after surgeries, including abdominal. Pains following surgery, even abdominal and cesarean or as a remote after-effect: Staphys. 1m / 10m. Arthritic inflammation of joints, of fingers, inflammation of phalanges with suppuration, sweating. Stiffness / fatigue / in all joints worse from touch.

3. Styes: Apis. cures and prevents recurrence. In Staph. and Coloc. eating / drinking / causes griping / stool; colic as if stones were squeezing; Staph. pains are in the intestines and ovaries; both worse from anger. Neuralgia of the stumps: Phos. A., Sym. (also eating onions cures it – J. C. Burnet). Staph. is to incised wounds what Calen. is to lacerations, Arn., Ham., Led. and Sul. A. to bruises, Rhus T., Cal. C. and Nux V. to strains, Cal. P. and Sym. to fractures (E. B. Nash). Staph. is similar to Coloc. in mental / abdominal symptoms. Head / crab lice: Coccul. 10. Caust., Coloc. and Staph. follow each other in that order. 11. Staph. Ø. in water 1:4 external application for lice.

98. STRAMONIUM (Str.)


2. Tremendous turmoil, violent upheaval in mind and body; mania: full of excitement, rage; face looks wild, anxious, fearful, flushed; violent delirium, eyes fixed, wide open, prominent glassy, pupils widely dilated, insensible, contortion of eyes, eyelids; *risus sardonicus*. Like an earthquake in violence, mind in an uproar: frenzied raving, screaming, swearing, grinning, laughing, whistling, singing, praying; violent speech, erotomania, exposing the person (usually encountered in continued fevers, insanity, cerebral congestion etc.). Mania coming in paroxysms with suddenness; cold sweat in mania. Delirium: murmuring / violent / foolish / joyful / loquacious (most loquacious of all healants – loquacity often confined to one subject), jerks up the head off and on for long, in spasm; incoherent chattering with open eyes, spasmodic laughter, furious, wild raving; attempts to bite / stab; sexual excitement.
Leading healant in nymphomania: menstrual / puerperal; lewd, violent, often before menstruation; strong odour, similar to odour of animals in the rutting season; sings amorous songs, coarse obscene talk. Fixed notion of having committed some unpardonable sin. Sees animals, ghosts, angels, devils, dead spirits; hallucinations: visual (thinks objects around are black) / auditory, particularly in the dark; converses with spirits, with god, delivers sermons, prophecies. Desires light and company – worse in darkness and solitude; mad hurry when going anywhere; attempts to run away, escape, hide; religious insanity, monomania, prays, entreats; rapid change from joy to sadness and vice versa. Pseudo-hydrophobia (almost a specific for it) with difficulty in swallowing. Spasmodic constriction of throat; spasms more gyratory than jerking: covered with cold sweat, children in chorea, violent convulsions, involving every muscle of the body; motion of hands and arms as if spinning / weaving; twitching of single or group of muscles, especially upper part of the body; opisthotonos, violent distortions, contraction of limbs; chorea: from fright, spasms constantly change, especially facial muscles, which assume all sorts of expression (rarely useful in persistent attacks of particular muscles): absence of pain in all this usual / significant. Convulsions with consciousness. Puerperal convulsions and insanity: sad, imagines / does / strange things until violent delirium sets in with loud screaming. In cerebral congestion delirium is followed by unconsciousness; seems profoundly intoxicated; marked stupor, stertorous breathing, lower jaw drops – also in typhoid and low forms of fever: tongue dry, so swollen as to fill the mouth, even hang out, sordes on teeth, bleeding from the mouth. Cerebro-spinal meningitis from suppressed ear discharge; forehead wrinkled, eyes glassy, pupils dilated, little fever, terrible pain through base of skull, especially if there is a history of necrosis about the ear. High fever, non-remittent: burning hot, with violent delirium. Fevers peak up at noon. Mania / violent headache / from exposure to heat of the sun, preceded by blurred vision, pain usually opposite side of the blurred eye; continually jerks up head from the pillow; head bent back; vertigo when walking in the dark. Child awakes terrified, screams in fright, clings to those nearby, can't sleep in the dark but readily sleeps in a lighted room. Asthma: nervous, spasmodic (very important): hardly able to breathe in, worse talking, desire for open air. Cough: spasmodic, suffocative, whooping; violent paroxysms, convulsive suffocation. Pneumonia: with peculiar delirium, inflammation on high grade, pus forms, abscesses with excoriating pain. Violent typhoid. Scarlatina: before eruption appears, even after, in the malignant type; aftereffects of suppressed eruption in scarlatina. (Str. has an affinity for the hip joints) coxalgia / morbus coxal; accompanied by very severe pain. (a contrast to conspicuous painlessness of Str. otherwise). Skin rashes / eruptions following fright. Diarrhea in typhoid: stool dark, putrid, copious, involuntary, abdomen tympanitic, loquacious delirium, fright, desire for light, urine suppressed, (valuable in violent typhoid). Illness from suppressed discharges: menses / lochia / eruptions / sweat. Retention of urine; old men with declining control over the bladder. Sleep full of dreams and turmoil.

3. Stram. can't suffer darkness, Bell. light. Unlike the gyratory motions of Stram. the chorea of Hyos. has angular jerks, hurling the patient about. In fever Bell. very hot, Stram. violent, insane but moderately hot, Hyos. fever without
high insanity. Str. congestion rather non-inflamatory, greater than Hyos., but much less than Bell.. In descending order of violence they are Stram., Bell., Hyos.. Convulsions with consciousness: Nux V.. In metrorrhagia from retained placenta with characteristic delirium, Sec. often acts promptly when Str. fails; Pyr. In high fever and sepsis. 9. Chilly patient. In fever temperature shoots up at noon. 11. Total absence of pain very characteristic of Stram.. It stands alone among deep acting healants in the violence of mental symptoms. Stram. is marked by opposite symptoms: cursing / praying, unable to walk / sleep in the dark / convulses on seeing anything bright, contorted face / graceful movements in delirium. Lach. , Lyc. , Med. , Psor. , Str. , Syph. , and Ver. Alb. are some important complementary healants in many mental disorders.

99. SULPHUR (Sul.)


2. Lean, stoop-shouldered persons, who walk and sit stooping: standing is the worst position for Sul. patients. Dirty, filthy, yet oversensitive to filthy odors, prone to all kinds of skin affections. Worse by bathing and averse to bath / washing. (Children resent being bathed / washed). Hates to work: sedentary living; pseudo-philosopher lost in theories. Religious melancholy. Diseases suppressed by wrong treatment. Pot-bellied children. Want of response to treatment: carefully chosen remedies fail to act, especially in acute illness: Sul. arouses the reactive powers of the organism; complaints that keep relapsing. Discharges / exhalations offensive, burning the parts over which they pass. Sensation of burning, smarting: vertex / face (without redness) / mouth / stomach / rectum / anus. Burning heat, particularly at night of palms, of feet and soles: must put feet out of blanket to cool them off (during day time may be cold). Diphtheria: painless, no distinctive symptoms. Hungry, all-gone sensation about an hour before meal time, about 11 a.m.; Sul. about the only heaty healant with craving for fat. Diarrhea after midnight; early morning diarrhea driving patient out of bed; diarrhea alternating with constipation. Feces / urine painful to the parts over which it passes; must hurry to urinate: profuse, colourless urine. Metastasis to the heart of bleeding piles, as bleeding subsides. Suffocative air hunger, laboured breathing; flushes of burning heat radiating from the chest, ending in sweat: e.g. in climacteric: face glowing red; leucorrhea. Menorrhagia: never been well since miscarriage. Suppressed lochia. Promotes expulsion of moles. Menopausal breast enlargement. Pruritus; suppurations; boils in crops, spread over the body: a boil healed succeeded by another. Itching, burning of skin / Rashes, eruptions, pustules, rhagades, scabies, chronic skin disorders. Infiltration; induration: from pressure: corns, callosities. Suppressed skin eruptions. Rheumatism spreading from below upwards. Cramps during coition.

3. Hemorrhages in abortion: Psorinum. In desperate cases of pneumonia, after Ars. Alb. think of Phos. rather than Sul., if there is no violent thirst for ice-cold water. Flashes of burning heat, particularly in hands: Phos.. Ascending stiffness
/ pains: Con., Led.. Descending stiffness / pains: Kalmia. Flushes of heat / leucorrhea / in climacteric: Sanguinaria, when Lach. / Sul. fail. Cramps during coition: Cup. M., Graph.. Complementary: Aloe, Psor.. 4. In pneumonia, follows and antidotes Ars. Alb. in desperate cases -- valuable in the later stages when the inflammation fails to resolve, the cough is dry and the chest full of mucus rales: a few doses of Sul. would loosen the phlegm and resolve the hepatization. Prophylactic against cholera. When Merc. fails to cure dysentery. Cold ending in asthma, when Dulc. fails. When Dulc. proves inadequate in thermal changes from warm to cold. In menopausal flushes of heat, when Sul. fails: Sul. Ac. . 4. Sul. and Sul. Ac. Are complementary. Violent dysmenorrhea in girls. Suppressed lochia (the foremost healant). Hemorrhages in abortion. Septicemia. Phimosis: not congenital, inflammation / induration / of the prepuce. Leading remedy in measles, in scrofula. Fever from disordered thermic centre (G. Royal). When there is paucity of symptoms to prescribe on. 5. When there are structural changes in vital organs. e.g., lung lesions in T.B.; over-inflamed appendix. 9. Heaty patient, yet resents / worse / by bath, warmth of bed, wet / cold / weather; standing; rest. 10. Sul., Cal. C., Lyc. follow each other in that order. 11. Often of great use in beginning treatment of chronic cases and in finishing acute cases. When the indicated healant ceases to act Sul. reactivates it when prescribed again (C. S. Pierce). Cholera: a pinch of Sulphur powder worn in the socks in contact with the soles of the feet acts as a prophylactic. Sulphur fumes said to prevent small pox / T.B. (Pulford, A & D.T.). According to Cooper workers in Sulphur mines, in malarial regions are completely immune to intermittent fevers (J. H. Clarke).

100. SULPHURIC ACID (Sul. Ac.)


hemorrhagica: Ham., Lach., Phos. Ac., Phos.. 4. Two / three drops of pure sulphuric acid dissolved in a glass of water and given teaspoonful doses every two / three hours will eliminate the craving for liquor in drunkards. To be continued until one gets well even if it causes sore mouth. Should it cause diarrhea Puls. in potencies will set it right. 6. Ailments from drinking brandy; trauma; old age. 7. Old people, particularly women; Menopause. Sour babies. Drunkards. Trauma. 8. More right-sided. 9. Heaty patient. 10. In trauma: Sul. Ac. follows Arn. in bruises of soft parts, Con. in bruises of glands, and Ruta in bruises of bones. Flushes of heat in Menopause after Sul. fails. Sul. and Sul. Ac. Are complementary.

101. SYMPHYTUM (Sym.)

1. Injuries to bone / periosteum; wounds penetrating to perineum and bones; injuries to sinews / tendons / joints / eye balls; non-union of fractures. Almost an orthopedic specific. Deficient callus. Irritable stump after surgery. Gun shot wounds. Traumatic injuries of the eyes, particularly of eye ball: no remedy can equal Sym.. Pains / stiffness in the back from violent motion as wrestling / sexual indulgence -- and even spermatorrhea from it. Periosteal stiffness / pains after wounds have healed. Periosteal pricking pain and soreness. Persisting indurations in breasts after blows. Psoas abscess.

3. Compare other traumatic remedies; spermatorrhea from sexual indulgence: Arn.. In bone / periosteal injuries when Arn. has cured the bruised soreness of the soft parts, Sym. cures the remaining pain and soreness. Irritable stump after surgery: Phos. A., Staph.. 5. As external application when skin is broken. 11. Sym. pains are jagging, stitching but above all pricking. Promotes callus. 12. Sarcomatous tumour infiltrating the bony tissue of the upper jaw: Dr. William Thompson, President of the Royal College of Surgeons in Ireland, delivered an address in Dublin on 13 November, 1896, entitled “Some Surprises and Mistakes”, in which the following very important case was narrated:

“In the early part of this year I saw a man who was suffering from a growth in the nose. I recommended him to see Dr. Woods, and I saw him later with Sir. Thornley Stoker and Dr. Woods. We came to the conclusion that he was suffering from a malignant tumour of the antrum which had extended to the nose. We recommended an exploratory operation, and if our opinion was confirmed, that the jaw should be at once removed. He refused the larger operation. The exploration was made by Dr. Woods. We found that the tumour did extend from the antrum, into which I could bore my finger easily. Dr. O’Sullivan, Professor of Pathology of Trinity College, declared the growth to be a round-celled sarcoma. Of that there is no doubt. The tumour returned in a couple of months, and the patient then saw Dr. Semon in London, who advised immediate removal of the jaw. He returned home, and after a further delay he asked to have the operation performed. I did this in May last by the usual method. I found the tumour occupying the whole of the antrum. The base of the skull was everywhere infiltrated. The tumour had passed into the right nose and perforated the septum so as to extend into the left. It adhered to the septum around the site of perforation. This was all removed, leaving a hole in the
septum about the size of a florin. He went home within a fortnight. In a month the growth showed signs of return. It bulged through the incision and protruded upon the face. Dr. Woods saw him afterwards, as I declared by letter that a further operation would be of no avail. The tumour had now almost closed the right eye. It was blue, tense, firm and lobulated, but it did not break. Dr. Woods reported the result of this visit to me and we agreed as to the prognosis. Early in October the patient walked into my study after a visit to Dr. Woods. He looked better in health than I had ever seen him. The tumour had completely disappeared from the face and I could not identify any trace of it in the mouth. He said he had no pain of any kind. He could speak well when the opening remaining after the removal of the hard palate was plugged, and he was in town to have an obturator made. He had since gone home apparently well. He told me he had applied poultices of comfrey (*Symphytum*) root and that the swelling had gradually disappeared. Now this was a case of which none of us had any doubt at all, and our first view was confirmed by the distinguished pathologist whom I have mentioned, and by our own observation at the time of the major operation. Here, then, was another surprise. I am satisfied as I can be of anything that the growth was malignant and of a bad type. Of course we know in the history of some tumours that growth is delayed, and that in the sarcomata recurrence is often late. But this is a case in which the recurrence occurred twice – the second time to an extreme degree, and yet this recurrent tumour had vanished. What has produced this atrophy and disappearance? I do not know. I know nothing of the effects of comfrey root, but I do not believe that it can remove a sarcomatous tumour. Of course the time that has so far elapsed is very short; but the fact that this big recurrent tumour no longer exists – that it has not ulcerated or sloughed away, but simply with unbroken covering disappeared – is to me one of the greatest surprises and puzzles that I have met with.” (From M. L. Tyler: *Homeopathic Drug Pictures*).

### 102. SYPHILINUM (*Syph.*)


2. Horrid depression, despair, beats head against wall; fear of becoming crazy; melancholia, imbecility, loss of memory, particularly for persons, places, books; despair of recovery from illness. *Syphilitic insanity*. Sever intractable *insomnia* (leading indication). Excessive craving for alcohol, hereditary alcoholism. Constant, heavy, dull headache above inner angle of right eye; violent, crushing, neuralgic headaches causing insomnia; linear headaches: pain running a direct line in the head, temple to temple / forehead to cerebellum; Copious falling of hair. Tubercles all over scalp, exostosis on cranium, sore and painful. Brain syphilis where *Caus.* and *Sul.* have produced suffering and weakness. Chronic, recurrent, phlyctenular inflammation of cornea; successive crops of phlyctenules and abrasions of epithelial layer of cornea; tubercular iritis; atrophy of the optic nerve; retina pale, gray and spotted. Ptosis: paralysis
of superior oblique, sleepy look from *drooping eyelids*. *Ophthalmia neonatorum*. Caries of ossicles in ear / nasal bones / hard palate / septum, with perforation; abscess of middle ear. Tongue soft, spongy, easily dented, deep longitudinal cracks on tongue, excessive salivation: runs out of mouth in sleep. Teeth cupped, edges serrated, dwarfed in size, convergent at the tips. Very conspicuous saddle across the bridge of the nose (much more prominent than in *Sepia*). Ozena offensive with discharges of fetid clinkers. Ulceration: mouth / nose / genitals / skin: ulcers with greenish base. *Cough*: *sunset to sunrise* (syphilitic or not will benefit by *Syph.*). *Chronic asthma in summer*. Profuse, acrid, leucorrhrea, soaking through the napkins and running down the heals; aphonia preceding menses, epileptic convulsions after menses. Nodular formations in / around / the genitals: testes / scrotum / spermatic chord / vagina / labia; herpetic eruption on prepuce / scrotum; induration of testes / spermatic chord. Rheumatism: muscles contracted in hard knots and lumps; severe pain in the long bones; bone pains as if being sawed. Pains increase and decrease slowly. Abscesses with foul discharges (all pus formations in *Syph.* are fetid); recurrent abscesses, recurring crops of boils. Copper colored, reddish brown eruptions over the body with bad odour. Ichthyosis. Painful inflammation, stiffness of joints. Distorted nails. Hot veins. Infants with propensity to cry immediately after birth and would not stop crying. Children stunted, dwarfed, with chronic nasal catarrh. Extreme emaciation; bald head, pouting lips, pot belly. All discharges foul. Constant desire to keep washing one’s hands. According to Wildes (quoted by J. H. Clarke) syphilitic rashes are the initial stage of leprosy and are curable by *Syph.*; lepra-syphilis from vaccination. Hastens cure of typhoid in syphilitics.


103. **TABACUM (Tab.)**

1. Haunting nausea, violent vomiting, diarrhea; vertigo, sudden fainting, death-like pallor of face, cold, clammy sweat, collapse; spasms / constrictions / apoplecties; angina pectoris; salivation, spitting.

2. Intense, haunting nausea, incessant, violent vomiting (even fecal), gastalgia, enteralgia, sea sickness, diarrhea, cholera infantum, violent rectal tenesmus, dreadful feeling of goneness, sinking at pit of stomach, copious salivation, much spitting, profuse cold perspiration; nausea / vomiting of pregnancy. Vomiting from general anesthesia, when *Phos.* fails. Excessive vertigo, on opening eyes, dizziness, (sudden) fainting, cold, clammy sweat, death-like pallor of face, acute dyspnea, asphyxia, collapse. Effects of sun stroke. Delirium. Brain fag; inability to concentrate, progressing to idiocy. Headache, neuralgic / gastric, with vertigo / nausea / vomiting. Rapid blindness without
lesion, followed by atrophy of retina / optic nerve; retina retains images too long. Degeneration of nerve tissue, general muscular paralysis; paralysis of sphincters, rectal / urethral. Chronic anal prolapse. Angina pectoris, pain radiating from centre to sternum; twisting about heart; persistent palpitation, worse lying on left side; acute dilatation from shock / physical exertion; often with insomnia. Gastralgia: pain from heart to left arm. Persistent backache; cramps / jerkings / tremors. Strangulated hernia. Nocturnal emissions / prostatorrhea / impotence. Pruritus / freckles / anal herpes. Tetanus. Mushroom poisoning.


104. TARENTULA CUBENSIS (Tar. C.)


3. Compare: Anthracin; Lach., Pyr.. Relieves death rattle: Ant. T.. Typhoid with fetid, black stool: Bap.. 11. When the mind is badly affected Tar. C. presents a picture of violent rage, of metamorphosis from a sweet, wholesome, rational person to one terribly self-centered and selfish, who wants everyone standing around, waiting on him --- because of some imaginary ailment, like feigning a swoon, to make others stay near (Dr. Green, quoted by M. L. Tyler). Tar. C. symptomology may include all the paroxysmal, violent insanity of Tarentula Hispania. Sudden changes of mood, from destructive violence to sad remorse.

105. TUBERCULINUM (Tub.) / BACILLINUM(Bac.)

2. Of immense value in incipient / inherited tuberculosis, tubercular diathesis, primary complex. Emaciated, weak, always tired, very susceptible to changes in the weather and with very low recuperative powers. Symptoms constantly change, the slightest exposure provokes cold and well-selected

3. Hungry, all-gone feeling about an hour before meal time like Sul., when Sul. proves inadequate. Early morning diarrhea driving one out of bed, like Sul., when Sul. does not complete the cure. Bac.: as an intercurrent healant when indicated in fever with cough / cold / catarrh; with Inf. when both may be indicated. With Pyr. when indicated in persistent feverishness, sensation of feverish heat without rise in temperature. Primary complex. Cal. C / Kali C. complementary, Psor. the chronic of Bac.. 4. Cases too deep for Sul.. 5. In structural changes in vital organs: lesions in the lungs. 9. Heaty patient (generally). 11. Patients who are not clinically T. B. positive may still carry a sub-clinical or latent constitutional predisposition which can be gleaned from the symptom totality; Primary complex. Kali S. often indicated after Tub. . Hydrastis to nourish patients cured of T.B..

106. VARIOLINUM (Var.)


107. VERATRUM ALBUM (Ver. A.)

2. Collapse, with icy-coldness, blueness; total prostration; continual, copious vomiting, violent retching and profuse persistent diarrhea, dehydration; nausea, thirst for cold water which is vomited as soon as it gets warm in the stomach. Ice-cold sensation on vertex. Discharges greenish, copious, sapping the vitality: extreme prostration from great loss of vital fluids. Hemorrhages. Face Hippocratic, deathly pale, bluish, distorted; hands, legs, even whole body, ice-cold. Cholera and cholera like symptoms -- and paralysis following. Cramps: in chest / bowel / fingers / calves / toes etc. with rigidity. High fever with violent delirium. Splitting headache. Overpowering, raging mania; lewd / lascivious / religious / sexual / puerperal; hallucinations. Insanity, brooding / howling / screaming / screeching. Loquacity; melancholia,
stupor, sullen indifference, notices nothing, aimless traveling from home. Severe colic, with retching, vomiting, purging. Coprophagia: eating up one's excrement. Menses too early, profuse, exhausting; dysmenorrhea with hysteria/purging; sexual mania preceding menses. Bronchitis especially of old people with mucus rattling, little expectoration. Tickling all over within the chest and throat, deep in trachea and bronchi. Retention of urine in cholera.


108. ZINCUM METALLICUM (Zinc. M.)


2. Disease undeveloped, arrested from enervation: too weak to bring out the disease from within: effects of hidden / arrested / suppressed illness. When eruptions remain undeveloped / recede / suppressed after surfacing: e.g. measles remain or suppressed; when discharges remain blocked within the system or cease prematurely; e.g. menses. All functions are slow. The entire organism too enervated to throw out the disease. Nerve / muscle / brain / fag: impending brain paralysis. Mania from retrocessive eruptions / discharges / repressed emotions / fright. Loquacity; melancholia. Meningitis / convulsions / chorea from repressed discharges / eruptions / emotions, from fright. Rolling of head from side to side in bed; incessant / violent, fidgety feet / legs, moving, shaking them constantly; sliding from stupor into unconsciousness. Suicidal predisposition; fear of incarceration for supposed crime. Repeats questions before answering them as in typhoid, when patient fails to convalesce or in brain affections: pauses with blank look, then the face lights up, answers. Constipation of new-born. Children bordering on idiocy. Deep-seated brain affections. Teeth fail to develop; tendency to squint. Crying out in sleep, boring head into the pillow. Hydrocephalus: idiopathic / tubercular / after cholera: roaring in head, starting in fright, occiput hot, muscles tremulous, constant motion of feet even in convulsions. Cerebral symptoms from arrested diarrhea. Child grasps genitals during cough. Headaches of over-taxed children. Headache with pressure on root of nose. Eyes feel drawn together, squint. Hysterical retention of urine; often must lean far back to pass urine. No control
over bladder unless feet are in constant motion. Male: Violent erections; falling off of pubic hair. One or other testis drawn up along the spermatic chord. Orchitis from suppressed otorrhea. Female: Nymphomania of lying in women / from suppressed lochia. Menses suppressed: chronic symptoms, jerking, twitching, creeping, crawling of the extremities. Vicarious menstruation from urethra / lungs / bowel. Masturbation from vulval pruritus; unnatural sexual urges. (All the female symptoms are associated with restlessness, depression, coldness, spinal tenderness and restless feet.) Hands constantly on the genitals: both sexes. Cries out in sleep; loud screaming in sleep without being aware of it; jerking of the whole body / twitching of single limbs, nervous motion / shaking of feet in sleep. Somnambulism. Sudden, spasmodic, bursting sensation about heart, as if it would suddenly burst out of the chest. Eyes: particularly affections of the inner canthus; after recurrent corneal inflammations; opacity of the cornea. (Zincum Sulphuricum preferable). Rolling of eyes / squintings; strabismus after brain affections / scarlet fever / measles. Blindness during headache. Pain / stiffness / weariness in nape of neck from writing / over exertion. Hungry, all-gone sensation around 11 a.m. Hurried eating / drinking. Abdomen retracted. Griping after eating. Convulsions with rolling of eyes / gnashing of teeth without fever. Cerebral symptoms / convulsions after sudden cessation of discharges.

3. For those who are naturally feeble minded: Bar. C. (Zinc. for such because of illness) Nerves: injuries - Hyp. but derangements from defective metabolism: Zinc. For effects of suppressed eruptions: Cup. M., but for effects of eruptions undeveloped / receded: Zinc. When Zinc fails in Scarlet / eruptive fever suppressed: Ver. A.. Somnambulism: Kali P.. Hydrocephalus: Calc. P.. Affections of the outer canthus: Graph.. Constipation of new born: Alum.. Abdomen retracted: Plumbum. Hurried eating / drinking: Hepar. Hungry, all-gone sensation around 11 a.m.: Sul.. 4. In typhoid -- when mental symptoms supervene: muddled, incoherent, half-smiling loquacity or staring look, pale, almost Hippocratic face. Erysipelas in old age. Zinicum Aceticum: overworked, inadequate sleep. 9. Great relief from discharges. 10. Inimical: Nux V. not to be given before or after. 11. Women prone to abortion should take Sep. and Zinc (C. Hering). “Some deep-seated brain disorder cases may slowly, gradually pass into unconsciousness and cannot be aroused; involuntary discharges of feces and urine in the bed; tongue dry and parched, so shriveled that it looks like leather, lips also; face withered, each day looks older; paralysis of one hand or one foot, or it seems the whole muscular system is paralyzed. Screaming out of pain although not so shrilly as in Apis. A dose of Zinc. will sometimes bring this patient back to life. In a few days after the remedy there will be a jerking and quivering in the parts that were motionless, or its action will be shown in a copious sweat, much vomiting; sudden arousing that is alarming, for it looks like a threatened sinking, but this is the beginning of reactions. Now, for days and nights while this little one is coming back to consciousness, the restoration of sensation in the parts is accompanied with the most tormenting formication, tingling, pricking, creeping and crawling. --- but if you antidote, the case will return to where it was before. This suffering is but the awakening to life. It will go in this way for a week or two and then will show signs of falling back; it needs another dose of Zinc. , which will again be followed by a sweat, vomiting, etc.
You will see this in spinal meningitis. The early stage will be that of congestion, and Bell. may palliate, but with the onset symptoms enumerated above, Zinc. is the only remedy that will cure. The Bell. Case will have flushed face, hot head, rolling of the head, flashing eyes, throbbing carotids. The Bry. Case will be docile, stupid, purple, sleepy; ameliorated by quiet. The Helleborus case will exhibit but little fever; cold extremities, tossing of the head, dilated pupils, unconsciousness, can be hardly aroused; rolling the head from side to side, but when the reflexes are abolished, Zinc. comes in. After the relief from Gels., Bell., or Bry., give Zinc. A person advanced in years cannot stand such an ordeal, but --- the little ones can endure the prolonged congestion and inflammation. After scarlet fever and badly treated meningitis; tubercular meningitis, I have carried these severe forms of brain disease through on Phosphorus, which has a picture somewhat like that of Zincum. ---- A homeopath can cure some of these cases, though it may take two or three months to go down and come out of it, with two or three relapses.” (J. T. Kent: Lectures on Homeopathic Materia Medica: Zincum Metallicum.).

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APPENDIX A

New way to detect viral infections gives homeopathy a boost
Jonathan Leake

An Nobel laureate who discovered the link between HIV and AIDS has suggested there could be a firm scientific foundation for homeopathy.

Professor Luc Montagnier, a French virologist, stunned his colleagues at a prestigious international conference when he presented a new method for detecting viral infections which bore close parallels to the basic tenets of homeopathy. Although fellow Nobel prize winners who view homeopathy as quackery were left shaking their heads, Montagnier’s comments were rapidly embraced by homeopaths in UK eager for greater credibility.

Montagnier told the conference last week that solutions containing DNA of pathogenic bacteria and viruses, including HIV, could emit low frequency radio waves that induced surrounding water molecules to become arranged into nanostructures. These water molecules, he said, could also emit radio waves. He suggested that water could retain such properties even after the original solutions were massively diluted, to the point where the original DNA had effectively vanished. In this way, he suggested, water could retain the memory of substances with which it had been in contact - and doctors could use the emissions to detect disease.

For the lay person such claims may sound technical but uncontroversial. For scientists they are highly provocative because they embody principles which are extremely similar to those said to underpin homeopathy. Homeopathic medicines work on the principle that a toxic substance taken in minute amounts will cure same symptoms that it would cause if it were taken in large amounts.

Montagnier’s claims come at a sensitive time, with British Medical Associations annual conference last week calling for the National Health Service to stop spending 4m a year on homeopathy.

Source: Times of India - 5th July 2010

APPENDIX B

IIT-B team unravels homeopathy mystery
Malathy Iyer | TNN

Mumbai: Six months after the British Medical Association wrote off homeopathy as witchcraft that had no scientific basis, we may now have an irrefutable answer to what makes this ancient form of medicine click. Scientists from the Indian Institute of Technology-Bombay (IIT-B) have established that the sweet white pills work on the principle of nanotechnology.

Homeopathic pills, made of naturally occurring metals such as gold, copper and iron, retain their potency even when extremely diluted to a nanometre or one-billionth of a metre, states the IIT-B research published in the latest issue of Homeopathy, a peer-reviewed journal from the reputed medical publishing firm, Elsevier. IIT-B’s chemical engineering department bought commonly available homeopathic pills from neighbourhood shops, prepared highly diluted solutions and checked them under powerful electron microscopes to find nanoparticles of the original metal.

“Our paper showed that certain highly diluted homeopathic remedies made from metals still contain measurable amounts of the starting material, even at extreme dilutions of 1 part in 10 raised to 400 parts (200C),” said Dr Jayesh Bellare from the scientific team. His student, Prashant Chikramane, presented the paper titled, Extreme homeopathic dilutions retain starting materials: A nanoparticulate perspective, as part of his doctoral thesis.

Homeopathy was established in the late 18th century by German physician Samuel Hahnemann. While it is widely popular in certain countries, especially India, the British Medical Association and the British parliament have in recent times questioned its potency. Some four years ago, British research papers rubbished homeopathy as a mere placebo.

“Homeopathy has been a conundrum for modern medicine. Its practitioners maintained that homeopathic pills got more potent on dilution, but they could never explain the mechanism scientifically enough for the modern scientists”, said Bellare. For instance, if an ink-filler loaded with red ink is introduced into the Powai lake, Bellare said, there would be no chance of ever tracing it. “But the fact is that homeopathic pills have worked in extreme dilutions and its practitioners have been able to cure tough medical conditions”, he added. One of the theories that was floated a few years ago stated that these pills imprinted their memory on the water molecules. For the first time, scientists used equipment, such as a transmission electron microscope, electron diffraction and emission spectroscopy, to map physical entities in extremely dilution.

APPENDIX C

Homeopathy is based on nanotechnology, proves IIT-B research

Mumbai: Scientists from the Indian Institute of Technology-Bombay (IIT-B) have now proved that homeopathy definitely works on the principle of nanotechnology. Refuting the British Medical Associations claim that this ancient form of medication does not work on a scientific basis, IIT-B published a report stating that homeopathic pills, made of naturally occurring metals such as gold, copper and iron, retain their potency even when extremely diluted to a nanometre or one-billionth of a metre.

Scientists used equipment, such as a transmission electron microscope, electron diffraction and emission spectroscopy, to map physical entities in extremely dilution. And sure enough, these high-tech devices could measure nanoparticles of gold and copper (the original metal used in the medicines).
We had analyzed ayurvedic bhasmas (powders) a few years ago and found nanoparticles to be the powering agent. Following this, whenever we spoke about ayurveda at scientific meetings, we would get a person standing up to ask about homeopathy. That is when we decided to unravel the homeopathy mystery”, the team members said.

American homeopaths Dr Joh Ives from the Samuei Institute in Virginia and Joyce C Fryce from the Centre of Integrative Medicine, University of Maryland said that the IIT-B theory was fascinating. We are all familiar with the simple calculations showing that a series of 1:99 dilutions done sequentially will produce a significant dilution of the starting material in very short order, they wrote in an special editorial in the journal. But as dilution increases, this theory goes awry. (But) Chikramane et al found that, contrary to our arithmetic, there are nanogram quantities of the starting material still present in these high potency remedies.

The hypothesis is that nanobubbles form on the surface of the highly diluted mixtures and float to the surface, retaining the original potency. We believe we have cracked the homeopathy conundrum, said Bellare. However, the scientific world believes that the work needs to be replicated on a larger scale before it becomes an accepted theory.

According to well-known city homeopath Dr Farokh J Master, the IIT theory has proven something what practitioners have always known. My instruction to my patients has always been to dilute the pills in a cup of water and stir it 10 times with a spoon. Then remove the spoon vertically, dip it in another cup of pure water and stir 10 times. I advise my patients to perform this exercise in five cups before discarding the first four cups and then drink from the fifth cup in two equal doses, said Master. Dilution works, he says. Homeopathy can cure dogs and cats who are not susceptible to the theory of placebos. So, the only possibility is that homeopathy is so potent that it cures all.
Esmame

Glossary

Blepharitis: inflammation of the eyelid.
Caruncle: small fleshy excrescence.
Cri encephalique: screaming, from inflammation of the brain.
Gastric: relating to the stomach.
Meibomian: (relating to the eyelid) gland: sebaceous gland at the rim of the eyelid; Cyst: small tumor on eyelid
Ozena: fetid discharge from the nostril.
Phlyctenule: whitish inflammatory swelling / blister on the eye.
Ptosis: drooping (of the upper eyelid).
Rectus: straight muscle (recti: pl)
Risus sardonicus: Sardonic grin; drawing back of the corners of the mouth by spasm of the muscles, as in tetanus.
Sicca: dry.
Sphincter: muscle, on contraction narrows / closes an orifice (opening)
Strabismus: squint.
Synochal: remittent (non-intermittent)

Suffixes:

-algia: ache.
-itis: inflammation.
-rrhea: discharge / outflow.